

STATE CHAMPIONS

1983-Sabrina Tormoen (long jump)

1983-Leslie Smith (shot put)

1984-Nancy Golie (200m & 400m)

1985-Nancy Golie (400m)

1992-Carmen Richardson (100m)

1993-Carmen Richardson (200m)

**1994-Carmen Richardson
(100m & 200m)**

1997-Victoria Moses (3200m)

2004-Chichi Omeoga (200m)

2016- Michelle Meyer (4x400)

Liz Axberg (4x400)

Emily Brandt (4x400)

Julia Hayes (4x400)