



AVL - ASPIRE Grade 9/10 VOLLEYBALL LEAGUE 2026

LEAGUE INFORMATION:

- SCHEDULE is SUBJECT TO CHANGE - please ensure you check back frequently or confirm with your coach for scheduled play times.
- The gym will be open at 5:30pm for game time. Early game will be expected to begin at 5:45pm sharp. The late game will be expected to start at 7:45pm or earlier.
- LIMITED SEATING: Spectators should bring their own chair. MEZZANINE IS OFF LIMITS
- Teams will be asked to supply 1 scorekeeper - (Sign Up Sheet will be provided) Scorekeeper must have access to mobile phone for remote score for Live Feed) Please [SIGN UP HERE](#).
- Rules
 - Round Robin Only
 - All matches will be **4 sets**. NO 5th SET - All sets capped at 27.
 - Substitutions: Unlimited
 - All Players must each start 2 sets but substitutions are allowed at 15 points
 - Time Outs: 1 - 1 minute timeout per set
 - Playoffs
 - Substitutions: Unlimited
 - All Athletes Must Start 1 set
 - Best of 5 - All Sets - No Cap

ALL MATCHES WILL BE PLAYED AT ASPIRE'S TRAINING FACILITY - [All Sports Courts](#)

***changes to the facility may occur if ASC becomes unavailable for unforeseen reasons.**

Schedule:

Date	Venue	Time (Estimated)	Main Court (Winner)	Secondary Court (Winner)
1. BSS Shakti - Sarah - Purple 2. BSS Vaillante - Abby - Green 3. BSS Tala - Anna - Teal 4. BSS Jing Zen - Cass - Red 5. BSS Sôhkisi - Lauryn - Pink 6. BSS Volya - Jill - Yellow 				
Wed, July 8, 2026 - STRATHCONA HIGHSCHOOL	MEDIA DAY - No re-takes for missed individual photos 5:00 PM - BSS Vaillante (Abby) 5:30 PM - BSS Tala (Anna) 6:00 PM - BSS Shakti (Sarah) 6:30 PM - BSS Volya (Jill) 7:00 PM - BSS Sôhkisi (Lauryn) 7:45 PM - BSS Jing Zen (Cass)			

Date	Venue	Time (Estimated)	Main Court	Secondary Court
Wed, July 8, 2026	STRATHCONA HS	5:45 pm - 7:30 pm	4 vs 2	
		7:45 pm - 9:30 pm	5 vs 6	1 vs 3
Wed, July 15, 2026	ASPIRE	5:45 pm - 7:30 pm	2 vs 5	3 vs 6
		7:45 pm - 9:30 pm	6 vs 1	3 vs 4
Wed, July 22, 2026	ASPIRE	5:45 pm - 7:30 pm	2 vs 1	4 vs 5
		7:45 pm - 9:30 pm	2 vs 3	6 vs 4
Wed, July 29, 2026	ASPIRE	5:45 pm - 7:30 pm	4 vs 1	5 vs 3
		7:45 pm - 9:30 pm	1 vs 5	6 vs 2
Wed, Aug 5, 2026*	ASPIRE	5:30pm Start	Q1: 4th- Jing Zen vs 5th - Tala 17-25, 14-25, 25-23, 13-25	Q2: 3rd-Shakti vs 6th- Sôhkisi 18-25, 15-25, 19-25
		7:30pm Start or earlier	S1: WQ1 Tala Vs 1st- Volya 12-25, 17-25, 23-25	S2: WQ2 Sôhkisi vs 2nd-Valiante 25-22, 25-16, 25-23
Wed, Aug 12, 2026*	ASPIRE	5:30pm Start	LS1 vs LS2- BRONZE Valiante vs. Tala	C2: LQ1 vs LQ2 5th/6th Shakti vs. Jing Zen
		~7:00pm or earlier	WS1 vs WS2 - GOLD Volya vs. Sôhkisi	

TEAMS

1. BSS Shakti - Sarah
2. BSS Valiante - Abby
3. BSS Tala - Anna
4. BSS Jing Zen - Cass
5. BSS Sôhkisi - Lauryn
6. BSS Volya - Jill

Teams	1	2	3	4	5	6	Sets Won	Sets Lost	Rank
1. Shakti		21-25, 25-23, 19-25, <u>27-25</u>	26-24 , 21-25, 9-25, <u>25-21</u>	14-25 <u>25-12</u> 23-25 22-25	17-25 <u>27-25</u> <u>25-19</u> <u>25-22</u>	<u>25-22</u> 21-25 17-25 17-25	9	11	3rd

2. Valiante	<u>25-21</u> , 23-25, <u>25-19</u> , 25-27		<u>25-9</u> , <u>25-20</u> , <u>27-26</u> , <u>25-14</u>	<u>27-25</u> , <u>25-23</u> , 18-25, <u>25-21</u>	<u>25-15</u> 22-25 <u>25-16</u> <u>25-11</u>	<u>25-12</u> <u>25-18</u> 23-25 19-25	14	6	2nd
3. Tala	24-26, <u>25-21</u> , <u>25-9</u> , 21-25	9-25, 20-25, 26-27, 14-25		20-25 <u>25-20</u> 23-25 <u>25-16</u>	<u>25-19 (+6)</u> <u>25-21(+4)</u> 20-25 (-5) 24-26 (-2) +3	<u>25-21</u> 21-25 20-25 21-25	7	13	5th
4. Jing Zen	<u>25-14</u> 12-25 <u>25-23</u> <u>25-22</u>	25-27, 23-25, <u>25-18</u> , 21-25	<u>25-20</u> 20-25 <u>25-23</u> 16-25		<u>25-21</u> , 25-27, <u>25-12</u> , 18-25	16-25, 20-25, 20-25, 17-25	8	12	4th
5. Sôhkisi	<u>25-17</u> 25-27 19-25 22-25	15-25 <u>25-22</u> 16-25 11-25	19-25 (-6) 21-25 (-4) <u>25-20(+5)</u> <u>26-24(+2)</u> -3	21-25, <u>27-25</u> , 12-25, <u>25-18</u>		16-25, 22-25, 14-25, <u>25-23</u>	7	13	6th
6. Volya	22-25 <u>25-21</u> <u>25-17</u> <u>25-17</u>	12-25 18-25 <u>25-23</u> <u>25-19</u>	21-25 <u>25-21</u> <u>25-20</u> <u>25-21</u>	<u>25-16</u> , <u>25-20</u> , <u>25-20</u> , <u>25-17</u>	<u>25-16</u> <u>25-22</u> , <u>25-14</u> , 23-25		15	5	1st