



Union County School District Office of Mental Health

Matthew Elixson, Mental Health and Safety Director

(352) 448- 0107

[Elixsonm @union.k12.fl.us](mailto:Elixsonm@union.k12.fl.us)

Donna McDavid, Mental Health and Safety Secretary/Bookkeeper

(352) 448-0143

[Mcdavidd @union.k12.fl.us](mailto:Mcdavidd@union.k12.fl.us)

S. Michelle Green, M.Ed.

UCSD Mental Health Counselor

(352) 448-4034

[greenm @union.k12.fl.us](mailto:greenm@union.k12.fl.us)

Sandra Pennington, LMHC

UCSD Mental Health Counselor

License #IMH25444

(352) 448-5218

[penningtons @union.k12.fl.us](mailto:penningtons@union.k12.fl.us)

[2025-26 Mental Health Application Plan](#)

Mental Health Crisis

[Mobile Response Team \(MRT\)](#)

(800) 330-5615 Option 1 or (352) 374-5600

[Meridian Crisis Stabilization Unit \(CSU\)](#)

439 SW Michigan St, Lake City, FL 32025
(352) 374-5600

Shands at Vista

<https://ufhealth.org/uf-health-psychiatric-hospital>

4101 NW 89th Blvd, Gainesville, FL 32606
(352) 265-5481

Mental Health Partners



(352) 374-5600



Local: 352-265-5481
Toll Free: 888-391-7181

4101 NW 89th Blvd
Gainesville, FL 32606

Mental Health Crisis



[Dial 988](#) to connect to Lifeline

Mental Health Partners



Union Department of Health
(386) 496-3211



1-888-587-0335

DCF Abuse Hotline

<https://reportabuse.dcf.state.fl.us/>

1-800-962-2873

If you'd like to learn more about the Florida Department of Education's School Safety & Mental Health initiatives,

Please visit the Office of Safe Schools at <http://www.fldoe.org/safe-schools/>.

Union County School District Mental Health Counseling

Union County School District's Mental Health Counselors are committed to the success and responsible citizenship of all students. They coordinate a comprehensive school counseling plan for all students, leading to academic success, career awareness, social and personal development, community involvement, and the development of multicultural and global citizenship.

Mental Health/Suicide Prevention Resources

Our schools care about you. We are aware that many students are experiencing a high level of trauma, stress, anxiety, or sadness related to school, friends, and perhaps personal family issues. Mental Health needs are not uncommon in our youth. 1 in 5 children ages 13-18 will experience mental illness. In addition, suicide is the 2nd leading cause of death for ages 10-24. Many children and teens are suffering in silence. It is important to know that ***you are not alone*** and that there is help in our community for you, your friend, or your child.

Meridian Mobile Response Team

About Mobile Response Teams (MRTs)

The MRT program is designed around troubled **youth and young adults** (25 and younger), within **Baker, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Suwannee, and Union** counties who are in need of **24/7 crisis intervention services**. The program's goals are to lessen the trauma of crisis situations, particularly diverting individuals away from ERs and/or jail, and stabilizing them in the most conducive setting possible. During the initial crisis phase, a master's level counselor responds at the crisis location 24/7 (or through [Telehealth](#) as requested), while a care coordinator establishes links to appropriate community resources, and a peer specialist regularly follows up.

If you are experiencing a crisis, call the MRT Hotline.

It's the same number for all the counties in which we serve:

1-800-330-5615

Option 1

Call this number day or night.

<https://www.mbhci.org/treatment-and-service/crisis-services/mobile-response/>

If you or someone you know is experiencing a mental health crisis, call the **Meridian** crisis line for 24/7 support and assessment from a licensed counselor. The **Mobile Response Team (MRT)** is available to respond in-person for youth and young adults up to 25 years of age for additional assessment and coordination of care.

National Suicide Prevention Lifeline

We can all help prevent suicide. The Lifeline provides 24/7 free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

1-800-273-8255 <https://suicidepreventionlifeline.org/>



**Department of Children and Family Services
Abuse Hotline
1-800-962-2873**

The Florida Abuse Hotline accepts reports of known or suspected child abuse, neglect or abandonment, 24 hours a day, 7 days a week.

