

Manor ISD School Health Advisory Council (SHAC) Minutes

April 25, 2024

Members Present: Dr. Karen Smith, Dr. Farron Hunt, MD, Ryan Cengel, Becky Rivera, Dr. M. Hawkins, Nelly Reyna Mendoza, Ja'Net Mitchell, Shounelle Moore, Anne Weir, Susan Millea, PhD, Diana Rios-Rodriguez.

The subjects to be discussed are listed below. Items do not have to be taken in the same order as shown on this meeting notice.

Call to Order (1 Minute) Meeting called to order at 6:05 PM

- *Welcome and Introductions*
- *Approval of Minutes from 09.28.23 - Motion to accept minutes K. Smith, MD, seconded F. Hunt, MD motion passed with minutes adopted with corrections.*
- [Student Welfare: Wellness and Health Services](#) (FFA - Local Policy)
- [FFA – Student Welfare: Wellness and Health Services \(legal\)](#)
- The meeting discussed the review and potential district Wellness Policy updates.
- Ryan Cengel, the Food Service Director, presented information on the local Wellness policy and the steps to develop and update it. Contact information for Ryan Cengel was provided for further questions or feedback. 512-278-4081 ryan.cengel@manorisd.net
- Feedback was requested from the committee members on potential changes or improvements to the Wellness Policy.
- Concerns were raised about portion sizes and hunger among high school students, as well as the issue of food delivery services like DoorDash and UberEats on campus.
- The possibility of implementing larger portions and clarifying the rules around going back through the cafeteria line was discussed. The need for better communication and education for students about the available food options and guidelines was highlighted.
- **Tucker's Law - HB 3908**
Tucker's Law, a new legislation related to substance abuse prevention and intervention, was mentioned, and the role of counseling and guidance in implementing it was discussed. Nikkida Butler is the new Director of Counseling and Guidance, and as she transitions into her new role, this will be discussed further.
- **Old Business**
- The possibility of implementing an honor cord program for health and wellness activities was mentioned, to provide scholarships for students.
- The proposed meeting schedule for the upcoming year was shared, with the addition of a fifth meeting to allow for flexibility and potential makeup meetings
- **Meeting Adjourned at 6:55 PM---**