

Help! What options should I choose?

Your options choices can have an impact on what careers are open to you in the future, so you probably have a lot of questions. Here are some to start you off.

Which subjects do I enjoy?

Which subjects make you happy? Which subjects are interesting? Does the time seem to fly by in some subjects and go at a snail's pace in others?

Which subjects am I good at?

Which subjects do you get consistently good results in? Are there some subjects that your friends struggle with, but you find easy?

Which subjects suit my learning style?

We all like to learn in different ways. Do you like English and Drama because you get to talk and listen? Or perhaps you like Home Economics because you can get stuck in and learn with your hands?

Which options are going to help me in the future?

Do you have an idea of what you'd like to do after you finish school? Certain options can help you to get there. For example, if you want to be a journalist subjects like English and Modern Studies are going to be very useful. However, **don't drop a subject you are really good at just because you can't see how you will use it in the future. A good grade in any subject you enjoy will help you more than a poor grade in a subject you are less interested in.**

Avoid picking options just because...

- You like, or don't like, the teacher – the teacher may change
- There isn't much homework – that will change for all subjects!
- Your friends are taking the options – you don't want to get stuck studying something you don't like just to sit with a pal
- You think it's a "boy's" subject or a "girl's" subject – there's no such thing
- Your parents say you should, unless you agree with them

What next?

www.myworldofwork.co.uk and www.planitplus.net

- Explore Job Profiles A-Z on MyWOW to see what subjects are helpful for different careers. Go to My Career Options – go to section – I have a career in mind.
- Click My Career Options. It will come up with lots of helpful information including the Options Choices Tool.
- Tell your parents there's information to help them help you on MyWOW too.
- Find out more about each option, particularly those new ones that you might be picking up. If you can, speak to someone who has already taken the option you're thinking of choosing.
- Planitplus.net also provides good advice.

Your family, friends and teachers can help BUT ONLY YOU CAN CHOOSE