

2022-23 NFHS Volleyball Exam Part I (No Answers)

1. An unsporting conduct card shall be issued to a coach when disrespectfully addressing a referee and/or other match officials. If this is the first serious offense or second minor offense:

- A) A Red Conduct Card is assessed and loss of rally/point is awarded to opponent.
- B) A Red Conduct Card is assessed, no loss of rally/point is awarded, and a notation is made in the book.
- C) The offender is disqualified from the set.
- D) The offender is disqualified from the match.

2. Unnecessary delay occurs when:

- A) An illegal replacement attempts to enter the set.
- B) A team repeatedly uses an improper substitution procedure.
- C) A coach is late submitting the team's lineup to the second referee.
- D) All are unnecessary delay.

3. The attack is considered complete when the:

- A) Attacking team has completed three hits.
- B) Attacking team has had the opportunity to complete the attack.
- C) The ball is falling near the net, and in the referee's judgment, no legal member of the attacking team could make a play on the ball.
- D) All are correct.

4. A referee shall stop play when a player gains an advantage by contacting:

- A) Official's table.
- B) Team bench.
- C) Wall.
- D) All are illegal.

5. At the moment of the serve for Team S:

- A) Each right-side player on Team R shall have at least part of one foot touching the floor closer to the right sideline than both feet of the center player in the corresponding row.
- B) All players, except the server, shall be within the team's playing court.
- C) Each front-row player on both Team S and Team R shall have at least part of one foot touching the floor closer to the center line than both feet of the corresponding back-row player.
- D) All are correct.

6. Between sets, teams may not:

- A) Serve into the opponent's court.
- B) Hit into opponent's court.
- C) Warm up with volleyballs on both sides of the net.
- D) All are correct.

7. A stray volleyball rolls onto the court during the set and disrupts play. The referee will:

- A) Give the team that was interfered with the option of accepting the outcome of the play or a replay.
- B) Stop play and signal a replay.
- C) Allow the rally to continue to its natural end. The rally will be replayed only if players from the team that lost the rally complain that they were distracted by the stray volleyball.
- D) Allow a player to bat the ball away while continuing play.

8. During the set, each line judge shall assist the referees by:

- A) Communicating with the first referee when asked, when the ball touches the ceiling or overhead obstruction, if out of the view of the referees.
- B) Indicating when the ball touches the net, net antennas, and/or net supports not entirely between the net antennas.
- C) Indicating when a player touches a ball that is going out of bounds on the player's side of the net.
- D) All are correct.

9. The libero may not:

- A) Replace a middle blocker who has rotated to the back row.
- B) Replace a designated back row player.
- C) Replace the first server at the beginning of the set.
- D) Serve for multiple positions in the serving order.

10. The following are true regarding the serve except:

- A) A server may only serve when in the right back position.
- B) A server shall not touch the end line at the instant the ball is contacted for serve.
- C) A server must complete the serve within eight (8) seconds.
- D) A server is granted one re-serve during each time of service.

11. The following are true regarding a re-serve except:

- A) A server is allowed a new five seconds for the re-serve.
- B) After the first referee's signal for re-serve, a coach may request a time-out.
- C) After the first referee signal for re-serve, no request for a substitution may be granted until after the ball has been served.
- D) Each player may have only one re-serve during the team's term of service.

12. A back-row setter, when in front of the attack line, may:

- A) Send the ball into the opponent's court when the ball is partially above the height of the net.
- B) Jump.
- C) Contact the ball below the height of the net.
- D) All are correct

13. During a dead ball, the playing captain may request the following for the captain's team:

- A) A time-out.
- B) Verification of time-outs used.

- C) Verification of serving order.
- D) All are correct.

14. When multiple courts are used, the second referee may end a time-out or interval between sets with a:

- A) Audio signal (horn).
- B) Double whistle.
- C) Beckon for serve.
- D) Whistle.

15. During the set, each line judge shall assist the first referee and second referee by:

- A) Identifying a service fault on the opposite side of the net.
- B) Making illegal libero replacement calls.
- C) Placing the ball on the end line of the serving side during time-outs.
- D) Indicating when the serve, or any played ball, crosses the net not entirely between the net antennas.

16. A ball becomes dead and out of bounds when:

- A) The ball touches a wall.
- B) The ball touches the net antenna.
- C) The ball touches the floor completely outside the court's boundary lines.
- D) All are correct.

17. Which of the following statements is true regarding the lineup?

- A) One of the six starting players on the lineup sheet, or the libero, must be designated as the playing captain by placing a "C" next to the player's number.
- B) Lineup must be submitted to the second referee no later than two minutes prior to the end of the timed pre-match warmup.
- C) Only one libero may be designated per set on the lineup sheet prior to each set.
- D) All are true.

18. If using an intermission in a best three-of-five sets match, it shall be:

- A) Between the first and second sets.
- B) Between the second and third sets.
- C) Between the third and fourth sets.
- D) Between the fourth and fifth sets.

19. Which of the following statements is correct regarding a time-out?

- A) An assistant coach may verbalize or signal for a time-out.
- B) A head coach or playing captain may verbalize or signal for a time-out.
- C) A team non-captain may verbalize or signal for a time-out.
- D) A head coach may request a time-out during a live ball.

20. Which of the following statements is accurate in relation to net play:

- A) A ball contacting and crossing the net shall remain in play provided contact is entirely within the net antennas.

- B) A player shall not contact a ball which is completely on the opponent's side of the net unless the contact is a legal block.
- C) Recovering a ball hit into the net shall be permitted.
- D) All of the above are correct.

21. Each player, including the libero, shall be identified by a number that is:

- A) Solid-colored.
- B) Located on the upper front of the uniform top.
- C) Not more than two digits.
- D) All the above.

22. If a net fault is whistled by the first referee, the first referee shall indicate the result of the play followed by the nature of the fault. The second referee will mirror the signal for a net serve.

- A) True
- B) False

23. When a team member seated on the bench receives a red card for unsporting conduct, the head coach must:

- A) Have the team member escorted out.
- B) Remain seated during play for the rest of the match.
- C) Remain seated for the rest of the set.
- D) Designate standing privileges to an assistant coach.

24. A re-serve shall be called when:

- A) The server releases the ball for service, then catches the ball.
- B) The ball contacts the backboard or its supports hanging in a vertical position.
- C) The server steps on the service line.
- D) The server contacts the ball outside the hashmark.

25. After an injury a coach has 30 seconds to:

- A) Complete a legal libero replacement for the injured player.
- B) Leave the player in the set with play beginning immediately.
- C) Take a team time-out if the team has not used its allotted time-outs.
- D) All are correct.

26. Which of the following is permitted after a replay is signaled by the first referee?

- A) A time-out request.
- B) A substitution request.
- C) A libero replacement.
- D) None of the above.

27. When used, a libero:

- A) May be used as an exceptional substitution for an injured player if no other legal substitute is available.
- B) May replace a disqualified teammate.

- C) May not be designated as the playing captain.
- D) Shall not be allowed to serve in one position in the serving order.

28. Which of the following scenarios have the potential to be screens?

- A) A player on the serving team waves arms and jumps while the ball is served on a low trajectory over the player.
- B) A player moves sideways or stands close to the server preventing the receiving team from seeing contact of the serve.
- C) A group of two or more players, on the serving team, stand close together and the ball is served directly over them.
- D) All would be potential screening.

29. Which of the following is true of the official's uniform?

- A) All officials must dress alike.
- B) Shirts may be long or short sleeved and a state association approved color (white, cyan blue or gray).
- C) Shoes, socks and slacks must be black.
- D) All of the above.

30. Barrettes and other adornments in the hair are legal if they:

- A) Do not increase risk to the player and/or teammates.
- B) Do not increase risk to the opponent(s).
- C) Are securely fastened.
- D) All are correct.

31. The second referee has the responsibility to:

- A) Be in uniform at the site of the match no less than 30 minutes before the starting time.
- B) Assist the first referee in pre-match duties.
- C) Verify that the starting lineups have been entered correctly on the official scoresheet.
- D) All are second referee responsibilities.

32. Which of the following is not a responsibility of the second referee during the set?

- A) Assist the first referee by making sure a whistle is blown for each dead ball.
- B) Determine the alignment of players on the receiving team at the moment of serve.
- C) Whistle for each serve and dead ball.
- D) Signal how many time-outs each team has used at the beginning and the completion of a charged time-out.

33. Team R's CF, LF and LB are very close to each other at the net, and all three are reaching higher than the top of the net. The ball is attacked by Team S and contact is made by Team R's block. Which of the following statements is true?

- A) CF, LF and LB do not meet the definition of a collective block.
- B) Only LF contacts the ball and therefore a legal block.

- C) A blocking fault results because LB has participated in a completed collective block.
- D) All the statements are true.

34. The following action(s) results in an unnecessary delay.

- A) Illegal substitute attempting to enter the set.
- B) A coach not making a decision about an injured player within 30 seconds.
- C) Failure to submit the team's roster at the pre-game conference.
- D) All result in unnecessary delay.

35. The team lineup lists a starting number that no team member is wearing. The team legally substitutes a player with a legal number into that position. The team is not charged with a substitution.

- A) True
- B) False

36. During the set, the _____ is permitted to stand in the replacement zone.

- A) Athletic trainer
- B) Assistant coach
- C) Head coach
- D) Nonplaying team members

37. The referees' jurisdiction begins:

- A) Upon the start of the match.
- B) Upon the arrival on the floor.
- C) Upon the pregame meeting.
- D) Both A and B.

38. Substitution requests are not permitted:

- A) At the beginning of a time-out.
- B) After a replay is signaled.
- C) After a re-serve is signaled.
- D) All of the above are correct.

39. Proper substitution procedure includes:

- A) The substitute remaining in the substitution zone until the second referee releases the substitute and player.
- B) The substitute remaining in the substitution zone until the first referee releases the substitute and player.
- C) The substitute using the substitution zone, which is located along the sideline between the attack line and the serving line of the team's playing area.
- D) None of the above.

40. Which of the following is incorrect concerning the first referee? The first referee must have:

- A) A coin and a watch.
- B) A lineup card.
- C) A whistle.
- D) A set of yellow and red cards.

41. A team is allowed _____ substitutions per set.

- A) 15
- B) 18
- C) Unlimited
- D) 20

42. The second referee shall confirm with the scorer the initial unnecessary delay warning and second and subsequent unnecessary delay penalties during a set by:

- A) A coach.
- B) A player.
- C) A substitute.
- D) All of the above.

43. All of the following are correct, except:

- A) A time-out will last for a maximum of sixty (60) seconds.
- B) Each team is limited to four (4) time-outs per set.
- C) A time-out may be called by the head coach during a dead ball.
- D) A time-out may be called prior to the start of a set.

44. Which of the following would make a uniform bottom illegal?

- A) Single manufacturer's logo/trademark/reference on the waistband.
- B) Multiple manufacturer's logo/trademark/reference on the waistband.
- C) A different-colored uniform bottom from the rest of the team.
- D) School logo no more than 2 1/4 square inches.

45. An attack line shall be drawn across each playing area from sideline to sideline and shall be:

- A) Shaded.
- B) One clearly visible color.
- C) 4 inches wide.
- D) All are correct.

46. Watch the setter No. 2 starting in the right-back position. Is the setter attack legal?

VIDEO Link

<https://s3.amazonaws.com/files.exams.nfhs.org/77/77F42359AA19490EBD5A14D601536228>

- A) Yes, the ball is not completely above the height of the net when contacted.
- B) No, the setter is not allowed to tip the ball on the third contact.

- C) No, the setter jumped in front of the attack line.
- D) No, the setter cannot attack a ball.

47. The first ball contact by Player No. 11 is an illegal contact.

VIDEO Link

<https://s3.amazonaws.com/files.exams.nfhs.org/85/853FF183CD474DB48ECF413EE8D0C496>

- A) True
- B) False

48. What is the correct call when judging the action of the setter dump in blue?

VIDEO Link:

<https://s3.amazonaws.com/files.exams.nfhs.org/BC/BC8CDD20350240F4BED606E935763319>

- A) The setter's contact is legal.
- B) The setter's contact is illegal

49. What is the correct call when judging alignment?

VIDEO Link:

<https://s3.amazonaws.com/files.exams.nfhs.org/D3/D370A19B130841E089DC925106DB73F9>

- A) Legal alignment
- B) Illegal alignment

50. Does No. 8 commit a center-line violation?

VIDEO Link:

<https://s3.amazonaws.com/files.exams.nfhs.org/32/32D9852936214A20B2C0039A663FF215>

- A) Yes
- B) No

51. A referee shall stop play when a player gains an advantage by contacting:

- A) Official's table.
- B) Team bench.
- C) Wall.
- D) All are illegal.

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