Extracurricular Activities for 2025-2026

ASA (Asian Student Association)

The Asian Student Association (ASA) is the perfect spot for students interested in Asian culture. The meetings include delicious food, potlucks, trivia, movies, presentations, and most importantly, lots of fun. It meets after school every other Wednesday in West 21.

Advisor: Mr. Gillette

BSU (Black Student Union)

The Black Student Union at Northern is a diverse student group that promotes black culture, African American history, racial equality, and open discussions about race. We aim to unite the black community, create a safe space for non-black students to learn, and encourage open dialogue. It meets after school on Thursdays in West 11 and 12.

Advisor: Mr. Krieg

Business Club

Join this club to go beyond the classroom and learn business by doing. This club teaches the essential aspects of running a business and immediately gives you practical, real-world experience. It's the perfect way to build valuable skills, test out your ideas, and become a future leader. It meets after school on Tuesdays in West 11 and 12.

Advisor: Mr. Krieg

Chess Club

Students of all levels are welcome to join. It's a great way to relax and unwind by playing chess against other students. It meets after school on Fridays in East 40.

Advisor: Mr. Yeh

Chinese Club

All students are welcome. Students come to relax by playing Chinese card games, Taichi, dancing the Chinese Square Dance, jumping rope, kicking the shuttlecock, etc. It meets Thursdays after school in West 29.

Advisor: Mrs. Li Xiang and Mrs. Yanyu Ward

Environmental Club

This group aims to spread the word about recycling and get students and staff involved. We're in charge of paper, battery, can, and bottle recycling in the cafeteria, and we also take part in Earth Day activities. It meets after school on Thursdays in West 6.

Advisor: Mr. Tracey

Fellowship of Christian Athletes

The purpose of this group is to provide students with a supportive environment where they can encourage each other in facing the challenges they encounter, whether it's in sports, academics, or at home. While some discussions may revolve around sports-related topics, all students are welcome to participate and hopefully gain more confidence to tackle their day. It meets before school on Tuesdays in West 20 and 21

Advisor: Mrs. Paez

Fishing Club

The high school fishing club blends the sport of angling with environmental stewardship. Members will practice fishing techniques, participate in cleaning up local waterways, and engage in friendly competition by hosting a fishing tournament. It's the ideal club for students who want to enjoy the outdoors while actively protecting our natural resources. It will meet every other Thursday in the band room after school.

Advisor: Mr. Robke

GameChang3rs

GameChang3rs is a program in which FHN juniors and seniors mentor younger students in grades 2 - 8 and teach them how to start building their legacies mindfully each day. Sophomores apply in April to become Ambassadors for the following two years. Not only will you change other lives, you'll grow yourself in ways you never imagined.

Advisor: Mrs. Karen Sadler: <u>GameChang3rs@fhps.net</u>. Please email Mrs. Sadler for more information.

Genes in Diseases and Symptoms

Explore the fascinating connection between genetics and human health. In this club, members will dive into how our DNA influences the development, progression, and treatment of various diseases. Through discussions, case studies, and hands-on activities, we'll investigate genetic mutations, hereditary disorders, and the genetic basis of symptoms seen in everyday medicine. It meets after school on Thursdays in East 28.

Advisor: Mrs. Paez

Girls in STEM

Empowering young women to explore, excel, and lead in science, technology, engineering, and mathematics. In this club, members will engage in hands-on projects, hear from inspiring female STEM professionals, and build skills through

experiments, coding challenges, and problem-solving activities. Together, we'll create a supportive community that breaks barriers, sparks curiosity, and encourages girls to pursue their passions in STEM fields. It meets after school on Wednesdays in West 20.

Advisor: Mrs. Simpson and Mrs. Harrison

HOSA Club

Join a global student-led organization dedicated to preparing future leaders in the health sciences. Our HOSA chapter gives students the chance to explore healthcare careers, develop leadership skills, and compete in regional, state, and international events. Members participate in hands-on learning, community service projects, and health-related workshops while building teamwork and professional skills. Whether you dream of becoming a doctor, nurse, researcher, or public health advocate, HOSA is your pathway to connect passion with purpose. It meets after school on Tuesdays in East 42.

Advisor: Mrs. Festian

Indian Culture Club

This club is a vibrant and welcoming space dedicated to exploring and celebrating the rich diversity of India. Members will immerse themselves in the country's history, traditions, language, cuisine, and arts. It's the perfect club for connecting with a heritage and culture, as well as learn about one of the world's oldest civilizations. It meets after school on Tuesdays in East 25.

Advisor: Mrs. Maxwell

Investing Club

This club is where students learn the fundamentals of the stock market, personal finance, and long-term wealth building. We help members understand concepts like stocks, bonds, and budgeting. It's a practical club designed to give students the knowledge and confidence to become smart, future-ready investors.

Advisor: Mr. Kelly

Key Club of Forest Hills Northern

The Key Club of Forest Hills Northern is part of an international organization that offers its members opportunities for service, character-building, and leadership development. With support from the Kiwanis Club of Grand Rapids, members engage in monthly service projects, connect with peers from other high schools, and explore leadership roles at various levels. It meets Fridays after school in West 13.

Advisor: Mr. Kemperman

Kid's Food Basket Club

This club works with a great organization that works to fight hunger in our community! We work to pack lunches for food insecure kids and create notes of encouragement for them. It is a rewarding club to be a part of. It meets after school on Thursdays in East 29.

Advisor: Mrs. Bouwkamp

Marine Biology Club

Dive into the wonders of our oceans! In this club, students will explore marine life, ecosystems, and the impact of environmental changes on our oceans. Members will gain a deeper understanding of marine science and conservation. Whether you dream of studying dolphins, protecting coral reefs, or researching deep-sea mysteries, this club offers a place to learn, share, and take action to protect our blue planet. It meets after school the 1st and 3rd Tuesday of every month in West 20.

Advisor: Ms. Harrison

Medical Careers Club

Discover the world of healthcare and the many career paths it offers. In this club, students will explore medical fields such as nursing, medicine, physical therapy, emergency services, research, and more. Members will gain insight into what it takes to succeed in the medical profession. Whether you're set on a healthcare career or just curious about the field, this club will help you learn, connect, and prepare for your future in medicine. It meets after school every 2nd Wednesday of the month in West 6.

Advisors: Mr. Tracey

Model UN

In Model UN, students take on the roles of diplomats representing different countries to debate global issues, negotiate solutions, and draft resolutions—just like the real United Nations. Through research, public speaking, and teamwork, members develop skills in diplomacy, critical thinking, and international relations. Whether you're passionate about politics, global issues, or improving your debate skills, Model UN offers a challenging and exciting way to make your voice heard on the world stage. It meets after school on Thursdays in East 35.

Advisor: Mr. Brasic

National Honor Society

FHN National Honor Society's purpose is to reinforce, recognize, and stimulate: (1) An enthusiasm for scholarship, (2) A desire to render service, (3) The promotion of leadership, and (4) The development of character in the students of Forest Hills Northern High School. This is by invitation only.

Advisor: Mr. Duffie and Mrs. Laurell

Northern Writers Club and Slam Poetry

This writing and arts collective gathers to engage in writing prompts, share their work, and collaborate with professional writers and artists. The club also organizes writing retreats and off-campus events. All writers are welcome to join.

It meets Thursdays after school in West 6.

Advisor: Mr. Sean Duffie

Odyssey of the Mind

The Odyssey of the Mind (OM) club is a hands-on, competitive group where students use creativity and engineering to solve complex, long-term technical or theatrical problems. Teams design, build, write, and perform their solutions under strict budget limits, fostering teamwork, critical thinking, and spontaneous problem-solving for competition.

Please contact Mrs. Kris Covelle for additional information.

Psychology Club

This is an engaging group that explores the human mind and behavior. It's a fun and informal way for students to apply psychological concepts to the real world, satisfy their curiosity about why people do what they do, and explore potential career paths in the field. **Meetings are held after school on Tuesdays in East 28.**

Advisor: Mrs. Paez

Pride Club

The Pride Club is open to all high school students in grades 9-12, including LGBTQ+ community members and allies. Activities include peer-led education, group discussions, socializing, networking, and fundraisers. Involved students can attend an annual Youth Summit in support of the LGBTQ+ community at the GVSU campus each May. Meetings are held after school on the 2nd and 4th Tuesdays of the month in East 17.

Advisor: Mr. Langlois

Research Club

Research Club is for everyone interested in learning about the research process and conducting their own research. Along with various competitions, we will bring in speakers from the community, work with local businesses and universities, and help our community by researching topics that may contribute to social, economic, or political development. If you want to win awards, create

connections, or just get started with research, this club is for you! It meets after school on Thursdays in West 18.

Advisor: Mrs. Simpson

Rotary Interact Club

Forest Hills Northern Interact is the high school branch of Rotary International, the largest service organization in the world. At FHN, the Interact club is a non-profit organization that is entirely run by Northern students with the oversight of an advisor from Grand Rapids Rotary East. Each year, the Interact club members pick two large initiatives, one on a local scale, and the second global, to take on throughout the year. From there, the members decide how they are going to bring about change and tackle the issues, organize fundraisers, coordinate with businesses, nonprofits, and a wide array of local and global leaders, and ultimately run their own non-profit organization. It meets after school on Mondays in West 21.

Advisor: Mr. Gillette

Science Olympiad

This is a team that competes in nation-wide standards-based challenges against other schools in the disciplines of science and engineering. Competitions include one invitational and the Regional Competition in March at GVSU. Performance at the Regional competition can qualify for the state competition in April at MSU. Performance at the state competition can qualify for the national competition in May in Washington DC.

Advisors: Mr. Yeh <u>eyeh@fhps.net</u> and Ms. Nick <u>Inick@fhps.net</u> Please contact them for more information.

Second Chance Club

This club is dedicated to minimizing waste and maximizing resources. Members actively organize community drives to give unwanted clothing and items a second life through recycling and creative reuse. It's a hands-on opportunity to reduce our environmental footprint while benefiting the community.

Advisors: Mr. Gillette

Student Government

Students represent their respective classes while making decisions regarding student activities (homecoming, dances, volunteer projects, etc.). This organization has an application process.

Advisor: Mrs. Morrison: tmorrison@fhps.net

Please email Mrs. Morrison for more information.

This club is a youth-led grassroots movement dedicated to supporting the survival, protection, and development of children globally. Members act as advocates and educators, raising awareness about critical issues affecting children's rights, health, and education worldwide. Students learn to be effective global citizens, thinking globally and acting locally to make a tangible difference in the lives of the world's most vulnerable children.

Advisor: Mr. Gillette

Visual Arts Club

Join this club to collaborate with fellow artists and bring your creative ideas to life. This club is committed to building skills, exploring diverse artistic styles, and providing opportunities to exhibit work both in and out of school. It's an essential club for students who want to develop their artistic portfolio for college applications or simply find a creative outlet in a vibrant community.

Advisor: Mrs. Martus

Volunteer Club

The Husky Volunteer Club offers opportunities for students to become directly involved in helping members of our community and others. It meets after school on Wednesdays in East 29.

Advisor: Mrs. Bouwkamp

Women Empowerment Club

Join this club to build a strong network of support and focus on personal growth. This club offers a safe space for open discussion about topics that may be challenging for young women. Every member will recognize their potential and develop their voice and leadership skills. It meets after school on Tuesdays in East 30.

Advisor: Mrs. Stowell

FHN Athletics

Fall Sports

- Cross Country
- Fall Sideline Cheer
- Fall Rowing
- Field Hockey
- Football
- Girls Golf
- Boys Soccer
- Girls Swimming & Diving
- Boys Tennis
- Girls Volleyball

Winter Sports

- Boys Basketball
- Girls Basketball
- Bowling
- Competitive Cheer
- Gymnastics
- Ice Hockey
- Skiing
- Boys Swimming & Diving
- Wrestling

Spring Sports

- Baseball
- Boys Golf
- Boys Lacrosse
- Girls Lacrosse
- Rowing
- Girls Soccer
- Softball
- Girls Tennis
- Track & Field
- Girls Water Polo

Updated: 10/1/25