



NYSD XC Acklam

**PLEASE NOTE THAT DOGS ARE NOT ALLOWED ON
THE SCHOOL FIELDS**

NYSD CROSS COUNTRY

ACORN CENTRE, ACKLAM GRANGE SCHOOL

MIDDLESBROUGH TS5 8QB

SUNDAY 5th October 2025

TIME TABLE

1. UNDER 11 BOYS & GIRLS 1.25 miles (2000mts) 11:00AM

Start A-B-D-F-G -I+ Finish

2. UNDER 13 BOYS & GIRLS 1.75 miles (2800mts)
11:10AM

Start A-B-D-E-F-G-I + Finish

3. UNDER 15 BOYS & GIRLS 2.25 miles (3600mts)
11:20AM

Start A-B-D-E-F-G-H-I + Finish

4. U17/U20/SENIOR/VET LADIES 6300Mts (3.9 miles) 11:40AM

UNDER 17 MEN & VET MEN OVER 65

Start-A-B-C-D-E-F-G-H-I-A-B-C-D-E-F-G-H-I + Finish

5. U20/SENIOR/VET MEN 10000 Mts (6.2 miles) 12:20PM

1 x Small lap

3 x Large Laps

Start + A-B--D-E-F-G-I

3 x A-B-D-E-F-G-H-I + Finish

Please note that point "C" is only used for Race 4

Terms of use of the Acorn Centre

No dogs are allowed on the school fields, though they are allowed on the area at the south of the Acorn Centre. This is **only accessible** via A19 which is a 10 minute walk to the course

No smoking on the school fields.

Toilets are only available in the outside Toilet block as there is no access to the Acorn Centre for anyone competing or spectating.

Please note these are the terms of the Acorn Centre and we have no control over them. Middlesbrough Council will be policing each of these points so please can all clubs ensure that everyone in their club competing and those coming to support are aware?

Failure to adhere to these instructions could lead to us not being able to use this venue in the future.

CAR PARKING

We received several complaints last year from neighboring residents about poor parking on the surrounding streets and grass verges which made it difficult for them to access their drives. With this in mind there will be a significant change to the parking arrangements that needs to be cascaded to all clubs. It's extremely important that all competitors and spectators etc attending the meeting use the Acklam Grange school carpark which is accessed from Lordore Grove TS5 8PB

THERE IS NO PARKING FOR COMPETITORS AT THE ACORN CENTRE

This carpark is for the people using the Acorn Centre and meeting Officials/Medical staff.

This carpark can be used as a drop off point for tents and equipment but the vehicles must then be moved to the school carpark.