



Asthma History - Parent Questionnaire

***To be filled out by a parent or guardian of a new student with asthma, or any student with a new diagnosis of asthma.*

Student Name: _____ Date of Birth: _____ Today's Date: _____

Asthma Health Care Provider: _____ Provider's Phone number _____

1. Have you submitted a copy of your child's most recent asthma action plan or other asthma documentation from your child's health care provider? ☐ Yes ☐ Not yet, but will bring it to the nurse by _____
2. When was your child first diagnosed with asthma? _____
3. ***In the last 3 years***, has your child required the use of asthma medications (includes inhalers)? _____
4. What signs and symptoms signal a flare in your child's asthma? _____

5. Describe any special care your child requires at school. _____

6. Describe needed special considerations for field trips, after-school activities and exercise. _____

7. How many days did your child miss last school year due to asthma concerns?
☐ 0 days ☐ 1-2 days ☐ 3-5 days ☐ 6-9 days ☐ 10-14 days ☐ over 15 days
8. During the past year, has your child's asthma ever stopped him/her from taking part in physical activities?
☐ none ☐ some of the time ☐ all of the time
9. In the past month, during the day, how often has your child had difficulty with coughing, wheezing or breathing?
☐ 2 times a week or less ☐ More than 2 times a week ☐ all the time, throughout the day
10. In the past month, during the night, how often has your child had difficulty with coughing, wheezing or breathing?
☐ 2 nights a month or less ☐ 2+ nights a month ☐ 2+ nights a week ☐ 4+ nights a week
11. List any needs you or your child have for additional education about asthma: _____

12. I rate my child's need to improve skills for self-management of asthma (use of inhalers, recognizing symptoms, etc.) as:
☐ no need ☐ very low ☐ low ☐ moderate ☐ high ☐ very high
13. I rate my child's health problems related to asthma currently as:
☐ no need ☐ very low ☐ low ☐ moderate ☐ high ☐ very high
14. I rate my level of concern about asthma posing a safety risk for my child at school as:
☐ no need ☐ very low ☐ low ☐ moderate ☐ high ☐ very high



15. Triggers that may cause an asthma attack or flare up:

- | | |
|--|--|
| <input type="checkbox"/> Exercise | <input type="checkbox"/> Cigarette smoke, strong odors |
| <input type="checkbox"/> Pollens | <input type="checkbox"/> Respiratory infections |
| <input type="checkbox"/> Molds | <input type="checkbox"/> Emotions (i.e. when upset) |
| <input type="checkbox"/> Animal Dander | <input type="checkbox"/> Foods _____ |
| <input type="checkbox"/> Temperature changes | <input type="checkbox"/> Other triggers _____ |

16. Routine asthma medication schedule

| Medication Name | Dose | Frequency | Time administered at home (or as needed) | Needed at school?*** |
|-----------------|------|-----------|--|----------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

*** Please note that all medications that are administered at school must be brought in by a parent/guardian and must include the original pharmacy label. A signed copy of the parent medication authorization form is required each school year. Students are not allowed to bring any medications to or from school.

Please list an emergency contact for your child, in case we can't reach the guardian filling out this form:

Emergency Contact Name: _____

Relation to child: _____ Phone # _____

By signing below, I, the parent or guardian of _____, agree to notify the School Nurse of any changes in my student's health status or changes in orders from the student's healthcare provider, and to provide necessary supplies and medications.

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date: _____

For Health Office Use

- ☐ Relevant information entered into EHR
- ☐ Emergency Action Plan Completed

School Nurse Signature: _____ Date: _____