



PRIVACY POLICY

Effective Date: July 1st, 2025

At Machine Strong, your privacy matters. This form collects personal information — including your name, contact details, health history, photos, and dietary preferences — for the purpose of building a customized transformation program.

We collect this information to:

- Create your personalized meal and workout plan
- Track your progress and make informed adjustments
- Deliver communication and coaching support

Your data will never be sold, shared, or used for any purpose outside of this program. It is securely stored through Tally and Google Drive, accessible only by Coach Elli and her internal team (if applicable).

Any transformation photos, screenshots, or testimonials will only be used publicly with your explicit permission, as selected in the form.

If you have questions about your data or need to update your submission, contact us at:
coachelli@machinestrong.com