RISE Program
2024-25 Program Schedule Cohort B

The training dates below all occur virtually. Note, while the dates will not change, the topic areas are subject to change based on the cohort you are placed in.

Date	Session	Time		
		EST	CT	PST
Friday, September 6, 2024	**Session 1:** Welcome & Culture	10:30AM - 4:30PM	9:30AM - 3:30PM	7:30AM - 1:30PM
Friday, September 20, 2024	**Session 2:** Finance, Self-Care, & Communication Styles			
Friday, October 11, 2024	**Session 3:** Goal Setting & Workplanning			
Friday, November 1, 2024	**Session 4:** Identity			
Friday, November 22, 2024	**Session 5:** Individual Development			
Friday, December 6, 2024	**Session 6:** Future Planning			
Friday, December 13, 2024	**Session 7:** Values			
Friday, January 10, 2025	**Session 8:** Wrap Up Day			

In addition to the training dates listed above, RISE students located in similar geographic areas to other students may also have opportunities to meet in-person over the course of the program.