

STYLE ROOTS WORKSHEET

(write your name here)

INDEX

Root color key.....	3
Core Interests.....	4
Core values.....	6
Inner Child.....	8
Future self.....	10
Style Streams.....	12
Style Roots Score.....	14
Style Roots Summary.....	15

Root color key

Each style root is associated with a color. Once the texts are done, color each phrase or word with the root that resonates with you. If one projects more than one, combine their colors.

 FIRE: RED

 FLOWER: PINK

 SUN: YELLOW

 MOON: PURPLE

 MOUNTAIN: NAVY

 STONE: BLUE

 EARTH: GREEN

 MUSHROOM: CREAM

Core Interests

Themes, aesthetics, concepts that have been interesting for you independently of how much time passes. You can include movies, TV series, art, songs, places... What interests do you come back to frequently in your life?

(insert here you Core Interests moodboard)

Core values

What's important for you? How is your compass? What guides you through life and what makes living sense for you? What keeps you in contact with your goals and happiness? Pick 3-5 values that are meaningful to you and describe them with detail.

(insert here you Core Interests moodboard)

Inner Child

Think about these things you loved when you were a child, either activities, games, memories, fiction... It can be a sport, a school subject, a book, a children's show, characters you wanted to be. Let your inner child speak.

(insert here you Inner Child moodboard)

Future self

Visualize your dream life. Who you are, what is your place in life, what you do, who you are surrounded with, what goals you want to achieve. Think big.

(insert here your Future Self moodboard)

Style Streams

Make the original Ellie-Jean's Style Streams exercise. Write 25-30 words about the impression you want to make and what keywords resonate with you. It's helpful to think about what impression you give off to people, how is your personality, and some aspects of your current pieces in your wardrobe, or how you want to feel.

(insert here your Style Streams moodboard)

Style Roots Score

The style ranking in each text is scored like this:

5 POINTS > 4 POINTS > 3 POINTS > 2 POINTS > 1 POINT

If there are two roots positioned equally, the same number of points are added as the one in front and one extra is for the one behind.

5 POINTS > 4 POINTS > 3 POINTS = 3 POINTS > 2 POINTS

My results:

Fire:

Flower:

Sun:

Moon:

Mountain:

Stone:

Earth:

Mushroom:

Your style root combination:

Your 2 secondary roots:

Style Roots Summary

Style Root Combination			Secondary roots	
Root 1	Root 2	Root 3	Root 4	Root 5
NAME	NAME	NAME	NAME	NAME
short description	short description	short description	short description	short description
<p>Write down elements you love to express with your style from this root.</p>				

(insert here your Style Root combination moodboard)