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Please edit this for your country, so you can help others find the right email addresses to send this to!

What is better to use as a subject for email so it will be opened by a receiver with higher probability?

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[Minister of Foreign Affair
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European Parliament

- Their e-mail addresses are mostly firstname.lastname@europarl.europa.eu
- German MEPs (Mailing Address:
<https://docs.google.com/spreadsheets/d/1LXbU63p0EhUYBIfB453B8SFffjfh8DBjWt5hVwatyeM/edit?usp=sharing>
- Find the **Members of the European Parliament for your country** here:
<https://www.europarl.europa.eu/meps/en/home>

- **Members of the AFET (foreign affairs) committee:**

<https://www.europarl.europa.eu/committees/en/afet/home/members>

-

Germany

- **Bundestags**abgeordnete: [Deutscher Bundestag - Abgeordnete](#)
- Ausschuss für Auswärtiges im Bundestag: <https://www.bundestag.de/auswaertiges>
 - MEPs nach Bundesland: [Die deutschen Europaabgeordneten nach Bundesländern | Europäisches Parlament | Europäisches Parlament Verbindungsbüro in Deutschland](#)
- **Baden-Württembergischer Landtag** Abgeordnetenhaus **Berlin**:
<https://www.parlament-berlin.de/de/Das-Parlament/Abgeordnete/Suche-nach-Wahlkreisen?open&ref=98SM2F321DEV> Bayerischer Landtag

Austria

- **Österreichischer Nationalrat**:
<https://www.parlament.gv.at/WWER/NR/AKT/index.shtml>
- **MEPS**
https://www.europarl.europa.eu/austria/de/abgeordnete-osterreich/9_legislaturperiode.html

Switzerland

- Foreign Affairs Committees (Nationalrat & Ständerat):
<https://www.parlament.ch/en/organe/committees/specialist-committees/committees-fac>
- Contact info:
https://www.parlament.ch/Poly/Adressen_RM/kommitteeglieder_nr_apk.pdf

Spain

- Gobierno
- Senadores:

<https://www.senado.es/web/relacionesciudadanos/participacion/senadores/index.html>

Comisión de Asuntos exteriores en el Senado:

<https://www.senado.es/web/actividadparlamentaria/sesionescomision/detallecomisiones/composicion/contactarcomision/index.html?id=S011001&legis=14>

Portugal

- Assembleia da República: Deputados
(https://www.parlamento.pt/DeputadoGP/Paginas/Deputados_ef.aspx) [ao clicar no nome do deputado existe a opção de enviar email], Presidente da Assembleia
(<https://www.parlamento.pt/sites/PARXIIIIL/paginas/home.aspx>)
- Governo: <https://www.portugal.gov.pt/pt/gc21/governo/composicao> [clicar no nome do ministro ou secretario de estado e depois em contactos]
- Ministério do Estado e dos Negócios Estrangeiros:
<https://www.portugal.gov.pt/pt/gc22/area-de-governo/negocios-estrangeiros/contactos>
- Primeiro Ministro <https://www.portugal.gov.pt/pt/gc21/primeiro-ministro/contactos>
- Presidente da Assembleia da República gabpar@ar.parlamento.pt
- Rui Rio
<https://www.parlamento.pt/DeputadoGP/Paginas/EmailDeputado.aspx?BID=132>
- Catarina Martins
<https://www.parlamento.pt/DeputadoGP/Paginas/EmailDeputado.aspx?BID=4161>

- Jerónimo de Sousa
<https://www.parlamento.pt/DeputadoGP/Paginas/EmailDeputado.aspx?BID=210>
- Inês de Sousa Real
<https://www.parlamento.pt/DeputadoGP/Paginas/EmailDeputado.aspx?BID=6864>
- Deputados por circulo eleitoral -
<https://www.parlamento.pt/DeputadoGP/Paginas/Deputados.aspx?more=1>

Finland

- **List of Finnish MPs:**
https://www.eduskunta.fi/EN/kansanedustajat/nykyiset_kansanedustajat/Pages/default.aspx
- Finnish MPs' and their assistants' emails:
https://docs.google.com/spreadsheets/d/15obXLJQArhvhvCFOia5ooES_BwCwKh-uPK-mg3Aw0zE/edit
- **List of Finnish MEPs:**
<https://www.europarl.europa.eu/meps/en/search/advanced?name=&groupCode=&countryCode=FI&bodyType=ALL>
- **Helsinki Mayors:**
<https://www.hel.fi/helsinki/en/administration/administration/organization/mayors>

France

- Generally, you can research who your representative is in your local government (e.g.: city council), you can message your national parliamentarian responsible for your voters district (in France:
<http://www2.assemblee-nationale.fr/recherche.../carte/FRANCE>) and you can email members of the European Parliament from your country, especially the ones

in the AFET committee

(<https://www.europarl.europa.eu/commi.../en/afet/home/members>).

- All their email addresses can be found there by typing their name :

<https://projetarcadie.com/>

Belgium

- **Vlaams Parlement:** Commissie voor Buitenlands Beleid, Europese Aangelegenheden, Internationale Samenwerking en Toerisme
(<https://www.vlaamsparlement.be/commissies/1333030>)
 - Use this link to get a complete overview with contact info, including the voters district.
(<https://www.vlaamsparlement.be/commissies/1333030/contactgegevens>)
- **Kamer van Volksvertegenwoordigers:** Commissie buitenlandse betrekkingen:
(<https://www.dekamer.be/kvvcr/showpage.cfm?section=/comm&language=nl&cfm=/site/wwwcfm/comm/com.cfm?com=9944>)
- **Walloon Parliament's commission for International affairs**
(https://www.parlement-wallonie.be/pwpages?p=composition_com_det&id=261)
- **Members of the Brussels Region's Parliament**
(<http://www.parlement.brussels/deputes/>)

Czech Republic

- **Vláda České republiky/Government of the Czech Republic**
(<https://www.vlada.cz/cz/vlada/>)
- **Ministerstvo zahraničních věcí/Ministry of Foreign Affairs**
(<https://www.mzv.cz/jnp/cz/kontakty.html>)
- **Ministerstvo vnitra/Ministry of the interior of the Czech Republic**
(<https://www.mvcr.cz/mvcren/article/ministry-of-the-interior-ministry-of-the-interior.aspx>)

- **Senát Parlamentu České republiky/Senate of the Parliament of Czech Republic**

(<https://www.senat.cz/index.php>)

Suggestion: Getting in touch with someone from the Committee on foreign affairs, defence and security or the Committee on EU affairs is gonna be the most effective as these are the two committees in charge of such issues. It won't however hurt if you send it to everyone from the upper chamber.

- List of Senators

(https://www.senat.cz/senatori/index.php?ke_dni=25.2.2022&O=13&lng=cz&par_2=2)

- Committee on foreign affairs, defence and security

(https://www.senat.cz/organy/index.php?lng=cz&ke_dni=25.2.2022&O=13&par_2=451)

- Committee on EU affairs

(https://www.senat.cz/organy/index.php?lng=cz&ke_dni=25.2.2022&O=13&par_2=452)

- **Poslanecká sněmovna Parlamentu České republiky/Chamber of deputies of the Parliament of Czech Republic**

(<https://www.psp.cz/sqw/hp.sqw>)

Suggestion for non-czech citizens: The government parties are ODS, TOP09, KDU-CSL, Pirates and STAN. Try to get in touch with someone from the Pirates party as they tend to be the most proactive ones when it comes to similar matters, but anyone apart from the SPD party (Tomio Okamura is the leader, they tend to be pro-Russian) should be reasonable.

- List of members of the chamber

(<https://www.psp.cz/sqw/hp.sqw?k=192>)

- Defence committee

(<https://www.psp.cz/sqw/hp.sqw?k=4900>)

- Committee on EU affairs

(<https://www.psp.cz/sqw/hp.sqw?k=500>)

Italy

- Ministry of Foreign Affairs and International Cooperation:
<https://www.esteri.it/it/ministero/contatti/>
 - FOIA@esteri.it
 - dgap.segreteria@esteri.it
 - gabinetto@esteri.it
- Ufficio del presidente del Consiglio (Government): presidente@pec.governo.it
 - *Unless you have a PEC account, it is probably not abilitated to receive it.
- List of MPs: <https://www.camera.it/leg18/46>
- List of Senators: <https://www.senato.it/leg/18/BGT/Schede/Attsen/Sena.html>
- Italian Embassy in Ukraine: ambasciata.kiev@esteri.it
- List of italian MEPs at the EU:
<https://www.euoparl.europa.eu/meps/en/search/advanced?countryCode=IT>

Ireland

- You can find your local representatives in the Irish Parliament (lower and upper house) here: <https://www.oireachtas.ie/en/members/>
- Irish Embassy in Ukraine: (submit email through website form here: <https://www.dfa.ie/irish-embassy/ukraine/>)
- List of contact details of Irish MEPs:
<https://www.euoparl.europa.eu/ireland/en/your-meps>

Latvia

- All members of the parliament (Saeima) *ND! Unanimously voted on declaration in support for Ukraine, 4 were not present - [spam them!](#)*
https://titania.saeima.lv/Personal/Deputati/Saeima13_DepWeb_Public.nsf/deputies?OpenView&lang=LV&count=1000

- Latvian MEPs

<https://www.europarl.europa.eu/meps/en/search/advanced?countryCode=LV>

Lithuania

NOTE: MPs have called back and replied to emails.

- Emails of Every member of Lithuanian parliament (just copy/paste. Use no more than 20 emails in :bcc, to not deliver to SPAM folder):

<https://sti.lt/seimo-nariu-el-p-adresai/>

United Kingdom

- Here is a [template](#) to MPs
- Find your MPs and Lords here <https://members.parliament.uk/members/commons>
 - or here <https://www.writetothem.com/>

United States

Here is [a template](#) ready-to-go that you can use!

- Click here to write to your senators:
<https://www.senate.gov/senators/senators-contact.htm>
- Click here to write to your representative in the House:
<https://www.house.gov/representa.../find-your-representative>

The Netherlands

- A list of Members of Parliament (*Tweede Kamerleden*) who work on foreign affairs, including their contact details, can be found here:
https://www.tweedekamer.nl/kamerleden_en_commissies/commissies/buza/samenstelling
 - Email addresses are mostly (but not all) initial.lastname@tweedekamer.nl

- A list of Dutch Members of the European Parliament (*Europarlementariërs*), as well as their contact details, can be found here:
<https://www.europarl.europa.eu/thenetherlands/nl/euoparlementari%C3%ABrs>
- A list of Members of Parliament (Tweede Kamerleden) who work on defence (defensie), including their contact details, can be found here:
https://www.tweedekamer.nl/kamerleden_en_commissies/commissies/def/samenstelling
- A list of Members of Parliament who are in the Dutch NAVO-delegation, including their contact details, can be found here:
https://www.tweedekamer.nl/kamerleden_en_commissies/commissies/naa/samenstelling

Luxembourg

- List of Luxembourgish MEPs
<https://www.europarl.europa.eu/meps/en/search/advanced?countryCode=LU>
- List of Luxembourgish members of parliament (deputés)
https://www.chd.lu/wps/portal/public/Accueil/OrganisationEtFonctionnement/Organisation/Deputes/DeputesEnFonction/!ut/p/z1/pZHNbslwEISfhSfwZjfE9tFxjGOg0MSiBV9QDIUViZ9L1efHolUlfpoEsTdL83lmZ1lgm2QMmEkuOLE1C4fmu_1svtrjodnF9yZk2wKLt9qlCGCEBAelmidKk54hez8L4J9RwMIQHoXwtVUvRspVHgU68abKERxe8pZXKeDUTPnKL8gS_fJ_gqXxGSC9kqp9tIO0ky9veKFldLXVfKZjK1bwYfk7DAblv24trznALvE5_yJHuRvBaH7vlvyuP-lv4S-Ra8Ed4ruO1W4k-Wyqr6w-7Cb_lzwrnWjEzoWy5E!/dz/d5/L2dBISEvZ0FBIS9nQSEh/

Poland

- **List of Polish MPs:** <https://www.sejm.gov.pl/sejm9.nsf/poslowie.xsp?type=A#A>
MPs' e-mails are: firstname.lastname@sejm.pl

- **List of Polish MEPs (EurParliament):**

<https://www.europarl.europa.eu/meps/en/search/advanced?countryCode=PL>

MEPs' e-mails are: firstname.lastname@europarl.europa.eu

- Try also: **the president/mayor of your city!**

- **Ministerstwo Obrony Narodowej:**

Minister - Mariusz Błaszczak kontakt@mon.gov.pl

Sekretarz Stanu w MON - Wojciech Skurkiewicz sek.skurkiewicz@mon.gov.pl

Sekretarz Stanu w MON - Marcin Ociepa sek.ociopa@mon.gov.pl

Szef Sztabu Generalnego Wojska Polskiego - generał Rajmund T. Andrzejczak
sekretariat.ssgwp@mon.gov.pl

- **Ministerstwo Spraw Zagranicznych**

Minister Spraw Zagranicznych - Zbigniew Rau zbigniew.rau@sejm.pl albo
zrau@wpia.uni.lodz.pl (brak adresów mailowych na stronie MSZ)

Sekretarz stanu ds. prawnych, prawno-traktatowych, Narodów Zjednoczonych oraz konsularnych i parlamentarnych - Piotr Wawrzyk pwawrzyk@uw.edu.pl (brak adresów mailowych na stronie MSZ)

Slovenia

- Government: gp.kpv@gov.si
- Ministry of Foreign Affairs: gp.mzz@gov.si
- President of Slovenia: gp.uprs@predsednik.si

- Slovene MEPs:

<https://www.europarl.europa.eu/slovenia/si/evropski-parlament>

- Državni zbor: gp@dz-rs.si

- Members of parliament:

- **ime.priimek@dz-rs.si**

- https://www.dz-rs.si/wps/portal/Home/pos/pp/!ut/p/z1/hU9Nb4MwDP0tO3AcdoPoPm5ApQ5StpVJW5pLFWj4UGmCQihSf_0ovU2b5oP1bL_3bAMHBlyJc1MJ22gl2qne8eU-eaJBQtcLXJPMx-2KhOkHehjRJXz9R-DTGP-IACGZCeFr5sez

PnsguA039PMIh7Gi-sFxKRRWgHvhK3vG1VqYG8rcxFnJU8812YARg86kVMC9q77VqijjNUNFQ2wbkayuG6rWp3fHgtU7j1Otkaw0kjjDmZq19Z2_bODDo7j6FZaV610C-0ORwd_E9W6t8B-cqE7scsmKFPr7-6-AUT-2fs!/dz/d5/L2dBISEvZ0FBIS9nQSEh/ can also be contacted through this portal:

<https://www.dz-rs.si/wps/portal/Home/pos/pisitePoslancu?idOseba=P166>

- Ministry of Defence: glavna.pisarna@mors.si

Croatia

MINISTARSTVO VANJSKIH I EUROPSKIH POSLOVA/ MINISTRY OF FOREIGN AND EUROPEAN AFFAIRS

Trg N.Š. Zrinskog 7-8, 10000 Zagreb

tel.: +385 (0)1 4569 964

faks: +385 (0)1 4551 795, +385 (0)1 4920 149

- **KABINET MINISTRA**

kabinet.ministra@mvep.hr

01/4569 964

01/4569 988

- **URED DRŽAVNOG TAJNIKA ZA POLITIČKE POSLOVE**

Frano Matušić, državni tajnik

ured.drzavnog.tajnika@mvep.hr

01/4569 806; 01/4569 943

01/4569-920

- **URED DRŽAVNE TAJNICE ZA EUROPU**

Andreja Metelko-Zgombić, državna tajnica

dt.europski.poslovi@mvep.hr

01/4569 968

01/4597 738

- **I. UPRAVA ZA EUROPU**

Zrinka Ujević, ravnateljica Uprave

europski.poslovi@mvep.hr

01/4569 850

01/4569 972

- **II. UPRAVA ZA JUGOISTOČNU EUROPU**

Stribor Kikerec, ravnatelj Uprave

ujieuropa@mvep.hr

01/4569 929

01/4569 829

- **III. UPRAVA ZA POLITIČKE POSLOVE**

dr. sc. Petar Mihatov, ravnatelj Uprave

politicki.poslovi@mvep.hr

01/4569 896, 4896 339

01/4597 490

- **IV. UPRAVA ZA EUROPSKO I MEĐUNARODNO PRAVO**

Gordana Vidović Mesarek, ravnateljica Uprave

medunarodno.pravo@mvep.hr

01/4569 858

01/4597 477

- **V. UPRAVA ZA MULTILATERALU I GLOBALNA PITANJA**

Sebastian Rogač, ovlašten za obavljanje poslova ravnatelja Uprave

multilaterala@mvep.hr

01/4569 952, 01/ 4569 839

01/4597 416

Kosovo

Ministry of Foreign Affairs

Address: Ndërtesa e Ministrisë së Punëve të Jashtme, Rr. Luan Haradinaj, 10000 Prishtinë,

Republika e Kosovës

Contact numbers: + 383 045 897 897 and + 383 38 200 77 900

E-mail: mfa@rks-gov.net

Ministry of Internal Affairs

Department of EU and Politics Coordination

Address:

Contact numbers: +383 (0) 38 200 19 513

- 038/200-19017
- 038/200-19022
- 038/200-19027
- 038/200-19026

Cyprus

Ministry of Foreign Affairs

1. Permanent Secretary: Ambassador Kornelios S Korneliou
 - a. kkorneliou@mfa.gov.cy
2. Minister of FA: Ioannis Kasoulides
 - a. ikasoulides@mfa.gov.cy
 - b. pxiouri@mfa.gov.cy
 - c. dvracha@mfa.gov.cy

MEPs

1. Costas Mavrides
 - a. costas.mavrides@europarl.europa.eu
 - b. mavridescy@gmail.com
2. Lefteris Christoforou

- a. lefteris.christoforou@europa.eu
- 3. Loucas Furlas
 - a. loukas.furlas@europarl.europa.eu
- 4. Giorgos Georgiou
 - a. giorgos.georgiou@europarl.europa.eu
- 5. Niyazi Kızılyürek
 - a. niyazi.kizilyurek@europarl.europa.eu
- 6. Demetris Papadakis
 - a. demetris.papadakis@europarl.europa.eu

President of Cyprus

Office of the European Parliament in Cyprus: Mr. Andreas Kettis - Head

- 1. andreas.kettis@europarl.europa.eu

European Commission Office in Cyprus: Nikolaos Isaris - Deputy Head

- 1. Nikolaos.Isaris@ec.europa.eu

Head of the House of Representatives: Anita Demetriou - President

- 1. president@parliament.cy

Sweden

Regering / Government

<https://www.regeringen.se/kontak-tuppgifter/>

Magdalena Adersson
Prime Minister

<https://www.government.se/government-of-sweden/prime-ministers-office/magdalena-andersson/>

[Ministry for Foreign Affairs](#)

Ann Linde

Minister for Foreign Affairs

<https://www.government.se/contact-information/#2434>

Romania

Ministry for Foreign Affairs (MAE):

Bogdan Aurescu

ministru@mae.ro

Deputies in the European Parliament:

Carmen AVRAM: carmen-gabriela.avram@europarl.europa.eu

Traian BĂSESCU: traian.basescu@europarl.europa.eu

Adrian-Dragoş BENEĂ: adrian-dragos.benea@europarl.europa.eu

Vasile BLAGA: vasile.blaga@europarl.europa.eu

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Vlad-Marius BOTOŞ: vlad-marius.botos@europarl.europa.eu

Daniel BUDA: daniel.buda@europarl.europa.eu

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Vlad GHEORGHE: vlad.gheorghe@europarl.europa.eu
Maria GRAPINI: maria.grapini@europarl.europa.eu
Mircea-Gheorghe HAVA: mircea.hava@europarl.europa.eu
Claudiu MANDA: iulian-claudiu.manda@europarl.europa.eu
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Gheorghe-Vlad NISTOR: gheorghe-vlad.nistor@europarl.europa.eu
Dragoș PÎSLARU: dragos.pislaru@europarl.europa.eu
Rovana PLUMB: rovana.plumb@europarl.europa.eu
Nicolae ȘTEFĂNUȚĂ: nicolae.stefanuta@europarl.europa.eu
Ramona STRUGARIU: ramona.strugariu@europarl.europa.eu
Cristian TERHEȘ: no email????? Wtf dude
Eugen TOMAC: eugen.tomac@europarl.europa.eu
Dragoș TUDORACHE: ioan-dragos.tudorache@europarl.europa.eu
Mihai TUDOSE: mihai.tudose@europarl.europa.eu
Lorant-Gyorgy VINCZE: lorant-gyorgy.vincze@europarl.europa.eu
Iuliu WINKLER: iuliu.winkler@europarl.europa.eu

Canada

Parliament member addresses - <https://www.ourcommons.ca/en/contact-us>

Minister of International Development - THE HONOURABLE HARJIT S. SAJJAN

harjit.sajjan@parl.gc.ca

Minister of Foreign Affair - MÉLANIE JOLY

melanie.joly@parl.gc.ca

Japan (日本)

首相官邸問い合わせフォーム

Contact form for Prime Minister's office

https://www.kantei.go.jp/jp/forms/goiken_ssl.html

外務省

Contact for Ministry of Foreign Affairs

<https://www.mofa.go.jp/mofaj/comment/index.html>

もしくは mail-han@mofa.co.jp

衆議院名簿(ただし詳細な連絡先は公開されていないため、各自で検索する必要あり)

Members list for House of Parliament (Please note that you need to google their contact details by your own because they don't disclose on the list.)

https://www.shugiin.go.jp/internet/index.nsf/html/giin_top.htm

参議院名簿(衆議院と同じく、連絡先は別途検索の必要あり)

Members list for House of Councillors (Please note that you need to google their contact details by your own because they don't disclose on the list.)

<https://www.sangiin.go.jp/japanese/joho1/kousei/giin/200/giin.htm>

Albania

Ministry for Europe and Foreign Affairs (Olta Xhacka)

koordinatormfa@mfa.gov.al

DK@mfa.gov.al

olta.xhacka@parlament.al (Minister for Foreign Affairs)

Prime Minister (Edi Rama)

edirama@gmail.com (yet to be confirmed)

info@kryeministria.al

EU Ambassador to Albania (Luigi Soreca)

Luigi.Soreca@eeas.europa.eu

delegation-albania@eeas.europa.eu

US (United States) Embassy in Albania

tiranawebmaster@state.gov

Phone : +(355) 4 2247 285

Albanian Defence Minister (Niko Peleshi)

niko.peleshi@mfa.gov.al

Ambassador of Albania to Germany (Artur Kuko)

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