## Optional mid-month sessions for Befriending Death, Befriending Your Life

Oct 19, 2024

Nov 16, 2024

**December 21, 2024** 

**January 18, 2025** 

February 15, 2025

March 15, 2025

**April 19, 2025** 

May 17, 2025

June 21, 2025

July 19, 2025

August 16, 2025

Sept 20, 2025