

Students Fasting

Students will need to get parental approval for fasting at school. Howe teachers will then be able to make plans for those who are fasting during lunch. Also, many young children have a tendency to follow what their friends' or older sibling(s) are doing.

Only students that have this form completed by a parent will be allowed to fast at school. If forms are not returned, it will be considered that the child is not fasting.

Thank you for your cooperation.

Please complete and return this form by Friday, March 25, 2022.

_____ No, my child will not be fasting at school.

_____ Yes, my child has parental approval to fast during the school day.

Student's Name _____

Parent's Signature _____