

## General Information

<b>Workshop Name</b>	<b>European NORP Weekend 2026</b>
<b>SC Topic Related</b>  Mention with which Standing Committees the workshop has affiliation	Standing Committee on Human Rights and Peace
<b>Event Details</b>  Write the event name, date, and location	<ul style="list-style-type: none"> <li>• Event Name: European NORP Weekend 2026</li> <li>• Date: 30th January - 1st February 2026</li> <li>• Location(city): Zagreb, Croatia</li> </ul>
<b>Hosting NMO</b>  Name the event hosting NMO	CroMSIC Croatia
<b>Workshops Coordinator</b>  Name, contact information, NMO, & Positions of the Workshop Coordinator/s	<ul style="list-style-type: none"> <li>• Full Name: Darko Stavrev</li> <li>• Contact Number: +359 87 928 5330</li> <li>• Contact email: ra.scorp.europe@ifmsa.org</li> <li>• WCo's NMO: AMSB-Bulgaria</li> <li>• IFMSA/NMO Position (If any): SCORP Regional Assistant for Europe</li> </ul>

## Information about the workshop

### Background/ Introduction to the workshop

General Overview (max.  
300 words)

NORP Weekend was established as an opportunity for all European NORPs, LORPs and fellow SCORPions to meet, collaborate and work on the theme of Human Rights & Peace. After a few previous editions, a break during the pandemic and then successful continuation of the NORP Weekend last year, it is important to build on previous editions and create a safe space for human rights enthusiasts to grow.

Building on the growing potential of past editions, we see this occasion as a pivotal opportunity to deepen our regional engagement within this Standing Committee. In the European context, SCORP has significant room for growth in areas such as member capacity, visibility at the national level, and federational involvement. It is crucial that SCORP enthusiasts find a space for this development within the region, where they can also create new intra-regional initiatives and collaborations based on SCORP's Thematic Areas.

This event seeks to address the challenges that NORPs and SCORP members face during their term and involvement in SCORP. Through tailored sessions, NORP Weekend is designed to provide an educational experience focused on human rights, leadership, and the essential skills needed by NORPs, but also to develop an understanding of SCORP's intertwined nature with topics such as Mental Health and Climate Resilience as part of our European Regional Priorities. Our goal is not only to inspire and educate participants on advanced topics but also to create a platform for sharing experiences, fostering mutual learning, and exchanging innovative ideas and feedback.

### Goals and Objectives

Mention all SMART  
Objectives with their  
indicators of Success.

- 1. To increase participants' knowledge and skills on SCORP-related topics by the end of the NORP Weekend.**
  - 75% of the participants reported having developed a clearer idea of SCORP's Thematic Areas and an increased understanding of how the work of SCORP relates to healthcare, as indicated in the Post-Assessment Form compared to the Pre-Assessment Form.
  - 70% of participants reported an increase in self-confidence regarding their NO's skills, such as advocacy and activity management, as reflected in their Post-Assessment Form compared to the Pre-Assessment Form.
  - 70% of the participants reported feeling more comfortable facilitating a session on SCORP-related topics, as indicated by their responses in the Post-Assessment Form compared to the Pre-Assessment Form.



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- 70% of participants report a significant increase in motivation and inspiration to engage in their roles as NORPs and SCORP members, as indicated by their responses in the Post-Assessment Form compared to the Pre-Assessment Form.

**2. To improve communication and collaboration among NORPs in the region by the end of the event.**

- 75% of participants reported feeling more comfortable with contacting other NORPs in the region, as indicated in the Post-Assessment Form compared to the Pre-Assessment Form.
- At least 2 team-building activities were organized during the event.
- At least 1 Open Space Discussion focused on collaboration between the European NORPs was conducted, and the outcomes were shared with all participants.

**3. To increase participants' understanding of European Regional Priorities, SCORP Programs, and SCORP thematic areas, as well as encourage them to implement them in their work.**

- At least 1 session on the Regional Priorities was conducted.
- 75% of participants can correctly identify the Regional Priorities.
- 75% of participants indicate that their knowledge of the European Regional Priorities, SCORP Programs, and SCORP thematic areas has increased, as reflected in the Post-Assessment Form compared to the Pre-Assessment Form.
- 70% of the participants report an increase in their interest in involving the European Regional Priorities, SCORP Programs, and SCORP thematic areas in their work.

**4. To increase communication between NORPs and SCORP RA for Europe by the end of the NORP Weekend.**

- 75% of the participants report they feel more comfortable contacting the SCORP RA for Europe and know how to contact them.

**5. To encourage, support, and improve collaboration between Standing Committees in the European Region.**

- At least 2 joint SCORP & other SC sessions are conducted during the event.
- 70% of participants report feeling more motivated, comfortable, and confident about collaborating with other committees.



**Expected number of participants**

Please delete all options beside one

- **# of participants:** 15-30
- **Recommended facilitators/trainers:** 3-4
- **Participants selection criteria:**
  - Active Participation in NMO: Participants should be current NORPs, NORP-elects, NORP Assistants, LORPs or SCORP Representatives of their respective NMOs with an active involvement in the Standing Committee.
  - Commitment to the IFMSA and SCORP's Objectives: Candidates must demonstrate a strong understanding of and commitment to the mission of SCORP and the IFMSA, including contributing to participating in future national, regional or global projects.
  - Interest in Developing Leadership and Advocacy Skills: Participants should express a clear interest in building their leadership and advocacy skills, as these will be key components of the workshop.

**Methodology**

Explaining the way the workshop will be conducted. Please fill-up using any one/more of the drafted methodologies. Completely different methodologies which are not mentioned here can also be used.

The workshop is planned to be held across 3 days and aims to integrate a variety of learning methods to match the different learning styles and actively engage the participants in the discussions. The workshop will follow the methods of non-formal education combining theoretical presentations and interactive activities.

Workshop theme: **Building Tomorrow's Human Rights Physicians**

**Preparation of the participants for the event:**

Participants will be prepared through pre-event communication, including detailed emails and an information pack outlining the agenda, topics, and necessary materials. Communication channels for the participants will be established. Participants will be provided with a Pre-assessment Form to assess their existing knowledge and expectations. Based on the outcomes, the SCORP RA will tailor presentations to meet the participants' needs.

**Some of the methods that will be used throughout the sessions are outlined below:**

- **Interactive Presentations:** In these sessions content will be introduced initially through visually engaging with different sustainable platforms that provide presentations before using other methodologies such as discussions and group activities.
- **Group Discussions:** Groups will be able to discuss and exchange ideas and thoughts on topics selected by the trainers.



	<ul style="list-style-type: none"><li>● <b>Case studies:</b> The use of case studies will be integrated into the methodology for demonstration purposes and reflection on the knowledge.</li><li>● <b>Simulations:</b> To help the participants understand the practical decision-making and dynamics when interacting with migrants, refugees, and marginalized groups.</li><li>● <b>Situation assessment:</b> Participants will be given tasks during the workshop to analyze/assess their contexts in light of the topics discussed.</li><li>● <b>Minigroups:</b> Participants will be divided into small groups after each session to consolidate learning. Each group will be assigned a facilitator to guide discussions.</li></ul>
<b>Follow up Plan</b>	<ul style="list-style-type: none"><li>- Daily reflection groups;</li><li>- Pre and Post-evaluation Forms;</li><li>- Support and guidance provided by the RA to the participants at least up to 6 months after the NORP weekend;</li><li>- Debriefing of the outcomes during European NORPs OLM;</li><li>- Letters of participation will be issued to those who attend at least 80% of the sessions.</li></ul> <p><b>1. Immediate Post-Event Actions</b></p> <ul style="list-style-type: none"><li>● <b>Distribute Materials:</b> Share all presentations, resources, and key discussion notes in an online folder (e.g., Google Drive) to ensure sustainability and easy access. Ensure accessibility for participants and their teams.</li><li>● <b>Feedback Collection:</b> Send a post-event survey to evaluate the workshop's impact, identify areas for improvement, and assess participants' needs for further support.</li><li>● <b>Resource Utilization:</b> Promote usage of SC manuals, advocacy guides, and policy papers in future work.</li></ul> <p><b>2. Long-Term Actions</b></p> <ul style="list-style-type: none"><li>● <b>Mentorship and Peer Support:</b> Establish buddy groups which will serve as a peer-to-peer support network where one trainer and assigned participants can exchange ideas and seek guidance.</li><li>● <b>Project Support:</b> Support participants who are willing to develop collaborative activities and joint campaigns.</li></ul>



<p><b>Proposed method for selecting facilitators/trainers</b></p> <p>Including at least 1 spot for an open call is recommended.</p>	<p><b>Session Team Members</b></p> <p>SCORP RA EU + Session Team A call for 2-3 Sessions Team members will be opened.</p> <p>The ST applications will be rated by the SCORP RA, RD Europe and SCORP Director, according to the:</p> <ul style="list-style-type: none"> <li>- SCORP-related experience;</li> <li>- Level of motivation;</li> <li>- Experience in facilitating sessions (priority for experience in facilitating SCORP-related sessions);</li> <li>- Suggestions for NORP Weekend Agenda;</li> </ul> <p>SCORP RA for Europe will contact respective IT members in case they need extra assistance for SC sessions. Sessions Team selection results will be sent to SCORP Director and RD Europe for approval. <i>Applicants who are enrolled in the IFMSA trainers pool will be preferred.</i></p>
<p><b>Fundraising Plans and Budget</b></p>	<p>None</p>
<p><b>List of materials needed</b></p>	<p>A spacious room with adjustable chairs and desks to accommodate 15-20 participants, trainers, and external speakers.</p> <ul style="list-style-type: none"> <li>• A spacious room with adjustable chairs and desks to accommodate 10-20 participants and 3-4 trainers;</li> <li>• Flipboard + flipcharts (1 pack);</li> <li>• Post-its (Sticky notes 1 pack), Colored papers (30 sheets, at least 5 different colors), A4 white papers (50 sheets);</li> <li>• Markers (10 of different colors), Regular pens (10-15 pieces);</li> <li>• A5 envelopes (24 pieces);</li> <li>• Tape (1 roll), PataFIX (1 pack), Scissors (at least 3);</li> </ul> <p>Access to a stable internet connection throughout the duration of the workshop.</p>
<p><b>Coordinator's Contact Details</b></p> <p>Phone numbers and private Email addresses will not be shared with NMOs.</p>	<p><b>Name:</b> Darko Stavrev <b>Email Address:</b> ra.scorp.europe@ifmsa.org <b>Phone Number:</b> +359 87 928 5330</p>



**Preliminary  
Agenda**

Sessions Topics, distribution  
and duration

Workshop theme: **Building Tomorrow's Human Rights Physicians**

	30.01.2026	31.01.2026	01.02.2026
Local time GMT+1	Day 1	Day 2	Day 3
08:00	Arrival	Breakfast	
09:00		Activity Implementation and IFMSA Programs	Disaster Risk Reduction
10:00			Mental Health as a Human Right
11:00		Coffee break	
12:00		How Climate Change disturbs Human Rights and Peace	SCORP x SCOPH joint sessions
13:00		SCORP Fair	
14:00		Lunch	
15:00		Bioethics across the region	Goodbye & Wrap-Up
16:00		Facing discriminations across the region	Departure
17:00		Opening	
18:00	Teambuilding Spot	Reflections	
19:00	Dinner		
20:00	Free period		
21:00	Social Program		
22:00			
23:00			



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### Comments

Anything to add?

### DISCLAIMER:

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IFMSA International Secretariat, Meibergdreef 15, J0-208 1105 AZ Amsterdam, the Netherlands

# Final Template

**i** *The following is to be filled by the approved trainers before having the final SRT proposal approved (trainers are to be approved 3 weeks before the workshop and they have one week to work on the following, in order to get the final workshop approval maximum before the workshop by 2 two weeks)*

<p><b>Final Agenda</b></p>	<p>If you have any amendments to the agenda, otherwise leave this part empty.</p>
<p><b>Workshop theme</b> State the Theme of the workshop and describe its inclusion in the agenda</p>	<p>For example, if your workshop is themed Hogwarts School of Witchcraft and Wizardry. Are you planning to divide the participants in the various houses? Will there be a reflection exercise that resonates with the movie? Are you planning to include clips from the movie in the training?</p>
<p><b>Methodology</b> Describe What new methodologies and/or new sessions are you planning to use for session delivery</p>	<p>Please be as descriptive as possible. For instance, you might be planning to include a scavenger hunt/train trip where the trainees will have to solve codes to know where the trainers are, then every trainer is a station that lasts for 15 mins where they explain objectives that you found necessary to deliver but couldn't allocate time for in the agenda. If it's a new session, could you please attach the session outline template. Kindly note that this is an <b>optional</b> question, only to be filled when you have a plan to incorporate new methods/sessions.</p>
<p><b>Follow Up Plan</b> How can you ensure the knowledge will be used afterwards</p>	<p>This should be a detailed explanation of how the trainers will work with the trainees for 6 months post - training, Including the materials that you will share with them (not the workshop materials), their graduation sessions, monitoring their growth and application to the trainers pool (if the workshop is TNT).</p>

**DISCLAIMER:**

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