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|------|--------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| Logo | <b>Work At Height Inspection Checklist</b> | <b>Doc Ref #:</b> XYZ/IMS/QHSE/F/00<br><b>Issue Date:</b> DD-MM-YYYY<br><b>Rev #:</b> 00<br><b>Page 1 of 3</b> |
|      | <b>QHSE Forms</b>                          |                                                                                                                |
|      | <b>Organization Name</b>                   |                                                                                                                |

|                        |  |                      |  |
|------------------------|--|----------------------|--|
| <b>Checklist Sr. #</b> |  | <b>Project Ref #</b> |  |
| <b>Inspected By</b>    |  | <b>Project Name</b>  |  |
| <b>Date &amp; Time</b> |  | <b>HSE Manager</b>   |  |

| <b>Tick (✓) the correct option against every criterion.</b> |                                                                                |     |    |                |
|-------------------------------------------------------------|--------------------------------------------------------------------------------|-----|----|----------------|
| S/#                                                         | Description                                                                    | Yes | No | Remarks        |
| <b>Worksite General Inspection</b>                          |                                                                                |     |    |                |
| 1                                                           | Workers are aware of the safe work practice?                                   |     |    |                |
| 2                                                           | Communication system has been developed and explained to workers?              |     |    |                |
| 3                                                           | Sufficient lighting system is provided at the worksite?                        |     |    |                |
| 4                                                           | Worksite is inspected before job start for hazards and related risks?          |     |    |                |
| 5                                                           | Area around work at height site is barricaded and safety signs posted?         |     |    |                |
| 6                                                           | Tool pockets and boxes provided to carry tools and equipment?                  |     |    |                |
| 7                                                           | Tool ropes are provided to harness tools with body?                            |     |    |                |
| 8                                                           | Work platform for work at height is of adequate strength, and inspected?       |     |    |                |
| 9                                                           | Work platform for work at height is placed on stable, firm ground?             |     |    |                |
| <b>Work Platform</b>                                        |                                                                                |     |    |                |
| 1                                                           | Stable, inspected, & relevant work platform is provided for work at height?    |     |    |                |
| 2                                                           | The work platform is provided with adequately wide walk platform?              |     |    |                |
| 3                                                           | The work platform is provided with guard rails, mid rail, & hand rail?         |     |    |                |
| 4                                                           | The work platform is provided with toe boards?                                 |     |    |                |
| 5                                                           | The work platform is inspected by 3 <sup>rd</sup> party independent inspector? |     |    | Certificate #: |
| <b>Access/ Egress</b>                                       |                                                                                |     |    |                |
| 1                                                           | The work platform is provided with ladder for access/egress?                   |     |    |                |
| 2                                                           | Ladders are inspected and maintained on regular basis?                         |     |    |                |
| 3                                                           | Ladders are properly secured to prevent sliding, slipping, and falling?        |     |    |                |
| 4                                                           | Ladder is extended 3ft above the landing point?                                |     |    |                |
| 5                                                           | Distance between two rugs or ladder is not more than 12 inches?                |     |    |                |
| 6                                                           | Ladder for access and egress is free of corrosion, damage, cracks, obstacle?   |     |    |                |
| 7                                                           | Ladders are placed on the right slope at angle of 75°?                         |     |    |                |

|      |                                            |                                                                                                                |
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|      | <b>QHSE Forms</b>                          |                                                                                                                |
|      | <b>Organization Name</b>                   |                                                                                                                |

| <b>Tick (✓) the correct option against every criterion.</b> |                                                                       |     |    |         |
|-------------------------------------------------------------|-----------------------------------------------------------------------|-----|----|---------|
| S/#                                                         | Description                                                           | Yes | No | Remarks |
| 8                                                           | All bolts are tightened to right torque?                              |     |    |         |
| 9                                                           | The ladder is attached to the work platform as per required standard? |     |    |         |

| <b>Tick (✓) the correct option against every criterion.</b> |                                                                               |                       |    |         |
|-------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------|----|---------|
| S/#                                                         | Description                                                                   | Yes                   | No | Remarks |
| <b>Housekeeping</b>                                         |                                                                               |                       |    |         |
| 1                                                           | Walkways, mid rails, guard, rails, ladder are free of all kind of lubricants? |                       |    |         |
| 2                                                           | Walkways and overhead work places are free of loose material?                 |                       |    |         |
| 3                                                           | No flammable material is stored nearby at all?                                |                       |    |         |
| 4                                                           | All tools and equipment are removed after work is done?                       |                       |    |         |
| 5                                                           | All discarded material, tools, scrap is brought down for secured dumping?     |                       |    |         |
| <b>Personal Protective Equipment – P. P. E</b>              |                                                                               |                       |    |         |
| 1                                                           | Workers instructed to use PPEs?                                               |                       |    |         |
| 2                                                           | Safety hard hats are provided?                                                |                       |    |         |
| 3                                                           | Personal Fall Arrest System (PFAS)/ Harness is provided for work at height?   |                       |    |         |
| 4                                                           | Hand gloves are provided for hand protection?                                 |                       |    |         |
| 5                                                           | Goggles are provided for workers?                                             |                       |    |         |
| 6                                                           | Safety shoes are provided for workers?                                        |                       |    |         |
| 7                                                           | Noise protection is provided for all workers?                                 |                       |    |         |
| <b>Safety Arrangements</b>                                  |                                                                               |                       |    |         |
| 1                                                           | Anchoring point provided for workers at height?                               |                       |    |         |
| 2                                                           | Lifeline is provided for workers for work at height?                          |                       |    |         |
| 3                                                           | Vertical life line provided for workers to attach harness during climbing?    |                       |    |         |
| 4                                                           | Work platform is provided with safety nets?                                   |                       |    |         |
| 5                                                           | Crawler boards are used for working at height on fragile surface?             |                       |    |         |
| <b>Observations</b>                                         |                                                                               | <b>Recommendation</b> |    |         |
|                                                             |                                                                               |                       |    |         |

|      |                                     |                                                                                    |
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|      | QHSE Forms                          |                                                                                    |
|      | Organization Name                   |                                                                                    |

| Scaffolding Inspector | Site HSE Officer | HSE Manager  |
|-----------------------|------------------|--------------|
| Name:                 | Name:            | Name:        |
| Designation:          | Designation:     | Designation: |
| Signature:            | Signature:       | Signature:   |