



PEDIATRIC Community - Red Deer Rotation

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PREAMBLE:

1. Community Pediatrics in Red Deer is an excellent rotation for a resident to see a wide gamut of consulting pediatrics. This practice is challenging, stimulating, and rewarding.
2. Pediatricians in Red Deer also run an 18-bed level II Special Care Nursery (SCN) and are involved in emergency consultation.
3. This selective is not mandatory, but it is highly recommended as a rural/regional pediatric experience for residents in their core of training or beyond.
4. Further details surrounding your orientation will be provided by email at least one month prior to the start of your rotation. This will include orientation, hospital tours, accommodations, and any other details regarding Red Deer.



TIPS & TRICKS

Planning

You will get an email from Pam with information and forms to sign.

What to Bring:

- AHS ID badge
- Bedsheets, pillows, towels, blanket if you want for the couch (there are NO linens provided)
- Condiments if you want
- 1 roll of toilet paper, just in case the person before you didn't leave you any (this recommendation comes from personal experience)
- There should be toilet paper, soap, and dish soap

Travel & Accommodation Information:

- **Everglades 6&7:** Apartments just north of the hospital, by the helipad. 7-minute walk to the main entrance. Outdoor covered parking, I walked to work every day. 6 is a one-bedroom and downstairs, 7 is a two-bedroom and upstairs. Kitchen with full-size fridge, stove and oven, microwave, toaster, dishwasher, and Keurig. Washer and dryer in suite. Decent internet, TV with Netflix. There is a Safeway one block away. While I (Nicole) was there in June, the heating cut out twice - the landlord was quick to repair it when notified, but it got cold at night the first night - I'm not sure if this is an ongoing issue. There is a Safeway one block away. Lovely paved and unpaved trails in the park just to the east.

Clinical Duties

Schedule Outline: Typically, the rotating resident does 1-2 weeks in Clinic, 1 week of inpatients (may be on the Peds side or the NICU side), 1 week of hospital evening shifts (where you typically just do admissions).

- **First Day:** Orientation and hospital tour with Pam and any other residents starting in Red Deer that day, then meet Dr MacKenzie where he tells you about the peds ward and takes you to clinic (if that's where you start).



- Clinic (two weeks): Check with the front desk staff the evening before to see which doc has a good schedule for the next day - try and put yourself with new consults. Clinic starts between 8-9 depending on the doc, and goes to 4-5 typically. Fridays are lighter, especially in the summer.
- Night Shifts (5, including one weekend): 5 PM - 1 AM. Generally covers NICU admits (including deliveries) and peds ED consults. There are call rooms there, but I went home every night (7 minute walk to my particular accommodations). You let the night staff know you're there by calling them, and let the nurses know in NICU and the peds ward (and write your name, phone number, and hours on the whiteboard on each ward). Some docs have you come in just for consults, and some have you take first call for the wards/deliveries/consults based on your comfort level and seniority. It's a different staff every night.
- Day Shifts (one week): 8 AM - 5 PM. I did all NICU, but you can spread your time between inpatient peds and NICU. Deliveries are great, they'll let you lead resuses and it's a great place to try out PPV skills. Rounds happen in the morning, and in the afternoon procedures, consults, etc. Deliveries interrupt rounds frequently. Let the NICU staff, runner NICU nurse, and peds nurses know you're there.