



Soft Tissue Therapist / Massage Therapist Internship

2025-2026 Season

Worthing FC are currently accepting applications for Soft Tissue / Massage Therapist internships. The role will require the successful applicant(s) to deliver soft tissue therapy and massage for the Men's and / or Women's first team, whilst working closely with the medical team to provide targeted and effective treatment.

The role would be best suited to a sports or massage therapist looking to gain hands-on experience, who has a Level 3 massage certification or is working towards it.

The expected commitment of applicants is a minimum of one training session per week at either of the following times: Monday and Friday 9.30am - 2.30pm, Tuesday and Thursday 4.30-9.30pm.

Responsibilities:

- Provide remedial massage and soft tissue therapy
- Provide pre and post training / matchday massage
- Assist the medical department in the delivery of recovery sessions
- Assist the performance and medical team with additional tasks to ensure the smooth running of the department

Application Information and Selection Process

Please send a copy of CV and cover letter to the email listed below.

Closing date for applications: 13th June 2025

Interviews will be held between: 16th and 23rd June 2025

Placement Commencement: 1st July 2025

Oliver Hills

Lead Sports Therapist, Worthing Football Club

Email: medical@worthing.com