

VCMS Track and Field Boys' School Records

100 Meter Hurdles

Jumel Lewis	14.53	2018
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100 Meters

Austin Reid	11.28	2012
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200 Meters

Austin Reid	23.28	2012
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400 Meters

Omar Ranglin	53.16	2007
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800 Meters

Trent Bell	2:08.29	2018
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1600 Meters

Trent Bell	4:50.80	2018
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4x100 Relay

Brandon Johnston, Brandon Nyandoro, Jay Helstone, Jumel Lewis	46.57	2018
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4x200

Raphael Bernardes, Hollis Horwege Conner Adams, Ethan Montclair	1:43.73	2024
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4x400 Relay

Cole Carter, Brandon Keith, Omar Ranglin, Linze Zhao	3:49	2007
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4x800

Zach Wilson, Mason DiMaulo Ethan Montclair, Braeden Kellar	9:36.22	2024
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Shot Put

Ryan Miller	48'9"	2011
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Discus

Cydrell Mac Au	131'6"	2023
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Long Jump

Noah Laban	19'1.5"	2022
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High Jump

Jumel Lewis	6'2"	2018
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