

8th Grade School Counseling Curriculum



The following learning targets represent the major concepts addressed in the Guidance Curriculum. Updated 2022 - 2023

Semester 1:

Unit 1: Understanding Self as an Individual and as a Member of Diverse Local and Global Communities

- Identify thoughts and feelings and how they relate to self-concept.
- Recognize the different roles and responsibilities people play in the family, school, or community, and how those roles and responsibilities are interrelated.

Unit 2: Interacting With Others in Ways That Respect Individual and Group Differences

- Identify interpersonal skills needed to maintain quality relationships.

Unit 3: Interacting With Others in Ways That Respect Individual and Group Differences

- Apply strategies that promote acceptance and respect of others within the global community.

Unit 4: Applying personal safety skills and coping strategies

- Recognize peer influence on risk-taking behaviors and consequences

Unit 5: Applying personal safety skills and coping strategies

- Identify behaviors that compromise personal safety of self and others.
- Develop strategies to maintain personal safety.
- Apply strategies related to personal safety.

Semester 2:

Unit 6: Interacting With Others in Ways That Respect Individual and Group Differences

- Apply problem-solving and conflict-resolution skills to new challenges.

Unit 7: Applying personal safety skills and coping strategies.

- Identify interpersonal skills needed to maintain quality relationships.

Unit 8: Interacting With Others in Ways That Respect Individual and Group Differences

- Self-assess interpersonal skills that will help maintain quality relationships.

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Unit 9 Developing and Monitoring Personal Plan of Study

- Consistently apply a system of study skills and test-taking strategies to promote academic success.
- Consistently apply a self-management system to promote academic success.

Unit 10: Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals

- Develop an educational and career plan based on current interests, strengths, and limitations.
- Identify and explore a variety of resources to aid in career exploration and planning now and in the future.
- Compare personal interests with information about careers and education.
- Identify the training and education required for occupations in career paths of interest.
- Evaluate personal, ethical and work habit skills as they relate to achieving the student's educational career plan.
- Utilize a portfolio of middle school/junior high school academic and work experience.