

# Mountain Valley Community Camp Staff Packing List



It is very important that you come to camp well prepared. Please refer to the Camper Information Packet for the camper packing list.

- Do not bring valuables
- BE SURE THAT EACH ITEM IS CLEARLY MARKED WITH YOUR NAME*

**Items to Pack:**

- ☐ **All Medicine needed for the week: Prescriptions (in the original containers) and over-the-counter meds must be checked in with the Health Supervisor**
- ☐ Warm Sleeping Bag, blanket, pillow, optional: twin sheet, mattress pad
- ☐ Flashlight/headlamp with extra batteries
- ☐ Dunk Bag – counselors and campers ***in outdoor units*** only (plastic or metal plate, bowl, cup and silverware in a nylon net bag w/ drawstring)
- ☐ **Watch**
- ☐ 2 sets of toiletries: 1 for in the unit, 1 to keep in the closet in the staff lounge (optional)
    - ☐ Hairbrush, toothbrush, toothpaste, shampoo, soap, lotion, hair ties, etc.
    - ☐ Undergarments
- ☐ Socks—EXTRAS
- ☐ Pajamas
- ☐ Shoes (2 pairs) with closed strapped heels—make sure they are COMFY!
- ☐ Jeans, leggings or other long pants
- ☐ Shorts (several)
- ☐ T-shirts or tops
- ☐ Layers: Sweatshirts or sweaters
- ☐ Swimsuits (1-2)
- ☐ Shower towel and washrag
- ☐ A snack to share (in the staff lounge)
- ☐ Personal food/drink (must be left in the staff house or refrigerator outside the Lodge)

**Large DAY PACK with suggested items below:**

- ☐ Sun hat/baseball cap
- ☐ Sunglasses
- ☐ Water bottle (sturdy, watertight lid)
- ☐ Hot Travel Mug
- ☐ Flashlight/headlamp (bring 2 w/ extra batteries)
- ☐ Insect repellent (non-aerosol)
- ☐ Sunscreen
- ☐ Lip balm with SPF
- ☐ Swim towel (or 2 leaving time to dry between uses)
- ☐ Plastic bag for wet items
- ☐ Disposable camera WITH NAME (optional)
- ☐ Sweatshirt or jacket
- ☐ Rain poncho or coat
- ☐ Water shoes, sandals with heel straps, or old tennis shoes that lace and can get wet

## Things to bring to Camp to make you Comfy

### In your cabin/unit

- ☐ Tray table such as a TV tray, not too big
- ☐ Throw rug and/or a door mat
- ☐ Folding chair for in your unit
- ☐ Lantern - Camp provides one propane lantern per unit, an extra is nice
- ☐ French press or your own instant coffee/tea, etc.
- ☐ 1 or 2 travel mugs (one in your backpack)
- ☐ Ice chest. Ice is available in the Lodge. Check with the kitchen.
- ☐ Tablecloths or something to cover picnic tables in the cook shelter. Newsprint is available at camp. This is nice for projects or for doodling on. Disposable tablecloths will be provided

### Available at the Staff House/Upper Tillicum

***For staff use only***

- Microwave, fridge, stove/oven
- Snacks and treats
- Camp “store” of travel-size toiletries, batteries, etc.
- Charging station
- Personal food/drink
- Letter writing station
- Extra camper supplies (sleeping bags, blankets, water bottles, dunk bag)