

Gear List - Multi Day Spring Ski Mountaineering

Clothing

- () Wool and/or Synthetic Socks
- () Base Layer Top - Synthetic, wool or silk
- () Base Layer Bottoms - Synthetic, wool or silk
- () Mid-Insulation Layer Top - Pile (fleece), light synthetic fill or wool sweater/jacket
- () Mid-Insulation Layer Bottom - Pile pants or multipurpose pants
- () Light Wind Shell - Windproof, water resistant layer for high aerobic work
- () Weather Layer Top - Gore-Tex or other waterproof breathable jacket
- () Weather Layer Pants - Gore-Tex or other waterproof breathable pants
- () Warm Outer Jacket - Down or synthetic
- () Toque - Wool or Synthetic
- () Brimmed Cap - Preferably wool or synthetic but cotton will do if other unavailable
- () Face Warmer - Scarf, neck tube, face mask
- () 2 X Light Gloves - Wool, synthetic or leather
- () Insulated Gloves or Mitts - Wool or synthetic, w/ weather proof outershell

Personal

- () Large Pack (60-85L)
- () Small Pack (30-40L)
- OR**
- () 1 duffle bag (60L+)
- () 1 medium size Pack (45-55L) able to do overnight.
- () Tent
- () Sleeping Bag (-18C) or (-7/0C double)
- () Sleeping Pads (Foamy + comfy inflatable)
- () Sunglasses (Cat 4 recommended)
- () Goggles
- () Sun and Lip Cream
- () Head Lamp + Batteries
- () Insulated Water Bottle or Thermos (1.5-2L)
- () Wash Kit - toothbrush, paste, eye stuff,
- () Ear Plugs
- () Personal Medicinal Drugs - pain, cold/flu, antihistamine, anti-inflammatory etc.
- () Down Booties (waterproof Ideal)

Travel Equipment

- () Pulka
- () Skis or Board
- () Boots
- () Poles

- Skins
- Ski Crampons
- Boot Crampons
- Ice Axe
- Mountaineering Helmet

Snow Safety Equipment

- Avalanche Transceiver + Spare Batteries (3 Antennas)
- Shovel (No Plastic)
- Probe (300cm+ Preferred)

Glacier Travel + Technical Gear

- Harness (Light Weight)
- 3 X 1 meter of 6mm Cordalettes
- 3 X Locking Carabiners
- 2 X None Locking Carabiner
- 1 X 120cm Dyneema Sling

Group Equipment

- Altimeter
- Map and Compass
- Snow Study Kit - Screen, magnifier, ruler, thermometer etc.
- Snow and/or Bush Saw
- First Aid Kit
- Emergency Sac - Nylon tarp or envelope sack to cover group or injured member
- Emergency Toboggan - Generally improvised using standard day trip gear
- Group Repair Kit - May substitute for personal repair kits or supplement them
- Two-way Radio or Cell Phone - Check for coverage and frequencies in your area
- GPS - May be optional depending on trip

Group Camping

- Light Tarp - For cooking shelter
- Stoves
- Stove Repair Kit
- Pots
- Fuel
- Eating Bowl, Cup and Utensils
- Lighter and Matches
- Cooking Utensils
- Pot Lifter
- Cleaning Scrubby and Soap
- Spice Kit
- Group Food
- General Repair Kit - to repair packs, tent, clothing, thermarest, etc...
- Toilet Kit - Garbage Bag, Toilet Paper, Hand Sanitizer.