



NOKC SOCCER CLUB COACH INFORMATION

NOKC appreciates your volunteer service as a coach and strives to make your job as easy as possible. This booklet will outline the procedures for you to follow as a coach. Please call your age group commissioner with any questions. We look forward to a great soccer season. Again, thanks for all you do for NOKC and the youth that love the game of soccer.



NOKC MISSION STATEMENT

The NOKC Soccer Club is proud to offer a comprehensive youth development program. We accept the privilege and responsibility of working with children to become the best citizen they can be. We attempt to teach each child about character, sportsmanship, fair play, team work, competitiveness, winning with humility, losing with dignity, and the value of “giving it your all” every time he or she steps on the field.

NOKC is committed to providing opportunities for boys and girls who love the sport and are serious about their development as citizens first, and as elite soccer players second. We will do everything in our power to instill in each player a love for the game that will last a lifetime by providing an organized, well-structured, positive and enjoyable club experience with the best available training. Our mission is to see all of our players achieve their full potential as athletes while also learning valuable life lessons through the environment of recreational and competitive sports.

Our Club is located at the C. B. Cameron Soccer Fields, 11711 North Portland Avenue, Oklahoma City, Oklahoma. Thanks to the City of Oklahoma City we are currently under renovation & games will be at both C.B. Cameron Park & Chisholm Creek located at 122nd & Alumni Drive in Oklahoma City, OK.



NOKC Coaches Code of Conduct

I agree, as a coach at NOKC Soccer Club (NOKC), to abide by the following rules and guidelines:

1. I acknowledge that the purpose of youth soccer is to provide a fun, yet competitive learning environment, which allows all participants to understand the value of soccer and playing team sports. This includes teamwork, cooperation and sportsmanship in addition to the basic skills of the game.
2. I will treat all players from all teams in a positive and supportive manner and conduct myself in a controlled way at all times.
3. I agree that I will not physically or verbally abuse or threaten any person, including players, referees, other coaches, parents or club representatives.
4. I will respect the authority of the game officials. I will not harass, abuse or berate any referee during or after the game. I will not enter the field of play without the referee's permission. I understand that if I have questions, comments or opinions about the referees, the ONLY way to address those is with the NOKC referee coordinator or other NOKC club representatives.
5. I agree I am responsible for the sportsmanship of my players. If one of my players is disrespectful, irresponsible or overly aggressive, I will remove the player until such time as I believe is appropriate for the player to re-enter the game.
6. I understand that the NOKC Board may suspend me as a coach for one or more games, if at NOKC's discretion, I violate any of these basic youth sports rules/NOKC league rules.
7. I understand that I am responsible for my sideline. I will ensure that any persons on my sideline will act in an appropriate manner towards the players and game officials. If any persons will not conform to these guidelines, I will ask them to leave. If necessary, I will get a club official to assist with the removal.
8. I will truthfully complete and submit to NOKC the Oklahoma Soccer Association Volunteer Disclosure Statement.

Name (printed) and Date

Team and Age Group

Signature

NOKC APPRECIATES YOUR VOLUNTEER SERVICE AS A COACH AND STRIVES TO MAKE YOUR JOB AS EASY AS POSSIBLE. CALL YOUR AGE GROUP COMMISSIONER WITH ANY QUESTIONS.



NOKC Parent Code of Conduct

Soccer is a wonderful sport and a passionate game. We should always remember our attitude is contagious. The referees, the players, the coaches and the fans should come together to match wits and skills. The other team is our opponent, not our enemy, and thus should be treated with respect.

While winning is important, playing well and fairly is the essence of the game. I/we will set a good example to my/our child in his/her soccer development by adhering at all times to the following actions:

- We will not criticize the referee openly or directly ... during or after games. Any criticism shall be done in writing (to NOKC or OSA), not verbally.
- We will only give positive feedback to players.
- We will cheer at all games within the spirit of fair play and shall do our best to cheer the effort regardless of the outcome. We will be mindful in "lopsided" games where cheering our own "winning" team might be misunderstood.
- We shall do our best to teach our players to become students of the game.
- We shall find the "little successes" that our children have during each match.
- We shall show the quality of our sportsmanship during and after each and every match and help our child remember to thank the referee after the match without regard to the result.
- We shall do our very best to have our child prepared for every match.
- We shall support the learning effort of the players, coaches, and the referees by demonstrating our patience.
- We understand that improper behavior at a match may result in a parent being asked to leave the field by the referee or a club official so the coach does not receive a yellow card caution or even a red card ejection due to the actions of the parent spectator.
- We shall leave the coaching to the coach during the match. We shall do our best not to give our child instructions during the match.
- We understand that (upon review) NOKC can, and will if necessary, suspend our individual privilege to watch our child play should we behave in a manner that is rude or otherwise offensive.
- We agree to do our best to have as much fun watching the game as the players should have playing the game.

(Signature)

Date

Printed Name (Circle one Mother, Father, Guardian)



NOKC INCIDENT REPORT

Reported By: _____ Date of Report: _____

Reporter Role (check one):

- ☐ COACH
- ☐ PARENT
- ☐ MANAGER
- ☐ OTHER: _____

INCIDENT

Person(s) Involved:

Team(s) Involved:

Location of Incident: _____ Date of Incident: _____

Incident Description:



NOKC Field Rules

1. Pick up all trash.
2. NO pets allowed.
3. NOKC IS TOBACCO FREE and VAPE FREE.
4. No speed training or agility on the playing surface.
5. Do not practice in the goal boxes.
6. No tents on 4v4 fields.
7. Do not allow anyone to play in the water from the sprinkler system.
8. Do not allow any children (players or siblings) to hang on the goals.
9. DRIVE SLOW IN COMPLEX!
10. Complex Status (Open/Closed) can be found on our website www.nokcsoccer.com, or follow us on Twitter @NOKCFieldStatus.
11. OBEY the lightning detector! The detector will give 1 alarm and the light on top of the clubhouse will blink. This means clear the fields! Everyone needs to be in cars until an all-clear sounds. An all-clear will give 3 alarms and the light stops blinking, at that point you can go back on the field. This detector leaves any guessing out of your hands, NO ONE is to be on the fields if the light on top of the clubhouse is blinking.



NOKC Commissioners

U4 Mighty Megs	Brook Plank	405-570-3353	bplank@nokcsoccer.com
U5/U6 Boys & Girls	Rachel Huchton	405-437-9556	rhuchton@nokcsoccer.com
U7/U8 Boys	Amanda Peer	405-476-5356	apeer@nokcsoccer.com
U7/U8 Girls	Casie Collamore	405-620-4035	ccollamore@nokcsoccer.com
U9/U10 Boys	Chris Rodriguez	909-560-5656	crodriguez@nokcsoccer.com
U9/U10 Girls	Mendy Shepard	405-627-0802	mshepard@nokcsoccer.com
U5-U10 VP Recreation	Brook Plank	405-570-3353	bplank@nokcsoccer.com
Traveling Rec. U11-U19	Sam Warden	405-850-8181	swarden@nokcsoccer.com
Academy Director	Stephen Phillips	405-245-8741	unitedfc2001@hotmail.com
Academy Administrator	Alli Fansher	405-397-3633	admin@nokcsoccer.com
Referee Coordinator	Brett Dobie	405-323-8705	refereecoordinator@nokcsoccer.com
Director of Coaching	Stephen Phillips	405-245-8741	sphillips@okenergyfc.org
Club Administrator	Alli Fansher	405-397-3633	admin@nokcsoccer.com

Other NOKC board members' contact information can be found on the NOKC website.



Basic NOKC Facts

1. Pick your own team name. First come, first served basis.
2. Mighty Megs (U4) uniforms are provided by club sponsor, SoccerCity. Required.
3. Official Club Wide Uniforms (U5-U19) are required.
4. In-House U5-U10 teams have the option of purchasing their own socks to show team creativity!
5. Teams are allowed to practice at the NOKC complex one night a week. Please fill out the online request form.
6. NOKC is run by volunteers, so thank a board member if you see one around the club. If you want to get involved, contact any of the board members.
7. NOKC also has a great referee training and certification program. If you are interested, please contact Brett Dobie at refereecoordinator@nokcsoccer.com
8. For field status updates visit the home page of our website www.nokcsoccer.com
9. NOKC is also home of Oklahoma Energy Football Club (OEFC). This is the name of our competitive program. The option to join competitive soccer starts when a player reaches U11. For more information, visit www.okenergyfc.org
10. We follow US Soccer Player Development Initiatives.
11. Anything not covered in the handbook would adhere to US Soccer Rules & Procedures.



U4 Mighty Megs Guidelines and Information

Age Divisions and Restrictions for Fall 2025 / Spring 2026:

- U4 (2022) only players born 1/1/22 - 9/7/22 are eligible for FALL 2025.
- Players born in 2022 (1/1/22-12/31/22) are eligible for SPRING 2026.
- U5 (2021) players born 8/1/21-12/31/21 are eligible for FALL 2025 & SPRING 2026.

Team Formation

- U4 is a recreational co-ed division. If enough teams are available we will form boys and girls divisions.
- Game schedules and updates will be posted on the website; *check site frequently!*
- Roster maximum 8 players.

Sportsmanship

- U4 Division is about learning, friendship, fun, and developing a love for soccer.
- Coaches are responsible for their sideline, players, and parents at all times.
- No one is allowed to stand behind goals (unless catching balls on a windy day).
- Teams must be on separate sidelines.

Rules - U4 Playing Recommendations

- Size 3 ball
- 4 players v 4 players (4v4)
- All teams are required to wear the U4 sponsor jerseys.
- Teams may practice 30 minutes prior to each game.
- No Goalies. Defenders must stay in proximity to the ball. Defenders can't take a goalie posture. Players cannot hover around the goal without the ball or stand on the goal line.
- Every player must play 50% of the game.
- Shin guards are required at all times.
- One coach per team is allowed on the field during play.
- "Do-over's" are a regular occurrence.
- Games are four 10-minute quarters (2-minute break between quarters, 5-minute half time).
- To restart a ball from out of bounds shall be a "throw in or kick in"
- Goal Kick: The position of the defending players will be at mid field line until the ball is in play so that the attacking team has a chance to advance up the field.
- No scores are kept.
- No sliding or heading. No tolerance.
- No jewelry. This includes taped earrings.
- Casts are allowed but must be covered with soft wrap (bubble wrap, towel, or blanket).
- Only players listed on your roster are allowed to play.

U4 does NOT have referees; we rely on coaches to handle these rules for the safety and development of the player. No penalties are given.

Coaches: if there is a problem, let the other coach know. Never address the other team's players directly. If you have brought your concern up with the opposing coach and the action still continues, please contact the U4 Commissioner, Brook Plank at bplank@nokcsoccer.com.

U4 SPONSORSHIP GUIDELINES

- Sponsor t-shirt order form per team is to be submitted by the club set deadline of August 18. No exceptions.
- Teams that submit the t-shirt order form after the club deadline will get a designated color per club availability.



U5/U6 Guidelines and Information

Age Divisions and Restrictions for Fall 2025 / Spring 2026:

- U5 (2021)
- U6 (2020)

Team Formation

- U5/U6 is a recreational co-ed division. If enough teams are available we will form boys and girls divisions.
- Game schedules and updates will be posted on the website; *check site frequently!*
- Roster maximum 8 players.

Sportsmanship

- U5/U6 Division is about learning, friendship, fun, and developing a love for soccer.
- Coaches are responsible for their sideline, players, and parents at all times.
- No one is allowed to stand behind goals (unless catching balls on a windy day).
- Teams must be on separate sidelines.

Rules - US Youth Soccer Official U6 Playing Recommendations

- Size 3 ball
- 4 players v 4 players (4v4)
- All teams are required to wear the official club wide uniform.
- No Goalies. Defenders must stay in proximity to the ball. Defenders can't take a goalie posture. Players cannot hover around the goal without the ball or stand on the goal line. All of the players should be active around the ball.
- Every player must play 50% of the game.
- Teams may practice 30 minutes prior to each game.
- Shin guards are required at all times.
- One coach per team is allowed on the field during play.
- "Do-over's" are a regular occurrence.
- Games are four 10-minute quarters (2-minute break between quarters, 5-minute half time).
- To restart a ball from out of bounds shall be a "throw in or kick in"
- Goal Kick: The position of the defending players will be at mid field line until the ball is in play so that the attacking team has a chance to advance up the field.
- No scores are kept.
- No sliding or heading. No tolerance.
- No jewelry. This includes taped earrings.
- Casts are allowed but must be covered with soft wrap (bubble wrap, towel, or blanket).
- Only players listed on your roster are allowed to play.

U5/U6 does NOT have referees; we rely on coaches to handle these rules for the safety and development of the player. No penalties are given.

Coaches: if there is a problem, let the other coach know. Never address the other team's players directly. If after you have brought your concern up with the opposing coach and the action still continues, please contact the U5/U6 Commissioner, Rachel Huchton rhuchton@nokcsoccer.com.

U5/ U6 Official Club Wide Uniform

- The NOKC official club wide uniform is required.
- Teams have the option of purchasing an additional sock to show creativity.

PARKING

PARKING

**There should be NO PARENTS
SPECTATORS, ETC
Inside the Red Line**

Commission
Stand



P
A
R
K
I
N
G



**4v4
FIELDS
MAP KEY**

**3 Foot
Buffer Zone**

**10 Foot
Buffer Zone**

**Coaches and
Players ONLY**



U7/U8 Recreation Guidelines and Information

Age Divisions and Restrictions for Fall 2025 / Spring 2026:

- U7 (2019)
- U8 (2018)

Sportsmanship

- Both teams (players & coaches) are on one side line, the spectators of each team sit across from them on the opposite side line (outsides of all fields). See diagram above. No one is allowed on the goal line side of the fields, coaches nor spectators.

- All games are 4v4.
 - Size 3 ball
 - When the referee arrives, give the rosters to the referee. They will check in both teams.
 - No coin flip. HOME TEAM kicks off in the 1st half. VISITING TEAM picks the direction they want to go in the first half.
 - No goalkeepers. All players should try to stay within 1/3 of a field from the ball. If the ball is in the attacking 1/3 of the field, all players should move to at least the middle 1/3 of the field. Players from the defending team should not hover around the goal without the ball or an opponent in either the middle 1/3 or attacking 1/3 of the field. There is no in-game sanction for this conduct. Repeated violations should be forwarded by the coaches to the Age Group Commissioner, so they may teach coaches on why this is not helpful to the development of the team.
 - Corner kicks are direct kicks, all other kicks are indirect kick, meaning the ball must touch another player prior to entering the goal.
 - On any kick taken by the defending team in their defending half of the field, the opposing team MUST retreat to the half line before the kick is taken EXCEPT and UNLESS the defending team chooses to restart quickly, in which case the opposing team can stop their retreat when the ball is kicked and begin to attack the defending team.
 - Games are four 10-minute quarters (1-minute break between periods; 5-minute halftime).
 - Play stops after the 1st and 3rd quarters at a normal stoppage near the 10-minute mark. After the break, play will resume at the stoppage place/point. This will ONLY be a 1-minute break.
 - Halftime and full time are called when time has expired.
 - Coaches may substitute on ANY stoppage of play (throw-in, kickoff, goal kick, corner kick, free kick) AFTER getting the referee's permission and if the player is ready at the center line.
 - No jewelry allowed. This includes taped earrings.
 - Casts are allowed, but must be covered with a soft wrap (bubble wrap, towel, or blanket) with no hard/sharp edges remaining.
 - Shin Guards are required.
 - Every player must play 50% minimum of the game.
 - NO deliberate heading. If a player deliberately heads the ball, an indirect free kick should be awarded to the opposing team from the spot of the offense.
 - ONLY PLAYERS LISTED ON YOUR ROSTER ARE ALLOWED TO PLAY.
- NO ROSTER (paper or virtual) – NO Game, NO Scrimmage.
- 1st weekend coaches are allowed on the field – Beginning March 22, NO coaches on the field.

We provide a referee in the U7/U8 division.



U9/U10 Rec Guidelines and Information

Age Divisions and Restrictions for Fall 2025 / Spring 2026

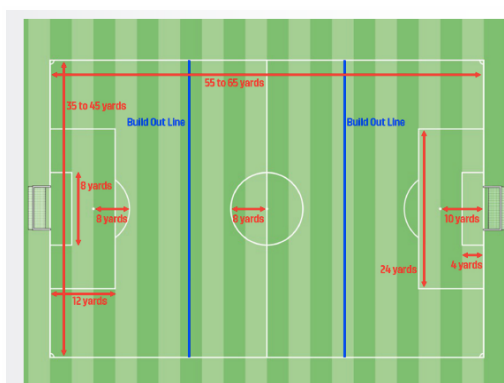
- U9 (2017)
- U10 (2016)

Sportsmanship

- Both teams (players & coaches) are on one side line, the spectators of each team sit across from them on the opposite side line. No one is allowed on the goal line side of the fields, coaches nor spectators.

Rules U9/U10:

- All games are 7v7, including a goalkeeper.
- Size 4 ball is to be provided by the home team.
- No jewelry allowed. This includes taped earrings.
- Prior to the match the referee will check in each team using the roster provided by each team.
- No coin flip. HOME TEAM kicks off in the 1st half. The VISITING TEAM picks the direction.
- Build Out Line: When the goalkeeper has the ball in their hands during play from the opponent or the goalkeeper is taking a goal kick, the opposing team MUST retreat to the half line before the kick is taken EXCEPT and UNLESS the defending team chooses to restart quickly, in which case the opposing team can stop their retreat when the ball is kicked and begin to attack the defending team. The ball is in play when:
 1. On a goal kick, after the ball has been set, when the ball is kicked and clearly moves.
 2. After a save, when the ball is released from the keeper's hand.
- Punting/Drop Kicks: Punting and drop kicks are not allowed in league play. A drop kick is defined as any ball not flat on the ground when struck allowing the keeper to gain an advantage. It CAN BE ROLLING when struck. The first violation will be an official warning. Each subsequent violation by the warned team will result in the opposing team being awarded an indirect free kick from the drop kick location in the field.
- Offside: The buildout line will denote where the offside offense can be called. A player is offside if they are gaining an advantage by being involved in "active play" beyond the opponent's build out line, being closer to the opponents' goal line than both the ball and the next-to-last defender (the goalkeeper is usually the last defender). BEING IN AN OFFSIDES POSITION ITSELF IS NOT AN OFFENSE.

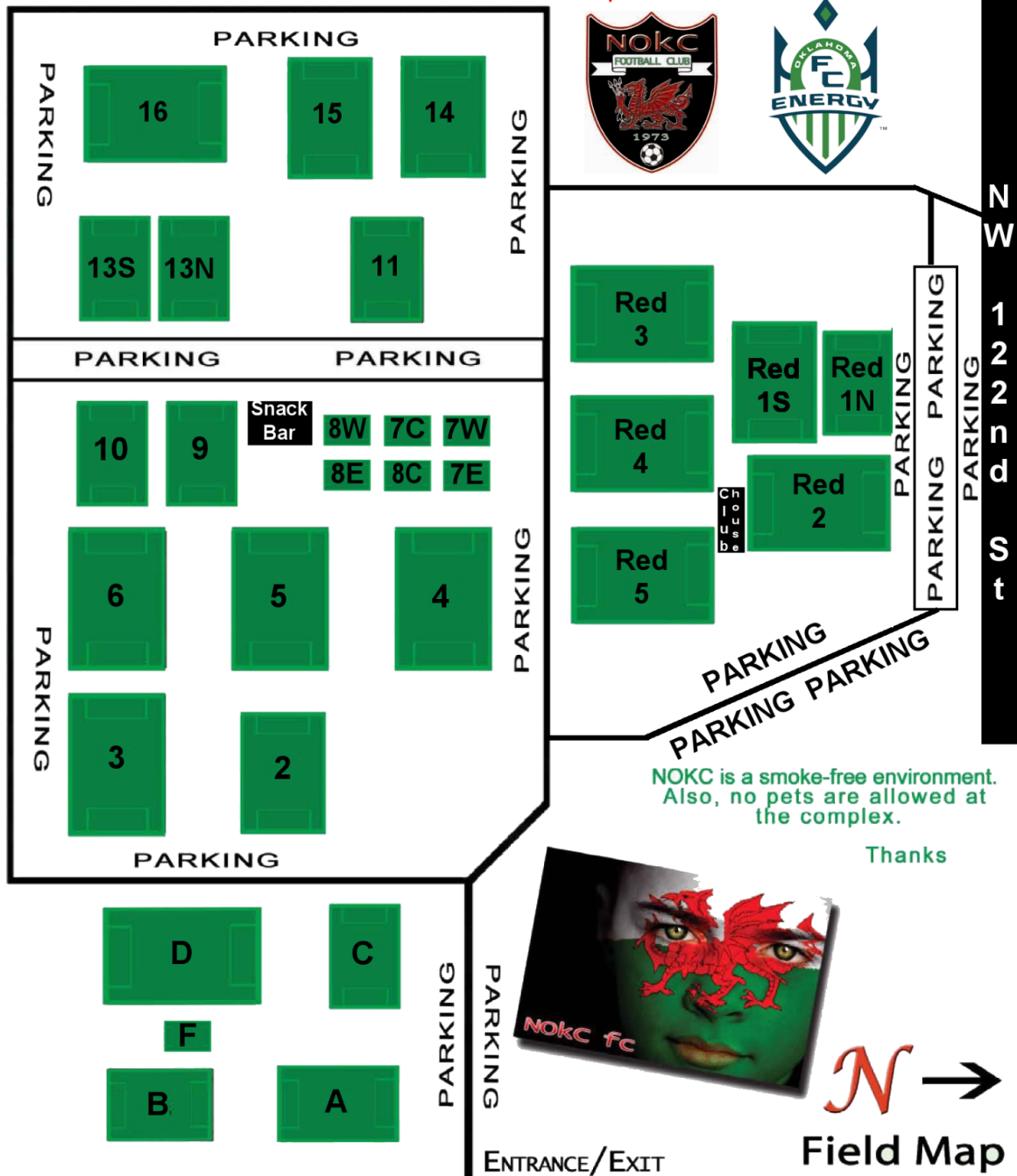


- The games consist of two 25-minute halves. Halftime is a 5-minute break. Games may end in a tie.
- Home team must wear white, the visiting team must wear black.
- Each Team MUST bring a roster to the match. Only players listed ON THE ROSTER are allowed to play; there will be roster checks prior to the games. NO Roster – No Game or Scrimmage.
- ALL substitutions and goalkeeper changes must be made with the referee's permission with the substituting player standing at the center line.
- Every player must play 50% minimum of the game.
- NO heading. If a player deliberately heads the ball, an indirect free kick should be awarded to the opposing team from the spot of the offense. If a header occurs within the goal area (6yd box), the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.
- Substitutions are unlimited and can be made on ANY stoppage with the referees permission, prior to: a throw-in, a free kick, a goal kick, kickoff, or corner kick for either team.

CB CAMERON PARK

NORTH OKLAHOMA CITY FOOTBALL CLUB

12003 Portland Ave, Oklahoma City, OK 73120



PORTLAND AVE



NOKC Scoring System

All U7, U8, and U9/U10 league games will be scored on the following criteria:

- Each team, win, tie or loss, will be given 1 point for each goal they score, with a maximum of 3 goal points per game.
- Additionally, points will be awarded based on the results of each game.
 - If a team ties a game, they will be awarded 3 more points.
 - If a team wins a game, they will be awarded 6 more points.

Here are examples of the scoring:

- Team A wins 9-0: Team A gets 9 points (6 for win, 3 for goals), Team B gets 0 points.
- Team A ties Team B 0-0: Team A gets 3 points, team B get 3 points. (3 for a tie, 0 for goals)
- Team A wins 2-1: Team A gets 8 points(6 for win, 2 for goals), Team B gets 1 point(1 for goals).
- Team A ties Team B 3-3: Team A gets 6 points, team B get 6 points. (3 for a tie, 3 for goals)

League Tiebreaker Rules:

1. Head to Head: the record between the tied teams.
2. Goal Differential (max +/- 3)
3. Goals Against (max 3 per game)
4. Goals For/Goals Scored (max 3 per game)
5. If teams are still tied, they will be considered tied. If awards are due, they will be duplicated for each team involved.

THESE RULES ONLY APPLY TO NON-EXHIBITION GAMES!!!!

EXHIBITION GAMES:

If an exhibition game gets rescheduled to a later date in the season than the non-exhibition game against the same opponent, the earlier played game will be changed to exhibition & the later played game will be the non-exhibition game.

NON ROSTERED PLAYERS:

Any team using a non rostered player during a game, will have the game recorded as a forfeit. The coach(es) involved, may be subject to future game suspensions.



U11-U19 Metro Recreational League Information

In the U11-U19 age group, teams transition from the NOKC in-house league to the Metro Recreation League which was created in Fall 2020. We joined together with 3 other local metro clubs, Edmond Soccer Club (ESC), Norman Youth Soccer Association (NYSA) & South Lakes Soccer Club (SLSC) to form our own league. The new league is designed for U11-U19 recreational teams to play home & away games at the above 4 clubs. We believe this will create greater and varied competition while minimizing travel for participating athletes.

League schedules, scores, and standings are maintained by the four joining clubs. See contact information below. All Metro Recreation League questions can be answered by the NOKC Club Administrator.

Teams will be responsible for having two jersey options in case of color conflict.

U11/U12: 9v9 -- size 4 ball -- 30-min halves – substitutions are unlimited & on any stoppage

U13-U14: 11v11 – size 5 ball -- 35 min halves

U15-U16: 11v11 – size 5 ball -- 40 min halves

U17-U19: 11v11 – size 5 ball -- 45 min halves

Contact:

Sam Warden, NOKC Commissioner, swarden@nokcsoccer.com, 405-850-8181

Alli Fansher, NOKC Club Administrator, admin@nokcsoccer.com, 405-397-3633



NOKC Soccer Concussion Policy (Posted on NOKC website)

North Oklahoma City (NOKC) Soccer recognizes the potential danger and long-term health consequences of this often difficult to diagnose form of traumatic brain injury. The Policy is intended to provide easy-to-understand guidelines related to players who have been diagnosed with or are suspected of having a concussion.

The Policy is for Coaches, Parents and Players but is to be shared with any other adults or participants in NOKC Soccer. The Policy and the relevant documentation is provided on the NOKC website at <http://www.nokcsoccer.com/>.

Coaches & Team Officials

- Coaches and Team Officials, on their own time, will complete Oklahoma Soccer Association's concussion requirements annually. These requirements are posted at http://www.oksoccer.com/main/administration/risk_management/
- When a Coach agrees to coach (part of the coaching agreement process) the Coach will be required to answer Yes or No to a question: "Have you completed the authorized Concussion Training the past year?"
- Though a rare occurrence, if a Player becomes unconscious during a game or session, the Coach or Team Official will call 911 or will instruct another adult to call 911.
- When, during a game or session, a Player becomes unconscious or suspected of having a concussion the Coach and Team Official will remove the Player from the activity for the remainder of the session. The Coach will keep the Player out even if the player insists "I'm OK now, Coach".
- The Coach or Team Official will inform the Player's Parent or guardian of the Player's symptoms as soon as possible. Ideally, the Parent will be notified immediately.
- When the Player returns for a future game or session if, based on the Coach's understanding of concussion symptoms, the Coach or Team Official suspects the player is still exhibiting symptoms, the Coach will keep the player from the activity.
- The Coach and Team Official understand that a player may not officially return to team activities until they are cleared by a medical doctor and notification of clearance is provided to NOKC.

Parents & Players

- When a Parent registers their Player they will be required to check a box agreeing to the following: "If my child is diagnosed with a concussion during an NOKC Soccer activity or during ANY OTHER ACTIVITY including those outside NOKC Soccer, or if my player has a prior head injury, I will inform my child's Coach of such diagnosis prior to the start of the season or before my child returns to play."
- Upon completion of registration, Parents and Players will receive an e-mail from NOKC Soccer that includes:
 - A brief explanation of our policy and the importance of the Parent's role in understanding it.
 - A link to the Policy on the NOKC Soccer website.
- Parents & players understand that a player may not officially return to team activities until they are cleared by a medical doctor and notification of clearance is provided to NOKC.



NOKC PRACTICE FIELD POLICY

U4 Mighty Megs

This is a show up and play age group so there are no NOKC scheduled practices.

U5/U6 Teams

Practice slots are 30 minutes prior to scheduled games at no cost. If your team wants an additional training per week, please follow the U8-U10 outline below.

U7-U10 Teams

Practice slots are 1x per week for 1 hour (4:30p, 5:30p, or 6:30p). Cost is \$150 per season. ½ a field.

U11-U19 Teams

Practice slots are 1x per week for 1.5 hours (5:30p or 7p). Cost is \$200 per season. ½ a field.

Policy

All of the above options are first come, first served based on complex availability after all coaches requirements (safe sport, heads up, background check) are completed. Teams will pay prior to receiving field assignments. Teams will not be allowed to pay more, practice more or pay less, practice less. If a request is available, teams will receive practice field assignments 1 week prior to the practice start date which is always 2 weeks prior to the season start date. Practices will end at the season end date.

Training Canceling Due to Weather

If training gets canceled due to weather or complex closure, coaches conflicts, etc. the training will not be rescheduled. There will be no make up dates.



NOKC Academy Information

Academy Age Divisions and Restrictions for the Fall 2025 / Spring 2026 Seasons:

- U6 (2020)
- U7 (2019)
- U8 (2018)
- U9 (2017)
- U10 (2016)

Why Academy?

The Academy players are trained by coaches that are on staff at NOKC Soccer club. Many of these coaches have played at a high level and have attended education courses geared towards soccer coaching. Academy coaches have a minimum of a national D license and many have attained their National Youth License as well. This will ensure that players in the Academy will be taught the necessary skills for playing the game and create good habits that will benefit your child as a player regardless of what level he or she decides to play, from recreational to competitive. Players will also play in games with kids of equal ability & against kids of equal ability resulting in fewer lopsided games and better level of competition.

Is Academy competitive?

Teams train 2 days per week and play games on weekends, much like other recreational teams. They keep no standings and remove the pressure to win from the coaches. This allows coaches to focus on development. Any player of any level of ability can participate in the Academy.

How are teams formed?

Players will attend evaluations each season. After evaluations, coaches in the age group will form teams based on ability. Players may move from one team to the next based on their progress throughout the season. This evaluation and movement will be up to the coaches in the age groups discretion.

Formation of Training Groups/Teams:

Academy team training groups are based on max roster sizes per age group. U9/U10 teams will have up to 12 players per team and will play 7v7 & U7/U8 will have up to 8 players per team and play 4v4 in the regular season.

Cost:

Total program cost is \$1,150 for the 2024-2025 season. Please visit our website www.nokcsoccer.com to see the breakdown of program cost.



NOKC Referees

Referee Coordinator: Brett Dobie 323-8705 (C) refereecoordinator@noksoccer.com

Our Referee Coordinator, Brett Dobie, will oversee the youth and adult referees that are available. He will do his best to assign the best quality referee for your game, also knowing that the referee does the best possible job s/he can. Our referees have a difficult job! Please show them your support and have patience! Even you make mistakes!

COACHES are responsible for the conduct of everyone on their side of the field, including spectators. You will be called on to control your sideline.

Referee Reviews

If you feel a referee did a good job calling your game – PLEASE LET HIM/HER KNOW!

If you feel a referee did a poor job – PLEASE LET THE REFEREE COORDINATOR KNOW! Abuse of officials will not be tolerated! Please simply send an email or give your coordinator a call! He will listen to your point of view and investigate the issue and evaluate it as well as consider repeatedly reported officials.

Becoming a Referee

If you are interested, or know somebody who would be interested in becoming a referee, there are courses offered several times a year. You can check our website for classes or the following website for a more extensive listing under the referee tab: www.oksoccer.com

There are several courses offered across the state and at all different levels and upgrades/recertification.

About Our Referees

Our referees are all ages from adult to youth. The youth are just getting started – let's not discourage them from taking this journey as they may turn into great adult referees! In present day, with so much abuse from coaches and parents, referees are starting to be hard to find! You can make a difference! We will place the appropriate age youth referee on the younger age teams and the more experienced referee on the older teams. It's as simple as that. The younger players are learning – so are our younger referees.

NOKC Reschedule Policy

Club Administrator: Alli Fansher 405-397-3633 admin@nokcsoccer.com
Referee Coordinator: Brett Dobie 405-323-8705 refereecoordinator@nokcsoccer.com

STEP #1: Notify the opposing coach that you must reschedule.

STEP #2: Cancel the currently scheduled match using the online reschedule form.

STEP #3: Reschedule the canceled match using the online reschedule form.

YOU DO NOT HAVE TO COMPLETE STEP #3 until you have agreed and selected an available date/time, but

STEPS #1 & #2 must be done at least 7 days prior to the scheduled match using this form to avoid any penalties. All rescheduled dates must be 7 days or more in the future.

Weekend (Saturday Or Sunday) Games

Weekend games canceled or postponed AFTER Sunday at 11:59pm for the following weekend are subject to paying referee fees consistent with the normal ref fees for the level/age of the canceled/postponed game. These ref fees will be paid in cash prior to kick off of the rescheduled game. For example: A game scheduled for Saturday 9/10 or Sunday 9/11 needs to be canceled/postponed by Sunday 9/4 at 11:59pm to avoid any penalties. Weekend cancellation or postponement requested AFTER Wednesday at 11:59 pm the week of the game will be assessed a Late Rescheduling Fee of \$50.00 (U11-U19) or \$25 (U6-U10) as well as paying the referee fees. This fine must be paid PRIOR to any game being rescheduled by the Referee Coordinator or Club Administrator.

Weeknight (Monday – Friday) Games

Weeknight games canceled or postponed AFTER Wednesday at 11:59pm for the following week are subject to paying the referee fees consistent with the normal ref fees for the level/age of the canceled/postponed game. These ref fees will be paid in cash prior to kick off of the rescheduled game. For example: A game scheduled the week of Monday 10/10-Friday 10/14 needs to be canceled or postponed by the previous Wednesday 10/5 at 11:59pm to avoid any penalties. Weekday cancellations or postponement requested AFTER Friday at 11:59pm of the previous week will be assessed a Late Rescheduling Fee of \$50 (U11-U19) or \$25 (U6-U10) as well as paying the referee fees. This fine must be paid PRIOR to any game being rescheduled by the Referee Coordinator or Club Administrator.

Less than 24 hour Cancellation

Cancellations made less than 24 hrs before match should be IMMEDIATELY directed to the Referee Coordinator at (405) 323-8705 in addition to submitting this form using procedures mentioned above. The Referee Fees and Late Rescheduling Fee would also apply.

Rainout Reschedules

If the complex closes for the entirety of the day (no games are played) NOKC will reschedule all U4-U10 recreation games. If the complex closes for a portion of the day (ex. 1PM & later) the U4-U10 recreation teams are responsible for the reschedule. Metro Rec League & Metro Academy League teams are responsible for all reschedules due to inclement weather & complex status.

Cold Weather Rescheduling Guidelines

30° wind chill & above – the match will be played as scheduled. A team can reschedule, but all of above rules would apply. If a team decides not to play then the result will be recorded as a forfeit.

15-29° wind chill – games may be played if both of the teams and NOKC agree. Any of the 3 parties may postpone. Postponement would be communicated to all parties and home team would fill out form with no penalties assessed of any kind.

14° wind chill and below – games will be postponed. Steps #1 & #2 will be completed by the club and step #3 by the home teams.

Rescheduling Due to Weather

The following guidelines will be used to determine if a game can be canceled based on the current mean temperature at the start of play.

1. 40 degrees & above - the match will play as scheduled, if a team decides not to play then the result will be recorded as a forfeit.
2. 20-39 degrees - games may be played if both teams & NOKC deem appropriate. Any of the 3 parties can "veto" playing and the game will be rescheduled.
3. 19 degrees and below - game(s) will be postponed.

NOKC is committed to providing a safe environment for children to be able to develop their soccer skills and enhance their love of the sport.



Safety Rules

Goals

Do not climb, hang, or play on nets or goal post. Injuries relating to soccer goals relate mostly to portable goals, but there can also be injury in relation to permanent goals. Field and Goal Safety Inspections are done each season, Fall and Spring.

Driving

Please drive slowly in the complex. Players are often chasing balls and darting across the street. Make sure to always be checking your surroundings as there is high traffic at the complex.

Lightning Detector

The detector will give on alarm and the light on the top of the clubhouse will blink. This means clear the fields. Everyone (coaches, players, parents, siblings, etc.) needs to be in vehicles until an all clear sounds. An all clear will give 3 alarms and the light on top of the clubhouse will stop blinking, at that point you may go back on the field.

Background Screening

All coaches, volunteers, or others who interact with players (referees, managers, concession workers) all provide a background check through our governing body Oklahoma Soccer Association.

Club and Team Websites

We will not post pictures with players names, rosters, or addresses on our website or social media.

First Aid Kit

There is a First Aid Kit located in concession area at the club house.

Emergency Plan Procedures

Lost Child

In the event that there is a lost child the gate of the complex will be locked immediately and no one will be allowed to leave until the child is found. For assistance, reach out to any board member, adult referee, concession worker or any professional coach on site.

Injury

In case of injury please call 911 immediately. We will provide a trainer on site at our hosted tournaments, but for any league play or practices call 911.



NOKC SOCCER CLUB **VOLUNTEER OPPORTUNITIES**

NOKC Soccer club is a non-profit volunteer run organization that can always use volunteer help. If you are interested in helping at the club, please contact any board member.

Two of our main fundraisers are the tournaments we host every year. In the Spring, we host 2 tournaments, FESTIVAL DE FUTBOL for Recreation & Academy teams and RED EARTH for Competitive and U10 Academy teams. These tournaments help support our club and take a lot of volunteer help. If you are interested in helping out on these soccer weekends please contact admin@nokcsoccer.com.

We are also looking for corporate sponsors as our club is in constant need of improvements. Please contact our Club Administrator, admin@nokcsoccer.com if you have any suggestions of companies that might be interested.

www.nokcsoccer.com

Club hotline: 405-751-7368

Twitter: @NOKCFieldStatus