

Treatment Sessions Opening (Setup) and Closing

Opening

1) 1- 10 Meditation

2) The Three Divine Invocations (aka: The Divine Hook-up)

Volume 3, Chapter 29, pgs. 371-3; Volume 2, Chapter 20, pgs. 583-6

Not only do the three Divine invocations connect you with the creative healing powers of the Divine, they are an excellent clinical purification technique that are especially useful for removing toxic Qi and negative spirit entities from the clinic and treatment room. These invocations are essential to the practitioner's physical, energetic, and spiritual protection.

During the invocations, the practitioner performs a series of circular movements that looks like Pulling Down the Heavens; the palms will be upward as hands are raised and palms will be down as the hands are passed in front of the torso. The power of the invocations is based on the practitioner's personal faith and beliefs and therefore, the practitioner should cultivate the silently and internally "spoken" invocations to deeply connect them to the wellspring of their faith.

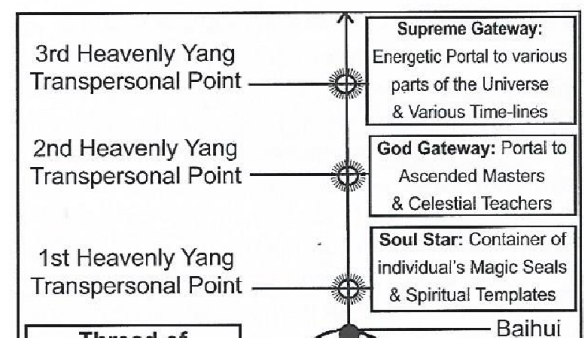
a. First Divine Invocation:

Purpose: This first invocation is traditionally used to invite the powers of Divine healing light to purge, cleanse, stabilize, and root the practitioner's internal core self by energetically and spiritually connecting to the Divine and surrendering the "acquired mind" and ego. This functions to prevent the patient's discharged pathogenic Qi from entering the practitioners three bodies and contaminating the practitioner's true spiritual nature. The practitioner embraces the Divine Will as their own will and transforms themselves into a true healer. Additionally, this invocation enables the practitioner to access boundless perceptive insights, intuitive wisdom, and Divine healing powers.

- i. On initial raising the hands: Connect to the infinite power of the Divine and silently "speak" the portion of your invocation that calls upon the Source-aligned allies. It may be your personal invocation or begin as "I call upon the Divine, guides, guardians, angels, and Great Beings of Light..."
- ii. First lowering of hands: Internally "speak" your first invocation that establishes your personal connection to the Divine. You may speak your personal invocation or speak one that has been offered. The one that Wendy and John offer is "...to be with, watch over, and work with and through me. Allow me to be vessels of healing energy in accordance with Divine Will."

Visualize a beam of radiant light streaming into your body via the Baihui. As this Divine energy enters your body via your Taiji pole, hold your intention on energetically fusing with this sacred Qi until it becomes spiritually rooted within your lower dantian and activates the center core of your Taiji Pole.

Intend to expand the Divine light to rise from your lower dantian and sequentially activate your middle and upper dantians. (Optional: When you feel the Divine power of the white light reaching the middle dantian, visualize the light intertwining with the "Bridge of Light" which connects the heart (middle dantian), throat, and upper dantian together.)



As you bring the Divine healing light through each of your dantians, let this healing light infuse and harmonizes all of your body's tissues.

Optional: Roll your eyes toward the Niwan Place, located at the center of your head (pineal gland) and breathe in a 2-part inhalation and 2-part exhalation. Focus on the Divine light and internally, say something like, "Thy will" on the first part of the inhalation and, "is my will" on the second part of the inhalation. Do the same on the 2-part exhalation.

Come into full recognition that this Divine healing light is stored within your body and released during Qi emissions. It is what is responsible for the healing momentum.

b. Second Divine Invocation

Purpose: The second invocation connects the energy of both the practitioner and the treatment room to the infinite healing power of the Divine. It also secures a sacred space and creates a spiritual sanctuary. It establishes an expansive Divine energetic field by causing the practitioners three external Weiqi fields to overflow with Divine light. This Divine energetic field then fills the entire treatment area with a dynamic field of creative healing power.

- i. Second raising the hands: Connect to the infinite power of the Divine and begin the portion of your invocation that calls upon the Source-aligned allies. It may be your personal invocation or begin as "I call upon the Divine, guides, guardians, angels, and Great Beings of Light..."
- ii. Second lowering of hands: Internally "speak" your second invocation that blesses and sanctifies the space and aligns it as pure, safe, and sacred. You may speak your personal invocation or speak one that has been offered. The one that Wendy and John offer is "...to hold the space where I am working safe and sacred."

Direct a second cord of Divine light into your lower dantian. Extend this powerful healing energy downward through the tissues of your feet into the floor. Imagine this energy shoots across the floor, rushes up the walls, and convers the ceiling, filling the entire treatment area.

Imagine this Divine light is radiating and pulsating from your lower dantian, filling your three external Weiqi fields, and then overflowing the external fields to fill the entire treatment room.

Optional hand seals: If you choose to do the hand seals, wait to internally say the second invocation until your hands have come all the way down the front of your body. As you say this internal prayer with your hands hanging down beside your body, simultaneously, form the Immortal Sword hand seal with both hands to energetically imprint Divine healing light into the floor, walls and ceiling. After imprinting the treatment room, immediately form the Three Power hand seal with both the right and left hand to energetically seal the physical, energetic, and spiritual levels of the treatment area with Divine healing light.

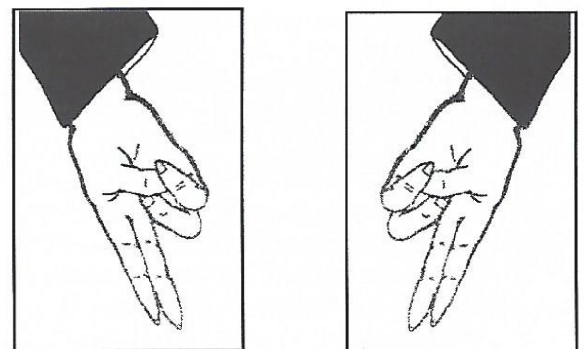


Figure 20.48. The "Immortal Sword" Hand Seal

c. Delineate the healing space



Make a counter-clockwise circle above your head with your hand visualizing that it encompasses you and the in-person patient or, in the case of distance work, the surrogate (paper image, doll, inflatable doll, etc.)

d. Bring the recipient into the surrogate (Used only for distance work)

Bring your hand(s) over the surrogate and invite the energy of the person you are supporting into the surrogate moving from head to toe.

e. Third Divine Invocation

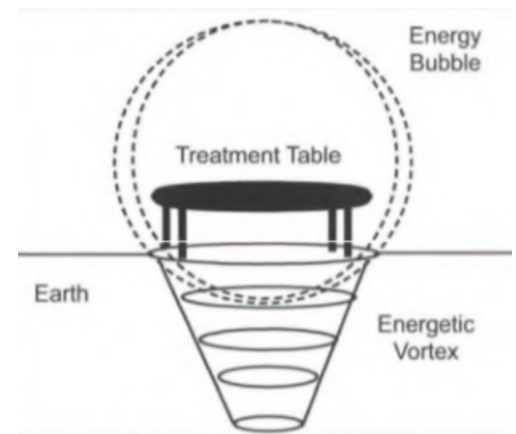
- i. Third raising the hands: Connect to the infinite power of the Divine and begin the portion of your invocation that calls upon the Source-aligned allies. It may be your personal invocation or begin as “I call upon the Divine, guides, guardians, angels, and Great Beings of Light that work with the patient...”
- ii. Third lowering of hands: Internally “speak” your first invocation that incorporates the intention for the patient’s highest good. You may speak your personal invocation or speak one that has been offered. The one that Wendy and John offer is “...asking that the Great Beings watch over the recipient of the healing and that they be here to work with me and through me to bring the recipient the best possible healing for their highest path. I also ask that the work that I do be of benefit to all beings.”

Direct a third cord of Divine light into your lower dantian.

f. Wrap the Patient’s Three Bodies and Create the Vortex

Purpose: In the beginning of the session, wrapping the patient’s three bodies is about holding the patient in safety. Both the practitioner and patient have energies and the 3 bubbles helps keep those energies separate.

- i. Last circular raising of hands: Tap into the Divine and bring down a ball of protective Divine white light. Wrap up the patient or surrogate (for distance healing) with the Divine white light. There will be three wraps creating a bubble around their physical, energetic, and spiritual Wei Qi fields (in that order).
- ii. The final wrap will end at the “top of the bubble” (see image). Bring the hand that wasn’t used in creating the bubbles to the “top of the bubble” and trace both sides of the outside bubble. Imagine the sides of this bubble being continuous with the vortex you create by making clockwise circles into the ground with one hand. This fuses the bubbles with the vortex. Then ask that this creates a vortex into the earth that receives and transform the toxic, turbid energy. The entire floor can be this vortex if you like. This vortex purges and drains the recipient’s toxic Qi into the earth where it is cleansed. It is then sent to the heavens to be transformed to Divine healing light and returned back into the patient’s body. You can intend and imagine that the vortex actively “sucks” this toxic Qi into its center spiral, removing the toxicity from the treatment area.



- g. Drop a grounding cord from the patient’s coccyx and one from your own coccyx.

This is important if the patient is present in the physical space in order to deter an energetic shock from occurring between your two bodies. This is not important to do if you are working from a distance.

Do the session here

Closing

- 1) Wrap the surrogate up with white light as you did in the opening. Then close the vortex.

Purpose: At the end of the treatment, the three bubbles basically keep the treatment stable. We don't want the treatment to dissipate quickly so we wrap the patient up to hold and stabilize the effects of the treatment.

- a. Do the circular movements like Pulling Down the Heavens. Tap into the Divine and bring down a ball of protective Divine white light. Wrap up the patient or surrogate (for distance healing) with the Divine white light. There will be three wraps creating a bubble around their physical, energetic, and spiritual Wei Qi fields (in that order).
 - b. The final wrap will end at the "top of the bubble" (see image). Bring the hand that wasn't used in creating the bubbles to the "top of the bubble" and trace both sides of the outside bubble.
 - c. While your hands are at the bottom of the bubble, seal the bubble, close the vortex, and end the energetic session by "clapping" your hands in a way that is like swiping them past each other and when they meet in the middle, you make a clapping noise. Do this "swiping" clap twice. The vortex is dissolved in order to energetically seal the earth to prevent toxins and pathogens from being pulled back into the treatment space.
- 2) If doing a distance session, send the energy from the surrogate back to the recipient. Take the energy off the surrogate from head to toe and send it back to the recipient from head to toe. Optional: Wrap up the recipient again in their actual body (i.e. not the surrogate) as in step 1.
 - 3) Disconnect physically, mentally, emotionally and spiritually from the patient. Sever and disconnect any energetic cords connected to the patient.
 - 4) Shake and whip of the hands while dropping on the heels to break any remaining energy attachments and release pathogens.
 - 5) Return the energy to its proper location
 - a. Hands move from low to high (as if moving the pearl up the back in Guan Gong) while asking, "May any of my patient's energy that has remained with me (or the surrogate), be lifted by the Divine, transformed, and returned to them as pure healing light." The hands then come out in front of you as if you are offering the energy back to them.
 - b. Bring hands (palms up) out in front of us going from hips to shoulder then down the middle of our torso like in Pulling Down the Heavens. This movement is like a large scooping the energy and bringing it back down into our lower dantian. While lifting your hands, ask, "May any energy that is mine that has remained with my patient, be lifted by the Divine, transformed, and returned to me as pure healing light."
 - 6) Offer gratitude to the Heavens and earth and honor the recipient for the privilege to being able to work with them. "Prayer hands" are above our head when thanking the Heavens and lowed to heart when thanking the Earth.

- 7) Re-center yourself by bringing Divine and earthly energy into your Taiji pole and lower dantian to recharge and replenish any energy depletion. Intend that the white light fills you and shines out beyond your body, purifying your entire system. Fill for a few minutes then run the Microcosmic Orbit and collect the energy at your naval.
- 8) Wash your hands in warm water and imagine that any remaining toxic Qi flows down the drain.
- 9) Allow the patient to come back slowly, absorbing the effects of the treatment.
- 10) Bring the in-person patient warm water to drink or ask the distance patient to drink warm water. Let the patient know that they should not wash, bathe, or shower for a few hours after treatment.