SPORTIVA EVENTS



Competitor Information

EVENT Dartmouth Sea Swim

LOCATION Blackpool Sands Beach, Dartmouth, TQ6 0RG

DATE Saturday 7th June 2025 @ 16:00 (registration opens at 15:00)

NB Last updated 4th June 25 & subject to change

Registration

Collect your timing chip, number written on your hand, swim hat & baggage number from our big blue gazebo at the edge of the beach

Cat/time

4.05pm. 750 meter swim.

Swim will be a mass start from the beach It's a one lap swim & you'll be wearing orange hats.

4.05pm 1500 meter swim.

Swim will be a mass start from the beach It's a two lap swim & you'll be wearing green hats.

4.00pm, 3000 meter swim.

Swim will be a mass start from the beach It's a four lap swim & you'll be wearing yellow hats

It is IMPORTANT that you take time to read this document before you travel to ensure you fully understand the format of this event and the terms and conditions under which you participate. There is always an element of risk when participating in Sea Swims. This document provides the necessary information to minimize those risks and ensure you get the most out of your time with us.

SPORTIVA EVENTS

Registration

All participants must register on arrival which opens from 3.00pm Rack packs contain:

- Sportiva Events silicone swim hat.
- Baggage number (attach this to any bag or clothing you wish to leave in the baggage
- You will also be given your timing chip at registration, please ensure the chips are returned immediately after you have finished your race. Chips must be attached with the supplied velcro strap to your left ankle! The active chips we use cost £65 each so make sure your chip is securely fastened!

Mandatory Pre-event briefing

All competitors will be required to attend the briefings. These will take place waterside at 3.50pm for the 3K swimmers and at 4.01pm for all other swimmers.

Important: We don't insist on wetsuits but we do recommend them. Shortie or armless wetsuits are also permitted. You should definitely wear a wetsuit if you don't regularly swim 'skins' in open water. Pull buoys are compulsory for all 'skins' swimmers and all other swimmers are welcome to use them.

. Timings & Waves

- Registration Opens 3pm
- Race Briefing waterside 3.55pm for 3k
- 3k Race Starts 4pm
- Race Briefing waterside 4pm for 1.5k & 750m
- Prize Presentation 5.30pm (approx)

Cafe

<u>Blackpool Sands cafe</u> will be open until 6pm on Saturday & from 7.30am on Sunday morning. We also have FREE hot drinks for all swimmers on the beach as they finish.

Marshalls:

Please be advised that all the marshals are giving their time and without their assistance we would not be able to organize this event.

If you have a member of your support team (family or friends) that would like to marshal, please contact helen@sportivaevents.co.uk

All marshals receive £20 expenses or a £30 voucher for a future Sportiva Events event

SPORTIVA EVENTS

Directions:

Follow signposts from the A38 for Dartmouth on the A3122 then before you reach Dartmouth turn right onto the A379 through Stoke Fleming to Blackpool Sands. There are other possible routes that your sat nav may choose instead. Nb The Dartmouth ferry opens at 8am on Sunday which is too late. If you're traveling from Torbay you will need to drive via Totnes or take the ferry from Kingswear to Dartmouth.

Parking and event rules:

Your entry includes parking from 2.00pm. If you've booked camping it also cover parking until 2pm on Sunday. If you wish to arrive earlier you will have to pay the parking charge.

- No dogs are allowed on the beach or in the field behind the beach.
- Toilets available from 3pm on Saturday and 6am on Sunday and a single toilet unit to remain open overnight. We also have four portaloos at the other end of the beach.
- Showers are external, cold water only and not available overnight, no electricity available other than adjacent to the toilet block.
- Please take all your rubbish away with you!
- No open fires anywhere on the premises (beach and car parks). Anyone
 wishing to BBQ needs to adhere to rules concerning these: Light your BBQ
 on the sand and not the grass, away from other visitors. Extinguish the BBQ
 when finished (there's plenty of water in the sea) and leave the contents
 within the unit. Take the BBQ unit home with you and dispose of it safely

Parking & camping rules.

If you have booked camping, parking is included from 2pm on Saturday. If you wish to arrive earlier you will have to pay the daily parking charge.

Your entry includes parking on the morning of the event until Midday. If you wish to stay after midday you will have to pack up your tent (if you have one) & pay the daily parking charge. If you have booked camping, parking is included from 2pm the day before. If you wish to arrive earlier you will have to pay the daily parking charge. Campers can arrive anytime on Saturday before 10pm.

Please be aware there is a private function at the cafe with music which will finish at 11pm.

- No dogs are allowed in the car park, on the beach or in the field behind the beach
- Toilets available from 6am on Sunday. A single toilet unit will remain open overnight plus we have some portaloos.
- The shower is external, cold water only and not available overnight, no electricity available other than adjacent to the toilet block.



- Please take all your rubbish away with you!
- No open fires anywhere on the premises (beach and car parks). Anyone
 wishing to BBQ needs to adhere to rules concerning these: Light your BBQ
 on the sand and not the grass, away from other visitors. Extinguish the BBQ
 when finished (there's plenty of water in the sea) and leave the contents
 within the unit. Take the BBQ unit home with you and dispose of it safely

Race Timings:

The race will be timed by Vanessa & Kim of Rogueracer.co.uk. Printed times will be available immediately after your event and also on the Sportiva Events website and facebook page. Failure to Finish If you are unable to finish the event, you **MUST** report to an Official/ Marshal to inform them of your actions.

Race route

Here's a map of the swim courses sportivaevents.clubtrac.co.uk/e/dartmouth-swim-1848/route-maps

Race Categories & Prizes:

1st, 2nd, 3rd, 4th & 5th for male & female for all distances.

Race prizes:

We aim to do the prize presentation at approx 6.30pm on the day of the race.

Please stay for the presentation as we will not be posting out uncollected prizes after the event.

And this year we have some fantastic spot prizes from Red.Equipment. We'll be doing the draw for these on the beach so you need to be there to win (with the exception of the Star Prize, a wet robe, which we'll post out) as the draw for it will take place from all entries across the weekend on Sunday morning.

Refreshments:

There will be Tea, Coffee and snacks available for purchase at the cafe on the beach until approx 6pm.

Medical cover:

Gardant will be providing cover.

Finishing procedure:

It is very important that all timing chips are returned. They are active chips and there is a £65 charge for lost ones. We will have the finishing arch on the beach this year



which will also help swimmers to sight on their way in.

On the Day Contacts

Ben Tisdall, Race Director, 07866 567 894 Helen Simcoe-Walker, Welfare Officer 077480 85524 First Aid Gardant Medicare

Photographs

Photographs will be available free of charge after the event. You'll be able to download them & share them on social media.

Teignmouth Life Saving Club are supervising and providing the safety cover for the swim.

There is more information about the beach at www.blackpoolsands.co.uk/

Environmental impact

We are very lucky to have permission to stage this race on one of Devon's loveliest beaches. Please take all your litter home.

We are also doing our bit by using paper cups at our drinks stations during and at the end of the race. Our race packs are in paper envelopes and easily recycled. All the zip ties we use are reusable. All rubbish is sorted & recycled.

Facebook group

We've created a special Facebook Group for the Dartmouth Triathlon & Swim. You can join it here - facebook.com/groups/dartmouth-triathlon

Facebook page and Strava Club:

Please like our Facebook page <u>www.facebook.com/sportivaevents</u> as it's where we post news and the first place we'll post the race results.

We now have a Strava Club. You just need to join our club and upload your run (recorded on phone or watch) to Strava. www.strava.com/clubs/sportivaevents