

**Matter Matters: Science News Eval (Keto)**  
**Quick link to this document: <http://bit.ly/ketonevalseval>**

**Instructions:**

Together with your small group, review the source linked for you. Explore to find answers to the questions provided for your group below. Type responses directly below each question. Responses are saved automatically.

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## Group 1

Source: <https://www.womenshealthmag.com/weight-loss/a22802690/keto-diarrhea/>

**Who is the author? What credentials do they have (or can we Google about them)?**

Caroline Shannon-Karasik

Credentials: She is a writer in mental health advocacy. Her work has appeared in several prints and online publications.

**What publication was this article from?**

Women's Health

**Look at the About Us page to find out about the overall publication (ie. magazine or newspaper)**

Article

**Who owns the overall publication?**

Hearst Magazines

**Can you tell who paid for the research/publication?**

No

**Google the publication title & the word *bias* (example: *New York Times bias*). What do you learn?**

There is more data and articles provided about women's health, but is partly biased

**Does the overall publication have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

Social agenda

## Group 2

Source:

<https://vancouversun.com/opinion/op-ed/david-harper-keto-diet-a-healthy-alternative-to-the-standard-western-diet>

**Who is the author? What credentials do they have (or can we Google about them)?**

David Harper, Dr of kinesiology

**What publication was this article from?**

Vancouver Sun

**Look at the About Us page to find out about the overall publication (ie. magazine or newspaper)**

Article from newspaper

**Who owns the overall publication?**

Vancouver Sun, a division of postmedia network INC

**Can you tell who paid for the research/publication?**

no

**Google the publication title & the word *bias* (example: *New York Times bias*). What do you learn?**

It is partly bias but they are credible

**Does the overall publication have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

Social

## Group 3:

Source: <https://www.healthline.com/health-news/keto-diet-may-increase-type-2-diabetes-risk#8>

**Who is the author? What credentials do they have (or can we Google about them)?**

The group that wrote the article is credited as The Healthline Editorial Team). This leads to questions about the validity of the authors because there aren't any specific indications of their credentials.

**What publication was this article from?**

Healthline. This is a company funded in 1999 that centers on health and wellness information.

**Look at the About Us page to find out about the overall publication (ie. magazine or newspaper)**

Written by The Healthline Editorial Team — Updated on August 23, 2018

**Who owns the overall publication?**

Healthline

**Can you tell who paid for the research/publication?**

Healthline receives funding from advertisements, sponsored content, and other partnerships, such as affiliate programs. (FOR PROFIT)

**Google the publication title & the word *bias* (example: *New York Times bias*). What do you learn?**

- Insulin resistance is also said to increase type 2 diabetes  
mediabiasfactcheck.com says it is "mostly factual"

**Does the overall publication have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

There doesn't appear to be any apparent political agenda but, according to their About Us page, they push themselves as a source that respects physical and mental health, building a better community which could be more left-leaning ideals but there isn't enough evidence to support it; it could just be human decency.

## Group 4

Source: <https://foodinsight.org/keto-diet-101-what-to-know-before-you-commit/>

**Who is the author? What credentials do they have (or can we Google about them)?**

*Kris Sollid, he is a registered dietitian and is the Senior Director of Nutrition Communications at the International Food Information Council (IFIC)*

**What publication was this article from?**

February 14th 2023

**Look at the About Us page to find out about the overall publication (ie. magazine or newspaper)**

Nonprofit organization - the International Food Information Council - IFIC.

**Who owns the overall publication?**

IFIC

**Can you tell who paid for the research/publication?**

Federally Funded and IFIC

**Google the publication title & the word *bias* (example: *New York Times bias*). What do you learn?**

The IFIC has an “anti-industry bias”.

**Does the overall publication have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

Has no political or social agenda The information tells both pros and cons to allow the reader to make the best decision for themselves. But this site will be biased due to whatever will provide the most money.

## Group 5

Source: <https://www.medicalnewstoday.com/articles/322724.php>

**Who is the author? What credentials do they have (or can we Google about them)?**

Catharine Paddock

Degree- Ph. D. (fact checked by Jasmin Collier)

Previous roles in consultancy and computer industry

**What publication was this article from?**

Medical News Today-August 9th 2018

**Look at the About Us page to find out about the overall publication (ie. magazine or newspaper)**

They follow a 4 step process to ensure they are providing trustworthy, accessible, and accurate information.

1. learning and maintaining trust
2. keeping high journalistic standards
3. prioritizing accuracy, empathy, and inclusion
4. monitoring and updating content continually

**Who owns the overall publication?**

MNT( Medical News Today) Organization

Robin Hough

Honor Whiteman

James McIntosh

Robert Hanson

Laura Persons

Yvette Brazier

**Can you tell who paid for the research/publication?**

Medical News Today receives funding from advertisements, sponsored content, and other partnerships, such as affiliate programs

**Google the publication title & the word *bias* (example: *New York Times bias*). What do you learn?**

Rated High by the Pro-science team and high credibility

**Does the overall publication have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

Overall, It is an unbiased factual article. It's not funded by political parties, it mostly gets funding from partnerships, advertisements. The publishers want the article to be read by many people, so avoiding political stances is a key way to reach a larger group of people.

## Group 6

Source: <https://www.healthline.com/nutrition/ketogenic-diet-101>

**Who is the author? What credentials do they have (or can we Google about them)?**

Rudy Mawer MCs and CISSN

**What publication was this article from?**

This article is from Healthline.

**Look at the About Us page to find out about the overall publication (ie. magazine or newspaper)**

Editorial

**Who owns the overall publication?**

Healthline Media LLC, an RVO Health Company

**Can you tell who paid for the research/publication?**

No, we cannot tell who paid for the research/publication.

**Google the publication title & the word *bias* (example: *New York Times bias*). What do you learn?** Healthline.com uses legitimate science

**Does the overall publication have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

## Group 7

Source: <https://www.womenshealthmag.com/weight-loss/a22802690/keto-diarrhea/>

**Who is the author? What credentials do they have (or can we Google about them)?**

Caroline Shannon-Karasik. She is a writer and mental health advocate from Pittsburgh, and has appeared in many online publications. She is also an instructor for many writing services.

**What publication was this article from?**

Women's Health

**Look at the About Us page to find out about the overall publication (ie. magazine or newspaper)**

The editors work alongside medical professionals to provide health information to their readers.

**Who owns the overall publication?**

Hearst Digital Media

**Can you tell who paid for the research/publication?**

Hearst Magazines

**Google the publication title & the word *bias* (example: *New York Times bias*). What do you learn?**

Although finding nothing when looking it up, the Women's Health page states that the reporters must follow a strict protocol in order to maintain accurate information. Additionally, everything is peer reviewed by at least two editors before being published, and all sources that information came from must be cited.

**Does the overall publication have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

Because of their strict protocol and peer review system, their information is ensured to be accurate. They seem to be focused primarily on researching and providing factual information to the people reading.

## Group 8

Source:

<https://www.health.harvard.edu/blog/ketogenic-diet-is-the-ultimate-low-carb-diet-good-for-you-2017072712089>

**Who is the author? What credentials do they have (or can we Google about them)?**

Harvard Health Publishing Staff-

**What publication/source was this article from?**

Adapted from a Harvard Health Blog post by Marcelo Campos, MD.

**Look at the About Us page to find out about the organization. What do you learn**

ll HHP content is reviewed by an HMS physician or faculty expert.

For more than 200 years, Harvard Medical School has been the most prestigious and trusted source of medical education in the world.

**Google the organization. What do you learn?**

It is the consumer health division of Harvard Medical School.

**Can you tell who paid for the research/publication?**

Harvard Medical School

**Does the organization have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

No, they do charge for their editions but the profit goes back into the company.

## Group 9

Source:

<https://www.acsh.org/news/2019/09/11/cult-keto-should-you-shun-carbs-and-feast-fat-14281>

**Who is the author? What credentials do they have (or can we Google about them)?**

Angela Dowden

- Award- winning health journalist
- Registered nutritionist



**What publication/source was this article from?**

Sep 11, 2019

**Look at the About Us page to find out about the organization.**

Council of doctors and scientist trying to debunk science myths

**Can you tell who paid for the research/publication?**

They raise funds from individuals and contributions are fully tax- deductible

**Google the organization. What do you learn?**

- Funded by corporations
- Tends to lead towards deregulation issues
- Nonprofit
- Founded in 1978
- The former medical director was in federal prison due to medicaid fraud
  - He had his license revoked for his crimes

**Does the organization have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

- Big on the government staying out of science
- Big brands give this organization's money, which lead to bias
  - Get paid by these companies and the answers to the myths they're debunking are suddenly answered

## Group 10

Source: <https://www.healthline.com/health-news/keto-diet-may-increase-type-2-diabetes-risk#8>

**Who is the author? What credentials do they have (or can we Google about them)?**

Healthline Editorial Team

**What publication was this article from?**

Healthline Media LLC

**Look at the About Us page to find out about the overall publication (ie. magazine or newspaper)**

Magazine

**Who owns the overall publication?**

Healthline Media

**Can you tell who paid for the research/publication?**

No

**Google the publication title & the word *bias* (example: *New York Times bias*). What do you learn?**

They are basically fact based but also covers alternative health that is not proven to be effective.

**Does the overall publication have any social or political agenda? (Think about the questions above to come to a conclusion about this.)**

no