Polymyalgia rheumatica - how to diagnose and treat it

disease of the elderly

Most sources refer to muscle pain – myalgia, which is not consistent. The description should read ‘SOFT TISSUE AND FASCIA RHEUMATISM’.

This rheumatism is not affirmed in orthomedicine, but it exists in the list of diseases and medicinal number series according to dr. Grabovoi. To avoid confusion, the medical label 'polymyalgia' is established in the title. According to dr. Grabovoi, we treat the disease by concentrating on the number series 1489123.

1489123 SOFT TISSUE AND FASCIA RHEUMATISM or POLYMYALGIA

Polymyalgia is an autoimmune disorder of the connective tissue network – fascia and soft tissues. It occurs more often after the age of 50, but can also occur in young people. It manifests as numbness, stiffness, pain including headache and sometimes a slight non-infectious fever.

The disease is characterized by tender points on the affected body areas, which can be a confirmatory symptom for this rheumatism, or a distinguishing symptom for rheumatism with similar symptoms. One of the signs can also be cracking in various parts of the body as a neurological symptom of fascia.

he cracking is not due to mechanical degradation but is a neurological effect of the fascia on the body. Fascia is a well-innervated connective tissue, so its damage can also affect balance, general motor and especially sensory abilities. Fascia benefits from slow, moderate movement and hydration.

In approximately 15% of cases of polymyalgia, there is also an associated rheumatic vascular disease - temporal arteritis, and sometimes also systemic rheumatic diseases - involvement of organs and body systems. Associated rheumatism complicates diagnosis, and the dominant rheumatism is treated.

Polymyositis dermatomyositis, for example, manifests itself as 'age spots' and other skin changes, but mainly as muscle weakness, without neurological disorders or tender points.

Temporal arteritis can have critical consequences for vision and hearing, and systemic and vascular rheumatism can affect the lungs in particular, but also other organs and body systems.

Polymyalgia can be completely cured by concentrating on the healing number sequence 1489123 according to the methods of dr. Grabovoi. Regular moderate physical activity will also be beneficial.

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