



Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

Resources: [Health, Safety and Liability Guidelines](#) & [TD Manual](#)

Nearest Hospital

Name: Maine Medical Center

Address: 22 Bramhall Street, Portland, ME

Phone Number: 207-662-0111

Map Link: [📍 Maine Medical Center](#)

Medical Services provided at tournament

3 Athletic Trainers, 1 EMT and 1 Dr

Where will the medical staff be at the event

Multiple tents throughout the complex. One located at Tourney Central, One at Field 8 and one by fields 33/36

How can teams contact the medical staff (phone, radio)

Flagging down one of the volunteers, all will have walkie talkies. Trainers will have their own golf carts.



How will event staff communicate weather, emergency & schedule changes to teams

Through emails, texts and word of mouth

Any other relevant information specific to your tournament, if applicable (Facility specific weather policies)

USA Ultimate Weather Policy (Facility may have their own policy)

You can find more details and information here: [Health, safety, and liability Requirements](#)

For Lightning:

If you hear thunder OR your computer or app shows that lightning has struck within ten miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen even if you cannot hear thunder.

For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#). When the Heat Index reaches 100 F ([see NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia.