

3rd Grade
Curriculum Map
Missouri Learning Standards

Unit 1: Introductory Skills	Unit 2: Intermediate Skills	Unit 3: Advanced Skills
1st Quarter	2nd/3rd Quarter	4th Quarter
Priority Standards	Priority Standards	Priority Standards
PA3A2a Perform efficient movement in activities to prevent injuries	PA1D3a Show on the body a few of the major bones (e.g., patella, ribs, phalanges, femur)	MP1D3a Demonstrate combination of tumbling skills
PA3B2b Recognize the symptoms of breathing emergency (e.g., asthma, choking) and seek appropriate assistance	FS1B3a Recognize the major muscles of the muscular system (e.g., deltoid, triceps, abdominal, quadriceps)	MP1E3b Identify body parts and functions in relationship to movement (e.g., long jump – arms swing forward when legs extend)
MP1C2a Demonstrate individually and with a partner manipulative skills in a stationary position and while moving (e.g., throwing, catching, kicking, striking, volleying, and dribbling)	MP1C3a Demonstrate critical elements for manipulative skills (e.g., step forward opposite foot, arm position, step and follow through)	MP1F3a Apply fundamental and specialized skills in lead-up games
MP1E2c Identify and apply concepts relating to force (e.g., hard, soft, heavy, light)		MP2A3a Demonstrate proper techniques for a variety of fundamental skills while practicing with a partner (e.g., realize there was too much force when a ball was overthrown)
MP2B2a Demonstrate a variety of sport specific lead-up games		MP2D3a Demonstrate basic apparatus activities (e.g., balance beam – a forward movement; climbing rope – from a supine position students ascend to a stand and descend to a sit; cargo net – ascending and descending climb to grade level height; parallel/even and uneven bars – under bar activities; horizontal bar – front support; springboard – jump and land)
MP2D2a Demonstrate basic apparatus activities on a balance beam, climbing rope, cargo net, parallel bars, vault, and climbing wall		FS1E3a Identify the cause and effect of an active vs. inactive lifestyle on the cardiorespiratory system (e.g., healthy vs. unhealthy heart and lungs)
MP3C2a Create personal rhythmic pattern with a manipulative (e.g., jump rope)		

Essential Questions	Essential Questions	Essential Questions
What can you do to prevent injuries and breathing emergencies? How can you demonstrate individual and partner manipulative skills in a station position? While moving? How can you apply different amounts of force to an object for different results? How can you demonstrate balance and strength activities using apparatus?	Show on the body a few of the major bones? Show on the body a few of the major muscles of the muscular system? Demonstrate critical elements for manipulative skills?	What tumbling skills can you demonstrate in combination? What body parts can you identify and what are their functions in relationship to movement? What can you do to adjust your throwing technique to be more accurate? What activity can you demonstrate using an apparatus? What are the causes and effects of active and inactive lifestyles?
I Can Statements	I Can Statements	I Can Statements
PA3A2a - I can perform efficient movement in activities. PA3B2b - I can recognize the symptoms of a breathing emergency. MP1C2a - I can demonstrate manipulative skills in a stationary position. - I can demonstrate manipulative skills while moving. MP1E2c - I can identify concepts relating to force. - I can apply concepts relating to force. MP2B2a - I can demonstrate a variety of sports games. MP2D2a - I can demonstrate basic apparatus activities on a balance beam. - I can demonstrate basic apparatus activities on a climbing rope. - I can demonstrate basic apparatus activities on a cargo net. - I can demonstrate basic apparatus activities on parallel bars. - I can demonstrate basic apparatus activities on a vault. - I can demonstrate basic apparatus activities on a climbing wall. MP3C2a - I can create a rhythmic pattern with a manipulative.	PA1D3a - I can show some major bones on the body. FS1B3a - I can recognize the major muscles of the muscular system. MP1C3a - I can demonstrate stepping forward. - I can demonstrate the opposite foot. - I can demonstrate step and follow through. - I can demonstrate arm positions.	MP1D3a - I can demonstrate tumbling skills. MP1E3b - I can identify body parts in relationship to movement. - I can identify body functions in relationship to movement. MP1F3a - I can apply fundamental skills in games. - I can apply specialized skills in games. MP2A3a - I can demonstrate proper techniques of fundamental skills. MP2D3a - I can demonstrate basic apparatus activities on a balance beam. - I can demonstrate basic apparatus activities on a climbing rope. - I can demonstrate basic apparatus activities on a cargo net. - I can demonstrate basic apparatus activities on parallel bars. - I can demonstrate basic apparatus activities on a vault. - I can demonstrate basic apparatus activities on a climbing wall.

