



RED RAIDER AQUATICS



Raider Report - Week of July 20, 2026 - Bloomington/Normal -

Upcoming Practice Changes + Two Week Practice Schedule

- Friday, Saturday, Sunday July 24-26 - No Practice - Illinois State Championship Meets
- Starting July 13 - All Monday-Friday practices will end at 7:30 pm
- [Two-Week Practice Schedule - July 20 - August 2, 2026](#)

Practice Schedule July 20-27, 2026

→ *The single most important factor for continued improvement is consistent practice attendance!* ←

Monday 07/20/25	Tuesday 07/21/25	Wednesday 07/22/25	Thursday 07/23/26
Buccaneers - 6:30-7:30 pm Pirates - 6:30-7:30 pm Silver/Red/HS -6:00-7:30 pm	Buccaneers - 6:30-7:30 pm Pirates - 6:30-7:30 pm Silver/Red/HS -6:00-7:30 pm	Buccaneers - 6:30-7:30 pm Pirates - 6:30-7:30 pm Silver/Red/HS -6:00-7:30 pm	Buccaneers - 6:30-7:30 pm Pirates - 6:30-7:30 pm Silver/Red/HS -6:00-7:30 pm Illinois Senior State Championship Meet
Friday 07/24/26	Saturday 07/25/26	Sunday 07/26/26	Monday 07/27/26
No Practice Illinois Senior State Championship Meet	No Practice Illinois Senior State Championship Meet Illinois 10-Under State Championship Meet	No Practice Illinois Senior State Championship Meet Illinois 10-Under State Championship Meet	Buccaneers - 6:30-7:30 pm Pirates - 6:30-7:30 pm Silver/Red/HS -6:00-7:30 pm

“For the strength of the pack is the wolf, and the strength of the wolf is the pack.”



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Recap - Illinois Swimming Regional Championship Meet

Congratulations to all of our Red Raider Aquatics swimmers who competed in last weekend's **Illinois Regional Championship Meet** in Normal!

Our swimmers represented RAID with outstanding performances throughout the weekend, turning in **numerous lifetime best times, earning several new State Championship qualifying cuts, and demonstrating the tremendous progress they have made this season.** Every race reflected the hard work, dedication, and commitment our swimmers have shown in practice.

This year's Regional Championship was **the most successful Regional meet in our team's short history,** and it is exciting to see how far our program has come in such a short amount of time. Beyond the fast swims and qualifying times, our swimmers displayed incredible teamwork, sportsmanship, and support for one another throughout the meet.

The coaching staff could not be more proud of the effort, determination, and positive attitude shown by every swimmer. Your commitment to improving each day continues to move our team forward, and the results are a testament to the culture we are building at Red Raider Aquatics.

Congratulations to all of our Regional Championship swimmers on an outstanding weekend. We can't wait to see what the rest of the championship season has in store!

RAID Meet Results can be found [HERE](#)

Congratulations & Good Luck to All RAID Swimmers at this Weekend's Senior & 10-U State Championship Meets

Good Luck to Our State Championship Swimmers!

Good luck to all of our Red Raider Aquatics swimmers who will be competing this weekend at the **Illinois Senior State Championship** in Westmont, Illinois, and the **Illinois 10 & Under State Championship** in Libertyville, Illinois!

Qualifying for a State Championship meet is a tremendous accomplishment and reflects the hard work, dedication, and perseverance our swimmers have shown throughout the season. We are incredibly proud of each swimmer who has earned the opportunity to compete against some of the fastest athletes from across Illinois.

10 -Under State Meet - Charley Leach

Senior State Meet - Rio Braker, Lauryn Burroughs, Bryce Hauck, Hailey Kardas, Oliver Kirk, Aaden Richards

Congratulations on this incredible achievement, and good luck this weekend! The entire Red Raider Aquatics family is proud of you!



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New RAID T-Shirts

Our new Red Raider t-shirts are being distributed at practice this week. Please see your site coach for your shirts. We had several swimmers that did not sign up with shirt sizes to receive their shirts. If your swimmer does not receive their shirts please email Coach Jeff at redraideraquatics@yahoo.com and let him know their t-shirt size. Please put RAID Shirts in the subject line.

Reminder - Practice Schedule Change Starting July 13

As we move into the championship meet portion of our summer season, we want to let Bloomington/Normal families know of a small adjustment to our weekday practice schedule.

Starting July 13, all Monday-Friday Bloomington/Normal practices will end at 7:30 pm as we head into the final stretch of the season. This schedule adjustment will remain in place during the championship meet portion of the summer.

Please plan accordingly for pick-up each evening. Thank you for your flexibility and continued commitment as we prepare for an exciting championship season ahead!

Red Raider Yard Signs - Show Your RAID Pride!

We have begun handing out the Red Raider Aquatics yard signs at practice. If your family has not yet received yours, please see your coach at practice and we will make sure you get one.

We are excited to announce that Red Raider Aquatics yard signs have arrived and they look fantastic! We purchased enough yard signs to provide one free sign to every Red Raider Aquatics family. We hope you'll proudly display your sign in your yard and help show off your RAID pride throughout our communities.

These signs are a great way to celebrate your swimmer's involvement with Red Raider Aquatics while also helping spread the word about our team to friends, neighbors, and future swimmers.

Check out the yard sign design below—we think it looks fantastic and hope you'll proudly display it in front of your home!

A Red Raider Aquatics Swimmer Lives Here!





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Reminder - Questions/Concerns?

We want to make sure any and all of your questions and/or concerns are always addressed. We encourage you to communicate with us directly so we can answer your questions. Please always feel free to contact Coach Jeff by email at redraideraquatics@yahoo.com or Coach Ryan at rjb875@hotmail.com. Thank you for your direct communications.