

The Journey

Video Format with Loom

The Big Idea: The Journey is designed to expose a lie many people live as if they believed: “If you go to school, you will come out prepared to be an independent adult.” In truth, this is much more of a series of stepping stones than one giant graduation. Students will be introduced to this concept and asked to begin to explore what it will take to be prepared. These skills will help students have a career they enjoy and a life they love. In this unit, we are turning the tide and helping students to own their education! Most students would agree that finding a career they love is a journey, but when asked what is involved in the journey most students don’t have answers. This exposes the myth and helps them realize that maybe many people are where they are - in a career they don’t love - because they did not understand the journey.

Objectives:

1. Students will understand many people do not have a career they love. (Discussion/Career Stats)
2. Students will understand many students agree arriving at a career they love will be a journey. (Pre-Hike Assessment Results)
3. Students will be asked to articulate what is included in this journey. Typically, very few students have answers. (Lack of students' responses to this question)
4. Exposing this dilemma will help students understand that this information is not widespread. (Discussion)
5. Students will understand they can start their journey now while in high school which can save them a ton of time and money. (Risk to reward ratio)
6. Students will understand finding a career they love will start by envisioning what they want their future to look like and what

they can see themselves doing. ([Career Decisions Video, Discussion and My Decision Document](#))

7. Students will understand leading with empathy can help you discover your passion. ([Empathy video and discussion](#))
8. Students will come to understand service learning and the role it can play in discovering your career. ([Empathy video and discussion](#))
9. Students will understand the skills they develop now can be transferred into their future career. ([The “Shorts” videos and discussion](#))
10. Students will understand the role parents and guardians play in guiding them toward their profession. ([Solo pilot video and discussion](#))
11. Students will take a picture of the QR code and send the parent newsletter home. Students will understand they need to be the ones to initiate communication with others to get guidance. If parents can't give guidance for certain things they can ask questions of other adults that can help as well, which is what this class is all about. ([Parent Newsletters](#))
12. Students will understand the journey has lots of twists and turns. ([The Story of Nonesuch: 2 videos](#))
13. Students understand they will need to do one solo hike on their own. ([Assignment Explained](#))
14. Students understand they will need to complete their school's ICAP according to OKcollegestart.org. ([Okcollegestart.org assignment](#))

The Journey



MOVING FROM INSIGNIFICANCE TO SIGNIFICANCE

[MENTOR INSTRUCTIONS](#) (←click)

If you have not already had the mentors divide the class into small groups using the Blind Draft, divide into groups to discuss.

Teachers display [The Journey](#) on the classroom smart screen.

Read the information below to the class.

Discuss the questions in small groups:

It's a Journey!



Stay the course til you get to the end!

The process of arriving at a career you love is a journey.

"There is nothing better for a person than to enjoy their work!" - King Solomon

You will be spending a lot of time at work, it would be good if you enjoyed it!

Discuss

1. How is the process of arriving at a career you love a journey?

According to our most recent findings, most students think finding a career you love is a journey.

2. What does this journey include? (If you don't know the answer to this, it's okay, you are in the right place, we will cover that in this course.)
3. According to the current statistics below, why do you think few people are satisfied with their job?

[Current Statistics](#)

4. What are the advantages of enjoying your work?
(We do know it's possible to enjoy your work, 16% are very satisfied.)

5. Since most people don't enjoy their work, is it possible many don't understand the journey or process by which to get to a career they love? Explain
6. If you thought you could figure out what you would love to do, would you try? Why or Why not.

Read from the screen:

It is profitable to begin NOW!

When considering the risk to reward ratio, beginning this process in high school will favor a good return on your time and money spent.

Finding a career you love is a process that takes time, effort and strategy.

The information below will help you envision the process and give you practical steps forward.

Utilizing these strategies will help you find your own individual path and equip you for what is ahead moving you toward a fulfilling career and your own individual career academic plan (ICAP).

A risk to reward ratio is a phrase used when determining if something is a good investment: **The risk-reward ratio measures the potential profit for every dollar risked. It is the ratio between the value at risk and the profit target.**

7. Why is it profitable to start this journey in high school?
8. Why is starting this journey later in life, potentially much more difficult and maybe too late for some?

Read from the screen:

WARNING: This happens too frequently!

My boss keeps ratcheting up the hours that have to be worked and it has reached the point where I would rather do anything than go to work. The problem is that I can't quit: I have a family and so much debt that if I were to quit my job, the foreclosure and repossession wouldn't be far behind. What can I do?

The PROBLEM: If you get in a job you don't like and have a lot of debt, you can become stuck.

The SOLUTION: Make Deliberate Choices Now! So let's take the time now to explore careers and get involved in the world around you so you can determine a path of interest. This is exploration so your path may lead to other paths which is part of the journey. This may take some *extra effort* on the front end, but will yield a high rate of return: **work you love!**

The Navigator Course is designed to help you make the most of your time in high school so you can avoid this problem.

Read or explain in your own words this next section:



There are a lot of decisions ahead!

A compass would be helpful!

In determining which direction you want to go, having a compass and knowing how to use it will help you get to your destination. When trying to determine your career path, exploring the world around you and the problems within it will help you find your vision and prepare you for what lies ahead.

Implementing these processes and strategies will **develop the kind of transferable skills employers are searching for and give you skills necessary to direct your own path.**

Furthermore, according to the State-Mandated ICAP Requirements students are required to participate in Service or Work-based Learning activities.

The EducationALIVE process utilizes service and work-based learning activities to equip students for their future and help them determine their career path.

Administrators: Students coming to understand this process and then given the space to execute it will fulfill their individual career academic plan and go on to have fulfilling careers.

Learn to explore!

Seeing where life takes you can be enjoyable and informative.

Pay attention and learn as you go!

Let's investigate further!

Our next Sherpa is Nathan Siple. He used a multi-step formula to determine his career path that could be used by anyone to help them determine their career path. You may not want to go to dental school, but you may very well want to use his ideas to get you to where you want to go! Let's watch part 2 of Career Decisions. We will see part 1 in the Green Trail.

[Career Decisions](#) (Watch this video from the website.)



Discuss:

1. What went into helping Nathan decide?
2. Do you ever ask others questions to learn from their understanding and experience? Explain

Let's watch this next video to see how service learning can play a part in helping you determine your career:

[Nathan's Empathy Helped Him Find a Career He Loves.](#)

(This would be a great beginning point for the second day, but can be done anytime after the first video. Watch this from the website.)

We might think of service learning as something we have to do instead of something we get to do. We will see later in the Trails how some people have a different perspective on this and it's worked out to their advantage.

4. Why would some not see this as a good investment?

(You don't get paid: Our perspective can be limited if we are thinking money is the only reward.)

5. Why could this be a good thing if done well?

If done well, this can play an important role in helping you determine your future career path.

We will see illustrations of this throughout the trails, but does anyone already see why getting exposed to the problems of the world would be helpful in finding your passion?

My Decision

***On their own:** Complete this Activity

Post the assignment: [Navigator Cornerstone](#) in Google Classroom. Make sure to indicate "Make a copy for each student" Pull up this document and highlight the steps in the cornerstone. This is like a formula, it can be applied to many different types of service or work-based learning opportunities to make the most of the experience. Scroll through the rest of the document and explain each section. You will need to pay particular attention to the last section: analysis. In this section, students are taught how to break down costs to help make career training decisions. Also let students know the reason we have included in the compass, care for others as you care for yourself, is that sometimes as you care for others and have empathy for others you forget about taking care of yourself. This

is a constant balancing act of trying to do both and it's good for you to start to learn how to do that now. Sherpa Nathan Siple demonstrates that well!

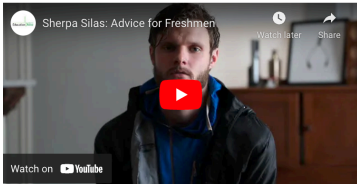
Instructions on website:

“Your own copy of this document can be found in your google classroom. Use your copy as a type of "sandbox" to help you determine your future career path. At the end of the semester, you will copy and paste the link of your final copy into a form titled "My Decision" located in your google classroom for your administrators to view.”

This will help administrators offer the kind of courses that will be in line with your career decision.

Some “Shorts”: Advice to Freshmen

"Some Shorts": Advice from one who found a career he loves.



Watch on 

Advice for Freshmen

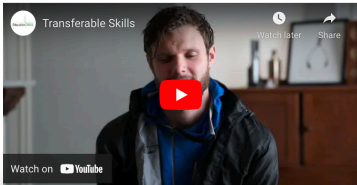
Health Sherpa Silas Day is not a doctor or nurse, but he is making a difference in the health of others according to his wiring. He is using his innate ability and desire to do statistical analysis for the Stephenson's Cancer Center In OKC. Silas choose to get better at the things he naturally enjoyed doing and little by little he found this career he loves and that fits him so well.



Watch on 

"Listening is the most underrated skill."

Silas was a football QB in high school. He understands the importance of acquiring skills to achieve success. Have you ever thought of listening as a skill to acquire?



Watch on 

Transferable Skills

The skills you learn in one place often can be transferred and used in another way in a different setting. Therefore, take advantage of any opportunities you have to learn skills because this will prepare you for your life ahead in ways you are not aware. (You will learn more on the Green Trail.)

This section includes 3 short videos: advice to freshmen from someone who found a career they love in a not so traditional way. Sherpa Silas will be later introduced more completely in the trails. He is our health Sherpa. Stop between each video to discuss points you want to

emphasize in order for students to not miss the opportunity to learn from someone who is just a little bit older and has gone ahead of them to achieve something they may want to achieve. You will learn more about Sherpa Silas in the Green Trail.

Solo Pilot loses a wheel on take-off.

Ready to fly on your own?



STUDENT SOLO PILOT

18 year old student solo pilot makes an emergency landing!

Communication
with your parents

is a little bit like the relationship between a pilot and an air traffic controller. Learning to listen for understanding and then being able to communicate your thoughts and needs with respect and kindness is essential.

It will help them,
help you land YOUR plane.

Explain to your students they are the pilots of their lives but will need the assistance of others. Life is something we do together! After watching the video have students compare the Maggie's solo flight with their flight into adulthood. Before you explain (below) to students the benefits of getting their parents involved in the process of them figuring out what they want to pursue and how the communication may need to start with them, step to the whiteboard and ask students why it could be important to involve their parents in the process of finding a career they can passionately pursue! Jot down their answers. If they come up with some of the same ones listed below, excellent! They may however, come up with some great reasons of their own.

Reasons why you should involve your parents in this process:

1. Your guardians/parents care!
2. They might have friends you can job shadow.
3. Their money might be involved, so it is part of their investment.
4. It will help you develop the transferable skill of communication.
5. Understanding your parents' perspective can be an asset in navigating life.

6. It will help you become proficient in one of the 7 Habits: Seek first to understand and then to be understood.
7. They have watched you since birth and might have some additional insights into your natural bent.

You are the pilot of your life! Life will be unpredictable, so listen well and ask good questions to come to a complete understanding so you will be prepared for whatever lies ahead. This will help you navigate well and in the way you prefer.

Pilots have full responsibility for the flight and are in charge of all aspects of the flight. They even make decisions as to if they should fly through dicey weather. They will communicate with others, but ultimately it's their call.

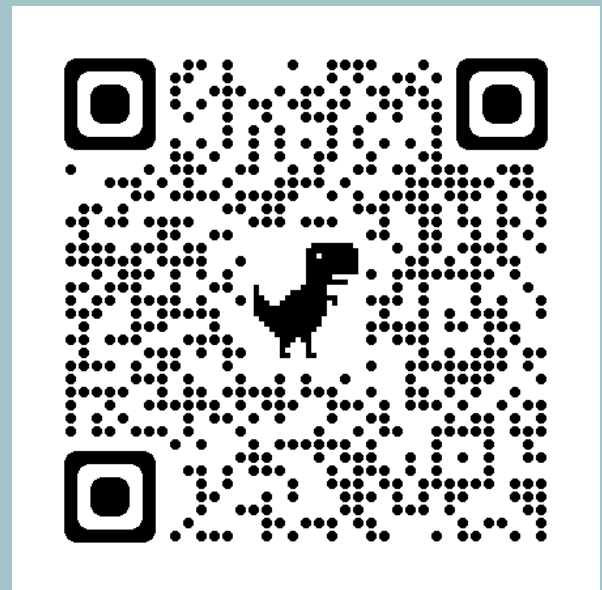
Send out the parent newsletter.

Parent Newsletter

English



Spanish



Let's learn more about this process from another angle:

Watch this video from the website about Nonesuch: a new restaurant in OKC that became the best new restaurant in America.



This is a really great story, but let's discuss what we think it really took to get something like this going and then compare it to the real story behind the scenes.

Discuss:

1. Do you think these guys just one day came up with a good idea and then were able to implement it?
2. Explain the process they had to go through to get to this point?

If you have not already done this, complete this activity with mentors:

Activity: Two Truths and a lie. Have Senior Mentors come to the front of the class one at a time and tell the class two truths and a lie (make sure you tell them about this early so they can be prepared). Students will guess which one is the lie. If you were able to accomplish this in basecamp, you may want to modify this in one of two ways: 1. have a student from each group volunteer to come to the front of the class and tell

the class two truths and a lie. 2. Give the students a sticky note or note card and have them write their name at the top and then neatly print two truths first and a lie at the bottom. You can then read a few of these each day and let the class guess which is the lie and who the student is who wrote it. It is a good way for the kids to get to know each other.

Part 2 of Activity: Hand out note cards to students: Have them write a question on the front and a question on the back for their small group leaders to answer in regards to questions about high school.

If you were able to accomplish this in basecamp, then have students write two questions they will ask their small group leader/mentor to get to know them better.

Have small group leaders look over these questions later to see who wants to answer which one. Teacher will need to oversee the questions and answers.

Chef Colin Stringer: [The Journey to Nonesuch](#)



During the course of this semester you will have a chance on your own to do some career exploration. We will first explore the

OKcollegestart.org site to check the box of what is required for the ICAP according to the state department. However, doing what is required is not always enough to get you to where you really want to go.

After completing the Okcollegestart assignment, you can on your own explore the career sherpa within the EducationALIVE website. You will be introduced to them throughout the trails, but will not have a lot of time at the end of the semester to complete your solo hike.

In your solo hike, you will need to select at least one Career Sherpa to follow all the way through their unit. You will work through their unit completing all 6 activities to get certified. These activities will be helpful in completing your My Decision Document. Even though we will be giving you a week at the end of the semester, this will not be enough time. Some of this exploration will need to be on your own.

Please understand, this is not to be done when a teacher or small group leader is directing you in another way, but rather when you have off time. For example, during advisory, after you have completed your class assignments, or before something has been assigned and you are waiting for more instruction, or on a day when you have a sub or virtual/remote day and your teacher has given instructions to do some work on your own; but never during class discussion, or when you are playing a class game, or when your teacher/small group leader is giving some instruction of any kind.

The minimum requirement for your solo trail is to get certified in at least one career exploration unit. However, you can get certified in as many as you would like and can upload these certifications into your profile at [OKcollegestart.org](https://okcollegestart.org).

Teachers: give students a tour of the [Agriculture Career Exploration Unit](#) to demonstrate what a unit looks like. Each of the 6 activities are consistent in nature. The first one is the video review, the second is in depth career and job exploration using the INDEED search engine, the third highlights transferable skills for this profession, the fourth is an example of how the world interfaces with this industry from a customers point of view, the fifth is typically a test to help them determine if this would be a good fit, the last is a short test to determine certification. At the end of the unit, there are suggested opportunities to learn more.

***On their own:** Post the Okcollege start assignments in Google Classroom according to your school. (If given class time, this will most likely take up to 5 days) Once you can see that all students can log on they can accomplish this on days you are gone.

(Have students follow your school's district's instructions regarding their preferences for the ICAP search engine. Student accounts may already be created or students may be creating accounts. **Teachers, please see your school counselor for this information.**)

Upon completing each survey preferred by their school, students will record in their journal results they may want to pursue for each category. They will need to list the top three- five careers they find most interesting. Their results will include a large number of possibilities and we do not want them to become overwhelmed so please ask them to just glance through the list and write down in their journal five or ten overall that most resonate with them. They will look at this list more carefully in The Green Trail.)

*Students will upload into their okcollegestart.org account their Freshmen ICAP Upload and My Decision and any other EA career certifications they receive during their solo hike.

Their decision in formulating a career path is a jumping off point!

It's a jumping off point to get going, not a contract to uphold.

It's like exploring in the woods. It's a path to begin for now. It may very well be the path you stay on or it may just be a place to begin and choosing this

path will more than likely lead to another path until eventually you are going in the right direction according to your natural bent.

 *(time to journal)* Once you have finished each of the surveys and have received your results, please explore the careers listed (there may be quite a few) and select 3-5 which seem most interesting to you. We'll explore this list later during our hike on the Green Trail.

Journal then Discuss:

- 1. What are the benefits of a search engine telling you which career fits your personality? What are the disadvantages?**

Understanding a search engine/website's strengths and weaknesses and utilizing them accordingly will help you develop discernment which is a transferable skill you will be able to apply to other settings.

- 2. How can the journey of figuring out what you love to do and where you might naturally fit prepare you for your future?**

(Teacher will need to speak into this space! Things a journey would teach: initiative, critical thinking skills, problem solving skills and many more of the most in demand transferable skills needed right now!)

Have mentors spend time answering the questions written to them by the freshmen if you haven't already done this.

[Continue on the trail](#)