Relationships, Sex and Health Education and PSHE Delivery Policy (Alternative Provision)

Date of last review:	March 26	**Review period:**	Annual
Date of next review:	Sept 27	**Owner:**	The Managing Director
Version:	V1.0	**Approval:**	The Directors

Purpose

Childhood Matters Consulting Ltd provides a structured programme of Personal, Social, Health and Economic (PSHE) education, including Relationships, Sex and Health Education (RSHE), to support schools and other commissioners in meeting their statutory responsibilities. Our provision complements existing school curricula and aligns with the statutory guidance set out by the Department for Education in *Relationships Education, Relationships and Sex Education (RSE) and Health Education*.

The programme is designed to support students to develop the knowledge, skills and attitudes required to stay safe, maintain healthy relationships and make informed decisions.

Statutory Context

RSHE and Health Education form a statutory part of the basic school curriculum in England. Our programme enables commissioning schools and other partners to ensure that students accessing alternative provision continue to receive high-quality, contextual and bespoke RSHE and Health Education that aligns with statutory expectations.

Curriculum Approach

Our provision is informed by the framework produced by the PSHE Association and supports the statutory RSHE and Health Education outcomes through age-appropriate, evidence-based teaching.

Core areas include:

- Healthy and respectful relationships
- Online relationships and digital safety
- Consent, personal boundaries and respect
- Sexual health and risk awareness (where appropriate to age and need)
- Mental health and emotional wellbeing
- Physical health and healthy lifestyles
- Personal safety, safeguarding and accessing support

Content is contextually adapted to reflect the needs, developmental stage, engagement abilities and vulnerabilities of students accessing our alternative provision.

Individualised Delivery

Whilst the nature of our standard packages include aspects of RSE and PSHE at all times, to support schools and commissioners to ensure compliance against DFE statutory requirements, we also offer specific and targeted RSHE and PSHE provision within Childhood Matters Consulting Ltd and this is commissioned and delivered separately and in addition to our standard packages.

As with all of our work with children and young people, RSE and PSHE packages are delivered on a bespoke, student-centred basis, tailored to the individual needs, context and readiness of each student. Sessions may take place through mentoring, targeted interventions or more structured learning activities, dependent on the student's needs and engagement with more formalised learning.

Learning and engagement are recorded and evidenced through the mentor reporting and recording process, which forms part of the wider pastoral and educational support model used within the provision.

Communication with Schools and Commissioners

Commissioning schools and other partners receive regular updates regarding curriculum coverage, engagement and progress through the established mentor communication and reporting channels. This ensures transparency and enables commissioners to evidence that students placed in alternative provision continue to access appropriate RSHE and PSHE learning aligned with statutory expectations.

Safeguarding and Inclusivity

All mentoring and teaching is delivered within our strong safeguarding framework and reflects the principles of equality, respect and inclusion. Delivery is contextually sensitive to the needs of students with SEND, those who have experienced adversity, and those who may be particularly vulnerable. Any safeguarding concerns are reported directly to the identified DSL or via the commissioning organisation's safeguarding channels to ensure compliance and clarity.

Monitoring and Quality Assurance

Provision is reviewed through:

- mentor recording and reporting processes
- feedback from students and commissioning schools
- internal quality assurance and curriculum review

To ensure that delivery remains responsive to individual needs while maintaining alignment with statutory guidance.

Parental Engagement

Commissioning schools retain responsibility for parental communication and for managing any requests to withdraw students from sex education elements of RSHE where applicable.