## **Animal Walk Tag**

By: Carly Glanzman

## Skills:

Animal Walks, Spacial Awareness, Running and Dodging

<u>Prerequisite:</u> I only play tag with groups of students who have demonstrated the ability to move through the gym safely without running into each other. I teach a lesson on spacial awareness at the beginning of the school year, and students practice good spacial awareness through a game called SOAP BUBBLES. I also teach how to tag gently with the tagging stick (pool noodle) and say "tag" or "got you" when tagging a player.

## **Equipment Needed:**

- 2-3 Tagging Sticks (I use small pieces of pool noodles)
- 2 Cones

Animal Walk Signs/Pictures (examples: Bear walk, crab walk, bunny hop, frog jump, galloping horse, etc)

## **Directions:**

I play this game as a continuous tag game with no safe, however, depending on your space you may choose to have a safe line, etc.

Choose 2-3 students to be taggers. A player who is tagged has to go to the "zoo" and do an animal walk from one cone to the next, then may return to playing tag.

Designate an area on the side of the playing area to be the "zoo". Place two cones about 20 feet apart. Put a picture of an animal on one cone (example: picture of a bear for bear walk), and the other cone could have a stop sign on it (but isn't necessary). The tagged player will start at the cone with the animal picture on it, and do that walk all the way to the opposite cone, then return to playing tag.

Please see a picture/video on my blog for more details.

http://carly3.blogspot.com/2014/09/september-pe-lesson-soccer-and-bean-bag.html