

## SL: THE STEROID PANDEMIC IS KILLING YOUR CONFIDENCE

### PROSPECT: SEAN COFFEY

Hey(name)

You're on your couch and have been scrolling non-stop on Instagram

Seeing fitness influencer after fitness influencer

With abs as hard as cinder blocks

Veins popping out,

And being shredded all year.

The very same guys that achieve results faster than a fat man running to the door to get pizza

You look in the mirror and think to yourself

*"What have I been doing wrong? Why can't I achieve fast results like they do"*

Well (name),

I'm here to tell you that it's **NOT YOUR FAULT**

Here's why...

The fitness industry is filled with guys who hop on Gear and mislead you on social media

They create an environment that is filled with **INSANE STANDARDS** which..

Can be overwhelming as a beginner

It's a lethal **KILLER** of your confidence

It makes you second guess your progress and potential

But, here's the thing that they don't tell you

They are not as confident as you would think they are

The reality is, confidence comes from **WITHIN** and not from injections and pills

## **YOU DON'T NEED THAT**

YOU need the right mindset and efficient training

Do you want to be in the side lines while others achieve their own confidence in their bodies

Or, changing your mindset and achieving **INSANE** results with

- 1 on 1 coaching sessions
- How to find the right diet for your body weight
- Critique on training splits
- 5 step transformation process to maximize **YOUR** potential

[Click on this](#) for a guide to looking **UNRECOGNIZABLE** in the next 90 days

**SEAN COFFEY**