

### **PAST PROJECT: SUPPORT (worksheet)**

**Support:** The care and maintenance that is provided. The ways your needs are met in order for you to dream, rest, and work on any project. Support extends beyond the life of the project, often dictating the ways in which you navigate the contradictions of living and working as an artist.

This worksheet asks you to explore personal, interpersonal, and monetary support in a past project.

Describe a recent project in 3–5 sentences:

How did you support yourself during your project?

How did this connect to the capacity/capacities you wish to embody, or not?

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What choices did you (have to) make in order to meet your needs so that you could dream, rest, and work on this project?

Does the care and maintenance that was provided contribute to the meaning of your project?

Can providing care and maintenance allow you to knowingly perpetuate the worlds that you want to see?