Creating School Communities That Enhance Resilience

Quiz

Here is the link to the Handouts/Slides
Video: Creating School Communities That Enhance Resilience

1 – What is a disadvantage to offering incentives?

2 – What are the functions of the three main parts of the brain?

3 – What puts us into lower brain functioning?

4 – What are two things that are regulating?

5 – What is co-regulation?

6 – What are the five domains of stress?

7 – What are two hallmarks of dysregulation?

8 – Why was Michael upset about the chili?

9 – What are two things that happen from belonging?

10 – What are the steps of the collaborative change model?

11 – What are the 3Rs?

12 – What are two qualities of great teams?

13 – How might you incorporate the pause and founder and connect when working with student students

14 – How might you apply these principles with one of your own students?

15 – How does this presentation relate to restorative practices?