



## **We are all Human: Resources & Podcasts for Teachers Say No to Racism, Say Yes to Lifelong Learning**

With support from our college student interns, we've compiled some of our favorite resources and podcasts focused on understanding race in order to uproot racism and all false beliefs in a hierarchy of human value. These sources are here to support our ongoing learning and to keep us informed about issues impacting our community and the world.

### **Resources**

#### **[BLM @ School Curriculum Resource Guide](#)** by Black Lives Matter at School

"Black Lives Matter at School is a national coalition organizing for racial justice in education. We encourage all educators, students, parents, unions, and community organizations to join our annual week of action during the first week of February each year."

Learn more at [blacklivesmatteratschool.com](https://blacklivesmatteratschool.com)

#### **[Online Courses for Educators](#)** by National Geographic

Are you craving a better way to teach skills like data collection and mapping? Do you want to help your local community's ecosystem and learn essential research practices? No matter your interests, National Geographic online courses can help. And with a focus on innovative

*Bay Bridge's mission is to create a community that is welcoming — one that recognizes systemic racism and actively works to address and dismantle it. Through listening and learning, we identified four priorities to focus on in Whitefish Bay: school equity, village & policing, food justice, community engagement & dialogue. Learn more and get involved at [baybridgewisconsin.org](https://baybridgewisconsin.org)*

problem solving, you can inspire your students by working with them to find creative solutions to some of our world's toughest problems.

Connect with a global community of educators while transforming your teaching practice with National Geographic's free online courses for educators. The courses are innovative, adventurous, and fun. Plus you can do the courses at home.

### **Transforming Our Public Schools: A Guide to Culturally Responsive-Sustaining Education**

*by the NYC Culturally Responsive Education Working Group and the Education Justice Research and Organizing Collaborative at the NYU Metro Center*

"Culturally responsive-sustaining education is a part of every aspect of a student's education including culture, curriculum, instruction, school climate, and family and community engagement. CRSE is an approach that can transform schools into places that deserve our children."

Learn more and access additional resources at [crehub.org](https://crehub.org)

### **Anxiety and Depression Association of America by Crisis Text Line**

Students are calling for a deeper focus on mental health. Teachers need this support, too.

The 2021 State of the U.S. Teacher Survey revealed that more than 75% of teachers reported frequent job-related stress (compared to 40% other adults), and 27% teachers reported symptoms of depression (compared to 10% other adults).

This site has a host of resources to support you and your students around issues of anxiety, depression, and mental health, from [tips to manage anxiety and stress](#) to [embracing Black mental health](#) and providing [social support to students with OCD](#).

### **Mental Health School Supplies by Crisis Text Line**

"The free mental health school supplies students, parents, and educators need to start the year on the right foot... In it, you'll find our clinically-vetted tips and tricks to keep mental health top of mind this school year. With a specific version for students, educators, and parents and caregivers, we want to make it as easy as possible for folks to find the info they need."



## **Podcasts**

Search and subscribe on your favorite podcast app, or follow the links below to connect online!

| <b>Podcasts</b>                                    | <b>Description</b>                                                                                                                                                                                                                                                                                                                                                                             | <b>Links</b>                                                                                                                                                                                  |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Code Switch from NPR</b>                        | It's the fearless conversations about race that you've been waiting for. Hosted by journalists of color, this podcast tackles the subject of race with empathy and humor. They explore how race affects every part of society --- from politics and pop culture to history, food, and everything in between.                                                                                   | <a href="#">Code Switch : NPR</a><br><a href="#">Code Switch   Podcast on Spotify</a>                                                                                                         |
| <b>Seeing White by Scene on Radio</b>              | Where did the notion of “whiteness” come from? What does it mean? What is whiteness for? Events of the past few years have turned a challenging spotlight on White people, and Whiteness, in the United States. This podcast takes a deep dive into these questions with leading scholars and guests.                                                                                          | <a href="#">Seeing White – Scene on Radio</a><br><a href="#">Scene on Radio   Podcast on Spotify</a>                                                                                          |
| <b>Teaching Hard History by Teaching Tolerance</b> | <i>Teaching Hard History</i> begins with the long and brutal legacy of chattel slavery and reaches through the victories of and violent responses to the civil rights movement to the present day. This podcast brings us the lessons we should have learned in school through the voices of leading scholars and educators. It's good advice for teachers and good information for everybody. | <a href="#">Teaching Hard History on Apple Podcasts</a><br><a href="#">Teaching Hard History Podcast   Learning for Justice</a><br><a href="#">Teaching Hard History   Podcast on Spotify</a> |
| <b>Yo, is this Racist?</b>                         | This podcast is hosted by Andrew Ti, co-host Tawny Newsome, and their guests answer questions from fan-submitted voicemails and emails about whether or not something is, in fact, racist.                                                                                                                                                                                                     | <a href="#">Yo, Is This Racist? on Apple Podcasts</a><br><a href="#">Yo, Is This Racist?   Podcast on Spotify</a><br><a href="#">Yo, Is This Racist? podcast on Earwolf</a>                   |

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| <b>Silence Is Not an Option (CNN)</b>   | America is in crisis right now. A lot of people want to help but have no idea where to start. In their podcast, they going to dig deep into the reality of being Black and brown in America and explore what you can do to help find a path forward. These conversations are going to be challenging—even uncomfortable—but they're important. Because this time, we get to rebuild America together. | <a href="#">Silence is Not an Option on Apple Podcasts</a><br><a href="#">Silence is Not an Option   Podcast on Spotify</a><br><a href="#">Silence is Not an Option - Podcast on CNN Audio</a> |
| <b>School Colors from Brooklyn Deep</b> | <i>School Colors</i> is a narrative podcast from Brooklyn Deep about how race, class, and power shape American cities and schools.                                                                                                                                                                                                                                                                    | <a href="#">School Colors on Apple Podcasts</a><br><a href="#">School Colors   Podcast on Spotify</a><br><a href="#">School Colors (schoolcolorspodcast.com)</a>                               |

## **Pledge to #TeachTruth**

Organized by [BLM at School](#), the [Zinn Education Project](#), the [African American Policy Forum](#), and others across the nation, educators are signing a [Pledge to Teach Truth](#), and gathering at historic sites during National Days of Action (Aug. 27-29) to raise public awareness about the danger of bills that seek to censor conversations about racism in local classrooms.

Being able to name, identify, and understand structures and systems of oppression threatens the status quo. When we know about injustice, we can mobilize and organize against it. That's why it's so important that we allow teachers to meet students where they're at to have tough, but important, conversations about racism in order to create a better future.

Other upcoming days of action:

- **Oct 14:** Day of Teaching Structural Racism (George Floyd's birthday) - day of action to teach lessons about structural racism and oppression & support racial honesty in education; *more details coming soon*