



Blended Paediatric First Aid

Sample Timetable

Elearning: 6 hours

Classroom: 6 hours

09:00 - 09:15	Registration, welcome and introduction. Recap from e-learning on role, responsibilities and management of first aid incidents.
09:15 - 09:30	Consent, infection control and first aid kits. Calling the emergency services, communication with parents and writing accident reports.
09:30 - 09:45	Recap on conducting a scene survey/primary survey
09:45 - 10:30	Basic Life Support. CPR, including the use of AED, on children/babies (including assessment). Adult CPR differences explained (no assessment).
10:30 - 10:45	Break
10:45 - 11:45	BLS continued
11:45 - 12:30	Secondary survey, recovery position. First Aid for a child or baby experiencing a seizure/febrile convulsion.
12:30 - 13:00	Lunch Break
13:00 - 13:40	Choking
13:40 - 14:10	Anaphylaxis and Asthma
14:10 - 14:20	Shock
14:20 - 14:30	Break
14:30 - 16:00	Wounds and Bleeding (including head/neck and spinal injuries), Fractures
16:00 - 16:30	Final assessment/evaluation and close.