



Omni FAQ

Last Updated: 08-09-24

This Frequently Asked Questions (or FAQ) is designed to address common questions from the Omni community regarding the programming of the Omni Movement.

The information in this FAQ is subject to change based on the evolving needs of our community and our organization. Anything that is **highlighted** is in-progress and to be updated.

Exceptions to the policies outlined in this FAQ may be granted on a case-by-case basis. Email info@theomnimovement.org if you'd like to request an exception.

Are we missing a question? Need clarification? Also, email us at info@theomnimovement.org.

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General

The following are questions that pertain to all of Omni's programming.



1. How should I conduct myself at Omni?

See the [Omni Code of Conduct](#).

2. What are the COVID-19 requirements at Omni programs?

At present, there are no COVID-19 requirements at Omni programs.

These requirements are subject to change. We will do our best to give our students sufficient notice of updates to our policy.

3. What happens if I experience COVID-19 symptoms during an Omni program?

Firstly, take care of yourself and quarantine as [recommended by the CDC](#).

Do not attend Omni programs until either

- You've received a negative test result, or
- It's been 5 days since your first positive test result.

Additionally, let Omni privately know (email info@theomnimovement.org) that you are experiencing symptoms, and keep them updated on your test results.

Once you are able to attend Omni programs again, you may discuss refund options with Omni (through email to info@theomnimovement.org).

4. What if an Omni program is too expensive for me?

There are two ways to receive discounts:

1. Volunteer as an [Omni Ambassador](#)
2. [Refer a friend](#) to become a member.



5. How can I give anonymous feedback to Omni?

Please fill out [this](#) form. We greatly appreciate your feedback in advance.

6. How is the guest list determined for Omni programs?

Guest list privileges (i.e. free access) to Omni programs are typically granted to the following groups

- Local organizers (who may also instruct) in the Greater Bay Area (including Sacramento/Grass Valley) who currently operate with regular classes in their local communities.
- Visiting organizers & instructors from outside the Bay Area (regardless of whether they are teaching at Omni) who will reside here with a specified end date. Their privileges will be granted for the length of their stay.
- Investors who have contributed above a threshold amount in the business.

Privileges are subject to change, and Omni will do its best to communicate these changes to relevant parties.

7. What do I do if I want to partner with Omni?

If an individual or group would like to collaborate in any capacity which includes utilizing Omni's name on your promotional material, Omni Studio space, or sharing financials on an event, please share the scope of the proposed collaboration to Omni via info@theomnimovement.org.

8. What should I wear to Omni?

For classes and events, Omni recommends wearing comfortable attire for class regardless of style. Soft-soled shoes (e.g. sneakers, jazz shoes) are encouraged to improve a student's ability to pivot and turn.



Culturally speaking, Omni tends to not prescribe a particular dress code (e.g. semi-formal) but rather prioritizes the dancer’s comfort above all.

Omni Memberships

9. How do Omni Memberships work?

Omni memberships are a system of exchange between the student who pays a monthly fee and Omni which provides a consistent level of service each month in exchange.

10. What are the tiers of membership?

The breakdown of the costs and components associated with each membership is presented below.

Component		Base Membership Tiers			Coaching Tier
Name	A La Carte Value	Tier 1	Tier 2	Tier 3	Tier 4
Number of Classes	\$20 / each	4	8	Unlimited	***
Number of Intensives	\$40 / each	None	None	Unlimited	***
Number of Practicas	\$15 / each	Same Style	Unlimited	Unlimited	***
Number of Socials	\$20 / each	None	None	Unlimited	***
Private Sessions	***	None	None	None	***
Virtual Coaching	***	None	None	None	***
Progress Tracking	***	No	No	No	***
Pro Dance Video	***	None	None	None	***
Congress Coaching Experience	***	None	None	None	***
Estimated A la Carte Cost (per Month)		\$140	\$280	\$580	***
Actual Membership Price (per Month)		\$95	\$160	\$195	***

*** Coaching Tier details are dependent on the coach and shared in the context of a student's needs and goals.



In addition to the above, there is a Sign-Up Fee of \$29 associated with all new memberships.

11. How do I sign up for a membership?

Visit our [membership site](#).

12. What if I'm unable to attend classes?

In the event of injury, travel plans, or other reasons that would prevent you from being able to attend Omni, we suggest freezing your membership.

Memberships are granted up to 3 months of membership freezes per year where they will not incur additional fees. These months do not need to be consecutive.

See [Membership Change Request Form](#) for current freezing policies.

13. How can I cancel?

Memberships may be canceled at any time for the following month and beyond. See [Membership Change Request Form](#) for current policies.

Note that you will incur an additional Sign-Up Fee if they decide to renew their membership later. See [What are the tiers of membership?](#)

14. Can I switch membership tiers?

Yes. See [Membership Change Request Form](#) for current policies.

15. Is there an annual commitment?

No.

16. Can I get a refund?

Membership refunds are not allowed mid-month, but you may freeze your membership for the following month. See [What if I'm unable to attend classes?](#)

17. Do I get access to Artthaus as part of my membership?

No. Students are only allowed access to Omni leased or rented spaces (e.g. AI) during Omni business hours. Anyone desiring to use Artthaus must purchase a separate pass through Artthaus.

Omni Progressive Program

18. What is the Omni Progressive Program?

(INSERT)

19. What styles of dance are taught in the Omni Progressive Program?

Currently, Omni offers programs in the following dance styles.

Program Name	Dance Style
OmniZouk	Brazilian Zouk
OmniSwing	West Coast Swing

20. How much do classes at Omni cost?

See [What are the tiers of membership?](#)



21. What happens if I refer a friend to Omni?

If you refer an individual and they purchase a membership at Omni, Omni will provide a credit of \$20 towards your membership for the following month.

To receive this discount, email info@theomnimovement.org

22. Can I drop-in to any classes at Omni?

Currently, only members may drop-in to the following:

- Learning Circles
- Drills
- Practica
- Classes associated with events

Members cannot drop-in to Tracks (i.e. any classes with that have “Level” in them.) A reservation for a Track counts as 4 classes under your membership. If you will miss classes in a Track, [What happens if I miss a class?](#)

This is to ensure that the curriculum can remain progressive, building off the knowledge of previous weeks in the Track. See [How are Omni progressive classes structured?](#) for more info.

Non-members are not currently allowed attendance to Omni classes beyond the free first week of Level 1 and classes associated with events.

If you feel you are qualified to begin attending mid-Track or at a higher Level than 1, please email info@theomnimovement.org. Exceptions are granted on a case-by-case basis.

23. Can I audit Omni progressive classes?

Auditing (i.e. watching a class without physical participation) is allowed for all members so long as they do not impede the class' ability to function.

24. Can I volunteer for Omni progressive classes?

See [Omni Ambassador Application](#) if interested in volunteering for Omni.

25. How are Omni progressive classes structured?

Omni progressive classes follow a modular progressive model where the material for later classes builds upon the understanding of material from preceding classes.

The first layer of the model is a “**Level**”. Levels are sequential categories that are driven by a particular “Learning Outcome”. Every student must graduate a Level (i.e. Level 1) to enter the consecutive Level (i.e. Level 2). See [How do I graduate from a Level?](#) for more information.

Within each Level, there exist multiple “**Tracks**”. Tracks exist in parallel, are independent of one another, and each focus on a unique topic. Once a student is eligible for a Level, they may start with any Track in that Level.

Each Track has **4 weeks**. Each week within a Track progresses the knowledge of weeks before.

Within each week, Instructors will start class with a warmup and review of previous material, present new material, and then complete class with a recap and demo (i.e. demonstration) that will be filmed and shared with Track-pass holding students through the program’s Facebook progressive group.

Each week’s class is 55 minutes in length.

There is no formal class on the 5th week in a month with 5 weeks. There may be an extended Practica or other type of programming based on student demand.

Each month, the Instructors teaching a particular Track are subject to change.

Omnizouk

Level	Track	Topics	Learning Outcome
1	N/A	Foundations	To comfortably complete a dance.
2	A	Yummy Stuff (Gostosinho & Body Rolls)	To demonstrate a breadth of patterns and techniques from the Brazilian Zouk repertoire.
	B	Yo-Yo and Lateral	
	C	Traveling (Viradinha & Caminhada)	
	D	Simple Turns	
3	A	Balão	To demonstrate more complex Brazilian Zouk techniques including basic head movement.
	B	Bonus	
	C	Soltinho & WiFi	
	D	Isolations and Undulations	
	E	S-Shape and Aberturas	
	F	Whips, and Dips	
4	A	Tilted Turns	To demonstrate an expanded knowledge of head movement techniques.
	B	Whips & The 3 Distances	
	C	Bate Cabelo	
	D	Piãõ	
	E	Traveling Isolations and Undulations	
	F	Frango Assado	
5	A	Planes and Dives	To demonstrate a high level of mastery over the most complex Brazilian Zouk techniques.
	B	Illusions	
	C	Boneca	

	D	Counterbalance (Contrapeso)	
	E	Toalha	
	F	Traveling Head Movements	
	G	Single Leg Spins	
	H	WiFi Expansion	

OmniSwing

Level	Track	Topics	Learning Outcome
1	N/A	Fundamentals	To comfortably complete a dance.
2	A	Extension	To demonstrate clear connection and some variety of patterns and techniques from the West Coast Swing repertoire.
	B	Tucks & Turns	
	C	Whips & Sits	
	D	Compression	
3	A	3 Dimensions	To demonstrate higher-level connection and increased variety of patterns and techniques from the West Coast Swing repertoire.
	B	Ducks & Dips	
	C	Accelerations and Decelerations	
	D	Backleading	
	E	Hips & Hammerlocks	
	F	Blues	

26. What is Practica?

Practica is an open practice space that takes place after a style's classes. It typically lasts for one or more hours.



During the first hour of Practica, facilitating Omni Instructors will be available to answer questions and provide brief but personalized feedback to students.

27. How do I graduate from a Level?

An Omni student is required to pass a Level's assessment to graduate from it and proceed with the next Level.

Assessments are typically performed during the 4th week's Practica of a Track.

In the 3rd and 4th weeks, students are prompted to sign-up for assessment on a sign-up sheet.

Those who sign up will be assessed privately by two Omni Instructors in the first hour of Practica for their ability to perform the required competencies presented in that program's rubrics, which are linked in the table below.

Program Rubrics
OmniZouk
OmniSwing (TBD)

Each assessment will take up to 5 minutes. The two Omni Instructors will collaboratively decide on a grade for the student. If the grades are aligned (i.e. both passing, conditional passing, or failing), the student will receive that grade. If the grades are unaligned, a period of deliberation ensues whereby the two Omni Instructors must agree to either pass, fail, or offer a conditional pass.

A conditional pass means that the student must meet a particular condition (e.g. continue to take their current Level, take Drills, etc.) in order to be able to concurrently take the new Level.

The Instructors will then provide that score to the student before proceeding with the next student.

Students are recommended to complete $\frac{2}{3}$ of the Tracks of a Level *and* attend at least one Omni social for that style (e.g. for Zouk, [Zoukland](#)) before requesting to be assessed.

Note that this is a recommendation and not a guarantee. Omni is assessing your competency, not the amount of time you've taken classes.

Your grade in an assessment is not an indication of your worth to the Omni community or as a human being. The intent behind Omni's assessment is to ensure the efficient achievement of the Learning Outcomes for its students and to make sure students are being appropriately challenged at every step of their journey within Omni.

28. What happens if I miss a class in a Track?

If a student misses a class, they can learn the material in one or both of the following ways:

- Practice the material using the recordings presented to them in the Facebook Group for that style (only accessible to students who have purchased Track Passes)
- Ask an Omni Instructor to catch them up at a Practica during that Track (up to 5 minutes of instruction allowed).

If a student will miss two or more classes in a Track, Omni recommends that the student skip that month's Track, attend Practicas when they can, and join the following month's Track.

29. What is timing?

Many dance styles are often performed with an associated style of music. Additionally, the basic movements are often associated in a particular way with the rhythm or "timing" of that style of music (e.g. ____).

When an individual dances on the correct rhythm, it is called dancing "on-time". Why is it valuable to learn to dance on-time? IN PROGRESS

OmniZouk

At higher levels, Brazilian Zouk is known for having flexibility in terms of how movements are associated with the rhythm of a particular song.

To be able to eventually access such flexibility with precision, a Zouk dancer must be able to first stick to a prescribed timing. As such, OmniZouk requires its students to be able to dance to the following definition of timing - *consistently (>90% of the time) perform the "slow" step (of a "slow, quick, quick") on the [downbeat](#).*

From time-to-time, more complex rhythmic interpretations are taught in OmniZouk, but students should still be able to dance to the above defined interpretation.

OmniSwing

TBD

30. What music can I dance to for each style?

OmniZouk

Zouk is well-known as a dance that can be performed to a wide range of musical genres including pop, reggaeton, folk, hip hop, and more.

Omni has curated [this playlist](#) of songs from a variety of genres with slower BPMs that is often used during Practica and that students may use at home when practicing.

OmniSwing

IN PROGRESS



31. What if I want to both lead and follow?

The Omni Movement believes that the best partner dancers understand the mechanics of both leader and follower roles regardless of their gender.

In this spirit, Omni encourages role changing to promote degendering of roles and empathy between roles.

At the same time, Omni acknowledges that leader and follower are separate competencies. As such, Omni students will have a separate progression (i.e. Level) assigned to them for each role. For example, a student in OmniZouk may be in Level 2 as a leader and Level 1 as a follower. See [How are Omni progressive classes structured?](#) for more info.

Additionally, for logistical simplicity, Omni requests that you select one primary role for the duration of an entire Track.

32. How can I take private lessons?

Private lessons (i.e. lessons for 1 to 2 students) are a means of accelerating a student's learning through the provision of targeted feedback.

Omni does not manage nor take profit from the private practices of Omni Staff.

Omni encourages students to only take private lessons in conjunction with or after having completed at least a month of group education (whether with Omni or another school).

If private instruction is desired, speak with your preferred Omni Instructor about pricing and scheduling or email info@theomnimovement.org.

OmniX

33. What is OmniX?

OmniX is a partner dance performance team belonging to the Omni Movement that currently specializes in Brazilian Zouk choreography.

34. What do I get out of being a part of OmniX?

Each season of OmniX will deliver the following outcomes:

1. A quality technical education in partner dance and performance for its membership.
2. A strong sense of community between members that is united and representative of the larger Omni community.
3. Quality outputs in the form of at least one piece of visual media and at least one opportunity to perform live.

35. What is the current schedule for OmniX?

OmniX is currently on hold.

36. What experience do I need to partake in OmniX?

Some partner dance education (<6 months) is encouraged, but not required for joining OmniX. It is only one of the three criteria.

37. What are the criteria being used for the auditions in OmniX?

There are three criteria that are being assessed for acceptance into the Pilot Project:

1. Coachability - how quickly is your body able to learn and retain relevant and new movements?



2. Cultural Fit - how much do you exhibit behavior that is in-line with Omni's [values](#) and [code of conduct](#)?
3. Prior Experience - how much relevant movement already exists within your body?

38. Am I guaranteed a spot in the video or live performance if I am accepted in the auditions?

Yes, you are guaranteed a spot in both.

39. Do I have to be in either the video or live performance to be a part of OmniX?

No, you can join just for the technique and community.

40. What is the maximum number of people in OmniX?

OmniX currently caps the number of members at 24.

Ideally, this is split between leaders and followers, but this is not always the case, and role switching throughout a season's choreography to accommodate a role discrepancy is common.

41. What is a typical OmniX rehearsal?

A typical rehearsal will have a combination of conditioning, learning and repetition of choreography, cleaning, performance prep, and more depending on the needs of the team at that time.

42. What if I can't make some of the rehearsals?

For the Winter Season, if you anticipate that you'll miss 3 or more rehearsals, we discourage you from partaking.



43. How does the video shoot work?

The members of the OmniX Pilot Project will meet at Omni Studios and be prepared with their predetermined costumes.

The shot list and the associated film times will be predetermined by the production team. Members of the OmniX Pilot Project will be “on-deck” and expected to be warmed up and ready 15 minutes in advance of their shots. They can relax when not “on-deck” or “in-shot”.

The raw footage will be edited to produce a final video that will be shared online.

44. Who are the choreographers of OmniX?

Ashe Jordan and Imaan Taghavi are the current choreographers of OmniX.

Ashe Jordan bio

Imaan Taghavi is an international partner dance instructor, choreographer, and pioneer based in Oakland, CA. He is widely regarded for his breadth and depth of knowledge in multiple partner dance forms including salsa, bachata, kizomba, west coast swing, and zouk. His mentors and coaches include the CoboBrothers Dance Company, Evelyn Magyari, Joe Ferreira (aka the Rio Dancer), Paulo and Luisa, and many more. Imaan is also the Founder and Executive Director of the Omni Movement, a non-profit organization based in Oakland, CA, whose mission is to make partner dance accessible.

Ashe and Imaan are the 2022 vice-champions of the highest division of the Brazilian Zouk World Championship. See that performance [here](#).

Omni Weekenders

45. What is an Omni Weekender?

A weekender is a multi-day event including workshops, socials (including [Zoukland](#)), and other community activities that span the length of one weekend.

46. How can I buy a Pass to an Omni Weekender?

Navigate to the [Omni Weekender page](#) and click the appropriate button to purchase tickets.

47. When and where are Omni Weekenders held?

Typically, all weekenders are hosted at Omni Studios and span a full weekend from Friday evening (8pm+) to Sunday evening (before 10pm) on the fourth weekend of every month. To stay up to date on our exact schedule, visit the [Omni Weekender page](#).

Day-time Weekender workshops typically occur from 12pm-3pm on both Saturdays and Sundays. Evening workshops typically occur before the social begins at 8PM. Socials/Parties typically begin at 9pm and go until 1AM or later based on demand..

48. How long are workshops and parties at Omni Weekenders?

Weekenders typically have ~6-7 total hours of workshops that each last 1-1.5 hours, and parties that last anywhere from 4-6 hours each evening.

49. What kind of pass should I purchase?

The Omni Movement may provides several types of Passes depending on the level of access you would like during the event:

Pass Type	Description
Full Pass	Includes access to all workshops and socials/parties, through the entire weekend at a bulk discounted price.
Day Pass	Includes access to all workshops for a single day.
Workshop Pass	Includes access to one workshop only.
Night Pass	Includes access to evening socials/parties and drop-in workshops (i.e. Friday, Saturday, AND/OR Sunday)
Social Pass	Includes access to socials/parties only - no workshop entry.

The descriptions of each pass are considered typical for most Omni weekenders. Weekenders may include some or all of the pass types depending on the artist. Always read the description under each pass carefully before purchasing a pass to ensure correctness.

50. Can I attend a single workshop at an Omni Weekender?

Many of our weekender workshops are designed in a semi-progressive format, meaning that the workshops may start beginner and build progressively towards more intermediate and advanced topics.

To maximize learning and preserve the cohort of students, most weekenders will not include single workshop passes and may limit day passes.

Visit the [Omni Weekender page](#) and click the appropriate button for ticketing to check if single workshop passes are available.

51. Can I drop-in (pay at the door) for an Omni Weekender?

We accept drop-ins up to the capacity for that event. As such, we cannot guarantee that drop-ins will be allowed during weekenders. All pre-registered dancers will receive priority and be guaranteed entry.

52. Can I audit Omni Weekender workshops?

Auditing (i.e. watching a class without physical participation) is not allowed during Omni Weekenders.

53. What kinds of workshops can I expect from Omni Weekender Workshops?

Each Weekender will feature a guest artist or artist couple who will teach many if not all of the workshops throughout the weekend.

Day-time Omni Weekender workshops typically use a semi-progressive model where the material for earlier classes builds into the understanding of material for later classes. The workshops will cover a wider range of topics and difficulty compared to progressive series, like the [OmniZouk classes](#).

Evening Omni Weekender workshops, when available, are typically open-level and available for drop-in before the [Zoukland](#) social.

All workshop topics are typically announced ~1 week before the weekender. Like & follow The Omni Movement [Facebook Page](#) and [Instagram](#) for real-time updates. They will also become available on the [Omni Weekender Page](#) as soon as possible.



54. What experience level is required for participation in Omni Weekenders?

We recommend that participants have some experience in the dance style featured during the weekender before registering.

A good question to ask yourself if you are unsure of your experience level is: “Can I dance to one full song in this style?” If yes, then feel free to join us! If not, you may consider trying a progressive class series instead.

Certain workshops may be limited to more experienced dancers. We will note prerequisites for these workshops clearly in the event details, so please read carefully!

55. I can no longer attend all or part of an Omni Weekender. What are my options?

Option 1: Full or partial refunds are only provided in the case of severe illness or medical emergency. If this occurs, please email documented proof of illness or emergency including relevant dates to info@theomnimovement.org.

Option 2: Passes may be transferred to another dancer up to one week before the weekender begins (i.e. the last day to transfer your pass for a weekender occurring on Jan 27-29 will be Friday, Jan 20th). A transfer fee of \$10 per transfer is included and can be paid by either transfer party involved through the ticketing platform.

No partial transfers are permitted. For example, if you purchased a full pass, you cannot transfer the ‘social pass’ included in the full pass.

56. What should I wear to an Omni Weekender workshop or party?

Omni recommends wearing comfortable attire for class. Soft-soled shoes (e.g. sneakers, jazz shoes) are encouraged given the high number of pivots and turns.

Culturally speaking, Zouk communities including Omni's tend to not prescribe a particular dress code (e.g. semi-formal) but rather prioritize the dancer's comfort over their appearance.

Omni swag and merchandise is highly encouraged and will be sold at Omni Weekenders. Email info@theomnimovement.org if you are interested.

Current fashion trends in Zouk include bodysuits and Taygra shoes. If you're interested in Taygra's you may purchase them [here](#) and use Omni's discount code "SPIN4OMNI" for 10% off.

57. What if I want to both lead and follow at a Weekender's workshops?

The Omni Movement believes that the best social dancers understand the mechanics of both leader and follower roles regardless of their gender.

In this spirit, Omni encourages role changing to promote degendering of roles and empathy between roles.

At the same time, Omni acknowledges that leader and follower roles are separate competencies and the balance of leaders and followers is important to the success of a class. As such, all of our weekenders separate leader and follower passes to ensure a balanced ratio, and we ask you to select the role that you will primarily dance for the workshops that weekend.



If for any reason, there is a need for more dancers in your non-purchased role to balance a particular workshop, you may opt to switch roles.

58. How can I take private lessons from the visiting artists?

Private lessons (i.e. lessons for 1 to 2 students) are a means of accelerating a student's learning through the provision of targeted feedback. Most visiting artists will have time slots available for private lessons on a first-come first-serve basis.

The Omni Movement does not take profit from nor manage the rates of the private lessons of any visiting artists. We sometimes manage the scheduling and logistics of private lessons between visiting artists & students.

If private instruction is desired, visit The Omni Movement [Calendly](#) to view time slots & hourly rates, and secure your lesson. If no lessons are seen, inquire about how private lessons for a visiting artist are to be scheduled through email to info@theomnimovement.org.

Instruction will occur at Omni Studios or at an otherwise noted private location.

Time changes & cancellation policies are at the discretion of each individual artist. We will note this in the Calendly.

Omni Ambassadors

59. Who is an Omni Ambassador?

An Omni Ambassador is a member of the Omni community who volunteers in Omni programming in exchange for gratitude and specific benefits.



60. How can I become an Ambassador?

Start by filling out the [Omni Ambassador Application](#).

An Omni Director will reach out via email if they wish to appoint you as an Ambassador to schedule your on-boarding.

Before each event at which an Ambassador will be needed, an Omni Director will message the group with open roles. These roles will be filled on a first-come, first-serve basis.

61. How long can I serve as an Omni Ambassador?

As long as you want! If you'd like to end your Ambassadorship, please reach out to info@theomnimovement.org.

62. What benefits do Ambassadors receive?

Beyond the gratitude of the community and the Omni Directors, Ambassadors are eligible for the discounts to programs. The most updated discount policy can be found in the [Ambassador Application](#).

Empowering the Follower (ETF)

63. What is Empowering the Follower (ETF)?

Empowering the Follower (ETF) is an immersive, follower-focused experience for zouk dancers of all levels. It includes solo & partnered dance workshops, discussion-based workshops on mindset & theory, open rec practice time, and dedicated space for socializing and making new friends.

64. How much does ETF cost?

Go to the ETF website and follow directions for registration for the latest information on cost.



Payment plans are available through the ticketing platform as well.

65. What are the prerequisites to qualify for ETF participation?

Go to the ETF website and follow directions for event details for the latest information on pre-requisites.

66. Are there day passes and workshop passes available?

Due to the fast pace and cohorted nature of the program, no day passes or workshop passes will be available. Registered participants are expected to attend the full weekend.

67. I identify as a male/non-binary/transgender individual. Is ETF right for me?

Empowering the Follower encourages followers of any and all genders and sexual orientations to participate. Instructors and Directors are committed to inclusivity and gender-neutral language.

Evaluations are based purely on successful completion of all prerequisites regardless of gender or sexual orientation.

68. What is the transfer and refund policy for ETF?

Refunds and transfers for ETF follow the same policy as Omni Weekenders. See [here](#).



69. I'm coming from out of town. Will accommodations be provided?

For out of town participants, ETF Directors may be able to match you with a host in the area.

In the registration form, you will have an opportunity to request accommodations.

Accommodations and hosts are not guaranteed, but Directors will try their best to secure them on your behalf.

Omni Staff

70. Who are Omni Staff?

Omni Staff currently include Omni Directors, Instructors, DJs, contractors, and guest artists.

71. How much are Omni Staff paid?

Payment for Omni Staff is summarized in the table below.

Role	Compensation
Directors	Unpaid.
Instructors	\$25 / hr for Apprentice Instructors \$40 / hr for Junior Instructors \$60 / hr for Senior Instructors Compensation is per hour of instruction. Preparation time is unpaid. \$25 / hr of Practica facilitation regardless of seniority designation.



DJs	Variable.
Contractors	Variable.
Guest Artists	Variable.

72. How do Omni Staff get paid?

Omni's process for delivering financial compensation to Staff is as follows:

1. Staff hours are monitored through the program forecast created by Program Leads and published and pinned in the respective Slack channel for each program.
2. At the end of each Track (i.e. the 4th week of class), Program Leads will send the final forecast for the completed month to the Directors for review and incorporation into Omni's payroll software for tracking.
3. Payments are then issued to Staff via Omni's payroll software before the 10th of each month.

The only exception to the above compensation process is that contractors that are outside the U.S. currently have their hours and compensation performed manually.

73. What are the benefits of being an Omni Instructor?

In addition to [pay](#), there are several additional benefits to being an Omni Instructor.

1. Instructors who have instructed Omni classes for a particular style for at least 4 hours in the past 2 months receive free access to
 - a. All Omni classes
 - b. Omni monthly socials
 - c. [Private Instructor Trainings](#)
 - d. Shared use of Omni Studios when Omni programming is not in effect.

74. What is the difference between Junior and Senior Instructors?

Seniority designations (e.g. Junior and Senior) are based on the competency of the individual in the respective role.

See the rubric below for the required competencies in each.

Role	Required Competencies
Junior Instructor	Able to plan and execute a class within a Level 1 Track in the Omni program.
Senior Instructor	<p>Able to plan and execute a class within a Level 1, 2, or 3 Track in the Omni program.</p> <p>Able to effectively provide assessments. See How do I graduate from a Level? for more info on assessments.</p>

75. Can I have separate seniority designations in different styles of Omni progressive classes?

Yes. An individual's competency is dependent on the genre of dance that they are instructing.

An individual's rate will be adjusted based on their designation within the program they are instructing.

76. How do I request promotion from a Junior to a Senior designation?

Requests for promotion are typically reviewed on a bi-annual basis in July and December by a committee of 3 members composed of at least one Senior Instructor, one Junior Instructor, and one Instructor in a program that is not

the program for which you are requesting promotion within. Requests may be reviewed between cycles on an as-needed basis.

To request a promotion, email info@theomnimovement.org with a brief letter describing how you have demonstrated that your current competency matches the required competencies of the table above. Do this in advance of July 1st for the July review period and December 1st for the December review period.

77. What are Private Instructor Trainings?

IN PROGRESS

78. What is expected of an Omni Instructor?

Omni Instructors are expected to perform the following:

1. Commit to at least 2 full Tracks of instruction every 6 months on average.
 - a. If an Instructor will miss 2+ weeks in a Track, they are encouraged to not instruct that Track.
2. Prepare adequately to effectively instruct each class. As a general guiding principle, each hour of instruction should warrant at least 30 min of preparation.
3. Arrive >15 minutes before the time of instruction.
4. Follow the [structure](#) for their respective Omni program.
5. Ask a student to film the recap and demo each week with their device and upload it to the appropriate location online within 24 hours of class completion.
6. Complete a review (i.e. “play”) exercise during the final class of each track with active participation from students. The exercise format should be consistent across every track & focus on integration and application of track content into relevant settings.
7. Be available to facilitate [Practica](#) as-needed based on the program’s Instructor availability.



79. What is expected of Omni Instructors in facilitating Practica?

Instructors who are assigned to facilitate a Practice are expected to actively engage with students for the duration of their facilitation (typically 1 hour) asking questions such as:

- How did you enjoy today's class?
- Are there any questions you have on technique?
- Would you like to dance?
- Would you like feedback after this dance?
- How did you hear about our class?

80. Can I instruct with the same teaching partner every time?

No. Omni Instructors are deliberately shuffled around to encourage knowledge sharing and growth across the Instructor pool.

81. Am I allowed to teach elsewhere while I am an Omni Instructor?

Omni Staff are not only allowed, but encouraged, to share their knowledge outside of Omni's programs.

82. How can I reserve Omni Studios as Omni Staff?

Omni Staff may reserve using the Omni internal master calendar.

