

Families,

January 8, 2021

Here are a few reminders, informational links, and resources in regards to Covid-19 and our school. Information includes when to contact the school nurse, guidelines for quarantine and isolation, and testing information for the state.

Please continue to answer the questions on the Daily Screening Tool each day before sending your child to school or bringing them in for therapy. If your child exhibits *any* of the symptoms on the screening tool, your child should stay home and it is strongly recommended to have your child tested. Your child may return to school once your child is feeling well, 24 hours symptom free without fever reducing medication and has a negative covid test. Please check with the school nurse to be cleared to return to school. If you decline testing please speak with the school nurse about the 10 day exclusion option.

[Daily Screening Tool](#)

[Parent Guide- When to stay home, get tested, and return](#)

There are 3 times when we are asking you to notify the school nurse, Anna Cook at (603) 627-1776 ext 23204 or cooka@sau25.net or at the Absence Line at (603) 627-1776 and Press 1 and leave a message there. Please feel free to also contact your child's teacher if you would like to share the information with them as well. Mrs. Cook is tracking illnesses, quarantine dates, and return to school dates so it is imperative that she has all of the information necessary in order for your child to return to school as soon as possible.

- When your child is experiencing any illness or symptoms related to Covid or other illnesses
- When you are planning to travel outside of New England in order to determine dates of quarantine and confirm a return to school date (also see attached guidance). It is important to note that if you travel out of New England there is a mandatory quarantine period of 10 days (14 for BEEP).
- If your child or anyone in your household has been exposed to Covid

Should your child or family be exposed to someone who has Covid here are the Quarantine Guidelines from the NH Department of Health and Human Services.

[Quarantine Guidelines](#)

If you have tested positive for Covid or are experiencing symptoms here are the Isolation Guidelines from the NH Department of Health and Human Services as well as information and resources regarding testing and testing sites in NH.

[Isolation Guidelines](#)

[Travel Guidance](#)

[Testing Site Options](#)

[Other Testing Site Options](#)