

My Resume

Carolyn M. Everett (McRae)

535 Main Rd., Box 184

Mckay's, NEWFOUNDLAND.Canada

A0N 1G0

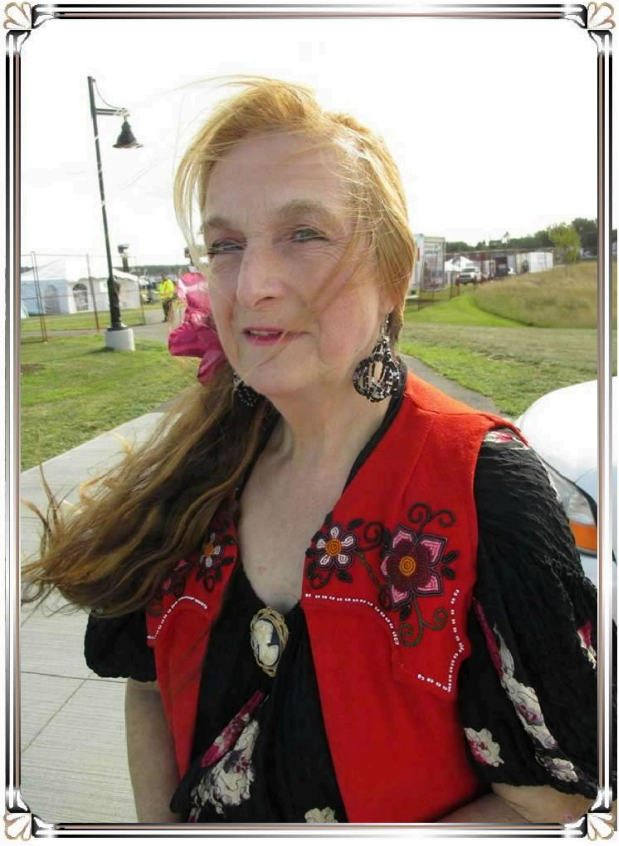
(709) 800-0605

(709) 641-1050

[ny9-11canadaangel.bsky.social](#)

[1a.mcraes.enterprises@gmail.com](#),

[aaa12stepsociety@gmail.com](#),



Education

**1998-Alumni- 861008658- at S.F.U. Simon Fraser University, –Burnaby B.C.
–Major- Psych., Education & Liberal Arts.-(Art*Theater*Writing*etc.).**

**1990-Nursing Asst.(LPN) –North Seattle Community College, Seattle, WA,
1985- Malispina College-Nurses Aid–Nanimo, B.C-**

**1988-89-Industrial First Aid-Powell River, B.C,
CPR-2003 & Food Safe-1996-**

**Sept. 16, 2006-9-St. John's Ambulance –Sydney,NS
Two Day Program- Standard First Aid CPR Level C
Signed up for Emergency Response- Using Fibulators etc.**

**1985-Addictions and Sexual Abuse-
Family-Individual Counsellor
–Malispina College/Vancouver Island University (VIU)**

Property Management-Douglas College-1982

Flower Arrangements-Douglas College-1998

2000-Art & Hypnotherapist- Douglas College – New West, B.C.

John Bradshaw- Counseling Program.

Sept 25,2006-Web Page Workshop- NS CC-Marconi Campus

Other Certificates:

**Property Management,-Surrey
1975 -1979**

Flower Arrangements, Douglas College

Sign Painting, BCIT, Burnaby

**Master painter/Industrial Height Spray Painter (BCIT-Burnaby, BC) –etc.
Bridges –Smoke Stacks- Loc.138, Made \$60.00 an Hr. -in 3 months \$60,000 height
painting & danger pay a season. BCIT, Burnaby
Teacher or Dawson Creek & Fort St. John- 1978-80-Children with Special Needs-
Native & Some High School –**

**Chetwyn Rink- Driving –Zamboni –Weekends> Ice Cleaning- for Hockey-1980
Elementary Teacher in St. John's and Pouce Coupe And going to SFU University
for my Educational Degree. Against JW rules for their Women!!**

Auto Body, BCIT, Burnaby

Real Estate, UBC,BC

Dental Asst., Vancouver Institute

Interior Decorating, North Vancouver

Bull Cook, Oil Rigs and Logging Camps- Fort St. John, BC

Air Brakes, Fort St. John, BC

Sign Painting- Van. Vocational School – BCIT, Burnaby 1972,

1975 -1979 Bought 3 properties Cash, 30 years old.

**I was in Local 138 Painter's Union making \$60,000 every 3 months as Height
Painter for Dillingham painting 1,000 ft Smoke Stacks and bridges etc.**

Zamboni Driver, Bull Cook in the Oil patch and Lumber camps. Class One Logging Truck Driver -quit -60 below frozen fingers etc. & Dangerous, too.

Elementary Teacher in St. John's and Pouce Coupe going to SFU University for my Educational Degree.

Against JW rules for their Women!!

Flag Person-2007 & Bartending 2007 Sydney, NS

Awards received

The Canadian Angel at New York 9-11 Ground Zero & on CNN& Paper.

Adopted by the Cree Natives

- They claim I am a Shaman- “ A healer of Men”*

Top News Paper Carrier- Toronto Star –1959*

Burlington, Ont.- Saving a Person's Life*-1960

Interests and activities

Painting & Murals for My Church, Calgary Golf Course-

Staging for Theater.-Back Drops

Student of Robert Bateman,

Theater, Writing, Poet,

Raising Siamese Kittens & Border Collies Puppies for my Society,

Helping People- ALDA, -on Board of Governors

Having Christmas for Needy People & children,

Traveling in my R.V. & 2- 24' Moving Trucks across America four times -2005.

I have built six houses and have had a construction company always to work and fix the rental properties that I own called “McRae’s Contracting”.

Work experience

GTA Flood & Disaster Services – Chad Vanvari –

1-416-677-9602- 1-416-999-3930/688-5332

Ask Chad Vanvari or Gerry– I am Self Starter who is Extremely Motivated

A Type Personality- plus a Girl Friday- that acts before you do...

Management* Promotion*Motivation*Sales*Out Bound Calling*More.....

Did all the Cold Calling for D.E.McRae Real Estate –Hamilton, Ont&Monton, NB

–for my Father who was the The Top Broker in Canada for ten years.

I have my other Company – Networking business- Always need more... I can do it for you-too!

Have worked for two Call Centers – Stream and EDS- 2006 & 7

Owned up to 4 Bed & Breakfasts a time (Staffed them all myself) to Support the Society from 1985 to 2005- President-Counsellor- AAA 12 Step CCC Society-1995-2000

24 hr Crisis Line & 2 Recovery Houses

Bridges Restaurant Granville Is- Van.BC-Manager-1991-96

**Worked Private Care With Alzheimer's Clients in USA-1988 – 90
Private Care in Burnaby BC-Alzheimer's- 1990 to 2001-Both Passed on**

**Also Had a Senior Home in Nanaimo 1986-1989
Nanaimo Hospital-LPN– with Expiring Clients-BC one year 1985-86
Cedar Lodge-LPN-Coq., BC – Alzheimer's Clients-. Etc.- 1986-88**

Counselor – A Caring Counseling Clinical Society – 1985-95

Teacher or Dawson Creek & Fort St. John- 1978-80-Children with Special Needs- Native & Some High School –

Chetwyn Rink- Driving –Zamboni –Weekends> Ice Cleaning- for Hockey-1980

Bull Cook for 450 men at a Northern B.C Oil/Logging Camps as a Holiday Fill in-\$125. a Day –1976-82

**Union Painting Loc.138-Painted for AAA B&B- from 1990-2000
1st Woman in-Painting Loc. 138- Dillingham & Johnston & Neven-etc. Painting – Smoke stacks & Bridges etc.-1976-81-(base rate -\$19.60 & \$60.00per/hr for Height & Danger Pay)
-Put me through SFU- in the Winter.**

Union Painter-. to 1976-82-Hight Painting & Industrial Smoke stacks & Bridges for Dillingham under Johnston & Neven who I did sand blasting, spray painting tanks, Submarines undercoating & Mileage painting buildings too, Burnaby, BC. -apprentice, Painted the Maults, did Vinyls/Wallpaper, Sash & faux painting technique, Also worked for the BC. Government Painting inside roller & Sash work (did my 4 yr training for Master or Red Seal at BCIT/Vancouver Vocational. They lost my Files and Others.

Roberts Trucking- Mac Truck Spray Painter/Body man
-1974-76-apprentice- Kelona College

Graphic Artist & Sign Painter-Bakers Helper ,1972-74 Nonette Signs – New
Westminster, BC

Layout/Setups & Sign Painter & Spray Painted (Layers & Vinyls) Signs

DE McRae Real Estate –.- 30 houses Worked as Painter -1961-65

Northern Electric-Mtl. Quebec-1965-69- Worked as an electrical wiring draftsman-
Printer & with a Name like McRae- No Job- Bought Thoroughbred Horses &
moved West.

Volunteer experience

Used to take in Children that the Natives dropped off that fell between the cracks-
up to 8 hungry children & burn marks etc.

Adult Children with Disabilities- ALDA- On the Board of Govern.- 1990-97

Started Grandparents Rights with Nancy Woodridge1990-2001

My- Societies: A Caring Counseling Clinical Society-1985-95

A A A 12 Step Caring Counseling Clinical Society-1995-2006

Save Glace Bay Society-2006 –Ny 9/11CanadianAngel on CNN

References

Joan Bund - B. C.-Thrums-Castlegar- BCIT, Burnaby

205-399-4561

Sheran & Layne Landru –Claresholm, Alberta,

(403) 625-5337

Linda Syversen- 1309 10 Ave Se, Calgary, AB T2G0W8

(403) 266-3258

Evelyn Stewart- 9-1400 164 St Surrey, BC, V4A 8V5
604-531-5813

Margaret&Gerry Fleming- 5620 Rowling Pl, Richmond, BC,
604-515-0070

Memberships

Grandparents Rights,
Canadian Legion,
Glance Bay Senior Center,
-Adult's with LD,
AAA 12Step CCC Society, Coda, Acoa, - 12 Step Groups.

Security clearance
RCMP and Nexus for the Border.

Certificates to Follow: Two Others on Demand: St John Ambulance Sept 2006 &
Web page

Ny-9-11anadianAngel@Gound Zero



They call me:

"The NY-9-11 Canadian Angel"

In Front of St. Pauls Church @ Ground Zero

Addiction- Psych-Minister -Philanthropist Art /PetTherapy, Post Traumatic Therapy,Hypnosis,

emails addresses

AAA 12Step C.C.C. Society

aaa12stepsociety@gmail.com

1a.mcraes.enterprises@gmail.com

Ordained Minister— **Carolyn Everett-McRae** 12 Step Church 4 U. GodNotGuilt

https://sites.google.com/d/1ABMCbsT33lv4lr1e6SaTsgrlcezYnDss/p/0B_5T4qo_W7cuaEZUTW9zaFcyb2c/edit?pli=1

12 Step Church "God/Higherpower

Not

Guilt"[https://www.facebook.com/groups/1368193806548](https://www.facebook.com/groups/1368193806548272/)

272/

FAMILY ADDICTIONS ANN.
&
FAMILY ABUSE ANN.

AAA 12 Step
Caring Counselling Clinical
Society



"God Not Guilt"
AAA Stand for "Above & Beyond AA"
12 Step Church / Teens & Teen Angels



Universal Life Church

HEADQUARTERS: 601 3RD ST. MODESTO, CALIF. 95351 • (209) 527-8111

This is to certify that the bearer hereof

Carolyn Mary Everett-McRae

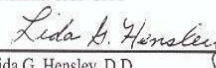
*has been ordained this day March 7, 2013
and has all rights and privileges to perform all duties of the Ministry.*

CREDENTIALS OF MINISTRY

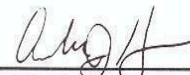




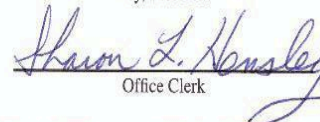
Kirby J. Hensley, Founder
President 1959-1999



Lida G. Hensley, D.D.
President 1999-2006



Andre J. Hensley, President



Office Clerk





12 Step Church "God/HigherPower Not Guilt"

<https://n/y-9-11-canadianangel-books-etc.blogspot.ca/>

<https://www.facebook.com/groups/1368193806548272/>

<https://twitter.com/12Steps4Teens>

John Bradshaw Certificates

Presented to:

CARDYN EVERETT

Name

/ Credential #

by

Bradshaw Events, Inc.

1760 High Street • Denver, Colorado 80218
(303) 377-0771

in recognition of participation in:

"THE THERAPY OF FRIENDSHIP"

A Public Lecture by

JOHN BRADSHAW

May 28, 1992

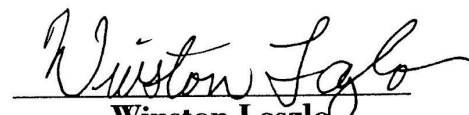
Vancouver, British Columbia

Bradshaw Events is an approved continuing education provider for the National Board of Certified Counselors (Provider No. 5398), the California Alcoholism and Drug Counselors Education Program (CADCEP Provider No. OS-89-206-0993), and the California Board of Registered Nursing (CBRN Provider No. CEP 08762).

NOTE: Certain agencies require that you retain this certificate for a minimum of 4 years to be eligible for credit.

2 CONTACT HOURS


John Bradshaw
Presenter


Winston Laszlo
Coordinator

**1990 -John Bradshaw-Passed on-
Counseling Programs had more than 3 certificates.
lost.**



**LifePLUS
Institute**

Name of Student: CAROLYN EVERETT

License #: _____

Date: 6/8/90

C.E. Hours: 2

Provider: LifePLUS Institute, 6441 Coldwater Canyon Ave., North Hollywood, CA 91606

Allen "Kip" Fobck

Director/LifePLUS Institute

This certificate must be retained by the licensee for a period of four years after the course concludes.

This course has been approved by the California Board of Registered Nursing, BRN Provider No. 05068.
This course has been approved by CAADAC, CADCEP Provider No. 2N-88-162-0890.

AAA.12.Step.C.Counselling.C.Society

John Bradshaw's

**- Youtubes - Anger, Perfectionist, Extremist,
were part of my Training Program he gave us to Use
and Help Others.**

John Bradshaw.com

www.johnbradshaw.com/about-us.aspx

CATHEDRAL CITY, (Palm Springs) CA ... For the past four decades, John Bradshaw has combined his exceptional skills as the role of counselor, ... Abuse Program (1981-88), as National Director of Life-Plus Codependency Treatment Center (1987-1990), ... Since 1999, John has been a Fellow at The Meadows Institute

Information on Websites:

My Gratitude Links from God =got them back..with God's Help!!

<https://www.facebook.com/Carolyn.Everett.McRae/>

I have been in 12 Step Programs Since May 15, 1985.. Nothing worse than a Counselor that is Sicker than YOU!! LOL

Online Counseling and Support - No Charge!!

Contact - 902-901-0600

Family- Addiction - Psychologist- MINISTER- Art /Pet Therapy & Hypnosis for Post Traumatic Therapy etc.

They call me “Ny 9-11 Canadian Angel” that was on CNN and in the the New Papers St. Paul's Church- Ground Zero-Volunteer- New York

City,2001



They call me:

"The NY-9-11 Canadian Angel"

In Front of St. Pauls Church @ Ground Zero

***This is Series of: Self Improvement, Spirituality,
Fun Work Books
for Teen Readers***

<https://www.amazon.ca/s?k=NY-9-11+CanadianAngel&i=digital-text&dc&crid=3VA5ULoPSVMN6&srefix=ny-9-11+canadianangel+%2Cdigital-text%2C169&ref=a9 asc 1>

Tyrone Powers

NY 9-11 Pet Therapist

Book 1- Who, What, Where



Written by
The NY-9-11 CanadianAngel
Applehead Dark Seal Point Siamese Cat

ACOA=Adults of Dysfunctional Families
12 Steps=Codependency Work Book
The "Core Addiction"



Dedicated to: My Nephews
Jason & James Kazakoff/Jeffrey?
Twins-Born Bby, B.C. Aug, 1990



Tyrone

Powers Ny 9-11 Pet Therapist

Tyrone Powers Ny 9-11 Pet Therapist, A Siamese Cat's Journey (Book 1- Who, What, Where)

Kindle Edition

by NY-9-11 CanadianAngel (Author) Format: Kindle Edition

Codependency etc. Work Book's (Audio/Talking Coming Soon!)My Name is Tyrone Powers. I am a "Rare Apple-head *Dark Seal Point* Siamese Cat that has been said to be a Dog in Cat's Body." I am Friendly and Used for Pet Therapy. I worked with my master who the newspapers and CNN called:

"The NY-9-11CanadianAngel" at Ground Zero and lived in a Motorhome at the Firehall parking lot that lost twenty-five men at the end of Wall Street counseling Police, Firemen, the Cleanup crew, Jewish Rabbis, Families that lost their Love Ones. The Street people who saw her pull up the blankets and boxes over them as they slept on the Manhattan, New York Subway Air Vents I heard them tell her and saw that it brought tears to her eyes when one said to Care:

"The Night has Eyes, You Do Not, Look through Us, but at Us!"

Wow!! That hit her like a Bombshell!

Five years later she went back to Fulton's Fish Market and it was all gone and so were the ALL The Street people, our friends who brought us to the Night Train for Food and Blankets etc. My Ny 9-11 Canadian Angel, Care was talking and a crowd gathered and she was laughing that raspy husky loud guttural Janis Joplin's laugh. My Care asked how he could remember her from so long ago. He too started laughing too!

He said: "By that laugh there is only One like it. You and your Cat's and Dog were a Ray of Sunshine in the Middle of Hell!!"

Likened to the Modern "Unsinkable" Molly Brown," of the Titanic!

A Teenage and Adult Self Healing Work Book from My Point or View.

I believe that that the core of all me teenage problems are:

Codependency is "Lack of Self" & Living Outside Ourselves &

Giving up Ourselves to: People, Places & Things.

It is not Trusting our Feelings or Own Gut/God Feelings.

It is the Core Addiction to All Addictions. Addictions are only the Symptoms of the Co-dependency that Kills Us & the Ones We Love, Along with All Our Hopes & Dreams.

Let the Spiritual Journey begin with Me & THE. "Let Go-Let God"

Carolyn's websites etc.

AAA 12 Step Caring Counselling C.Society

**FAMILY ADDICTIONS ANN.
&
FAMILY ABUSE ANN.**

AAA 12 Step
Caring Counselling Clinical
Society



"God Not Guilt"
AAA Stand for "Above & Beyond AA"
12 Step Church 4 Teens & Teen Angels

<https://www.facebook.com/groups/AAA12StepCCCSociety>

[AAA 12 Step Caring Counselling C.Society](#)

<https://www.facebook.com/profile.php?id=100057015747057>

[Teens 12 Step Church GodHigherpower-Not-Guilt](#)

<https://www.facebook.com/groups/1368193806548272/>

[Teens 12 Step Church GodHigherpower-Not-Guilt](#)

<https://www.facebook.com/groups/449032876183919>

[12 Step Church "God/Higherpower Not Guilt"](#)

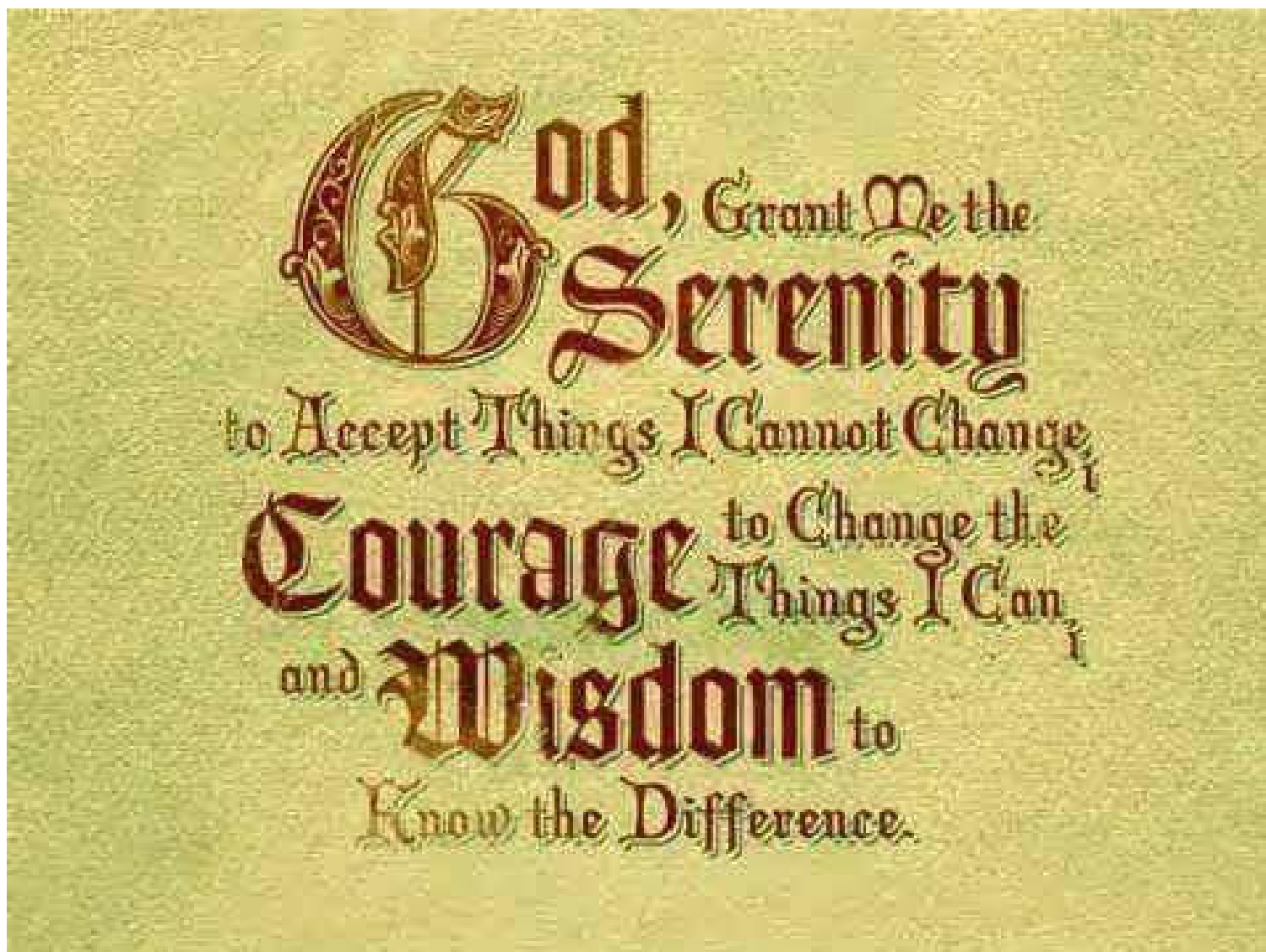
<https://www.facebook.com/groups/1368193806548272/>

[12 Step Family Healing Villages Foundation](#)

<https://www.facebook.com/groups/500938894233849>



<https://twitter.com/AAA12Steps4U>



[Survivors of Incest Anonymous World Service Office](https://siawso.org/)

<https://siawso.org/>



SASA
WORLDWIDE

*SASA is a program of
recovery for those suffering the effects of sexual assault*
<https://www.sasaworldwide.org/>



[Coda.org](https://coda.org)



<https://na.org/>
[NA.org](https://na.org/)



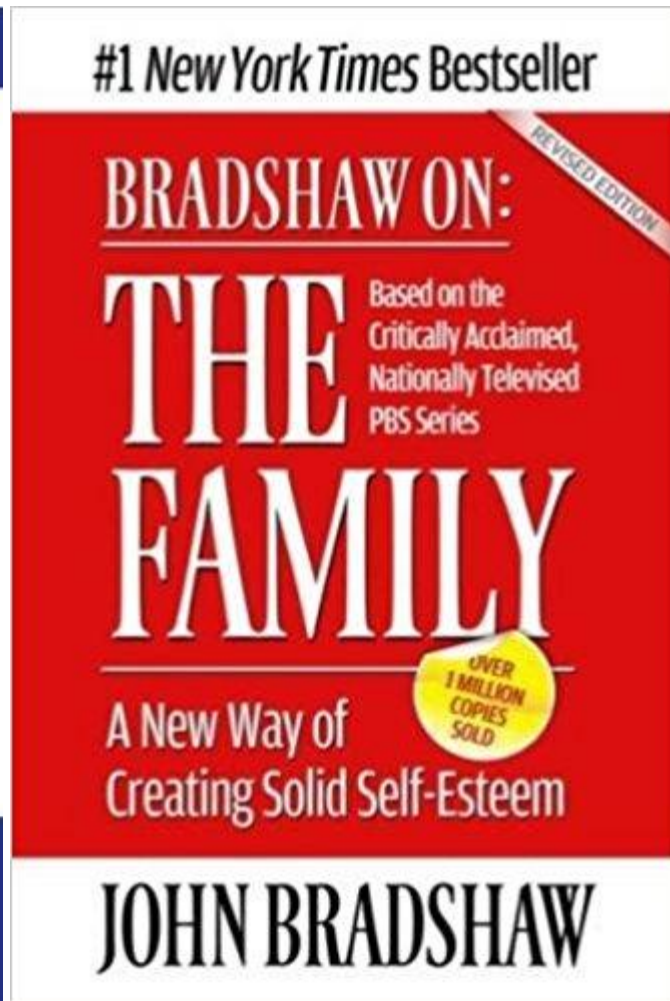
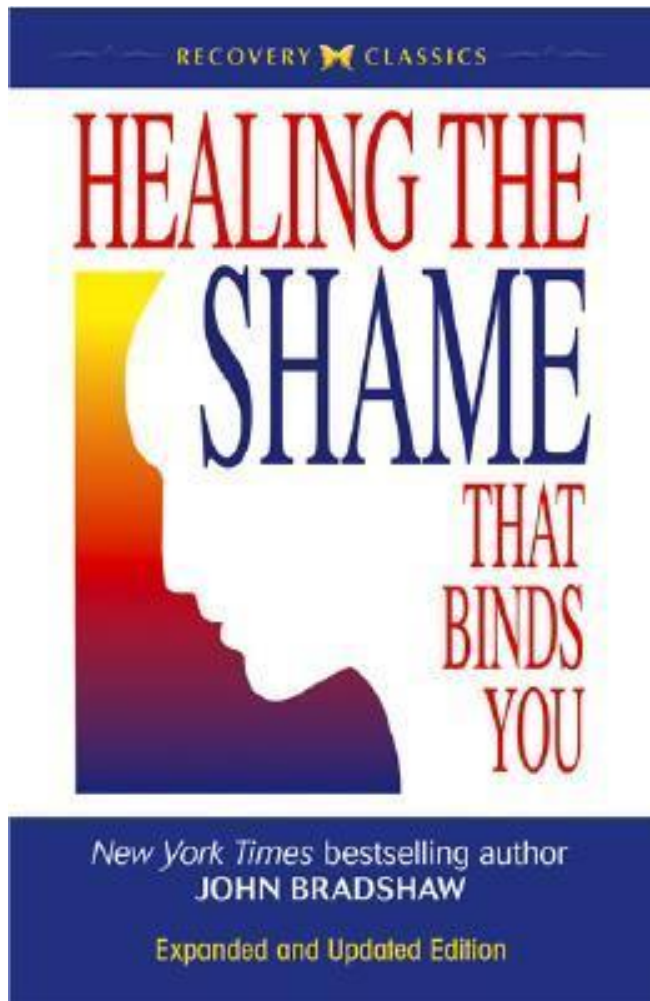
<https://emotionsanonymous.org/.../ea-meeting-general...>



<https://www.aa.org>



<https://www.youtube.com/user/earthship>



http://aaa12stepcccsociety.blogspot.com/2017/03/aaa12stepcco-unsellingsociety-john_8.html

<http://aaa12stepcccsociety.blogspot.ca/.../aaa12stepccounsel...>

<http://aaa12stepcccsociety.blogspot.ca/.../the-wisdom-of-our-...>

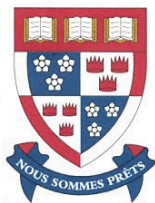
<http://aaa12stepcccsociety.blogspot.ca/.../we-are-creatures-o...>

<http://cares-lifes-wisdom-allsorts-pet-stuff.blogspot.ca/.../...>

"Teens Helping Teens" with a Boot Camp Approach focussing on Co-dependency being the Core Addiction to All Addictions & a Life Time Recovery Program with Street "Teen Angels" in Uniform. Co-dependency is "Lack of Self" & Living Outside Ourselves & Giving up Ourselves to: People, Places or Things & Not Trusting our Feelings or Own Gut/God Feelings. Addictions are only the Symptoms of the Co-dependency that Kills Us & the Ones We Love, Along with All Our Hopes & Dreams. Let the Spiritual Journey begin with Me & The "Let Go - Let God!"

God Grant me the Serenity to accept the things
I cannot change the Courage to change the things
I can & the Wisdom to know the difference.

First Name Middle Last Name
Address:#St, City, Prov, Post. Code
\$ Date
Printed: \$\$\$Donation Amount\$\$\$
Signature-Turn Over if No Space->



SIMON FRASER UNIVERSITY

THE SENATE OF SIMON FRASER UNIVERSITY
ON THE RECOMMENDATION OF
THE FACULTY OF ARTS AND SOCIAL SCIENCES
AWARDS THE

Certificate Liberal Arts

TO

Carolyn Mary Everett

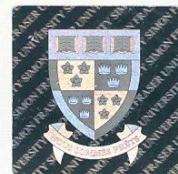
IN TESTIMONY WHEREOF WE HAVE SEALED AND SUBSCRIBED
THIS DIPLOMA BY OUR HAND

May 1998

ANDREW PETTER
PRESIDENT

JANE PULKINGHAM
DEAN

RUMMANA KHAN HEMANI
REGISTRAR





SIMON FRASER UNIVERSITY

THE SENATE OF SIMON FRASER UNIVERSITY

ON THE RECOMMENDATION OF

THE FACULTY OF ARTS

AWARDS THE

Certificate in Liberal Arts

TO

Carolyn Mary Everett-McRae

IN TESTIMONY WHEREOF WE HAVE SEALED AND SUBSCRIBED

THIS DIPLOMA BY OUR HAND

May 1998

J. P. Blaney
PRESIDENT



John T. Benis
DEAN

Edith
REGISTRAR

Education

1998-Alumni- 861008658- at S.F.U. Simon Fraser University,–Burnaby B.C.
–Major- Psychology, artist, Minor-Education & Liberal
Arts.-(Art*Theater*Writing*etc.)

PTSD symptoms can sometimes present a barrier to traditional therapy such as in-person counseling. Those with the condition may fear going out in public for fear of encountering a trigger, for instance. They may feel more comfortable receiving mental health services in an online environment. Online therapy is also more convenient since it can be accessed from home.

Internet-based therapy for post-traumatic stress disorder has been proven effective. In a [recent meta-analysis of studies](#), researchers found that online cognitive behavioral therapy (CBT) in particular has been associated with positive outcomes for individuals with PTSD. Other online treatments like Eye Movement Desensitization and Reprocessing (EMDR) therapy for PTSD are undergoing additional research.

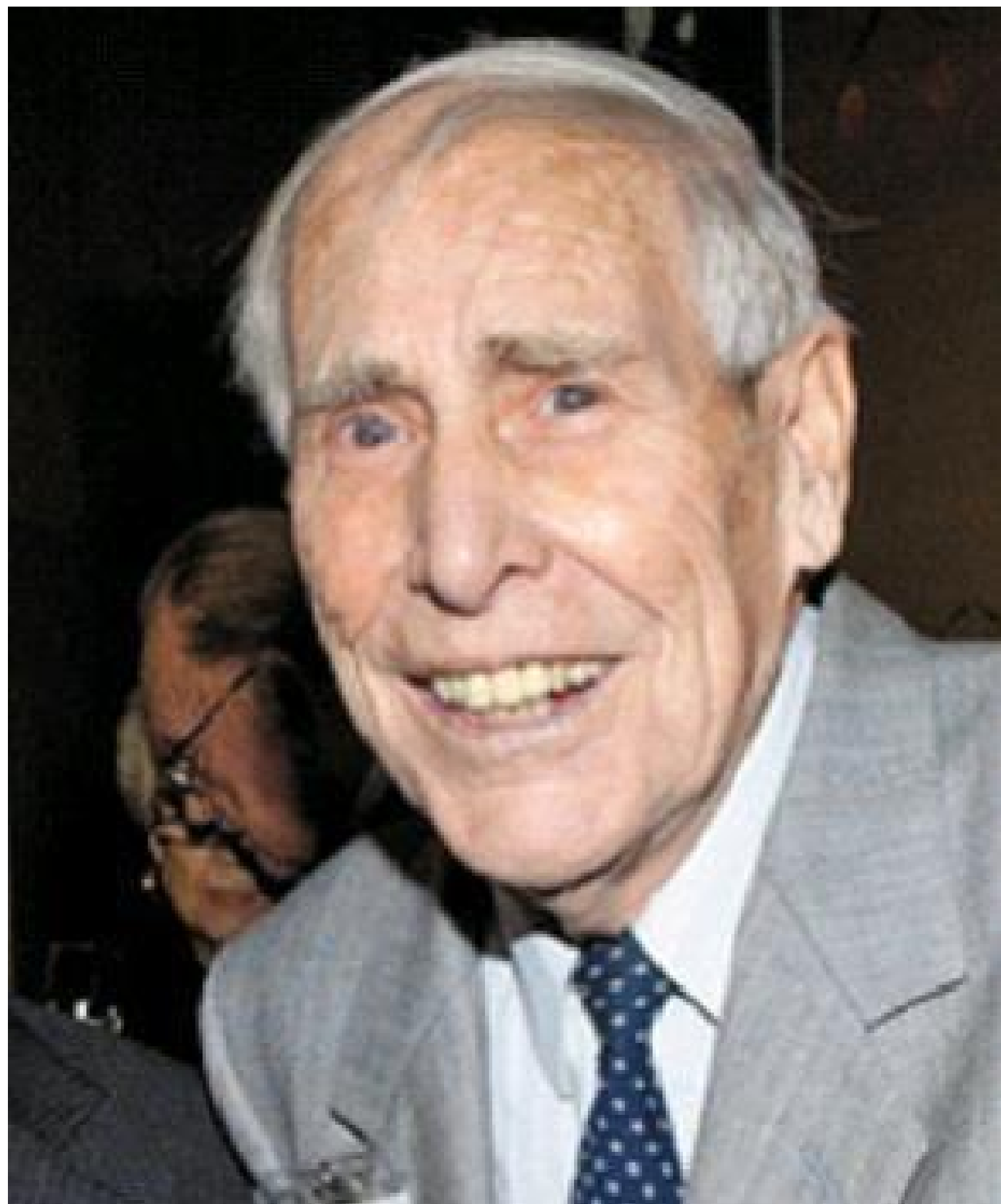
Takeaway

Whether or not PTSD goes away, most people with the condition from their trauma do eventually return to happy and healthy lives through a combination of treatment and natural recovery. If you're looking to start treatment or need additional support on your journey to recovery,

Early Sexual Abuse Linked to Later Psychosis | MedPage

TodayAfter controlling for age and penetration, abuse by more than one person left victims 2.92 times more likely to be diagnosed with schizophrenia (95% CI 1.13 to 7.34, $P<0.05$).

https://www.medpagetoday.com/psychiatry/schizophrenia/23087?fbclid=IwARovaxBTYoD_yiQc2jXF6htdQfBJWFeCMkdx9EN9R3FMb9zzrUGqI-oIT9E



<https://www.legacy.com/ca/obituaries/nsnews/name/ray-parkinson-obituary?n=ray-parkinson&pid=190096790>

Dr. Ray Parkinson - psychiatrist- specializing in PTSD

1989-2002- From Client to Mentor- Became a Dad I never had!
On the board of governors for Simon Fraser University, serving five years as board chairman.

https://en.wikipedia.org/wiki/Raymond_Parkinson

-My Addiction Professor asked to sign a Contract 1989 with ourselves to be in Courses to do our Healing work, “You would not allow our clients to heal because there is Nothing Worse than a Counsellor - Sicker than Their Clients!!!” Working All 12 Step Programs, <http://coda.org/> as All Caregivers and Addictive Clients as the Core Addiction. Ray called me in 1989 “A Flaming Co-Dependent!”

Dr. Ray Parkinson: 1990-2002--mentored me in Counseling and psychology for Riverview Hospital Patients. Volunteering from 1995 to 2002 as practicum in counselling psychology and also setting up 12 Step Programs and leading them at the Riverview Hospital etc. Dr. Ray Parkinson Psychiatrist and Head of the Board Simon Fraser University helped me finish my Degree at SFU, too!! I could go for FREE-Dyslexia!!! \$40,000.00 fourth year too late, my IQ- Ray said I was a genius level-wow that was an eye opener to me, also with a -Photographic brain like my grandfather and dad.

The Red Book 2002

Directory of Services for the Lower Mainland

Please review your listing, making corrections and appending new information as needed.

A A A 12 Step Caring Counselling Clinical Society

515-HELP (4357)

Fax: 936-3653

ceverett@lightspeed.bc.ca

~~www.AAA-12step.com~~

Operates a 24-hour crisis line that offers counselling and information and referral. Individual, couple, and group counselling is available, as well as hypnotherapy and art therapy. Maintains a registry of counsellors who have done their own personal work with 12-step programs, i.e., Codependency Anonymous, for a minimum of three years along with other 12-step programs; who continue personal therapy on an ongoing basis; and who are certified by a recognized institution. Mandate is to provide counselling and conventional psychotherapy, using holistic methods, to people in need. Cost for clients is by a suggested donation amount; or sweat equity can be arranged. Accepts volunteers for assisting in website design.

The above listing is indexed under the following subject terms:

counselling

counselling, information and referral

crisis lines

information and referral, counselling

internet, volunteering

volunteering, internet



MMVI 1485

<https://www.youtube.com/watch?v=50UxYy7jLo4>,

MVI 1486

https://www.youtube.com/watch?v=RdfixN4U_pY

What Is Normal?

My Gifts of Dyslexia, ADHD, ADD, Indigo

-Interviewing

The- Ny-9-11 Canadian Angel or Care/Carolyn

Talk About Meditation's

<https://www.facebook.com/messages/t/5188047724559662>

Feelings&Art Therapy etc. -Let us love you until you can learn to love yourself.

Meditation from hazelden.org,

<https://www.youtube.com/watch?v=GEKp2cGbZv4>,

<https://www.youtube.com/watch?v=Du74l3DeR5Q>dyslexia.com/famous

***.Famous ADD, ADHD or Dyslexic's-Film - Oprah, JayLeno, StevSpielberg,
G Burns,JimCarey, TomCruise,SuzanneSomers, Danny Glover,
WhoopieGoldberg, WDisney,Stev&ChadMcQueen, DustinHoffman,
AnthonyHopkins,
SmotherBrs,JackNicholson,GeorgeCScott,HWinkler,
RobinWilliams, Entrepreneurs-RBranson, Woolworth, BillGates,
DTrump,
John Rockefeller,Politicians-GBush,D Eisenhower, B Clinton,
Lincoln, Newton,JohnKennedy,Churchill,Writers- RLouisStevenson,
LCarrol,ChristianAnderson, Hemingway,
AlfredHitchcock,GBernardShaw,
EBronte,ACHristie,EdgarAPoe,Yeats,RDahl,MarkTwain,
&BenFranklin,
Napoleon,Patton,Sports-TBradshaw,MJordan, SueHampshire,
CarlLewis,
JackieStewart, VLombardi,Music-Handel, Mozart,Puccini, Strauss,
Elvis,
Cher, HBelafonte,StevieWonder, ColePorter,JLennon, Inventors-
Stev Jobs,Bell,Wright,TJefferson,
Edison,Einstein,WrightBr,LPasteur.
Art- LDeVinci,Galileo, VanGogh,***

OFFICE 873-6755
FAX 873-4933

RAYMOND PARKINSON, B.A., M.D. (U.B.C.), LL.D. (HONORARY, S.F.U.), F.R.C.P.(C)
PSYCHIATRY

707 - 2825 WILLOW ST.
VANCOUVER, B.C. V6Z 3N6

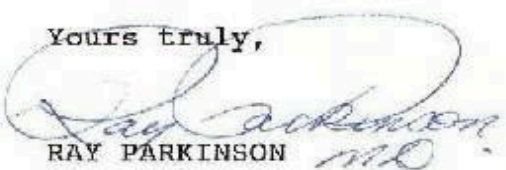
November 10, 1992

To Whom It May Concern:

RE: Carolyn Evans
DOB - March 12, 1946

This is to confirm that Ms. Evans is known to me as a patient in the past and that she has a learning disability that was assessed by Joan Alderdyce. The results of that assessment confirm her need for help in regards to her learning disability. She is on waiting lists for treatment of her disorder, but in her current studies I would strongly support the advice of Ms. Alderdyce's report, re: that a tutor be provided.

Yours truly,


RAY PARKINSON

ASPIRE

INTEGRATIVE REMEDIAL
EDUCATION SOCIETY

*Turning bright
low-achievers into
successful learners*

Assessment
Diagnosis
Programming

ASPIRE Learning Centres

Joan Alderdice,
B.Ed., M.A. (Educ. Psych.)
Director of
Diagnostic Services

Vancouver Centre
#211-2182 W. 12th. Ave.
Vancouver, B.C.
V6K 2N4
Tel: (604) 733-4164
Drena Vanjoff
Manager

Langley Centre
20420 Douglas Crescent
Langley, B.C.
V3A 4B4
Tel: (604) 534-7972
Margaret Kerr
Manager

Society Offices
#211-2182 W. 12th. Ave.
Vancouver, B.C.
V6K 2N4
Tel: (604) 736-4130

September 15, 1992

To whom it may concern:

Carolyn Everett came to me about four years ago, because of her concern about learning difficulties.

Unfortunately, I have not been able to locate her file with a copy of the assessment report.

However, in summary, I found Carolyn to have a motor-based learning disability, affecting ocular-motor control, reading comprehension, and reading fluency. Carolyn also has written-output problems, including organizing her thoughts on paper.

At the time, Carolyn also reported that she has difficulty extracting pertinent information from lectures.

The Recommendation:

The best way for Carolyn to deal with her learning difficulty would be to take a remedial program to work on the motor processes and to improve her reading and writing skills.

In the meantime, allowances should be made for her difficulties:

1. Avoidance of essay-type questions.
2. Extra time allowance for reading.
3. Tapes to reinforce lectures.
4. Assistance in extracting and organizing pertinent information, both from lectures and written materials.

I trust this information is sufficient to allow Carolyn to have the assistance she needs.

Yours truly,

Joan Alderdice

Joan Alderdice
Director of Diagnostic Services

directory.vancouverdirect.info/aspire-learning-centre-vancouver-suite-305-5687/

[Aspire Learning Center | About](#)

www.aspirelearningcenter.org/faq

Aspire Learning Center was built and continues to stand on the belief ALL children have a desire to learn and be more independent.



Dr. Ray Parkinson:

Dr. Ray Parkinson was my mentor from 1989-2001. *Dr. Ray Parkinson Psychiatrist and Head of the Board Simon Fraser University helped me finish my Degree at SFU Simon Fraser University, too!! I could go for FREE-Dyslexia!!! \$40,000.00 fourth year too late, my IQ- Ray said I was a genius level-wow that was an eye opener to me, also with a -Photographic brain like my grandfather and dad.*

helped me set up my Society, AAA 12 Step Caring Counseling Clinical Society. and he sent me clients. Sadly he is in his 90's and has Alzheimer's today and lives in a West Vancouver seniors home and his son will not allow any contact. So sad, Ray had a brilliant mind! I miss his love, kindness and humor, too!

I want to start "Family 12 Step Healing" programs in Sydney N.S. schools because of the addiction and suicides here.

1990-2002 Ray hung my Brochures and sent me clients from 1995.

Ray also encouraged me with setting up in 1995

A chief executive officer (CEO) at AAA 12 Step Caring Counselling C.Society

- counselling with the New Westminster Police as of 2017 this year calling me to be on their list.

Now I Volunteer on the Web- Facebook etc. -I have on all my sights - 5,000-followers

adding 10-20 new people everyday.

New World of Counselling out there!!!

Lately I am, working with suicidal behaviors among transgenders and now they are in NA in the United Kingdom, doing well.

My Brother James 27-an Artist was Gay and at 19 years old four of my JW's Friends and roommate committed suicide because of the rigid religious beliefs. So Sad. I do this in honor of my Brother James..

RAYMOND PARKINSON, B.A., M.D. (U.B.C.), LL.D. (HONORARY, S.F.U.), F.R.C.P.(C)

October 11, 1991

PSYCHIATRY

Ms. Jessica Gossen
Gossen & Dunnaway Barristers
205, 1104 Hornby Street
Vancouver, BC
V6Z 1V8

707 - 2525 WILLOW ST.
VANCOUVER, B.C. V5Z 3N8

Dear Ms. Gossen:

Re: Carolyn EVERETT
4047 Cambridge
North Burnaby, BC V5C 1G6
DOB - March 12, 1946

This 45 year old separated woman has asked that I send you a medical-legal report in respect to her mental state and the upcoming custody hearing.

I am a registered physician, specializing in clinical psychiatry, a Fellow of the Royal College of Physicians & Surgeons (Canada), and an Associate Clinical Professor (Emeritus), with more than 30 years of psychiatric experience. I have known the above-mentioned person as a patient since her referral in July, 1990 by Dr. William Kolotyluk, and have interviewed her present mate, Norman Wotherspoon.

Since referral, she has only been seen occasionally because she has been in much counselling elsewhere and in various group therapies and support groups that arose from her reactions to a marital breakup that ended with a major emotional and financial battle that is expected to be completely resolved before the end of this calendar year, with the final divorce settlement concluded. She is aware of the probable settlement and is able to deal with the expected outcome. She is currently in an ongoing, 'live in' relationship with Norman Wotherspoon that is committed to marriage and has proven to be positive for her (and him), giving physical and emotional stability that has definitely assisted in her very noticeable progress in this year.

When first seen she was in transit between 'transition houses', had chaotic finances and no stable situations whatsoever. She presented as a person who came from a dysfunctional home, with a schizophrenic mother and was the father's 'princess', but suffered some sexual abuse (about which she accepts and is not full of anger).

When first seen she was totally preoccupied with 'self help', into many current 'pop' psychological approaches, and very 'scattered' in her lifestyle. She was not psychotic, but hypoman or

Ms. Jessica Gossen
Re: Carolyn EVERETT

- 2 -

cyclothymic in mood, thought and behavior (which further assessment showed was an extension of her traits rather than illness). The initial impression was of having grandiose and expansive ideas, but over the months of contact with her, her reality testing became apparent, communication easier and function better.

In the course of this year she has lost 70 pounds of weight, formed a healthy interaction with her mate, with no current enmeshment and a seeming ability to work together and their efforts to gain custody have become more realistic, positive and practical with cooperation to agencies and professionals involved.

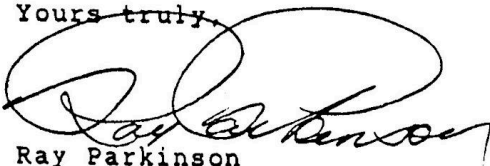
Carolyn came from a very abusive home situation and was living independently at age 15 and she has gained education through her own efforts and good intelligence. She has been a 'care giver' as reflected in her male relationships, career (nursing, counselling, etc.), but also succeeding in physical work, trades and business dealings. She has a wide range of interests and skills (e.g. art, poetry writing, hobbies, crafts). She tends to be very enthused and committed to activities, groups, ideas, etc., and when seen a year ago was clearly not focused and became tangential.

With the feedback from here, counsellors, self-help groups, mate, etc., she has modified her over-extension, expansiveness, etc., and is a much calmer, more clearly communicating and more realistic person. This has not come from medication, psychotherapy, etc., but from utilizing feedback and dealing with reality. She remains on welfare, but until her divorce settlement is clarified and her function stabilized, it was not practical to work. She is now enrolled in the NRS Realtor training course and believes it is a role that could fit well with the care of the children, in which Norman (her mate) is willing to assist.

I have not involved her in psychotherapy and she is currently only seeing a counsellor (ADP) and participating weekly in a co-dependency group and ACOA. When last seen on October 10, 1991, my impression was of a much better adjusted person, whose body image (weight, grooming) was positive, calmer and realistic.

As I have told investigators for the custody proceeding, I see no problem in her taking on the custody and care of the twins, as requested. The initial diagnosis was Adult Situational Reaction and that has proven correct.

Yours truly,



Ray Parkinson
RP/yp



RIVERVIEW
HOSPITAL

*A community
of caring*

TO WHOM IT MAY CONCERN

I have known Ms. Carolyn Everett since she became a member of the Riverview Hospital Family Advocacy Group about six months ago.

Despite the fact that she does not have a family member residing at Riverview Hospital right now, she has been fairly active with the Group, and has been generally keen on advocating issues affecting the welfare and quality of care for mental patients.

Peggy Chan

Coordinator, Family Resource Centre

Dated : June 19, 2001

500 Lougheed Highway
Port Coquitlam, BC
V3C 4J2

ph 604 524-7000
fax 604 524-7016



RIVERVIEW
HOSPITAL

CERTIFICATE OF APPRECIATION

presented to

CAROLYN EVERETT

In recognition of 2 years of service as a volunteer at
Riverview Hospital

This service has been greatly appreciated by the patients
and staff and is hereby acknowledged and recorded
this 25th day of April, 2002.


Vice President, Human Resources


President, Chief Executive Officer



NORTHERN LIGHTS COLLEGE
11401-8th St., Dawson Creek, B.C. V1G 4G2

PERMANENT STUDENT RECORD

TITLE	NAME AND ADDRESS	BIRTH DATE MO. DAY YR.	STUDENT NUMBER	PAGE
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EVERETT, CAROLYN MARY
6886 Invermere Court,
Powell River, B.C.
V8A 1N5

GRAD YEAR	1962	SECONDARY SCHOOL OF GRADUATION	Nelson High
-----------	------	--------------------------------	-------------

COURSE	NO.	COURSE TITLE	CREDITS	GRADE	GRADE PT.
<u>Fall Semester 1977</u>					
BIOL	101	Introductory Biology I	3	C	2.0
CHEM	101	Fundamental of Chemistry I	0	AUD	0.0
MATH	101	Calculus	0	AUD	0.0
ENGL	101	Literature and Composition I	3	B	3.0
PSYC	101	Introduction to Psychology I	3	C	2.0
		College Prep Chemistry		W	
		Grade Point Average			2.33
<u>Winter Semester 1978</u>					
BIOL	102	Introductory Biology II	3	D	1.0
ENGL	102	Literature and Composition II	3	C+	2.5
PSYC	102	Introduction to Psychology II	3	C+	2.5
		Grade Point Average			2.0
<u>Fall Semester 1978</u>					
MGMT	103	Introduction to Accounting I	0	W	0.0
ECON	101	Introduction to Micro-Economics	0	W	0.0
<u>Winter Semester 1980</u>					
ENGL	204	Modern Canadian Literature	0	AUD	0.0
PSYC	204	Introduction to the Study of Human Consciousness	0	AUD	0.0
<u>Fall Semester 1981</u>					
HIST	101	Europe, 1350 - 1789	3	B-	3.0
HIST	203	The Development of the Northwest in an Historical Perspective I	3	B-	3.0
THTR	130	Movement for the Stage	3	B+	3.5
PSYC	205	The Conscious Brain	3	C+	2.5
VSAR	101	History of Western Art	3	B-	3.0
<u>Winter Semester 1982</u>					
HIST	204	The Development of the Northwest in an Historical Perspective II	3	B-	3.0
HIST	102	Europe, 1789 - Present	3	C+	2.5
GEOG	114	Weather and Climate	3	B	3.0
THTR	210	Acting	3	B	3.0
THTR	150	Stagecraft Practicum	3	A-	4.0
CPSC	101	Introduction to Computing	3	C	2.0
VSAR	103	Introduction to Painting I	3	C+	2.5
VSAR	112	Introduction to Painting II	3	C+	2.5
		Grade Point Average			2.5

CERTIFIED A TRUE COPY OF THE ORIGINAL DOCUMENT		
SIGNATURE		



OPEN LEARNING AGENCY

4355 Mathissi Place, Burnaby, B.C., Canada V5G 4S8 Telephone: (604) 431-3000 Toll-free: 1-800-663-1663 Fax: (604) 431-3333

92-12-14

Simon Fraser University
Burnaby, B.C.
V5A 1S6

OPEN LEARNING AGENCY
LETTER OF PERMISSION
TO TAKE COURSES FOR CREDIT AT ANOTHER INSTITUTION

NAME OF STUDENT: Carolyn Mary Everett

OPEN LEARNING STUDENT NUMBER: 8801-0813-7

Carolyn Mary Everett has permission to take the following courses at
Simon Fraser University:

COURSES TO BE TAKEN	OLA CREDIT TO BE GRANTED
PSYC 402 - Historical & Theoretical Issues in Psychology	PSYC (5) upper level credits
PSYC 451 - Psychology of Infancy	PSYC (5) upper level credits
PSYC 456 - Psychology of Adulthood and Aging	PSYC (5) upper level credits

This approval is granted with the understanding that:

1) On completion of the course, the student must provide an official transcript (and a copy of this letter) to O.L.A. from the institution which has been designated.

2) If a change in a course(s) other than those listed is required, the onus is on the student to request permission from the Supervisor of Admissions, Open Learning Agency, Registry, Box 82,080, Burnaby, B.C., V5C 6J8.

H. Cramer
Supervisor of Admissions/Registration

cc: Student: Carolyn Mary Everett
4047 Cambridge Street
Burnaby, B.C.
V5C 1G2



Transcript - Simon Fraser University

GENERAL EDUCATION REQUIREMENTS - 24 CREDITS

English Lit & Comp I	3	ENGL 100	NLC/Lit & Comp I/ENGL 101	1977	B
English Lit & Comp II	3	ENGL 105	SFU/Introduction to Poetry/ENGL 102	1998	A
Humanities	3	FINA 104	NLC/A Survey of Western Art I/VSAR 101	1981	B-
Humanities	3	HIST(LL)	NLC/Development Northwest II/HIST 204	1982	B-
Math/Intro to Prob & Stats	3	PSYC 220			
Math/Science	3	BISC 120	NLC/Principles of Biology/Biol 101	1977	C
Social Sci/Intro to Psyc I	3	PSYC 101	NLC/Introductory Psychology I/PSYC 101	1977	C
Social Sci/Intro to Psyc II	3	PSYC 102	NLC/Introductory Psychology II/PSYC 102	1978	C+

LOWER LEVEL REQUIREMENTS - 6 CREDITS

Intro to Exper Psychology	3	PSYC 201	SFU/Research Methods Psyc/PSYC 201	1993	C-
2nd Yr Psychology	3	PSYC(LL)	MUC/History of Systems of Psyc/PSYC 201	1985	C+

UPPER LEVEL REQUIREMENTS - 45 CREDITS (*30 credits of which must be in the subject area of the Major)**

UL Psychology Course	5	PSYC(UL)	SFU/History/Thry Issues Psyc/PSYC 402	1993	B
UL Psychology Course	5	PSYC(UL)	SFU/Psyc Adulthood & Aging/PSYC 456	1993	B-
UL Psychology Course	3	PSYC 360	SFU/Social Psychology/PSYC 360	1993	B-
UL Psychology Course	3	PSYC(UL)	SFU/Hist & Syst of Modern Psyc/PSYC 308	1994	C
UL Psychology Course	3				
UL Psychology Course	3				
UL Psychology Course	3				
Stat Meth Psyc or UL Psyc	2				
Dir Studies Psychology	3	PSYC 499			
UL Elective	3	GERO(UL)	SFU/Counselling/GERO 411	1986	D
UL Elective	4	EDUC(UL)	SFU/Models Cntrmp Art Educ/EDUC 456	1992	B
UL Elective	4	EDUC(UL)	SFU/Designs for Learning:Art/EDUC 477	1992	B+
UL Elective	4	EDUC 425	SFU/Counselling Csrn Teacher/EDUC 425	1986	B

Elective	3	BISC 121	NLC/Exploring Biology/Biol 102	1978	D
Elective	3	CPSC 101	NLC/Intro to Data Processing/CPSC 101	1982	C
Elective	4	EDUC(UL)	SFU/Dance Education (studio)/EDUC 487	1993	C
Elective	2	ENGL 099	SFU/University Writing/ENGL 099	1986	B
Elective	3	FINA(LL)	NLC/Painting I (studio)/VSAR 103	1982	C+
Elective	3	FINA(LL)	NLC/Painting II (studio)/VSAR 112	1982	C+
Elective	3	GEOG 110	NLC/Physical Geography I/GEOG 114	1982	B-
Elective	3	HIST(LL)	NLC/Development Northwest I/HIST 203	1981	B-
Elective	3	HIST(LL)	NLC/Europe 1350 - 1789/HIST 101	1981	B-
Elective	3	PSYC(LL)	NLC/Conscious Brain/PSYC 205	1981	C+
Elective	3	SOCI(LL)	MUC/Intro to Industrial Society/SOCI 230	1985	C+
Elective	3	THTR(LL)	SFU/Intro to Acting I (studio)/FPA 151	1996	B
Elective	3	THTR(LL)	NLC/Movement for Stage (studio)/THTR 130	1981	B+
Elective	3	THTR(LL)	NLC/Stagecraft (studio)/THTR 150	1982	A-
Elective	3	THTR(LL)	NLC/Acting-Intermediate (studio)/THTR 210	1982	B

2000-Art & Hypnotherapist- Douglas College – New West, B.C.

1990-Nursing Asst.(LPN) –North Seattle Community College, Seattle, WA,
1985- Malaspina College-Nurses Aid–Nanimo, B.C-

1988-89-Industrial First Aid-Powell River, B.C,
CPR-2003 & Food Safe-1996-

Sept. 16, 2006-9-St. John's Ambulance –Sydney,NS
Two Day Program- Standard First Aid CPR Level C
up for Emergency Response- Using Fibulators etc.



PROGRESS AVERAGE 84%

PROGRESS HAS BEEN POSITIVE - CORDIALLY SHOWS INITIATIVE AND IS MOTIVATED TO LEARN - SEE EVIDENCE CONTACT WITH THE CLINIC - M.H. HAMM

GRADING: P = Pass I = Incomplete N = Needs Improvement

Report Date

CORR LTC/HM COLLEGE INSTRUCTOR'S REMARKS

1st Report

OCT. 11/85

GRADES OBTAINED

EXAM ASSIGNMENT PRACTICUM INTERPERSONAL SAFETY ORGANIZATION RELIABILITY INITIATIVE DAYS ABSENT TIMES LATE

64 23 P N P P P P P 2 0

YOUR PROGRESS TO DATE HAS BEEN SOMEWHAT INCONSISTENT. INTEREST HAS BEEN NOTED IN 2 AWARENESS LIMITATIONS, & CARRYING YOUR RESPONSIBILITIES IN CLASS/CLINIC, & FOLLOWING INSTRUCTIONS. THERE STILL REMAINS SOME "ROOM FOR IMPROVEMENT". YOU POSSESS A GOOD INTEREST IN YOUR RESIDENTS AND GIVE THEM CONSCIENTIOUS CARE.

Report Date

87%

LTC FACILITY

2nd Report

NOV. 8/85

GRADES OBTAINED

65 22 P P P P P P P 1 0

YOUR ENDEAVORS DURING THE PAST YEAR OF THIS PROGRAM HAVE MET WITH SOME SUCCESS. CONTINUE TO APPLY YOUR BEST UNDERSTANDING AND CARRYING OUT THE "ROLE OF THE STUDENT" MORE SPECIFICALLY. THE RECENT SEVEN OBJECTIVES AS SET BY THE FACILITY HAVE BEEN MET.

Report Date

87%

PERSONAL CARE FACILITY

3rd Report

DEC 6/85

GRADES OBTAINED

68 20 P P P P P P P 4 0

PROGRESS HAS BEEN NOTED IN ALL AREAS. COMPLETE PERSONAL CARE ASSIGNMENT TIME, OBSERVATIONS REPORTING ON YOUR RESIDENTS. CONTINUING TO APPLY YOUR BEST "THERAPEUTIC" COMMUNICATION SKILLS. FOLLOWING INSTRUCTIONS NEATLY. WORKING WITH OTHERS ON A TEAM BASIS. FOR L.T.L. WORKBOOK. M.H. HAMM

Report Date

78%

HONEYMAKER

4th Report

DEC 29/85

GRADES OBTAINED

62 25 P P P P P P P 0 0

PROGRESS IN FIELD EXPERIENCE SATISFACTORY - SITUATIONS INCL. HOME OFTEN DIFFER FROM FACILITY ROUTINE AND IN FACT CAN BE GOOD. EXAMPLES OF CLINICAL BEHAVIOR: OFTEN DISCUSSING FROM HOME RESIDENTS. M.H. HAMM



Malaspina College Community Education

recognizes

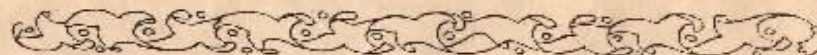
Carolyn Everett

on completing **24** hours of
non-credit instruction in

Counselling Skills: An Introduction

March 18, 1989

Sharon Hype
Program Coordinator/Instructor



Certificate of Proficiency

Be it known that
Carolyn Everett

has successfully completed a 27 hr. course
of study in principles and practice
of hypnotherapy.



Instructor: *Sheldon Bilsker*
Sheldon Bilsker
Clinical Hypnotherapist

Date: *APR 15, 1989*

Malaspina College Community Education

recognizes

Carolyn Everett

*on completing **24** hours of
non-credit instruction in*

Counselling Individuals

April 4, 1989



Program Coordinator/Instructor



MALASPINA COLLEGE

Statement of Course Completion

Carolyn Everett

has

Successfully Completed **12** Hours of Instruction
in

Sexual Abuse I: Issues and Realities

March 27, 1988

Director of Nursing
Eastern Columbia College



Pat Raworth
Dean

Director of Instruction Services

John Smith
Program Coordinator

MALASPINA COLLEGE

Statement of Course Completion

Carolyn Everett

has

Successfully Completed **12** Hours of Instruction
in

**Sexual Abuse II: Techniques,
Methods & Networking**

May 1, 1988

Director of Nursing
Eastern Columbia College



Pat Raworth
Dean

Director of Instruction Services

John Smith
Program Coordinator

Malaspina College Community Education

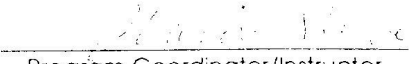
recognizes

Carolyn Everett

*on completing **45** hours of
non-credit instruction in*

Alcohol & Drug Awareness Training

May 18, 1989


Program Coordinator/Instructor


**Malaspina
College**



Douglas College

mailing Address
PO Box 2103
New Westminster BC
Canada V3L 5B2

New Westminster Campus
700 Royal Avenue, New Westminster, BC
604 527 5403 Tel
604 527 5305 Fax

Internet Address
www.douglas.bc.ca

Continuing Education
604 527 5473 Tel
604 527 5896 Fax Registration
604 527 5155 Fax CE Office

Congratulations

This is to certify that
Carolyn Everett
has attended six hours of instruction in
Art Therapy: An Introduction
March 30th, 2001

Geraldine Street

Geraldine Street, Continuing Education, Faculty of Health Sciences



Douglas College

mailing Address
PO Box 2103
New Westminster BC
Canada V3L 5B2

New Westminster Campus
700 Royal Avenue, New Westminster BC
604 527 5403 Tel
604 527 5305 Fax

Internet Address
www.douglas.bc.ca

Continuing Education
604 527 5473 Tel
604 527 5896 Fax Registration
604 527 5155 Fax CE Office

Date: Apr 27, 2001

201-003-058

Carolyn Everett
2120 Haverley Avenue
Coquitlam, B.C.
V3J 1W4

Course	Name	Start Date	End Date	Course Status	Hours Grade	Description
V230B-20001	CPR C (Basic Resuscitation)	20-MAR-00	23-MAR-00	Completed	6.00	
U550A-20011	Art Therapy: An Introduction	30-MAR-01	30-MAR-01	Completed	6.00 2/A	Pass/Attendance

Other Certificates:

Sept 25,2006-Web Page Workshop- NS CC-Marconi Campus

Flower Arrangements, Douglas College-1998

Property Management-1982-Surrey



Sign Painting, BCIT, Burnaby- full year program

Master painter/Industrial Height Spray Painter (BCIT-Burnaby, BC) –etc.

Bridges –Smoke Stacks- Loc.138, Made \$60.00 an Hr. or \$60,000 –hight painting & danger pay) a season. BCIT, Burnaby

Auto Body, BCIT, Burnaby, Kelowna,B.C.

Real Estate, UBC,BC

Dental Asst., Vancouver Institute

Interior Decorating, North Vancouver

Bull Cook, Oil Rigs and Logging Camps- Fort St. John, BC

Air Brakes, Fort St. John, BC

Sign Painting- Van. Vocational School – BCIT, Burnaby 1972,

Need a Masters Degree to Counsel in Nova Scotia- worked at:
Flag Person-2007 & Bar-tending 2007 Sydney, NS

Awards received

Going to NewYork for Award Sept. 11, 2017 and doing an Art Show
The Canadian Angel at New York 9-11 Ground Zero & on CNN & Paper.

A Letter from Fulton's Fish Market From Pete - My Guardian Angel at Ny 9-11 - Ground Zero

D.O.T./P.D.

Please do not bother this R.V. This is a great woman here to volunteer for WTC. and has been tossed from place to place. This area is a Fish Market Loading area and we have been trying to help her by allowing her access all during market hours. If shes not bothering anybody Please leave her alone.

Thank you
very much,
Pete Peck Slip
Owner.
Slip Kids Loading Co.

P.S. I can be found market hours on P.S.





They call me:

"The NY-9-11 Canadian Angel"

In Front of St. Pauls Church @ Ground Zero

Adopted by the Cree Natives

- They claim I am a Shaman- “ A healer of Men”*

Top News Paper Carrier- Toronto Star –1959*

Won a trip for a week to New York City

Burlington, Ont.- Saving a Person's Life*- was a LifeGuard-1960

Interests and activities

Painting & Murals for My Church, Calgary Golf Course-

Staging for Theater.-Back Drops

Student of Robert Bateman,

Robert Bateman my High School Teacher and still my Friend

I was a Student of Robert Bateman 1962 Me on the Left. Nelson High School,



Burlington, Ontario: 1958-63;

ART CLUB



BACK ROW, l. to r.: Gary Owen, Harriet Morningstar, Eve Aldis, Vicki Smith, Mr. R. Bateman, Sheryn Ingram, Liz Chapman, Penni Fisher, Carol McRea.
FRONT ROW: Wallace Hart (vice-president), Bernadee Miller, Carolyn Ryznar (president), Jennifer Armor (secretary-treasurer).

<http://robertbateman.ca/>

https://www.google.ca/search?hl=en&site=imghp&tbm=isch&source=hp&biw=1074&bih=496&q=https%3A%2F%2Fsites.google.com%2Fsite%2F1amcraesenterprises%2F&oq=https%3A%2F%2Fsites.google.com%2Fsite%2F1amcraesenterprises%2F&gs_l=img.12..2290.2290.0.4650.1.1.0.0.0.0.105.105.0j1.1.0...0...1ac.2.64.img..0.0.0.fFzhkrRRj-U#hl=en&tbm=isch&q=robert+bateman



All the best
Robert Bateman
2005.

<http://collections.batemancentre.org/artist/centennial...> See More

<http://batemancentre.org/support-us/>

http://www.pbase.com/halifaxgus/c_everett__nagai

I Studied art in Japan 1972

REFLECTIONS

カナダ人芸術家の映像



of a Canadian Artist



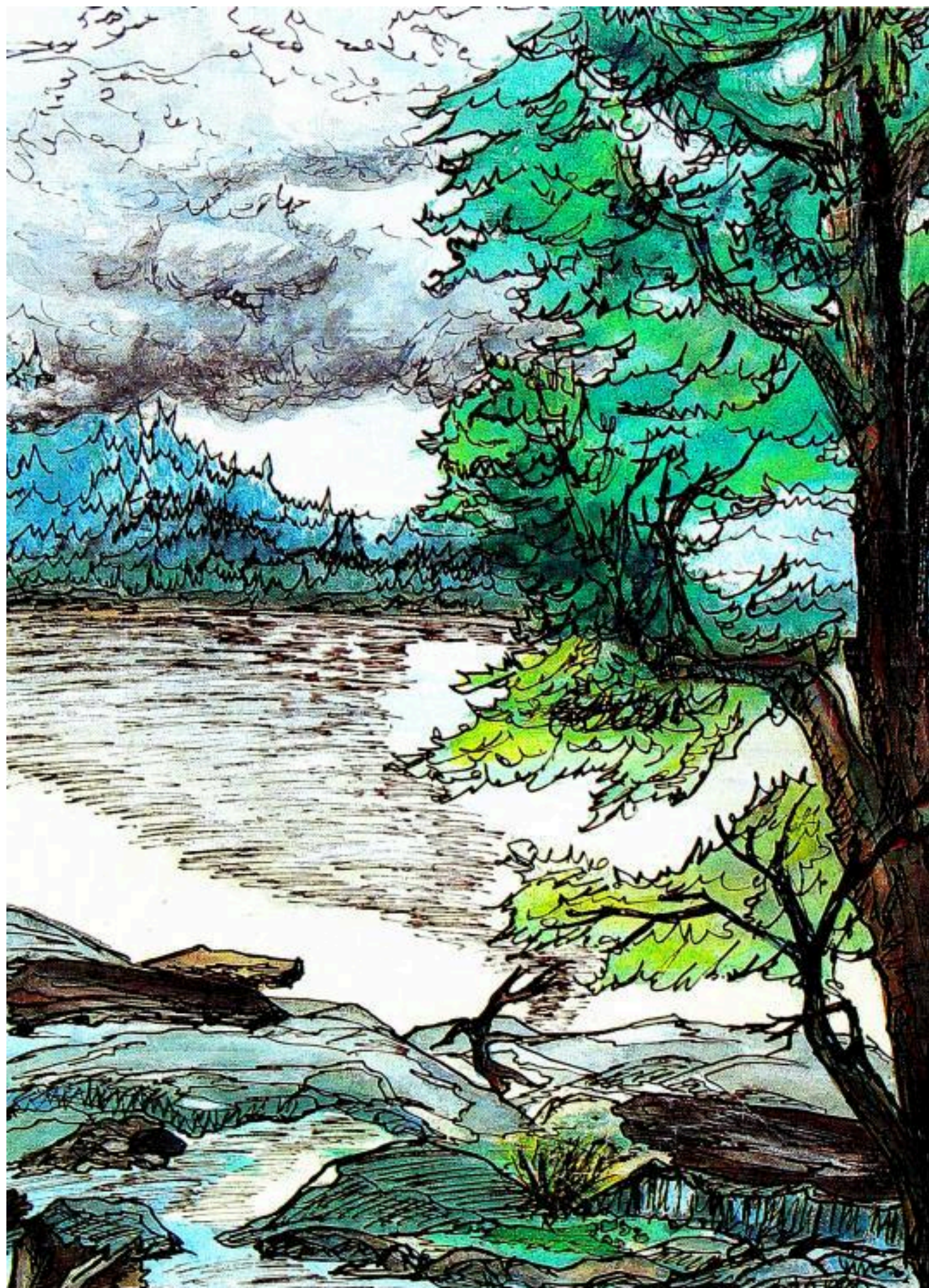
by a student of Robert Bateman

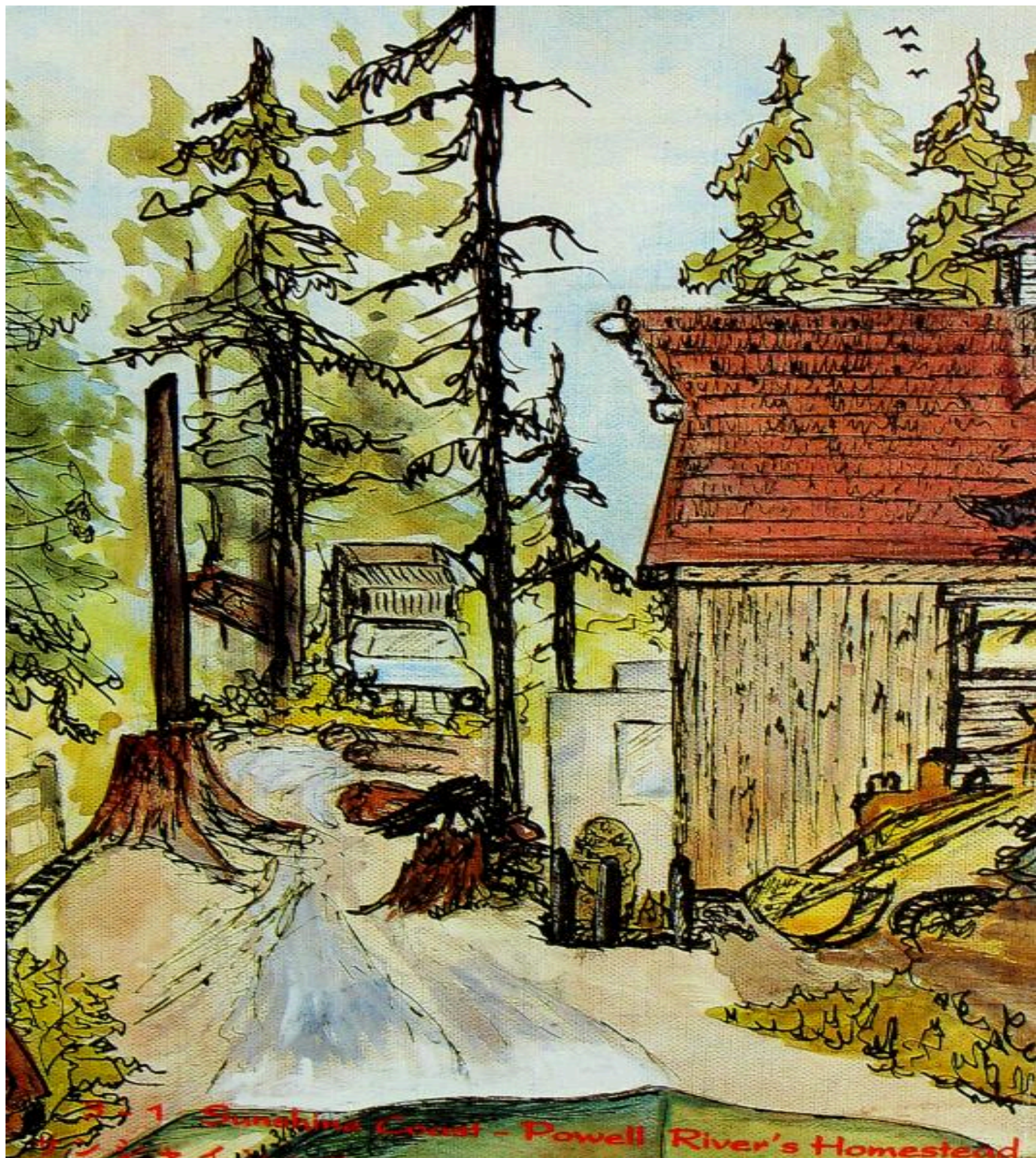
ロバート・ベートマンの弟子

C. EVERETT-NAGAI

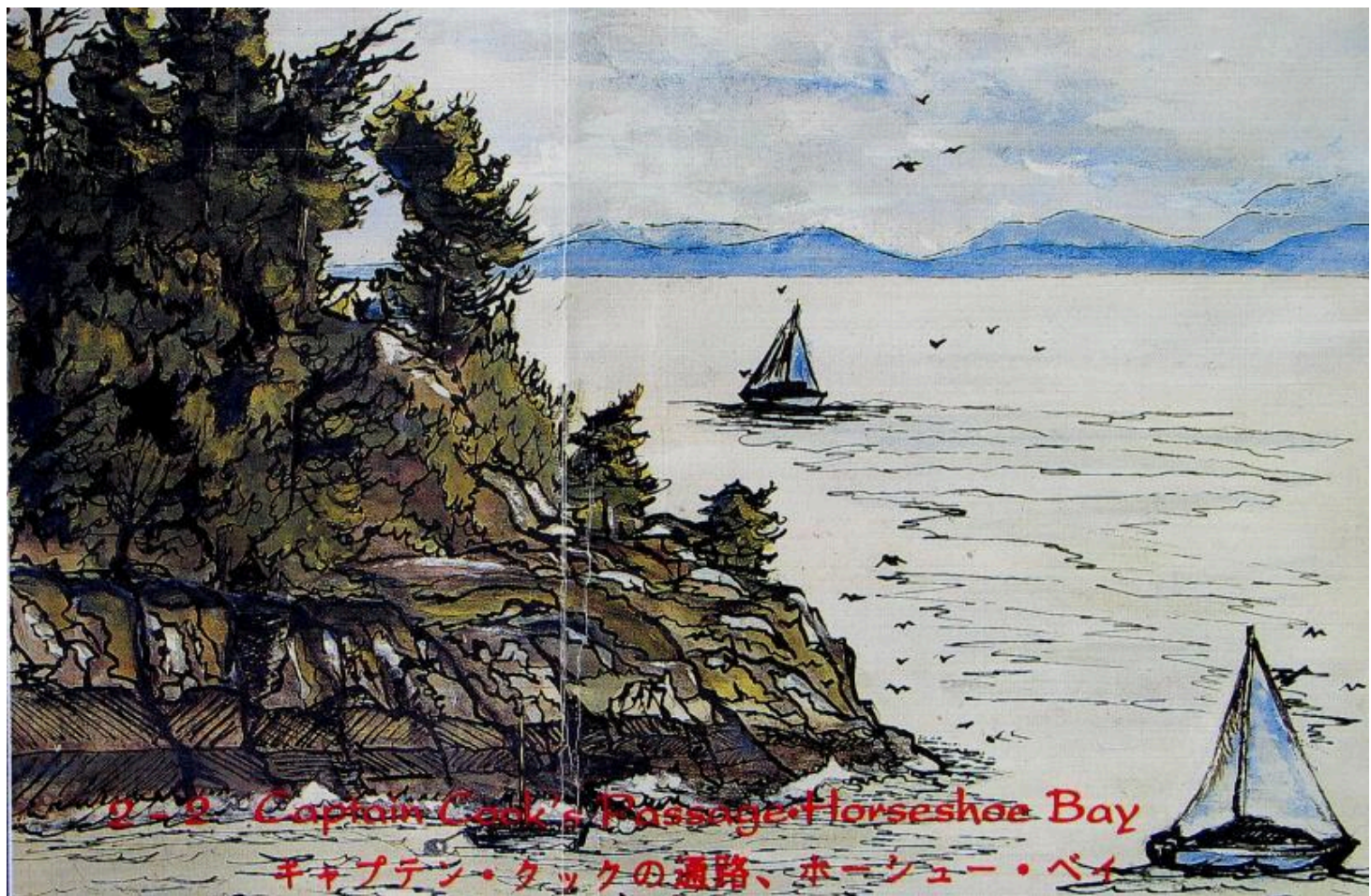


©R





Sunshine Crest - Powell River's Homestead



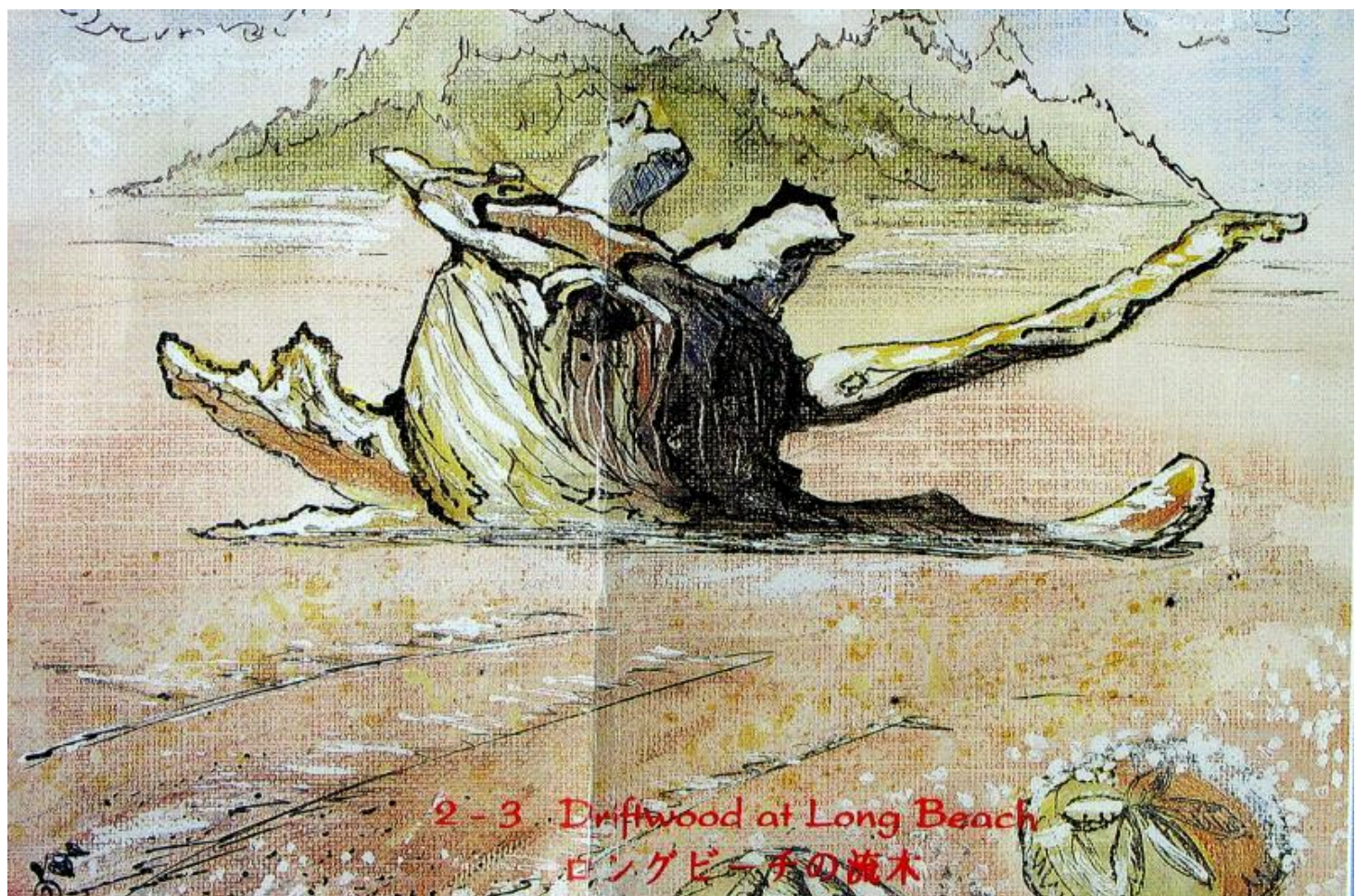
2-2 Captain Cook's Passage-Horseshoe Bay

キャプテン・タックの通路、ホーシュー・ベイ



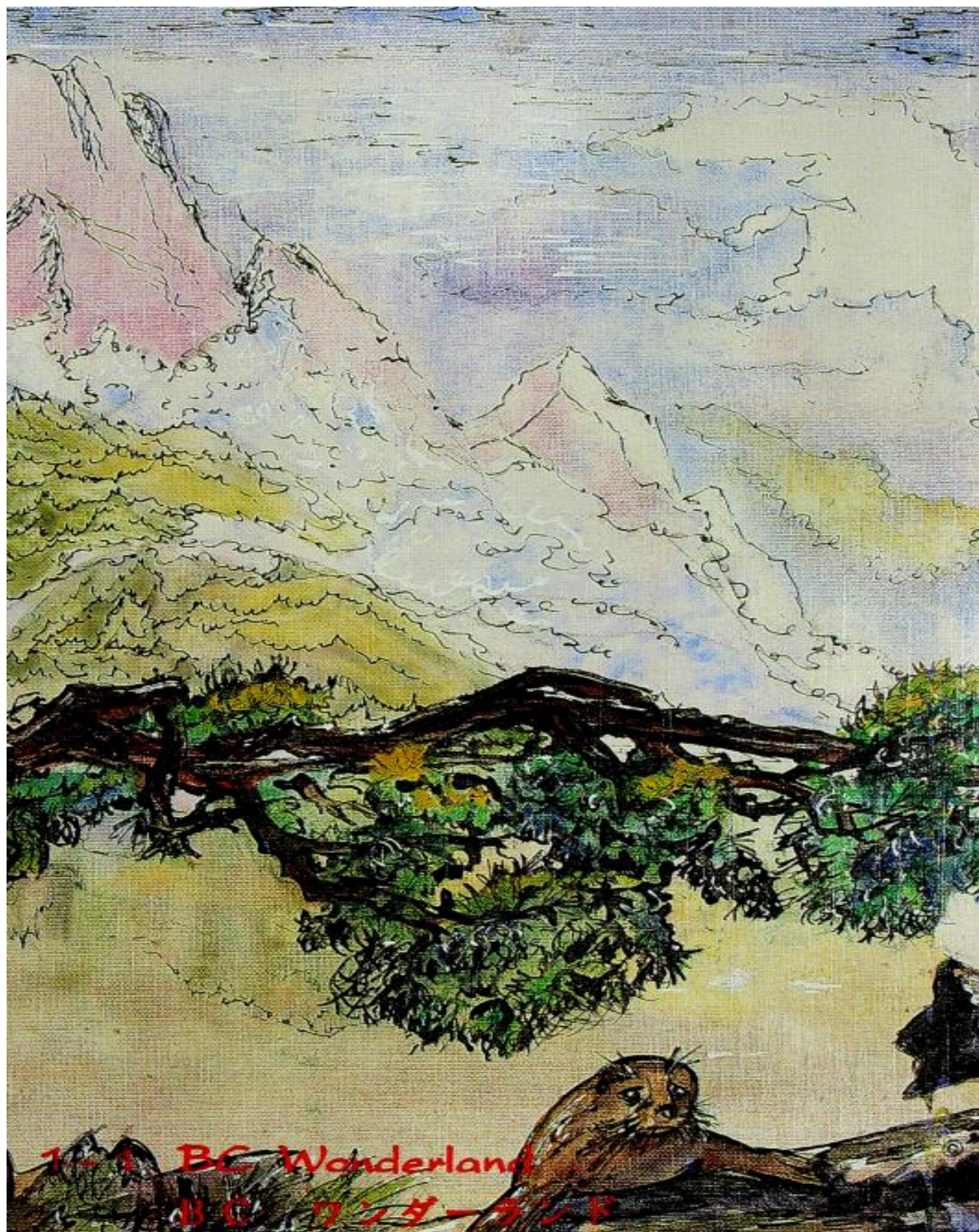
3-1 Bakersville - Mother and Child
パイカースビルー母と子





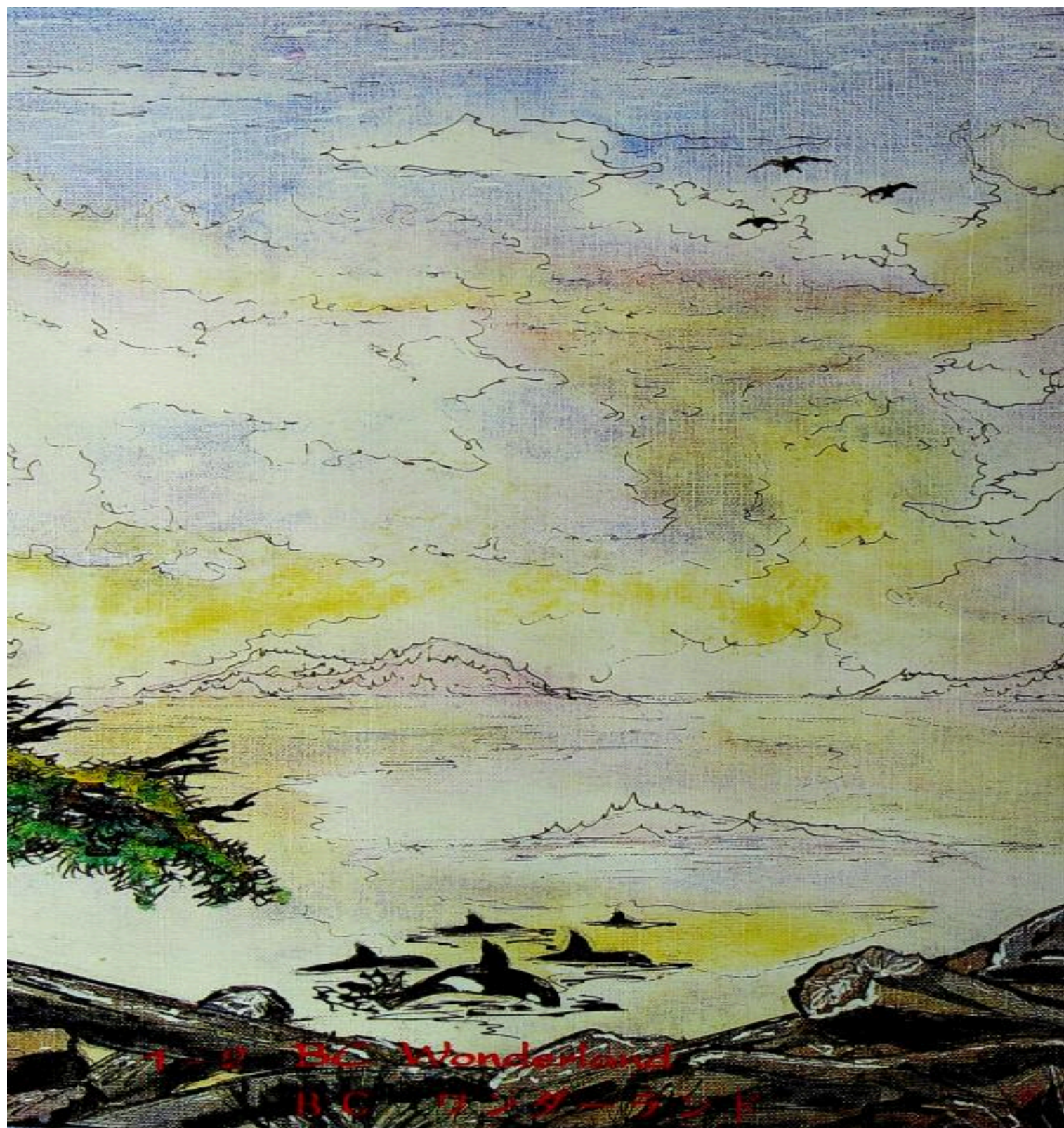
2-3 Driftwood at Long Beach

ロングビーチの流木



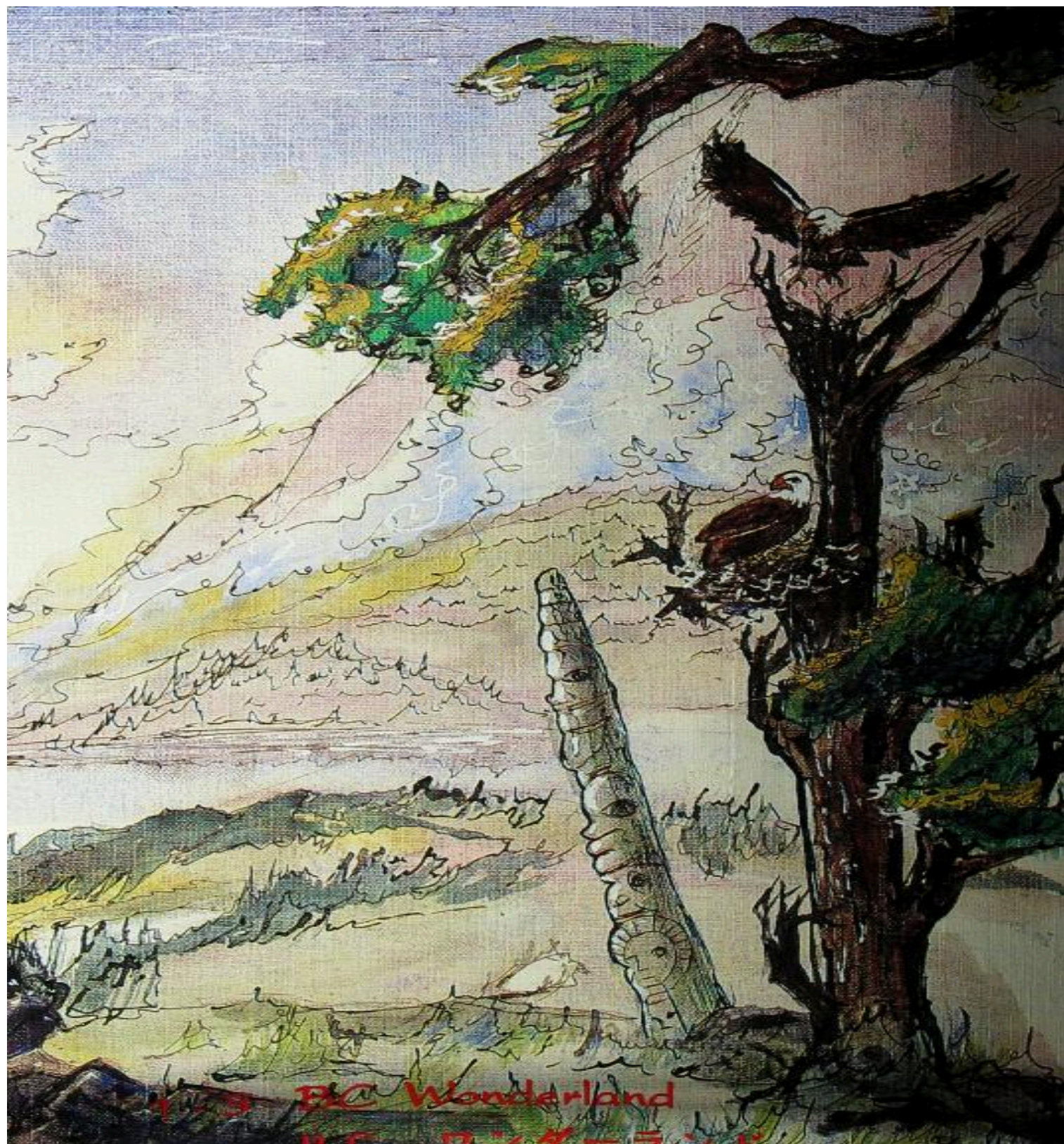
1-1 BC Wonderland

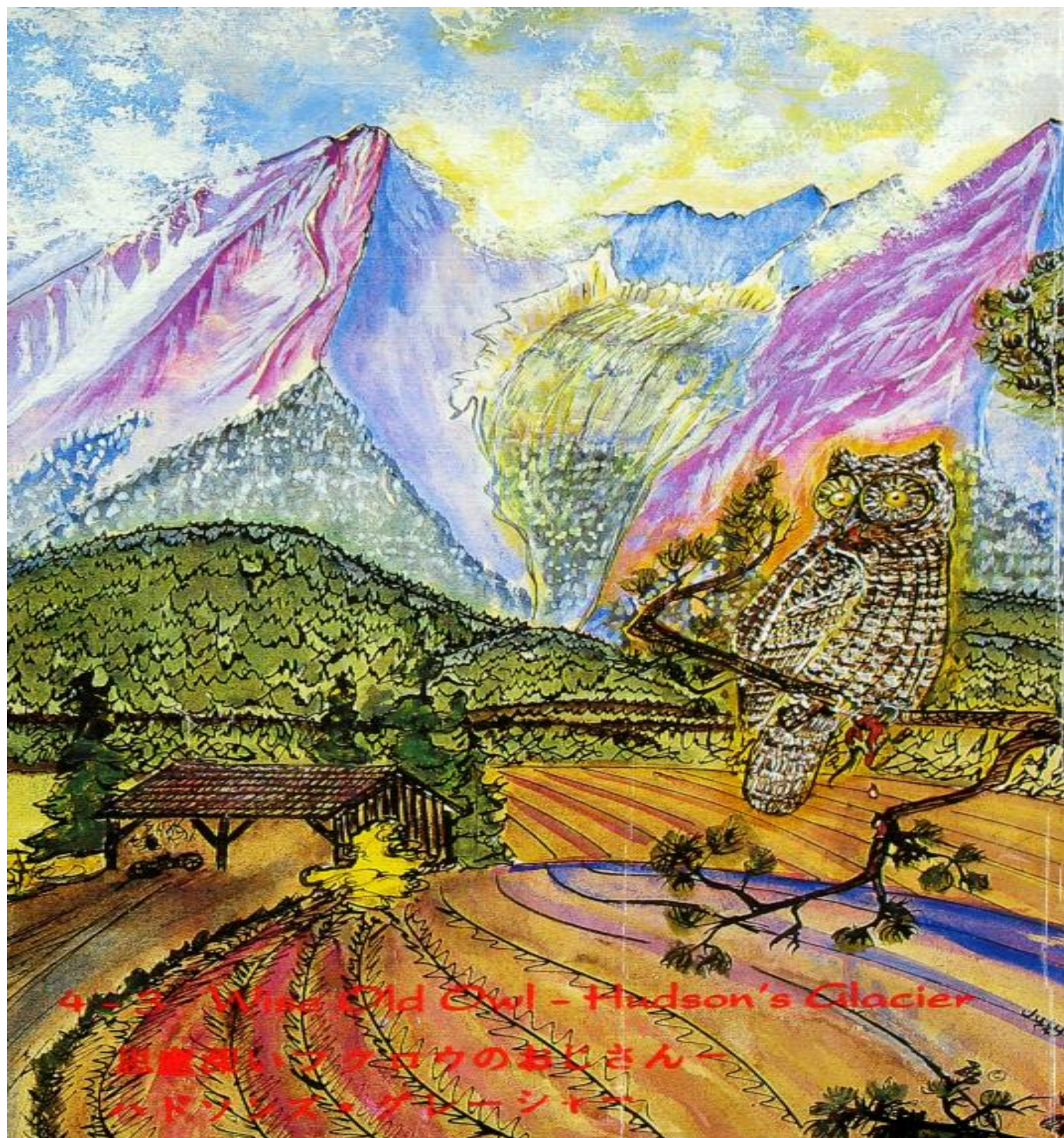
BC ワンダーランド



1-2 BC Wonderland

BC ワンダーランド



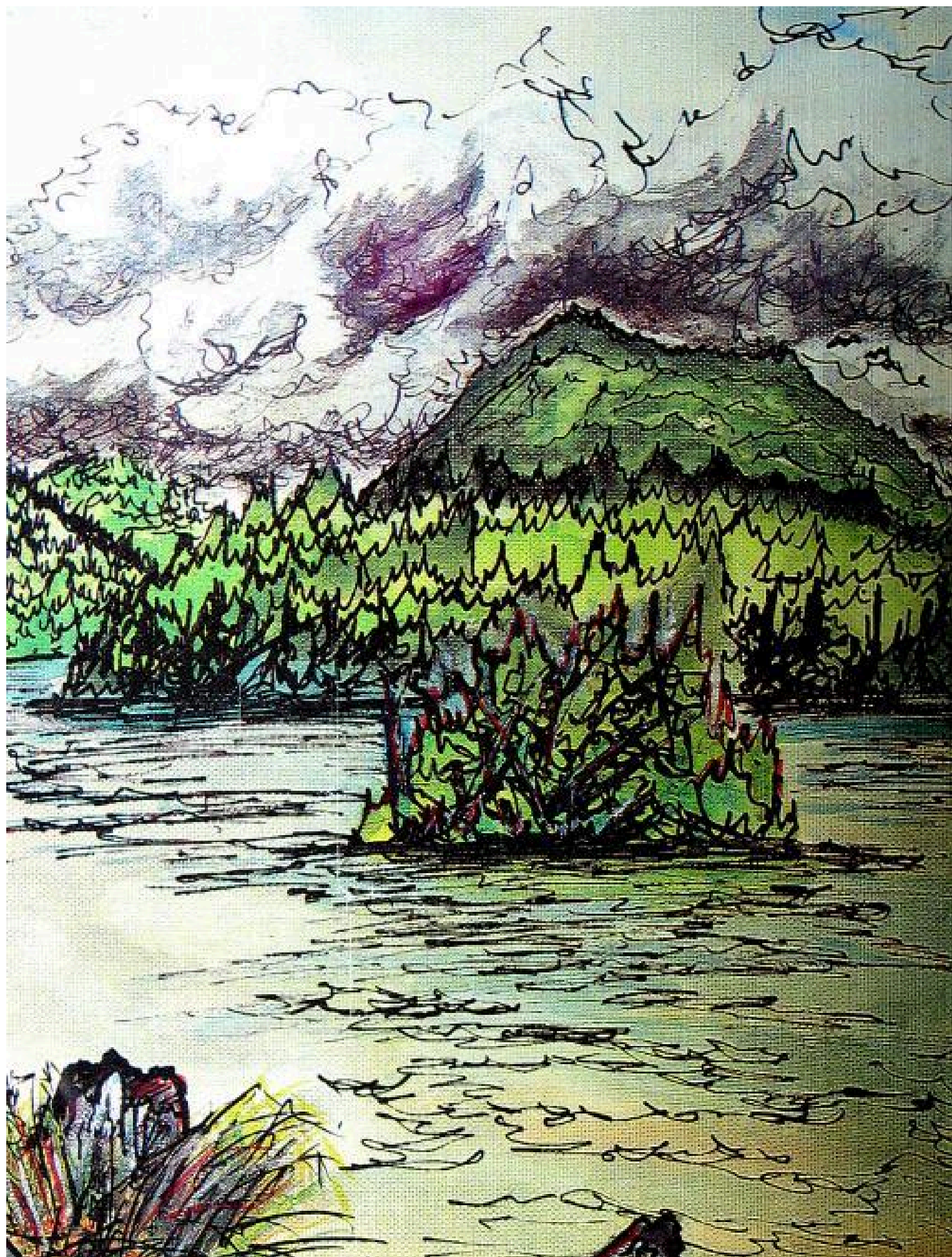


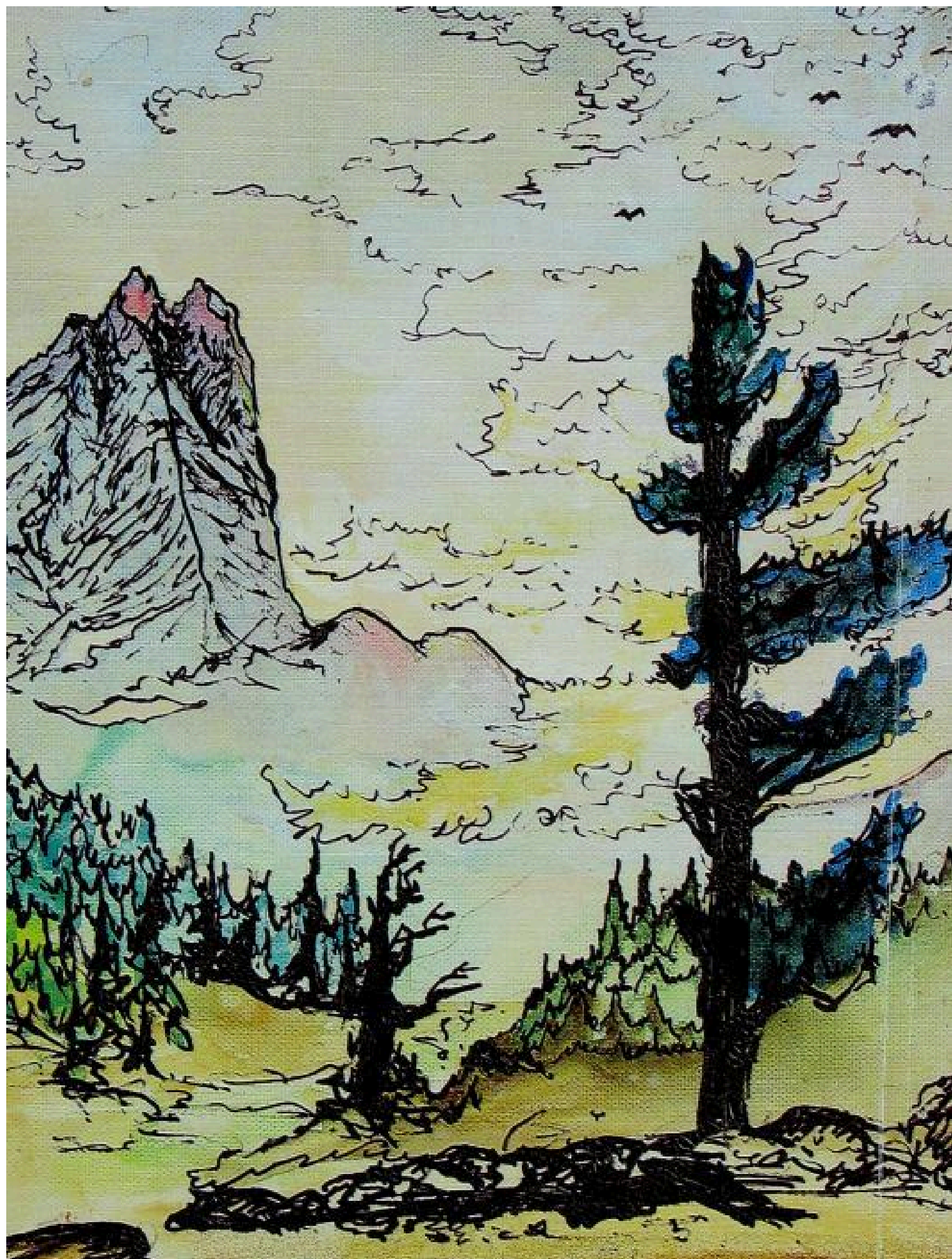
4-3 Wise Old Owl - Hudson's Glacier

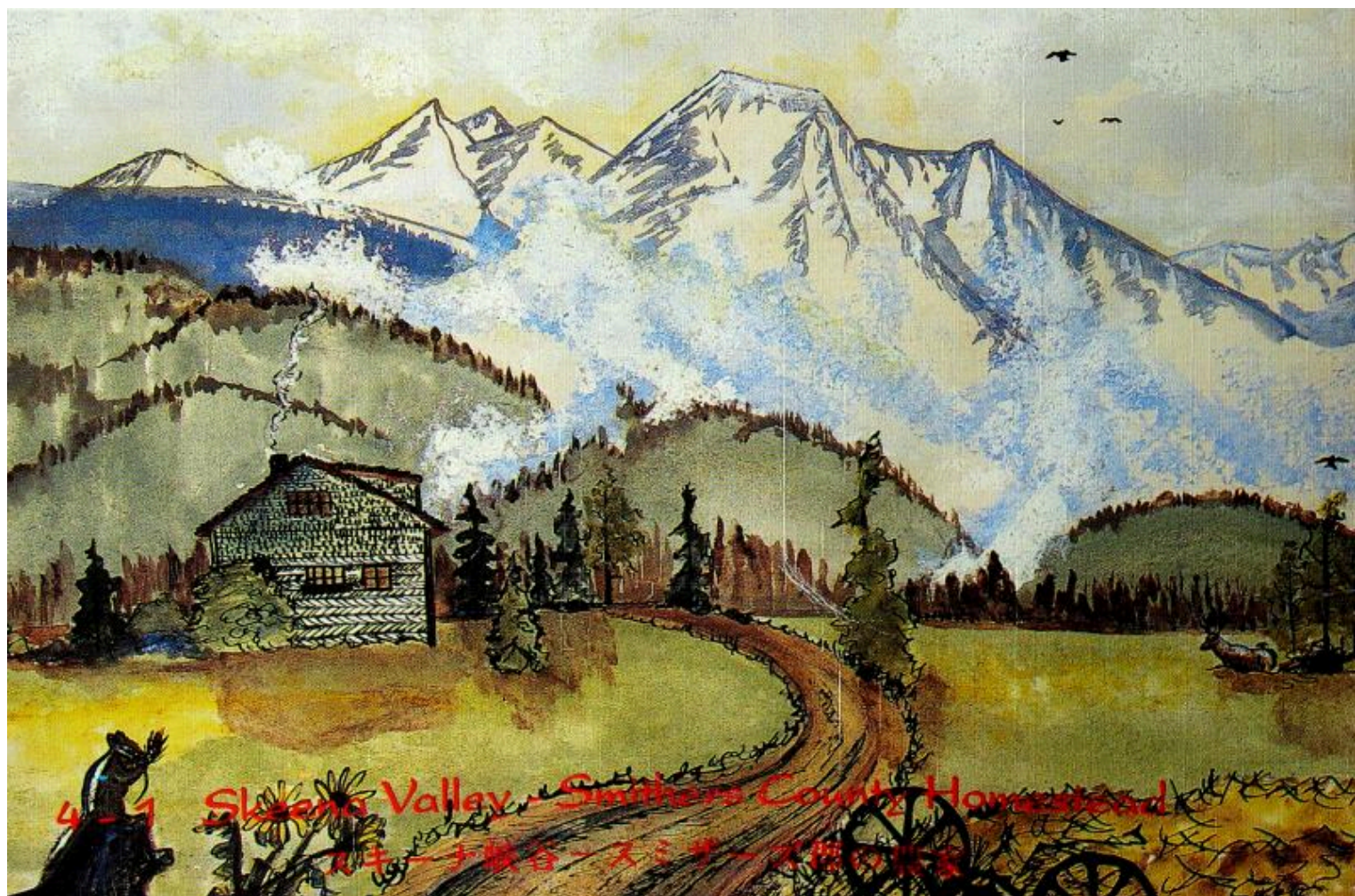
賢い古いオウルのおじさん -

ハドソンズ・グレイシャー



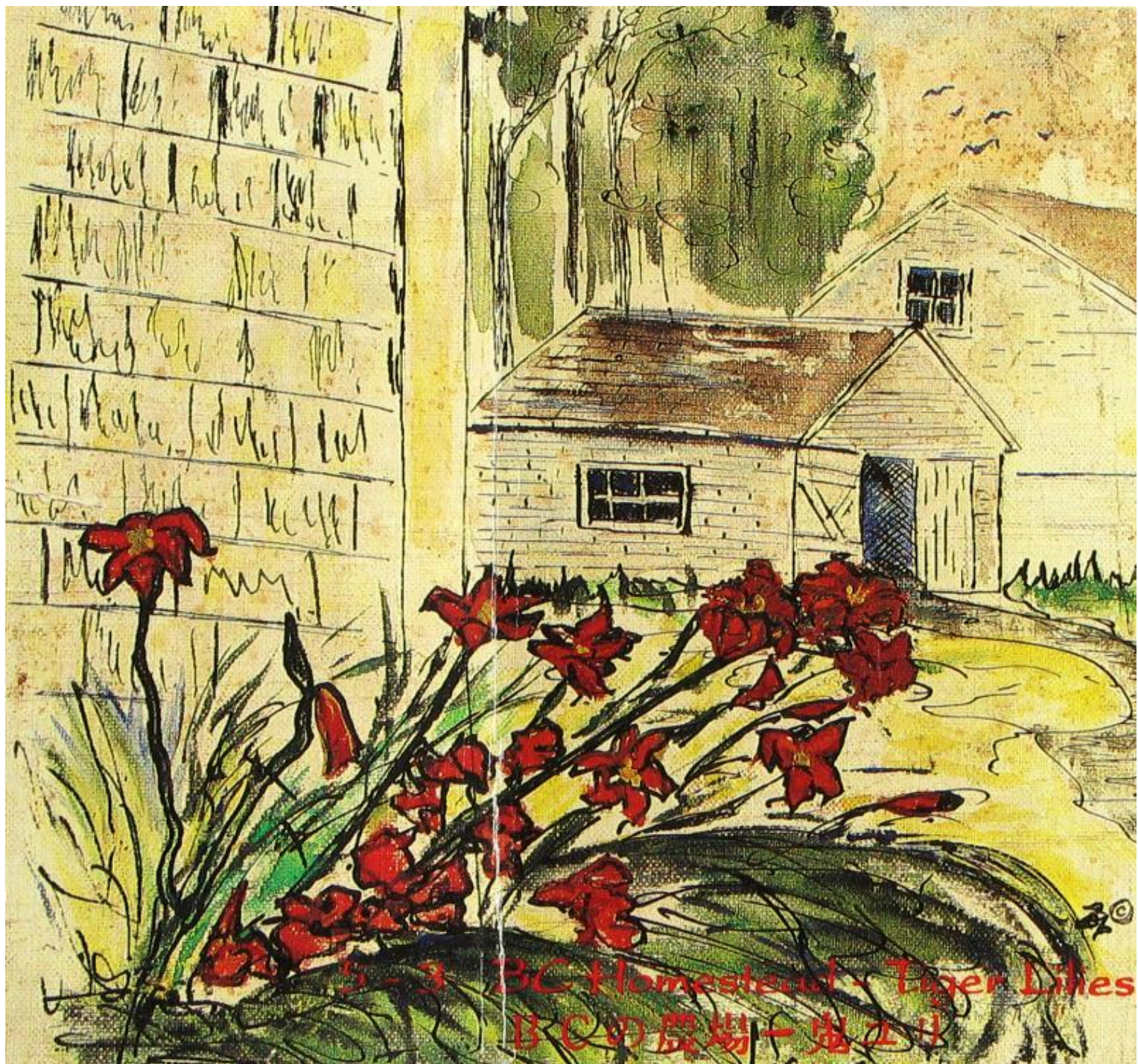






4-1 Skene Valley, Smithers County Homestead

スミサー・スミサール・スミサール

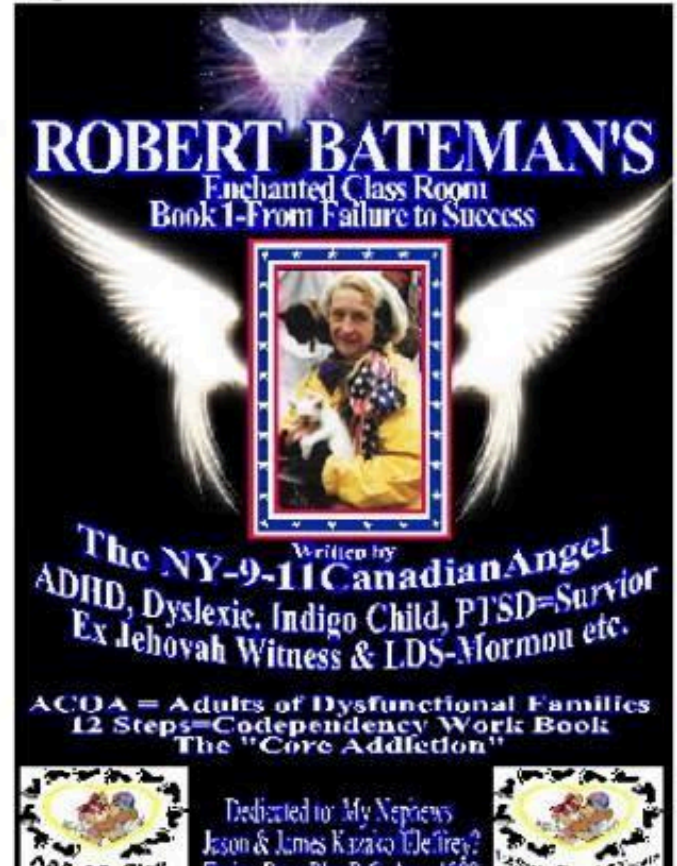


Theater, Writing, Poet,
Raising Siamese Kittens & Border Collies Puppies for my Society,
Helping People- ALDA, -on Board of Governors
Having Christmas for Needy People & children,
Traveling in my R.V. & 2- 24' Moving Trucks across America four times -2005.
I have built six houses and have had a construction company always to work and
fix the rental properties that I own called "McRae's Contracting".

Finished Books



Books: Coming Soon!!



Shared with everyone in the world 4 Brother James Who Committed Suicide 27yr old Gay
JehovahWitness=Shamed Him Counselor
Addiction.Pet&ArtTherapist,Hypnosis12StepTeenAngels, PH
604-229-2194/site/careslifeandwisdometc/[Born.On.The.Eve.Of.Armageddon.Bk1](https://sites.google.com/site/careslifeandwisdometc/Born.On.The.Eve.Of.Armageddon.Bk1) -in progress

<https://sites.google.com/site/careslifeandwisdometc/home>
[Care's Life and Wisdom etc](https://sites.google.com/site/careslifeandwisdometc/home)

Work experience

Website Design for:
My own web pages etc.

Century Paint-Varnish-Shellac Mfrs. & Distr. Inc.718-855-1223
<https://sites.google.com/site/centurypaintandcoatingscoinc/>

Century Paint & Varnish-Shellac Manufacturers
<https://sites.google.com/site/centurypaintandcoatingscoinc/>

GTA Flood & Distributors Inc. Disaster Services – Chad Vanvari –
[1-416-677-9602](tel:14166779602)- [1-416-999-3930](tel:14169993930)/688-5332
Ask Chad Vanvari or Gerry– I am Self Starter who is Extremely Motivated
A Type Personality- plus a Girl Friday- that acts before you do...

**Management* Promotion*Motivation*Sales*Outbound
Calling*More.....**



D. E. McRae Top Canadian

Did all the Cold Calling for D.E.McRae Real Estate –Hamilton, Ont & Monton, NB –for my Father who was the The Top Broker in Canada for ten years.

7 IBM WORLD TRADE NEWS, JANUARY 1957

Roy Stricker of Canada makes sales history

Twentieth Hundred Percent Club membership is earned by Time Equipment Manager in Kitchener.

When Roy Stricker, now TE Manager in Kitchener joined the Canadian IBM in 1918, he was determined to build a successful sales career. Unique success has crowned his efforts for, by earning his twentieth Hundred Percent Club membership in 1956, he has attained the highest number of clubs in World Trade history.

His colleagues, led by G. H. Sheppard, President of the Canadian IBM organisation, celebrated this milestone for both the man and the company by honouring him at a dinner in Toronto.

At the dinner, Mr. Stricker, who has served as TE Manager in Hamilton and Montreal as well as Manager in Kitchener, was presented with his 1956 Hundred Percent Club pin. He also received a gold watch appropriately inscribed.

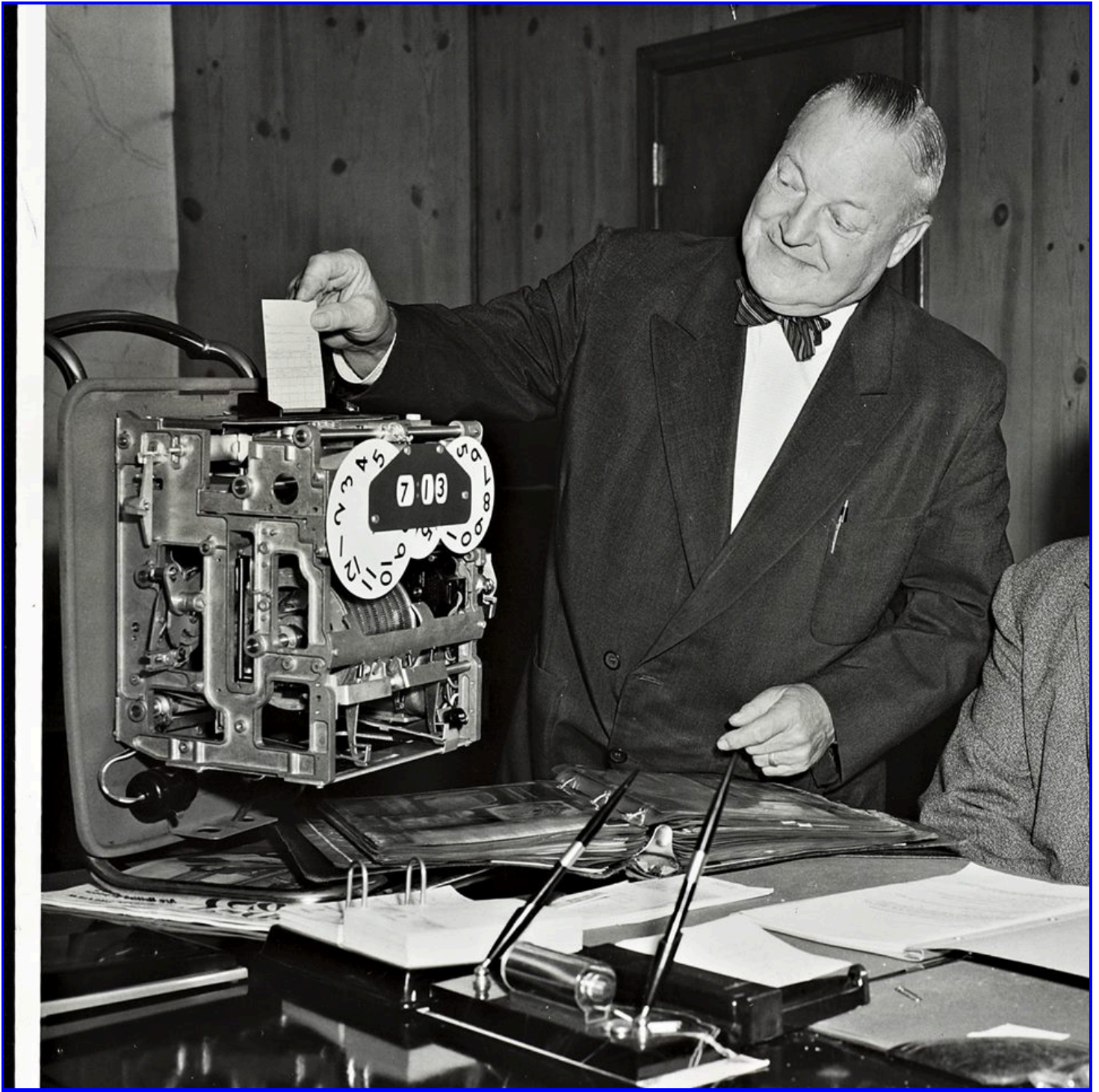
In making the presentation, Mr. Sheppard hailed Mr. Stricker for achieving this milestone. Mr. Stricker joins a unique group of sales elite in IBM Corporation. G. A. Koerner, EAM salesman in Los Angeles, California, and G. H. White, Branch Manager in Rochester, New York, have achieved twenty-one clubs. W. O. Nix, TE salesman in Houston, Texas, has earned twenty clubs.



Associates of Roy Stricker in Canada honour his unique sales achievement during a dinner held in Toronto, at which the TE Manager received a gold watch commemorating the attainment of his twentieth Hundred Percent Club. Left to right, sitting: F. W. Lipton, Factory Dept. Manager; M. H. Anderson, Toronto Uptown TE Manager; B. E. Smith, Vice-President; L. M. Schram, Personnel Manager; R. E. Chapman, Toronto Factory Manager; J. B. Hogg, Customer Engineering Manager; Mr. Stricker, G. H. Sheppard, President; G. F. Morris, retired IBM executive; R. J.

Bull, Sales Department Manager; J. S. Baile, Hamilton TE Manager; Harry Reed, Controller; H. M. Hillock, Canadian ET Sales Manager; H. M. Johnston, Toronto Uptown ET Manager. Standing: J. K. Geddes, Toronto Main Office; J. F. McCaa, Hamilton ET Manager; G. W. Barton and D. G. Comber, both Technical Engineers; E. T. Liddell, Toronto Downtown TE Manager; R. H. Thomas, Secretary-Treasurer; Frank Crowe, Time Equipment Manager in Canada, and J. C. King, General Sales Manager for the Canadian IBM organisation.

This is my grandfather Roy Stricker, who helped make and sell the first work time clock for the IBM corporation. He was the manager of the division.



I have my other Company – Networking business- Always need more... I can do it for you-too!

Have worked for two Call Centers – Stream and EDS- 2006&7

**Owned up to 4 Bed & Breakfasts a time (Staffed them all myself) to Support the Society from 1985 to 2005- 24 hr Crisis Line & 2 Recovery Houses
President-Counsellor- AAA 12 Step CCC Society-1995-2017 now on Facebook**

Bridges Restaurant Granville Is- Van.BC-Manager-1991-96

Worked Private Care With Alzheimer's Clients in USA-1988 – 90
Private Care in Burnaby BC-Alzheimer's- 1990 to 2001-Both Passed on

Also Had a Senior Home in Nanaimo 1986-1989
Nanaimo Hospital-LPN– with Expiring Clients-BC one year 1985-86
Cedar Lodge-LPN-Coq., BC – Alzheimer's Clients-. Etc.- 1986-88

Counselor – A Caring Counseling Clinical Society – 1985-95

Teacher or Dawson Creek & Fort St. John- 1978-80-Children with Special Needs-
First Nation Cree & Some High School –

Chetwyn Rink- Driving –Zamboni –Weekends>-Ice Cleaning- for Hockey-1980

Bull Cook for 450 men at a Northern B.C Oil/Logging Camps as a Holiday Fill
in-\$125. a Day –1976-82

Union Painting Loc.138-Painted for AAA B&B- from 1990-2000
1st Woman Height Painter 1000 ft. up in-Painting Loc. 138- Dillingham & Johnston
& Neven-etc. Painting – Smoke stacks & Bridges etc.-1976-81-(base rate -\$19.60 &
\$60.00per/hr for Height & Danger Pay)
-Put me through SFU- in the Winter.

Union Painter-. to 1976-82-Hight Painting & Industrial Smoke stacks & Bridges for
Dillingham under Johnston & Neven who I did sand blasting, spray painting
tanks, Submarines undercoating & Mileage painting buildings too, Burnaby, BC.
-apprentice, Painted the Maults did Vinyls/Wallpaper, Sash & faux painting
technique, Also worked for the BC. Government Painting inside roller & Sash
work (did my 4 yr training for Master or Red Seal at BCIT/Vancouver Vocational.
They lost my Files and Others.

Roberts Trucking- Mac Truck Spray Painter/Body man
-1974-76-apprentice- Kelona College

Graphic Artist & Sign Painter-Bakers Helper ,1972-74 Nonette Signs – New
Westminster, BC

Layout/Setups & Sign Painter & Spay Painted (Layers & Vinyls) Signs

Northern Electric-Mtl. Quebec-1965-69- Worked as an electrical wiring draftsman-
Printer & with a Name like McRae- No Job- Bought Thoroughbred Horses &
moved West.

DE McRae Real Estate -1961-65-Office Manager, Secretary etc.– Hamilton,Ont.,
Dad's houses Worked as Painter etc. no pay..

Volunteer Experience

I would to take in Children, that the First Nation Cree would dropped off at my farm at Chetwynd, British Columbia, who fell between the cracks- winter-up to 8 hungry children & burn marks etc. parents were on drugs.

Adult Children with Disabilities--1990-97- ALDA- On the Board of Govern.
- with Woopi Goldberg and The Fonzie- Henry Winkler etc,

Started Grandparents Rights with Nancy Woodridge1990-2001

My- Societies: A Caring Counseling Clinical Society-1985-95

A A A 12 Step Caring Counseling Clinical Society-1995-2017

Save Glace Bay Society-2006 –Ny 9/11CanadianAngel on CNN

References



Joan and Cecil Bund - Counselors and on my Board.

B. C.-Thrums-Castlegar- jonibee76@gmail.com - 205-399-4561

On Thu, Jan 30, 2020 at 12:04 AM D Joan Joni Bund <jonibee76@gmail.com> wrote:

Sounds pretty impressive! You have had such good experience all the years I have known you , in teaching 12 steps, in mentoring those in need, including me, and in general, working to be a great asset to humanity, and also to animals. Much success in all your endeavors. Joni Bund



Sheran & Layne Landru – Mentor and Volunteer and On my Board

apt. 209, 3139 Bowwood Drive, N.W.

Calgary, AB T3B 5G2

CA

sheranlandru@gmail.com

[1 587-349-4138](tel:15873494138)

Sheran J. Landru
P.O. Box 2759
Claresholm, AB
T0L0T0

Whom it may Concern;

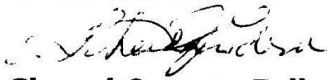
This is a letter of recommendation for Carolyn Everett, to work in the Justice system.

Both my husband, M. Layne Landru & myself have know Carolyn for more than 25 years. We have found her to be a very honest, self motivated, hard working individual. She is also a very talented and has an outgoing personality.

My husband, Layne worked for Alberta Solicitor Generals office - Corrections Facilities for over 20 years. He was a Corrections Officer, Admittance Officer & Warehouse Manager during that time. He worked directly with convicts in both the adult, & young offenders during that time.

I worked as a Building Manager for several different Management Companies in several different size Apartment Buildings during an extended time. I also worked as a cook in several Corrections Facilities as well.

Yours Sincerely;
Sheran J. Landru
1-403-625-5337



Signed Copy to Follow in the Mail.

[Linda Syversen- Nurse 24/7-1309 10 Ave Se, Calgary, AB T2G0W8](mailto:Linda.Syversen@nurse247.com) [\(403\) 266-3258](tel:4032663258)



George Takis

REALTOR / West Shores Realty

1010 Torrance Blvd. Redondo Beach, CA 90277

C: 310.698.2568

E: georgeptakis@gmail.com

DRE# 01126091

Dear Carolyn,

**You're one of the most amazing people I have ever had the pleasure of meeting,
I'm just wondering if there's anything you can't do !!!!**

Wow!

I'll have a little more time now, to digest all your emails, and messages in the next few days, I believe God did bring us together for a purpose, and we should be open to that possibility for the greater God, many thanks to you for all you do, and who you are.

George

George Takis

Memberships

Canadian Grandparents Rights, In 1990 I and others went before the Judges and Parliament to change the laws.

<https://canadiangrandparentsrightsassociation.com/2016/12/31/stories-in-the-grandparents-quilt/>

Canadian Grandparents Rights Association – In the best interests of ...

<https://canadiangrandparentsrightsassociation.com/>

The Canadian Grandparents Rights Association was founded in 1986 to help families in distress and ... **The founder and our first president was Nancy Wooldridge.**

Nancy Woodridge has passed, she started the Canadian Grandparents Rights Association in 1984 .



[Contact Us at Equal Parenting-BC](#)

www.equalparenting-bc.ca/about/contact.htm

The Canadian Grandparents Rights Association, B.C. Branch was formed in 1986, when approximately thirty ... Nancy Wooldridge, President and Founder

Canadian Legion,



<http://ldav.ca/>

Learning Disabilities Association Vancouver Board of Directors

Carolyn M. Everett (McRae)

WhoopiGoldberg,

Educational institution in Vancouver, British Columbia

Address: 3292 E Broadway, Vancouver, BC V5M 1Z8

Phone: (604) 873-8139

Province: **British Columbia**

AAA 12Step CCC Society, Coda, Acoa, - 12 Step Groups.

**Security clearance
RCMP and Nexus for the Border.
will get an updated copy on request.**

**Certificates to Follow: Two Others on Demand: St John Ambulance Sept 2006 &
Web page**

306. 732: Halfway St
Burruck B. C. VSA ARS
3 Feb 1993

To Whom it May Concern

Please find enclosed a copy of my resume.
During the period of 1987-91 I also worked
as a volunteer with the Caring Counseling
Organization. I have been a member of the
I don't show on my resume as I didn't
think it pertinent to the job I was
then applying for - that of a part time
manager.

During my period of working for Carolyn I
found her to be a very caring person. She
often had the neighbor children run over
would listen to their trouble and always
treated them with respect. It is my personal
opinion that Carolyn would make a good
teacher. Having learning difficulties herself
I believe she would be sympathetic and
supportive of others with the same problem
at the same time doing all in her power
to encourage academic and personal growth
to those in her care.

If you wish to reach me regarding this, my
number is 421 5253.
Thank you, D. Ann Burd

RESUME OF D. JOAN BUND BORN 15 Sept 1931 Winnipeg M.B.

EMPLOYMENT EXPERIENCE:

I am presently working part time in the care of the mentally handicapped and part time as a hospital visitor. I also do gardening and landscaping whenever I get the opportunity.

Dec 89 - June 91 Served as a missionary with my husband, in the Phillipine for the Church of Jesus Christ of Latter Day Saints. Duties included leadership positions in teaching the pilgrinos how to conduct their own affairs to run their own church organizations and to help teach the mother good sanitation and nutrition and to improve their self esteem.

May 88 - June 91 Helped my husband in the managing of an apt block for Viam holding. Also worked part time with the mentally handicapped, did some housekeeping jobs and some gardening jobs.

June 87 - May 88 Greenhouse worker at Mandeville Gardens where my husband was employed as custodian. We lived right on site. Duties incl. all aspects of transplanting, care of nursery stock and seedlings and making sale signs and other calligraphy work.

1975 - 1987 Cared for mentally handicapped children/adults in our own home including a period from 84 - 87 in which I ran a group home with my husband in our new home near Shilo M.B.

1973 -1979 Activity Director, Cor Enterprises Brandon MB, This facility is a sheltered workshop for handicapped adults. We also had a 15 acre veg plot where the clients grew vegetables for sale to the public. This pos included the teaching of life skills, sewing and handicrafts and plastic wedding flowers. I also took part in teaching furniture refinishing, cross country skiing, swimming and other recreational activities, as well as counselling and independant living instructions.

1971 - 1973 Diversional Coordinator of Assiniboine Centre, Re-Hab Hosp. This position included coordination and training of over 90 volunteers, as well as organizing and finding local and regional entertainment for the patients. I was also in charge of soliciting and collecting such things as Bingo prizes and Christmas gifts etc.

1969 - 1971 Occupational and Activity Therapy Aide at Brandon Mental Health Center. This job included the teaching of handicrafts and liesure time activities, and taking the patients on bus outings.

1947 - 1968 Taught school on a provisional permit. Married in 48. Lived on a farm then in a small country town. During this time my experience incl. raising 6 children, part time school teaching, 4-H Club leader, teaching sewing and crafts, local school board secretary, and other volunteer work in the community.

EDUCATION:

educated in various elementary schools in Winnipeg MB and including most of grade 8 in West Point Grey Van B.C.

grade 10 and 11 Kelvin High School Winnipeg MB

grade 12 United College Winnipeg MB

Commercial Art Assiniboine Community College Brandon MB

First Year Psychology From Brandon University night school classes

I am at present taking A.S.L. American Sign Language at Douglas College with the long term goal of becoming an interpreter. last semester 72

D. Joan Bund

D. Joan Bund S.I.N. 616 517 884

Mr. Norman F. Wotherspoon,
2320 Haversley Ave.,
Coquitlam, B.C.
V3J 1W4

Dec. 15, 1999

To whom it may concern:

Re: Carolyn Everett

Carolyn Everett, has been in my family service since 1986. Carolyn was first hired to nurse my mother who had Alzheirs. She nursed her until the late eighties when she passed away. My father John Wotherspoon was also in poor health too, so Carolyn looked after him from 1989 to 1993 when he also died.

My health problems started in the early eighties and continued to get worse by 1993 and I needed her services up to this date. I had a kidney transplant a year ago and I am sorry to say, I no longer need her services. I now have the privilege to have her at my side, as my dutiful wife.

I feel, because Carolyn has always been a caring and loving person who has been there for my family and others, she will also be there for you too. She is very intelligent and a very hard worker. She has been a volunteer on boards for ALDA and A A A 12 Step Caring Counselling Clinical Society which I am also on, for three years. She is always willing to learn new things and has many other skills that will be an asset to your business.

Yours truly,

x Norman F. Wotherspoon

Mr. Norman F. Wotherspoon
Phone: 604-937-5881

MEMBERSHIP CARD



The Alumni Association of
**SIMON FRASER
UNIVERSITY**

Carolyn M. Everett
861008658

is a member of the Alumni Association of
Simon Fraser University

CNA NORTH STATE COMMUNITY COLLEGE

This is to certify that:
CAROLYN EVERETT has been evaluated by:
[Signature] RN

Approved for Washington State Board of
Nursing certification as a nursing
assistant. C-0009
7-9-90
Date *[Signature]* Chair, Health/Medical



St John Ambulance

St. John Ambulance certifies that
Carolyn M Everett McRae

has completed a course in
Standard First Aid CPR Level C

Expiry Date: Sep 17, 2009
Reference: 1-UG FAS
Issued By: Nova Scotia / PEI Council

STOP-MEDIC



**PENICILLIN ALLERGY
ALLERGIQUE A LA PÉNICILLINE**



Canadian Red Cross
Croix-Rouge canadienne



This certifies
that **Carolyn Everett**
has successfully completed

CPR Course Level **C - 3 yrs.**

Instructor: *[Signature]*
Date of Issue: **23 March 2006**
National Director
Field Operations



This is to certify that
Carolyn Everett

ADVANCED

has successfully completed the
**SANITATION PROGRAM
FOR FOOD HANDLERS**



[Signature]
for the **FOODSAFE Regional Council**

Ministry of Health
Simon Fraser Health
Unit
Date: **Jan. 31/96**



The Royal Canadian
LEGION 2004
royale canadienne

01 008 7929530 1 YEARS DOWNSHIP, AN. C. SERV. CONT.

NAME: **EVERETT, CAROLYN MARY**

STATUS: **AFFILIATE NON-VOTING MEMBER**
STATUT: **MEMBRE AFFILIE NON-VOTANT**

[Signature]
MEMBER SIGNATURE / SIGNATURE DU MEMBRE
DUES PAID TO: 31 DECEMBER 2004
DUES PAID TO: 31 DECEMBER 2004
DIVISION SECRETARY
SECRÉTAIRE NATIONAL

U-HAUL

AUTHORIZED DEALER

DEALER
**1 A MCRAE MOVING & STORAGE ENT
CAROLYN EVERETT-MCRAE**

DEALER SINCE

2007

CODE NO

58507

2010

VALID THRU

OCTOBER 23

NOVA SCOTIA
Transportation and Public Works

Traffic
Control
Person

Carolyn M. Everett

[Signature]
Signature
Issuing Authority

ALASKA HIGHWAY CONSORTIUM ON TEACHER EDUCATION PROGRAM

Northern Lights College
Simon Fraser University
School District 59, 60, 81

APPLICATION FOR ADMISSION

This application will be a major consideration in your admission to the program. It is in your best interest to complete it thoroughly, carefully and completely in your best handwriting.

Name: EVERETT CAROLYN MARY
Surname First Middle

Address: 4047 CAMBRIDGE STREET
BURNABY, B.C. V5C 1G6
City Postal Code

Telephone: Home 299-2594 Social Insurance # 207-854-126
Work _____
Contact _____

Date of Birth: MARCH 12/46 Marital Status: SINGLE

Dependents: NONE

Employment History:

Present Job: STUDENT Supervisor: _____

Started: SEPT. 1991

Previous Jobs: (1) SELF EMPLOYED Supervisor: N/A

Started: 1981 Finished: 1991

Reason for Leaving: RETURNED TO SCHOOL

(2) INDUSTRIAL UNION PAINTER Supervisor: VARIED

Started: 1972 Finished: 1981

Reason for Leaving: SELF EMPLOYED

(3) A - CARING COUNSELLING CLINICAL Supervisor: SELF
ACSN.

Started: 1985 Finished: 1991

Reason for Leaving: FURTHERING EDUCATION

EDUCATION

Highest Level Successfully Completed 3RD Year Completed 1992
(UNDER GRAD.)

School and City: OPEN LEARNING CONSORTIUM

Describe other educational or training programs you have taken (include dates & places).

(1) NURSING AIDE

(2) COUNCELLING INDIVIDUALS / DRUG & ALCOHOL COUNCELLING,
SEXUAL ABUSE, ETC.

(3) PROPERTY MANAGEMENT

(4) FLOWER ARRANGING (CERTIFICATES FOR ABOVE ATTACHED)

(1) Have you had any special training or experience which might help you in a teaching career? (e.g. Teacher Aide, Advisory Committee Member, etc.) Describe in detail.

(1) WORKED AS SUBSTITUTE TEACHER - DAWSON CREEK / FORT ST. JOHN.

(2) A VOLUNTEER FOSTER MOTHER FOR 8 CHILDREN/DAWSON CREEK/CHESTWYND

(3) SOCIAL SERVICE - STREET KID DAY PROGRAM - (1972) TOOK CHILDREN
ON OUTINGS - PARKS, MUSEUMS AND NATURE WALKS, ETC.

(4) SMITHERS DEPT. OF AGRICULTURE - NATIVE CHILDREN WORK PROGRAM
(SUMMER 1981) - TAUGHT CHILDREN AGRICULTURAL MARKET GARDENING
PRINCIPALS AND HOW TO GATHER CROPS & STORE EFFECTIVELY (BROCCOLI,
CAULIFLOWER, ETC., ETC.) AFTER HARVESTING.

- (2) What are your areas of interest in teaching? (e.g. Reading, Mathematics, P.E., Social Studies, Music, Art, Special Education, Administration, Counseling, Second Language, etc.)

(1) COUNSELLING (2) ART (3) SOCIAL STUDIES

(4) ENGLISH (5) HISTORY (6) LEARNING DISABILITIES

- (3) The academic subject that you are:

Strongest in

Weakest in

ART

SCIENCES

LITERATURE

HISTORY

- (4) What are your personal interests and hobbies?

PAINTING, SWIMMING, DRAMA, READING, NATURE STUDY.

SPENDING TIME WITH CHILDREN, HORSEBACK RIDING,

GARDENING.

- (5) What have you learned about children from your experiences with them?

CHILDREN RESPOND WHEN TREATED WITH RESPECT. CHILDREN ARE

CAPABLE OF MAKING RESPONSIBLE CHOICES & DECISIONS, WHEN

GUIDED AND NUTURED. CHILDREN RESPOND IN NURTURING SAFE

ENVIRONMENT. EACH PERSON, CHILD OR ADULT, LEARNS IN HIS

OR HER OWN WAY.

- (6) List some of the important reading you have done in recent months, such as books, magazines, newspapers, etc.

CHILDREN WITH EXCEPTIONALITIES BY MARGRET WINZER

BROKEN TOYS BROKEN DREAMS - UNDERSTANDING & HEALING BOUNDARIES,
CODEPENDENCE, COMPULSION & FAMILY RELATIONSHIPS BY TERRY KELLOGG

THE LEARNING MYSTIQUE - A CRITICAL LOOK AT "LEARNING
DISABILITIES" BY GERALD COLES

- (7) Why are you choosing teaching as your professional goal?

MY LONG TERM GOAL IS TO BECOME AN EDUCATIONAL PSYCHOLOGIST. I AM

INTERESTED IN WORKING IN A COUNSELLING CAPACITY IN THE SCHOOL

SYSTEM. SINCE I HAVE EXPERIENCED THE DIFFICULTIES ASSOCIATED

WITH LEARNING DISABILITIES I ALSO HAVE A PERSONAL INTEREST IN

WORKING WITH LEARNING DISABLED STUDENTS.

Letters of Reference

Please list the names, addresses and telephone numbers of people we can contact for a reference. These may or may not be the same as the people who write your letters of reference.

Name/Address/Telephone

Position/Title

1. MARGRET FLEMMING

HEAD DIETITIAN SUPERVISOR OF
VANCOUVER GENERAL HOSPITAL

7160 CAVELIER COURT

RICHMOND, B.C. - 271 - 4449

2. NORMAN WOTHERSPOON

EX. SUPERVISOR IN CHARGE OF
MY NURSING POSITION FOR
MRS. WOTHERSPOON.

4047 CAMBRIDGE ST.

BURNABY, B.C. 299 - 2594



Presented to:

CARDYN ENCRETT

Name

/ Credential #

by

Bradshaw Events, Inc.
1760 High Street • Denver, Colorado 80218
(303) 377-0771

in recognition of participation in:

"THE THERAPY OF FRIENDSHIP"

A Public Lecture by

JOHN BRADSHAW

May 28, 1992

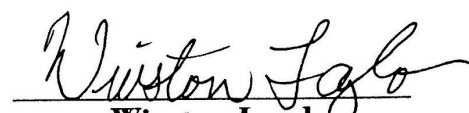
Vancouver, British Columbia

Bradshaw Events is an approved continuing education provider for the National Board of Certified Counselors (Provider No. 5398), the California Alcoholism and Drug Counselors Education Program (CADCEP Provider No. OS-89-206-0993), and the California Board of Registered Nursing (CBRN Provider No. CEP 08762).

NOTE: Certain agencies require that you retain this certificate for a minimum of 4 years to be eligible for credit.

2 CONTACT HOURS


John Bradshaw
Presenter


Winston Laszlo
Coordinator



**LifePLUS
Institute**

Name of Student:

CAROLYN EVERETT

License #:

Date:

6/8/90

C.E. Hours:

2

Provider: LifePLUS Institute, 6441 Coldwater Canyon Ave., North Hollywood, CA 91606

Allen "Kiji" Flock

Director/LifePLUS Institute

This certificate must be retained by the licensee for a period of four years after the course concludes.

This course has been approved by the California Board of Registered Nursing, BRN Provider No. 05068.
This course has been approved by CAADAC, CADCEP Provider No. 2N-88-162-0890.

AAA.12.Step.C.Counselling.C.Society

- John Bradshaw's

- Youtubes - Anger, Perfectionist, Extremist,

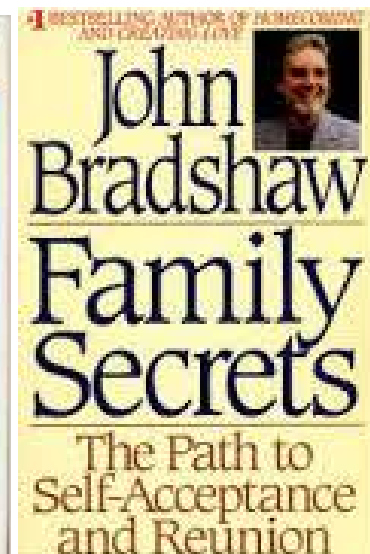
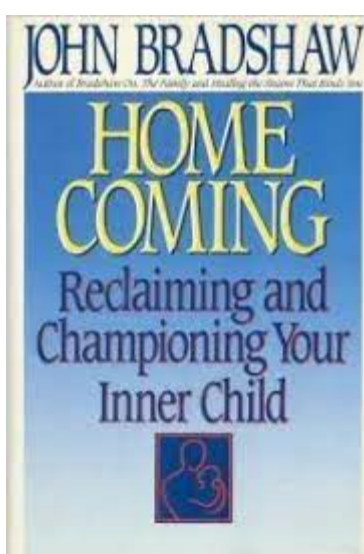
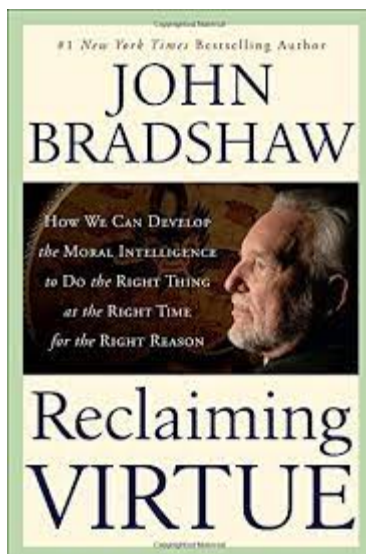
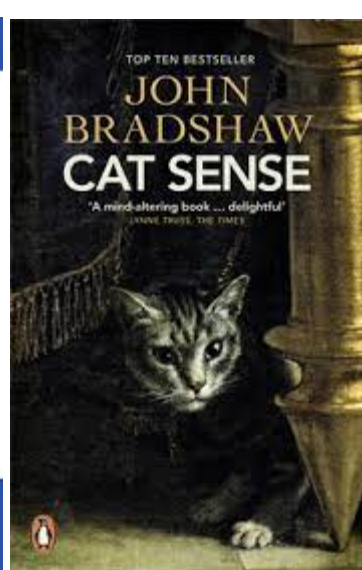
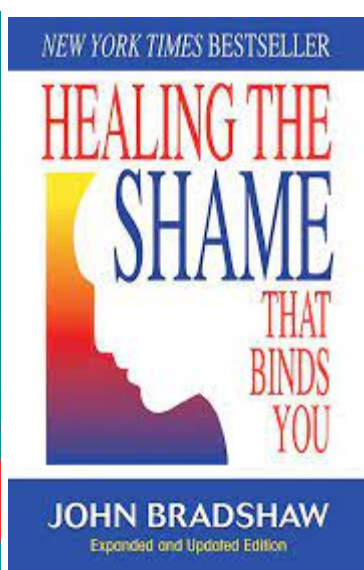
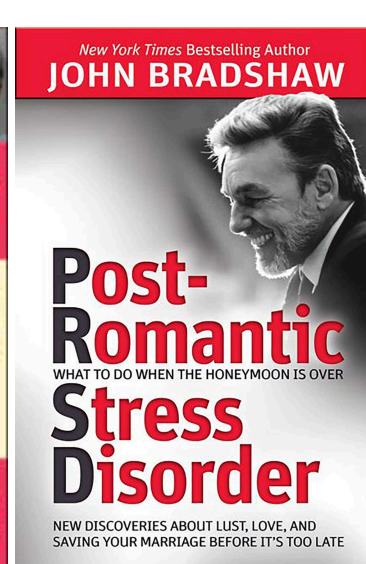
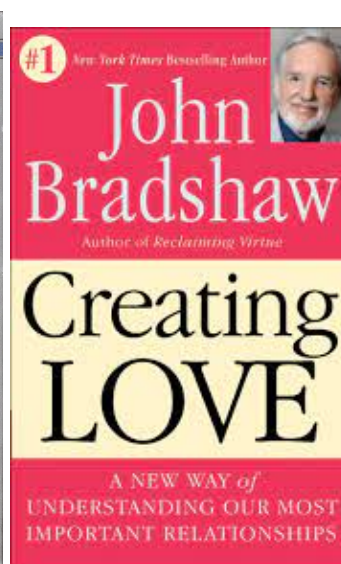
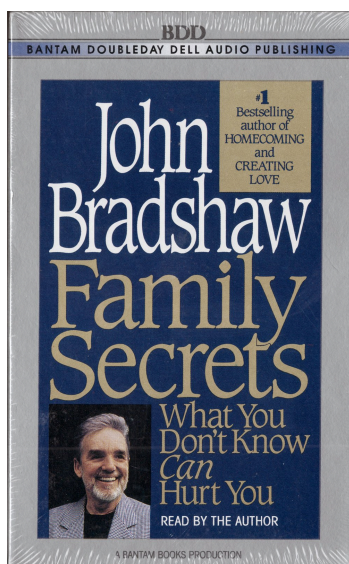
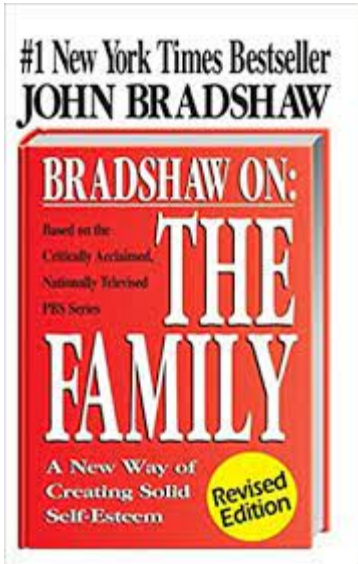
were part of my Training Program he gave us to Use
and Help

Others.**John Bradshaw.com**

www.johnbradshaw.com/about-us.aspx

1. https://www.google.ca/search?q=john+bradshaw+books&hl=en&authuser=0&tbm=isch&source=hp&biw=1237&bih=606&ei=j65SZMG0DpOYptQP_JSjuAc&iflsig=AOEireoAAAAAZFK8nyJ2ciFNnHel_ZL5nycB2AT-vz37&oq=John+Bradshaw&gs_lcp=CgNpbWcQARgFMgUIABCABDIFCAAQgAQyBQgAEIAEMgUIABCABDIFCAAQgAQyBQgAEIAEMgUIABCABDIFCAAQgAQyBQgAEIAEMgUIABCABFAAWABgwiVoAHAAeACAAU2IAU2SAQExmAEOAECoAEBqgELZ3dzLXdpei1pbWc&scient=img

CATHEDRAL CITY, (Palm Springs) CA ... For the past four decades, John Bradshaw has combined his exceptional skills as the role of counselor, ... Abuse Program (1981-88), as National Director of Life-Plus Codependency Treatment Center (1987-1990), ... Since 1999, John has been a Fellow at The Meadows Institute.



Co-dependency is the Core Addiction to
All ADDICTIONS!!!

Co-dependency is "Lack of Self"

Living Outside Ourselves

Giving up Ourselves to: People, Places and Things

Not Trusting Our God or Gut Feelings.

ADDICTIONS are ONLY the Symptoms, of
Co-dependency that

Kills US and the Ones We LOVE,

Along with All Our Hopes and Dreams...

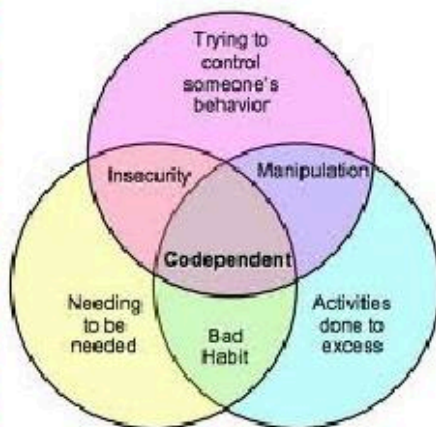
Let the Spiritual Journey Begin with ME and THE!!

"Let GOD - Let Go"



The Twelve Steps of Co-Dependents Anonymous

1. We admitted we were powerless over others - that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and lives over to the care of God as we understood God.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being, the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked God to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to other codependents, and to practice these principles in all our affairs.



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CoDA.org

Am I Codependent?

What is Codependency

At CoDA, we offer no definition or diagnostic criterion for codependence. What we do offer is a list of patterns and characteristics as a tool to aid in self evaluation. CoDA has also developed a set of Tools for Recovery that assist Newcomers looking for more information on codependence.

Patterns and Characteristics

Self-evaluation is an important part of recovery. Here are some examples of behaviors that codependents may exhibit.

Denial Patterns:

I have difficulty identifying what I am feeling.

I minimize, alter or deny how I truly feel.

I perceive myself as completely unselfish and dedicated to the well being of others.

Low Self Esteem Patterns:

I have difficulty making decisions.

I judge everything I think, say or do harshly, as never 'good enough.'

I am embarrassed to receive recognition and praise or gifts.

I do not ask others to meet my needs or desires.

I value others' approval of my thinking, feelings and behavior over my own.

I do not perceive myself as a lovable or worthwhile person.

Compliance Patterns:

I compromise my own values and integrity to avoid rejection or others' anger.

I am very sensitive to how others are feeling and feel the same.

I am extremely loyal, remaining in harmful situations too long.

I value others' opinions and feelings more than my own and am afraid to express differing opinions and feelings of my own.

I put aside my own interests and hobbies in order to do what others want.

I accept sex when I want love.

Control Patterns:

I believe most other people are incapable of taking care of themselves.

I attempt to convince others of what they 'should' think and how they 'truly' feel.

I become resentful when others will not let me help them.

I freely offer others advice and directions without being asked.

I lavish gifts and favors on those I care about.

I use sex to gain approval and acceptance.

I have to be 'needed' in order to have a relationship with others.



On Wed., May 3, 2023, 9:08 a.m. AAA 12 Step C.C.C. Society, <aaa12stepsociety@gmail.com> wrote:

This was my Life!! 1985 May 15, I started All the meetings because of my Psych. Dr. Ray's Parkinson. Was in 12 Steps., I said there are no ACOA, Coda, meetings - Dr. Ray's Parkinson. Said then started them. Terrified I did and peed myself as Dyslexic and

ADHD.but I read the 12 Steps etc. With only 2 people - later it was 70 with their children in art therapy.

One little girl heard mom in the other room crying. She pulled on her mom's sweater and said "Mommy! Stop crying, I will look after you!! This happened to me too!!! Wow! We would have Never have known!

We should help our children Too!!
This meeting died sadly after I moved.

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<https://www.additudemag.com/adhd-dyslexia-connection/>

Survivors, After Live Group, Anger Management, Art Therapy, Hypnosis etc... Dr. Parkinson on the Board of Simon Fraser University SFU fired me 3 times..He helped me start AAA 12 Steps, finish my degree and sent me clients etc.. SAD he just died from Alziemers. The Dad I never had.. He tested me and found my Dyslexia. Adhd had a photographic 3d brain and IQ of 190s . In grade 4-6 I could not READ outlook and would pee myself.. They put me with stupid kids. They would tease me and call me "The Crazy woman's daughter" Joan Currie in Pink jeans 1950's Hamilton, Ontario was my Pitbull would protect me.. Thank-you Joan wherever you are. Move to Glace Bay, Nova Scotia still looking for you!! Married = New Name!! SAD!

All I wanted was my degree and 5 courses for 5 credits each.. What I got was a Happy and Free little Carolyn..@ 77 years Young, Happy & Free and Passing it on...My professor said there

is Nothing worse than a Counsellor worse than a Counsellor Sicker than their Clients. We had to sign a contract to ourselves to get into therapy.

It was through Edgewood B.C. 1990 at Island University (Malaspina College) who used John Bradshaw to heal delayering the pearl that is killing the clam or its host!!

What is your Journey of Hope & Freedom from the pain of your childhood. Blocked till 50 years Old. SAD! Abused from 6 months Dad, Grandpa -Oral sex to a baby. Three years old internal to 13 Dads brother also I watched him rape me Mom. Brother born from the rape. Dad tried to kill, I saved him.

GAY SHOT HIMSELF BECAUSE OF THE JW's...

Dad's brother who as a barber traveled across Canada abused all the girls in our family cutting hair.

My Mom's Uncle at 7/8 years and his wife with a cub foot lived by a store and abused the little girls and my girl cousins where today the Disney Like park is today in Maple, Ontario Canada.

I felt after All the memories came with Dr. Ray's Parkinson's help I said to him " I feel like, I was living I was living in a Red Light District and on the outside I looked like my family was the "the American Dream" so sad it was all lie" Grampa top dog at IBM, family very, much in Denial and sick..

Dr. Ray asked me to Laugh with him and Let God Let go and he said for me to pass on my Faith, Hope and Love ❤️ to other survivors who want help. SAD he is gone!!

This Dad I never had..

"Fear leads to anger. anger leads to hate. hate.. to suffering"



[Moral Intelligence Living Smart with Patricia Gras](#)



[Shame That Binds You \(Part 1\)](#)



Shame That Binds You (Part 2)



Shame That Binds You (Part 3)



Shame That Binds You (Part 4)



Shame That Binds You (Part 5)



[Shame That Binds You \(Part 6\)](#)



[Heal Your Inner Child \(1\)](#)



Heal Your Inner Child (2)



Heal Your Inner Child (3)



[Heal Your Inner Child \(4\)](#)



[Homecoming - Pt1](#)



Homecoming - pt4



Homecoming - pt5



- Homecoming - pt6



Homecoming - pt7





Homecoming - pt8



Homecoming - pt9



Homecoming - pt10



[The Family - pt1](#)



[The Family - pt2.wmv](#)



[The Family - pt3.wmv](#)



[The Family - pt4.wmv](#)



[The Family - pt5.wmv](#)



[The Family - pt6.wmv](#)



[The Family - pt7.wmv](#)



[The Family pt8](#)



[The Family - pt9.wmv](#)



[The Family - pt10.wmv](#)



(FORGIVENESS) - Part 1



(AIDS HIV - HELPING PEOPLE)- Part 2



Extraordinary People2 pt4



Extraordinary People2 pt3



Extraordinary People Part 4



I don't believe in miracles, I depend on them

*"A Person who has
Lots of Anger Inside,
Definitely Loves People More
than anyone else can.
Because
If Red colour Indicates Anger
then It Indicates Love too".. !*

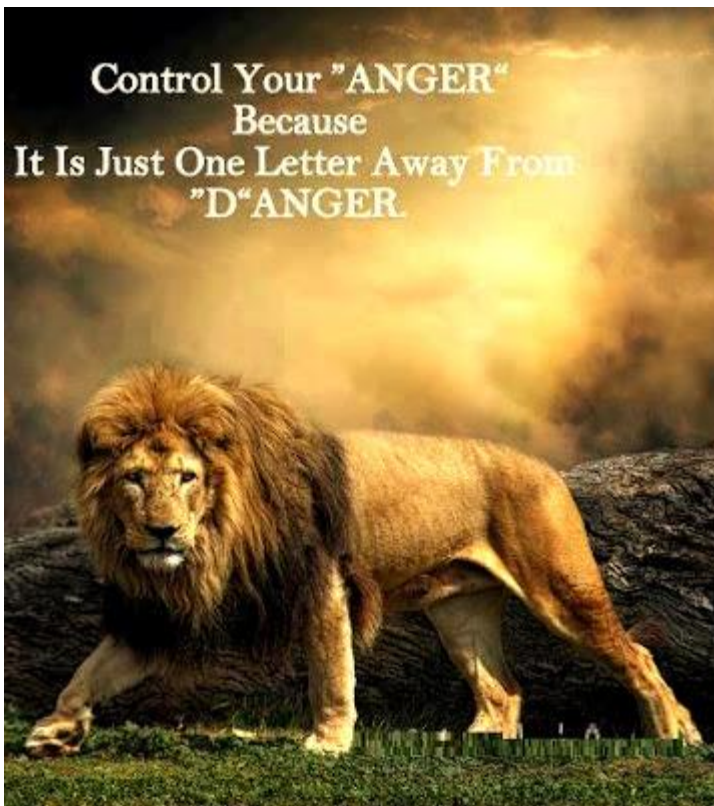
Perfectionism



Procrastination



Paralysis



Control Your "ANGER"
Because
It Is Just One Letter Away From
"D"ANGER

**PERFECT
RELATIONSHIP**

IS NOT THAT YOU
NEVER GET ANGRY,
UPSET OR IRRITATED
WITH EACH OTHER..

IT'S HOW FAST YOU
RESOLVE & BOUNCE
BACK TO NORMAL

The One that Angers You
controls you.

Don't give Anyone that Power !!!
especially the One
who does it intentionally..

I have broke up with my doubts and now I'm enjoying my dreams.

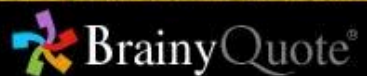
**Holding on to anger
is like drinking poison
and expecting the other
person to die.**

Buddha
inspirationalquotes.com



People won't have time
for you if you are always
angry or complaining.

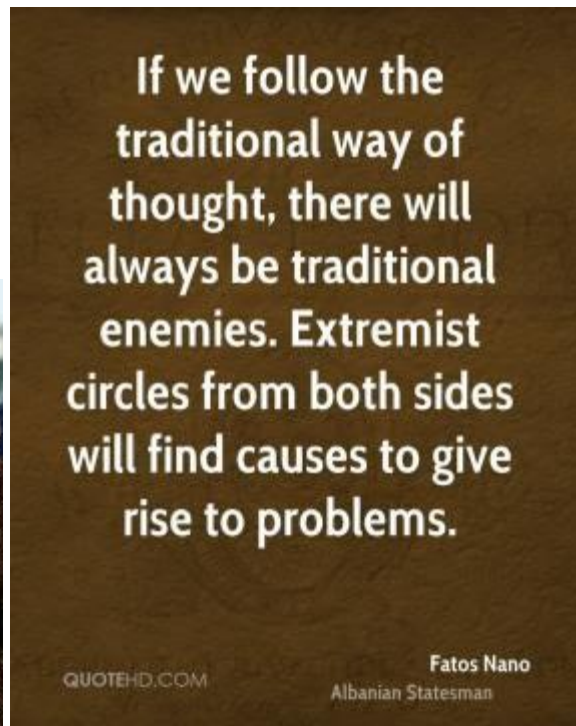
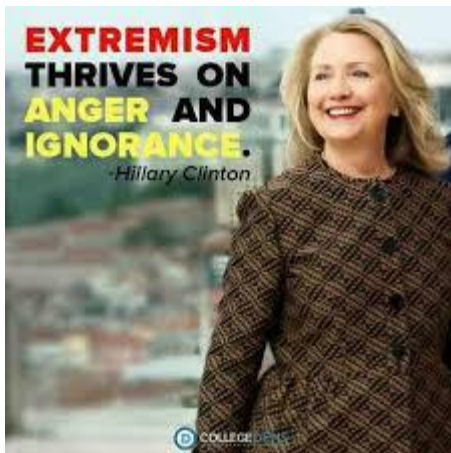
Stephen Hawking



10 WAYS TO TELL IF YOU ARE A PERFECTIONIST

1. You are **highly conscious** and **hyper-critical** of **mistakes**.
2. You aim **to be the best** in everything you do, *even if* it is something that you are **not interested in**.
3. You spend **copious** amount of time to **perfect** something even *at the expense* of your well-being.
4. You set **absolute ideals**. There is only black and white, no grey.
5. You are your **harshest critic**. You beat yourself up over the smallest thing that goes wrong.
6. You **mull over outcomes** if they did not turn out as envisioned.
7. You are **defensive** towards **criticism** and have a **fear of failure** because they suggest imperfection.
8. You **only care** about achieving the **end goal**, paying no heed to the journey.
9. You have an **all-or-nothing** approach.
10. You are **conscious** of any situation which might give others the **perception** you are **not perfect**.

© Celestine Chua; Full article + Learn to handle your perfectionism:
<http://personalexcellence.co/blog/10-ways-to-tell-if-you-are-a-perfectionist/>



www.johnbradshaw.com

www.melodybeattie.com

www.Hazelden.org

It is the act of forgiveness that opens up the only possible way to think creatively about the future at all.

-- Father Desmond Wilson

Today is full of endless possibilities and dreams. In many cases, we are limited only by our fear and lack of hope, in others and ourselves. Each new day we are given a clean page to live in our book of life.

What freedom we find when we choose to practice the art of forgiveness. Forgiving others and ourselves will allow us to step into this new day as free human beings. What can really hurt us in the present if we have the key to daily forgiveness? What could our friend, boss, or enemy possibly say that would be worth the emotional price of on-going resentment?

Freedom is a gift we give ourselves every time we choose not to react to a hurtful comment. Holding on to old resentments keeps our creative energy trapped and stifled. Our choices are these: new freedom or old resentment. We choose new freedom. It is the gift we give ourselves when we choose not to let the sun rise on yesterday's script.

Today let me forgive everyone and anything - past and present - that might distract me from my spiritual growth.

You are reading from the book:



Body, Mind, and Spirit by Anonymous

"Fear leads to anger, anger leads to hate, hate.. to suffering"

<http://www.youtube.com/watch?v=kFnFr-DOPf8>

John Bradshaw on Moral Intelligence Living Smart with Patricia Gra

<https://www.youtube.com/watch?v=Jd2yT7bHdbQ>

John Bradshaw on the dangers of family secrets

<https://www.youtube.com/watch?v=8lgmz7LoKYw>

John Bradshaw - Healing The Shame That Binds You (Part 1-6)

<https://www.youtube.com/watch?v=5q2tZa1gp8Q>

<https://www.youtube.com/watch?v=V0iDFa3OOTI>

<https://www.youtube.com/watch?v=em2GO6yCSdY>

<https://www.youtube.com/watch?v=TzeGAUGvdX4>

https://www.youtube.com/watch?v=4M03a0_QqDw

<https://www.youtube.com/watch?v=2wzZi7BPJBI>

Bradshaw: Heal Your Inner Child (1-4)

<https://www.youtube.com/watch?v=bCIMK5rNBSc>

<https://www.youtube.com/watch?v=ItxpD5C4gR0>

<https://www.youtube.com/watch?v=R0eJehJu3tl>

<https://www.youtube.com/watch?v=tVGtbCqH7Ko>

John Bradshaw - Homecoming - Pt1-10)

<https://www.youtube.com/watch?v=QPRMaWHdlgA>

<https://www.youtube.com/watch?v=sA1XgYRjo0s>

<https://www.youtube.com/watch?v=Mofs-LTP4NQ>

<https://www.youtube.com/watch?v=HbgJieLKDR4>

<https://www.youtube.com/watch?v=JknEL-IKDgY>

https://www.youtube.com/watch?v=GV_inogitn4

<https://www.youtube.com/watch?v=inLWORJX0Wo>

<https://www.youtube.com/watch?v=QE3HmnfrtyU>

<https://www.youtube.com/watch?v=xO2bl7OWvlq>

<https://www.youtube.com/watch?v=AN2TJoS7CQY>

John Bradshaw - Bradshaw On: The Family - pt1-10

<https://www.youtube.com/watch?v=9PjAXINemG4>

<https://www.youtube.com/watch?v=Nmu3cnv2GL4>

<https://www.youtube.com/watch?v=vwwmlpwM0l8>

<https://www.youtube.com/watch?v=NPsbD6Gts1g>

<https://www.youtube.com/watch?v=stBGhq5dTiY>

https://www.youtube.com/watch?v=-Ph6_AyUJdU

https://www.youtube.com/watch?v=9_YNh5VS-Y

<https://www.youtube.com/watch?v=qxulnm7KTgo>

<https://www.youtube.com/watch?v=8v7tSjLy0L8>

<https://www.youtube.com/watch?v=TAwfpYdjSLc>

John Bradshaw on Extraordinary People (FORGIVENESS)

<https://www.youtube.com/watch?v=WypGyK6hcl8>

<https://www.youtube.com/watch?v=K7AmErEzBOU>

<https://www.youtube.com/watch?v=scUL4EEuXTM>

https://www.youtube.com/watch?v=_H77hSJeo9A

<https://www.youtube.com/watch?v=tcU8xFLzWN0>

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True Credit History!!!
Deal IN CASH NOT CARDS!!

LIKE THE PAST AND OLD CHINESE FAMILIES DO!!!!

Think about it??



DegreeResumeRay P. .doc

My Owning properties in my Name Only!!!

Married for Love?

several Abusers 6 months = Divorced (I paid for them)

had to pay His GAMBLING Debts off with My properties!!! NASTY!!!

Would have been a Billionaire if I was not a Jehovah Witness/Mormon.

Not one now - 12 Step Programs saved my Life; Literally!!!

- **am.now 77 yr Old Female who has been a Millionaire 4 times.**

Just don't get Married!!!Lol

Would have been a Billionaire if I was not a Jehovah Witness/Mormon.

Not one now - 12 Step Programs saved my Life; Literally!!!

1975 -1979

Bought 3 properties Cash, 30 years old.

I was in Local 138 Painter's Union making \$60,000 every 3 months as Height Painter for Dillingham painting 1,000 ft Smoke Stacks and bridges etc.

Zamboni Driver, Bull Cook in the Oil patch and Lumber camps. Class One Logging Truck Driver -quite -60 below frozen fingers etc. & Dangerous, too.

Also an

Elementary Teacher in St. John's and Pouce Coupe

and going to SFU University for my Educational Degree. Against JW rules for their Women!!

<https://www.alexschultz.co.uk/?s=03>

<https://www.kijiji.ca/v-view-details.html?adId=1663537873>

Wanted: Pray4Me  77yrsOld

Lady-FamilyHealingCenter&KIDS,2!-AAA 12Step

(902) 901-0600 AAA12StepCCCSociety

-<http://ffnd.co/ShhPjm>

**aaa12stepsociety@gmail.com,
@AAA12Steps4U**

-

<https://twitter.com/AAA12Steps4U>

-

4U&UrsLifeCoachAddiction,PetArt Therapist,Hypnosis,

-

4BrJIM=Suicide27yrGayJW

**Dear Sir::[Alex Schultz-](mailto:bgaschultz@hotmail.com)
bgaschultz@hotmail.com,**

 *Ny 9-11 Canadian Angel*
 *DegreeResumeRay P. .doc*



Meta HeadquartersMenlo Park, CA, United States

1601 Willow Rd

Menlo Park, CA 94025-1452+1 650-853-1300(650) 543-4800



EFT Couples Therapy Online
CONNECT WITH ME

***I, Carolyn Everett McRae, 77 yrs old ph#
902-901-0600.***

***AAA12 Step C.C.C.Society. I volunteered at
Ny 9-11 for 6 months. They called me
The Ny 9-11 Canadian 🙇 Angel.***



They call me:

"The NY-9-11 Canadian Angel"
In Front of St. Pauls Church @ Ground Zero

*A Letter from Fulton's Fish Market
From Pete- My Guardian Angel
at Ny 9-11 - Ground Zero*

D.O.T./P.D.

Please do not bother this R.V. This is a great woman here to volunteer for WTC. and has been tossed from place to place. This area is a Fish Market Loading area and we have been trying to help her by allowing her access all during market hours. If shes not bothering anybody Please leave her alone.

Thank you
very much,
Pete Peck Slip
Owner.
Slip Kids Loading Co.

P.S. I can be found market hours on P.S.

Sorry, trying to help the society get donations for a building to help Children and Adults who have been Sexually Abused.

<http://ffnd.co/ShhPjm>

***Pray4Me 📷 77yrsOld Lady-FamilyHealingCenter&KIDS,2!-
Thank you.Thanks***

**FAMILY ADDICTIONS ANN.
&
FAMILY ABUSE ANN.**

**AAA 12 Step
Caring Counselling Clinical
Society**



"God Not Guilt"
AAA Stand for "Above & Beyond AA"
12 Step Church 4 Teens & Teen Angels

Co-dependency is the Core Addiction to
All ADDICTIONS!!!

Co-dependency is "Lack of Self"

Living Outside Ourselves

Giving up Ourselves to: People, Places and Things

Not Trusting Our God or Gut Feelings.

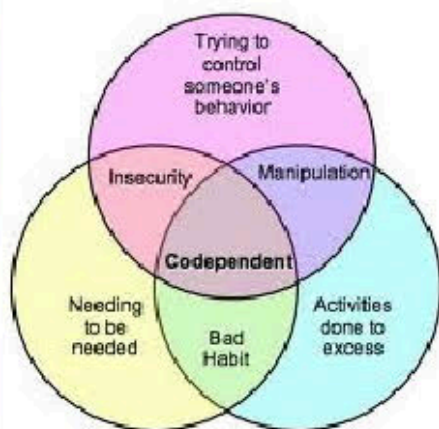
ADDICTIONS are ONLY the Symptoms, of
Co-dependency that

Kills US and the Ones We LOVE,

Along with All Our Hopes and Dreams...

Let the Spiritual Journey Begin with ME and THE!!!

"Let GOD - Let Go"



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CoDA.org

Am I Codependent?

What is Codependency

At CoDA, we offer no definition or diagnostic criterion for codependence. What we do offer is a list of patterns and characteristics as a tool to aid in self evaluation. CoDA has also developed a set of Tools for Recovery that assist Newcomers looking for more information on codependence.

Patterns and Characteristics

Self-evaluation is an important part of recovery. Here are some examples of behaviors that codependents may exhibit.

Denial Patterns:

I have difficulty identifying what I am feeling.

I minimize, alter or deny how I truly feel.

I perceive myself as completely unselfish and dedicated to the well being of others.

Low Self Esteem Patterns:

I have difficulty making decisions.

I judge everything I think, say or do harshly, as never "good enough."

I am embarrassed to receive recognition and praise or gifts.

I do not ask others to meet my needs or desires.

I value others' approval of my thinking, feelings and behavior over my own.

I do not perceive myself as a lovable or worthwhile person.

Compliance Patterns:

I compromise my own values and integrity to avoid rejection or others' anger.

I am very sensitive to how others are feeling and feel the same.

I am extremely loyal, remaining in harmful situations too long.

I value others' opinions and feelings more than my own and am afraid to express differing opinions and feelings of my own.

I put aside my own interests and hobbies in order to do what others want.

I accept sex when I want love.

Control Patterns:

I believe most other people are incapable of taking care of themselves.

I attempt to convince others of what they "should" think and how they "truly" feel.

I become resentful when others will not let me help them.

I freely offer others advice and directions without being asked.

I lavish gifts and favors on those I care about.

I use sex to gain approval and acceptance.

I have to be "needed" in order to have a relationship with others.

Sorry, if you might call it spam.

I am a very zealous Add and Adhd 77yrsOld Lady- when it comes to helping people since 1985 for free!!

How do I do it for gofundme and freefindme they call it crowdfunding?

If I can not do it on facebook.

I will not in the future!!

Am I,

without facebook or forever??

I do not want to lose all my photos etc!!

It is Ok on twitter!

So in the future I will only do meditations on 6 Sites again. Now am I overdoing there, too??

Also, there are persons claiming to be a facebook Agents-support to help on google!!

They said my account was hacked and I owe facebook \$3,000. the ph# they have is

1-888-515-3224

Then they asked about my bank,

I hung up thinking they were scammers. Is that your support ph#??

Yours truly

Carolyn Everett McRae, (902) 901-0600





Description

Pray for Me!! 🏠 🏠 I am a 77 yrs old Lady and the banks and leaders said the cut off age is 70 for buying a Motel 🏠 for meetings. Will add an additional 40×20 two floors, will do Life Coaching & start my 12 Step Church too!! 12 step Club- Piano, music dancing, singing etc. Camping & campfire meetings and barbecues? [Etc....aaa12stepsociety@gmail.com](mailto:aaa12stepsociety@gmail.com) Will have a Meditation garden and I already have the fish pond -pets zoo for kids. Weekend getaways as a 12 Step Families like I did in Seattle/Kent WA.

Loved their programs the Judges put in place in the late 80's!! I saw Miracles and they Worked!! NO BLUE CARDERS IN THAT PROGRAM. THEY HEALED THE WHOLE FAMILY & CHILDREN TOO!!!!

<http://ffnd.co/ShhPjm>

Want to start a Family Healing Center & children,too!! It's a Family System problem Not a Me,Me!!! Problem.

**Loneliness is a Killer of our Spirit & Soul, think about it???
Laughing is Healing, pets teach Unconditional Love many of Us
Never have felt.**

AA,AA,NA,Coda.org, Acoa.org, Etc..with pets, Art & music and Fun!! NA,Coda.org, Acoa.org, Etc..with pets, Art & music and Fun!!

<http://ffnd.co/ShhPjm>

**AAA12StepCCCSociety@AAA12Steps4U
4U&UrsLifeCoachAddiction,PetArt Therapist,Hypnosis,**

[4BrJIM=Suicide27yrGayJW](#)

Pray4Me Want Healing Family Center4Kids!!!!. Give \$20 and be a founding donor

Your donation is the start of CAROLYN's journey to success. Your early support inspires others to donate.Did you know? Even if you can't contribute with money, you can help this campaign by sharing on Facebook! In fact, when this campaign reaches 100 shares on Facebook and \$1000 raised, FreeFunder will

donate \$20 to it. Tell your friends! Currently this campaign has been shared on Facebook about 0 times.

<https://m.facebook.com/help/contact/2332108630404340>