NORTHEAST "B" DISTRICT TRACK MEET

Dear Coach (es),

The NORTHEAST JUNIOR HIGH SCHOOL "B" DISTRICT track meet will be held on Saturday, May 9,2026, at Hulett High School. Enclosed is the schedule of events.

Entries

Entries must be received no later than noon on Thursday, May 7. The meet will be listed on Milesplit. Please be as accurate as you can be in entering times and distances. Remember it's what they have done, not what you think they can do.

Divisions

We will have a girls' and boys' "7" and an "8" division for each event. Participants may not cross over between divisions.

Events

Each team may enter a maximum of three participants per event in each division. Each participant may be entered in a **maximum of five events**. They may be entered in no more than three individual running events. They may be entered in a total of 4 running events, one of which has to be a relay. Please indicate who your relay runners are. Without names, we will not enter the team.

Awards

There will be medals for 1st-3rd place in all events. Team points
will be kept, and a trophy will be awarded in each division. Team points will be awarded according to the following:
1^{st} = 10 points, 2^{nd} = 8 points, 3^{rd} = 6 points, 4^{th} = 4 points, 5^{th} = 2 points, and 6^{th} = 1 point.

Equipment

We will provide the starting blocks. NO spikes longer than 1/8"
will be allowed on the track or runways.

Team Camps

Team camps should be located on the grass area by the pickleball courts or behind the small track sheds. Team Camps may not be on the infield (football field). Please keep the area picked up during and after the meet.

Scratch Meeting

Your entry packets will be available at 7:45 a.m. Please take your scratches to the Press Box as soon as you arrive. **There will be no adds on the day of the meet! Replace only!**

Hospitality Room & Concessions

We will have a hospitality room for coaches, workers, and bus drivers. There will also be a concession stand open throughout the day. Restrooms are available at the concession stand area.

Please let me know if you have any questions, or if I'm forgetting anything, let me know.

NORTHEAST "B" DISTRICT TRACK MEET SCHEDULE

The times of events are estimates. The events will follow one after the other. Be sure your athletes listen for their call to events. We will not hold up an event to wait for a participant. Field events will begin at 8:30 a.m.

7:45 a.m. Donuts, coffee, and juice (location to be hospitality room). Pick up packets and take scratches to the announcer's booth. Remember, there will be no adding on the morning of the meet.

8:30 a.m. Field Events Begin - please note the event your team is assigned to work and pick up equipment in the track shed..

The 100 m hurdles will be at the following heights: girls' "8" and "7" 30 inches, boys' "7" 33 inches, and Boy's "8" 36 inches.

The 200 m hurdles will be at the following heights: girls "8", "7", and boys "7", 30 inches, and Boy's "8" 33 inches.

8:30 FIELD EVENTS

Team in Charge	FIELD EVENT	8:30	9:30	10:30	11:30
Wright	SHOT PUT	7 Boys	8 Boys	8 Girls	7 Girls
BH/TR	DISCUS	8 Boys	8 Girls	7 Girls	7 Boys
Moorcroft	HIGH JUMP	7 Girls	7 Boys	8 Boys	8 Girls
Newcastle	LONG JUMP	8 Girls	7 Girls	7 Boys	8 Boys
Hulett	TRIPLE JUMP	8 Boys	7 Boys	8 Girls	7 Girls
Upton	POLE VAULT	7/8 Girls		7/8 Boys	

10:30 TRACK (7 Girls – 8 Girls – 7 Boys – 8 Boys)

SPRINT MEDLEY RELAY (100 – 100 – 200 – 400)
11:00 100 M
11:30 800 M
12:00 200 M
12:30 100 Hurdles (7/8 girls - 30", 7 boys - 33", 8 boys - 36")

LUNCH (This could be shorter or not at all, depending upon the weather)

1:30 400 M
2:00 1600 M
2:30 200 M Hurdles (7/ 8 Girls & 7 Boys - 30", 8 Boys - 33")
3:00 4 x 100 Relay
3:30 4 x 400 Relay

Suggested starting heights: ***(Try to get 6 to place)***	***high jump***	***pole vault***
	7th Girls 3' 6"	***5'***
	8th Girls 3'8"	***5'***
	7th Boys 3'10"	***5'6"***
	8th Boys 4'	***6'***

NORTHEAST DISTRICT TRACK & FIELD MEET Records (Updated 5/4/2017)

BOY'S DIVISION

100 m Dash	Freudenburg	Moorcroft	11.77	1992
200 m Dash	Bullock	Moorcroft	24.37	1985
400 m Dash	Butts	Upton	55.24	2013
800 m Run	Tidyman, D.	Newcastle	2:15.09	2016
1600m Run	Bayne	Newcastle	5:00.37	2005
100 m Hurdles	Pisciotti	Newcastle	15.53	2005
200 m Hurdles	Penning, S	Hulett	28.68	2010
Shot Put	Graham	Tongue River	43' 11"	1978
Discus	Allen	Upton	138' 03"	2008
Long Jump	Penning, S	Hulett	20' 0"	2010
Triple Jump	Penning, S	Hulett	40' 9.5"	2010
Pole Vault	Tonkel	Upton	12' 0"	1994
High Jump	Reins	Kaycee	5' 10"	1967
4 X 100 m Relay		Newcastle	50.10	1992
4 X 200 m Relay		Newcastle	1:44.28	1990
4 X 400 m Relay		Newcastle	4:02.32	2005
Sprint Medley (1x1x2x4)		Upton	1:50.02	2012

GIRL'S DIVISION

100 m Dash	Pzinski, M	Newcastle	13.09	2010
200 m Dash	Lawrence	Wright	27.41	2012
	Olson, J.	Upton	27.41	2014
400 m dash	Olson, J.	Upton	63.27	2014
800 m Run	Jones, H.	Moorcroft	2:31.07	2016
1600 m Run	Jones, H.	Moorcroft	5:36.03	2016
100 m Hurdles	Denius	Big Horn	16.57	1982
200 m Hurdles	Edwards, J.	Wright	31.32	2016
Shot Put(4K)	Segelke, K	Wright	31' 3.75"	2010
Shot Put(6lb.)	McInerney, R.	Sundance	37'11"	2016
Discus	McInerney, R.	Sundance	102' 0"	2016
Pole Vault	Rhoden	Upton	7' 06"	2012
	Seamands, K.	Wright	7' 06"	2015
High Jump	Materi	Sundance	4' 11"	2004
	Holwell	Osage	4' 11"	1977
Long Jump	Hendrix	Upton	15' 9"	1993
Triple Jump	Anderson	Upton	31' 2"	2013
4 X 100 Relay		Newcastle	53.58	2001
4 X 200 Relay		Hulett	2:02.45	1992
4 X 400 Relay		Upton	4:40.13	2014
Sprint Medley (1x1x2x4)		Hulett	2:05.13	2003