

Conrad Frommelt, MA, LMFT, CCTS-I

(they/them)

Gender + Sex + Trauma + Neurodiversity Relational Therapist / Teacher / Advocate

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Primary Location: Denver Area, Colorado

Areas of Professional Interest

- Gender Therapy
- Trauma Therapy
- Sex Therapy
- Systemic Therapy
- JungianPsychoanalysis
- Constructivist & Postmodern therapy approaches
- Expressive Art Therapy

- Experiential therapy approaches
- Disability Theory
- Feminist Theory
- Queer Theory
- Neurodiversity
- Curriculum
 Development and
 Pedagogy
- Clinical Supervision

Doctor of Health Science (DHSc)

University of the Pacific, *Stockton, California* Clinical Leadership Track

In progress

Areas of expertise: trauma therapy, therapy with queer clients, therapy with neurodiverse clients, jungian psychoanalysis, queer theory, clinical supervision, interprofessional collaboration

Education

Master of Arts (MA) in Marriage and Family Therapy April 2023 Touro University Worldwide, *Los Alamitos, California*

Capstone Project: "Integrating Attachment Narrative Therapy with Feminist Theory as an Efficacious Treatment Modality for Intrafamilial, Childhood Sexual Abuse with a Queer-Identifying Client"

Clinical Concentration, Graduated Summa Cum Laude COAMFTE Accredited

Master of Education (M.Ed.) in Special Education August 2019 The Pennsylvania State University, *University Park, Pennsylvania*

Master's Thesis: "The Effects of Functional Communication Training on the Challenging Behavior of Students with Emotional and Behavior Disorders"

Track: Special Education, Applied Behavior Analysis

Bachelor of Arts (BA) in Psychology

June 2016

Biola University, *La Mirada, California* Rosemead School of Psychology and Torrey Honors Institute Track: Clinical Counseling, Graduated Summa Cum Laude

Licensed Marriage and Family Therapist (LMFT)

Colorado License #MFT.0002875 April 2025 to present

Professional Licenses and Certifications

Certified Clinical Trauma Specialist-Individual (CCTS-I)

Trauma Institute International

November 2022 to Present

Clinical Fellow

American Association for Marriage and Family Therapy August 2025 to present

Queer Relationship Therapist, Co-Owner March 2024 -Present Entelechy Healing Collective Loveland, CO

- Provide evidence based therapeutic services to individuals, families, and relationship clients impacted by issues related to queer identity, neurodiversity, and various forms of trauma
- Manage business policies and operations for small private practice
- Engage in, develop, and provide community directed education and clinical skill building opportunities around clinical expertise areas

Professional Experiences

Relationship and Sex Therapist

Pivotal Counseling LLC

April 2023 - March 2024 Fort Collins and Greeley, CO

- Provide therapeutic interventions, general counseling, and skill-building, to clients ranging in age from child to adult and in both individual and relational therapeutic settings.
- Develop and maintain appropriate client paperwork including intake packets, notes, treatment plans, and other paperwork as necessary.
- Maintain and continually improve clinical proficiency and professional ethics.

Relationship and Sexuality Clinical Intern May 2022 - April 2023

Pivotal Counseling LLC Fort Collins and Greeley, CO

- Provide general therapeutic services to children and adults
- Maintain appropriate client paperwork and documentation in accordance with company policy

Clinical Supervisor, BCBA

Kyo Autism Therapy

October 2021 -April 2021 Northern and Central Colorado

- Perform Adaptive Skill-Based Assessments, Functional Behavior Assessments, and measures of Parental Stress which were used to develop treatment plans for learners ages 3 to 22 in home, community, and school settings
- Manage a team of Registered Behavior Technicians and BCBA Trainees including biweekly supervision, performance reviews, monthly trainings, individualized goal development and professional support using principles of Organizational Behavior management
- Coordinate care between ABA team and other service providers such as educators, case workers, and mental health providers to ensure alignment of goals and continuity of interventions

 Lead direct therapy sessions with clients and parents to work on socially significant behavior reduction and skill acquisition goals

Clinic Director, BCBA
Insight Behavior Partnership

November 2019 -October 2021

Aurora. CO

- Perform skill-based assessments, develop teaching plans, and collect and analyze data for a variety of individuals ages
 3 to adult in multiple settings with a variety of disabilities
- Train registered behavior technicians, parents, and other health care professionals on principles of Applied Behavior Analysis and techniques for effective teaching
- Coordinate care between various health and education professionals to ensure data was accurate and teaching plans were effective and appropriate for each learner

Associate Behavior Consultant, RBT May 2018 -November 2019
Insight Behavior Partnership Aurora, CO

- Provide individual and group program implementation as part of a treatment team in home, in the community, and in clinic for learners with a variety of disabilities
- Teach courses on Behavior Intervention Plans, Skill
 Acquisition Plans, fundamentals of ABA, data collection, and
 techniques for effective teaching using evidence-based and
 research-informed strategies
- Assist BCBA with the development and implementation of teaching programs, analyze outcome data to inform recommendations for treatment modifications

California Unified Service Providers

Torrance, CA

- Provide one on one and group program implementation as part of a treatment team in homes, in the community, and in clinic for learners with a variety of disabilities
- Teach courses on Behavior Intervention Plans, Skill
 Acquisition Plans, fundamentals of ABA, data collection, and
 techniques for effective teaching
- Assist BCBA with the development and implementation of teaching programs, analyze outcome data to fuel recommendations for treatment adjustments

Presentations

A Queer Sense and Sensibility: Exploring components of effective psychotherapy with queer clients from a queer, trauma-informed, systemic lens

Northwestern University, Adler University 2025

American Association of Sexuality Educators, Counselors and Therapists (AASECT)

Early Career Professional Member, 2023-Present

Professional Affiliations

American Association for Marriage and Family Therapy (AAMFT)

Professional Member, 2022-Present

International Association of Marriage and Family Counselors

Student Member, 2023-Present

Selected Completed Trainings Integrative Sex and Couples Certification Training with Tammy Nelson: Certified Sex Therapy Informed Professional Course September 2023 Loss of Attraction: Applying the Developmental Model of Couples Therapy

May 2023

The Internal Family Systems (IFS) Model of Therapy Applied to Couples

May 2023

An integrative stance toward recognizing the courage of relationships that exist beyond heteronormativity: What BDSM/Kink & consensual non-monogamy can teach about relationships that work

May 2023

Telehealth: Legal and Ethical Issues

May 2023

Cognitive Processing Therapy (CPT) Web 2.0 Training at Medical University of South Carolina

January 2023

Certified Clinical Trauma Specialist- Individual Training including Narrative Exposure Therapy (NET)

November 2022

Foundational LGBTQ+ Safe Zone Training

November 2022

Cognitive Behavioral Interventions for Trauma in Schools (CBITS)

August 2021

Gottman Method Couples Therapy Clinical Training Level 1 August 2021

ICEEFT Externship in Emotionally Focused Couples Therapy (EFT) October, 2021