

BEACH BASH

"THE POWER CHRIST WITHIN"

(ELEMENTARY/TWEENS)

LESSON INTENTION

The intention of this lesson is to understand that we have the power of the Christ within and when we work together we magnify our power.

SPIRITUAL PRINCIPLES: FOR BACKGROUND INFORMATION

- The Christ power and presence is always ready and available to us. We just need to welcome it and say yes to it.
- Once we recognize our power, we must move it into action.
- Alone we are powerful, together we are unstoppable.

AFFIRMATION

I say yes to my power.

QUOTE

"I am the way and the truth and the life. No one comes to the Father except through me."
John 14:6

SACRED CIRCLE

Bell Ringer

Rings the bell to signal transitions or to call for centering when needed.

Circle Transformation

Set up the sacred circle items and puts them away when the circle is over.

Candle Lighter

Turn on your light as we focus on the light within us.

Connection Leader

Chooses from the following:

- My name is _____. I am _____. The class affirms the child by repeating the statement.
- My name is _____. My favorite _____ is.... Fill in the blank...

Heart Agreement Angel

Leads the group in reading the heart agreements.

Blessing Angel

Invites the children to send a Wish You Well Blessing to all those here and not with us today.

Sacred Breath Leader

Leads the group in a centering activity: Breath Choices: DRAIN; BALLOON; PRETZEL....

Heart Lock-In

Relax & Breathe; Focus on your heart; Send feeling of love/appreciation to self and others.

Prayer Angel

Invites everyone to place their prayer stick into the sand. Invite the rest of the children to do the same. Share the **PRAYER FOR PROTECTION**.

Love Offering Angel

Leads the children in blessing the love offering and then passes the basket.

Celebration Leader

Passes out the shakers and invites the children to share something they would like to celebrate.

Affirmation Leader

Shares the affirmation of the day. Teacher leads a discussion about what it might mean. Invite the children to commit to it for the week. ***"I connect with God within me whenever I want."***

Closing Prayer

Focus on the candle again. Pray: *"God, make my life a little light within the world to glow. A little flame burning bright wherever I may go. Candle, candle burning bright, thank you for your loving and radiant light."* Candle lighter then turns off candle as all affirm God's presence in our lives.

STORY

Snack Helper: Beach Cups

Supplies:

- Containers of Vanilla and Chocolate Pudding
- Crushed Graham Crackers
- Gummy Sea Creature
- Spoons
- Clear Cups

Action

- Invite the children to think of their favorite sea creature and create a design on their cup that represents the power of this creature. Make sure they put their name on their cup.
- Invite them to select chocolate or vanilla pudding and spoon some into their cup. Top it with the graham cracker “sand” and finish off with a gummy sea creature.
- Put each creation aside until snack time.

“Down Through the Roof” (Lion Storyteller Bible, pgs 94-95)

A guy’s friends help him heal.

Story Focus/Interpretation

When we pool our power together, we can do great things.

Discussion

- Who was visiting the home?
- What dropped onto Anna’s head?
- What was happening to the roof?
- Who was lowered through the whole?
- What did the friends do to help him?
- What happened next?
- How was the man healed?
- What might have happened if the man did not have friends to help him?
- What did working together accomplish?
- When is good about working together on a project?
- What can we accomplish together that we cannot do alone?

CREATIVE EXPERIENCE CHOICES

Sandcastle

Supplies:

- Tubs of sand
- Variety of cups
- Buckets of water
- Shovels
- Tarps

Action

- Cover the tables with the tarps in order to contain the sand. This activity may also be completed outside.
- Invite the children to select a partner.
- Give them each a tub of sand and some of the water.
- Assist them in adding a small amount of water to the sand in order to keep it moist.
- Encourage them to work together in order to create a sand castle.
- Remind them that this is a cooperative project that they must work together on.

In the Tube Relay

Adapted From Gospel Light

Supplies:

- Hula Hoop for each team

Action

- Divide teams into equal numbers
- Each team makes a circle, holding hands.
- **Say:** “We are going to play a game that is all about being together – the one rule is that everyone must hold hands for the whole game, otherwise your team has to start over.
- Choose a person in each circle to be the anchor.
- Separate players’ hands there, slip a hula hoop over one of the Anchor’s arms and then rejoin hands.

- The team must move the hula hoop all the way around the circle without EVER letting go of hands.

Share

- What was this experience like for you?
- In what ways did you have to work together?

CLOSING CIRCLE

Closing circle can be done before we go into the sanctuary if time allows.

Gather all children together again in a closing circle.

Invite children to do any of the following:

- Share any creations from today.
- Share one thing they learned today.
- Say what they might do differently this week as a result of what they learned today.
- Repeat today's affirmation.
- Speak today's Bible scripture.
- Say the Affirmative Prayer for Protection or the Prayer of Faith
- Close with prayer of gratitude for something in the day or something in their lives: "I am grateful, God, for _____."