

2026 Note from the Camp Medical Staff

Welcome to Treasure Mountain Camp!

HEALTH SCREENS

Health screens must take place prior to camp. Initial health screens will occur in your wards on **Sunday, June 21, 2026**. This will give you time to take care of any discovered issues. The screen must be conducted by a qualified healthcare professional and will cover basic contagious health concerns, such as sore throats, head lice, fever, rashes, etc.

CA State camp regulations require that every person attending overnight camps receive a second "official" health screen within 24 hours of arrival. All campers will be checked a second time on the day of departure before driving up to camp with a quick recheck upon arrival. If your child comes up to camp with an illness or lice, a parent will be required to pick them up.

The camp medical policies are as follows:

- 48 hour nit free/lice free with physician clearance
- 24 hours fever-free (without the use of fever-reducing medication).

If your child becomes sick at camp with an infectious illness, it will be necessary to send them home to protect the other campers and limit spreading as much as possible. Please have a plan for picking your child up from camp in a timely fashion should the need arise.

UNIVERSAL TREASURE MOUNTAIN MEDICAL FORM

Everyone attending camp at Treasure Mountain this year has to have each page filled out and signed by a parent. These forms will be in the medical station while at camp. One of the pages requires an immunization record. Dates of immunization or an immunization record need to be provided or a reason must be written in why the information isn't included, in order for the forms to be complete.

MEDICATION AT CAMP

Our goal is to make camp safe and help the campers maintain their usual medication schedules, when needed. Help us accomplish this by remembering that medication includes any vitamins, supplements, lozenges, medicated ointments, over-the-counter or prescribed drugs. Please remember to complete and sign a **MEDICATION FORM** to accompany all medications. This form is found on the website or select the link below to save a copy of the form in advance.

Click here for: [MEDICATION FORM 2026](#)

- 1) **ALL** prescription medication must be sent to camp in the original pharmacy container with its label indicating:

Camper's name (please add ward)

Medication name/dosage/frequency

Prescriber/prescription number/date prescribed

*Any dose/frequency adjustments that occur between online registration and the start of camp that are not indicated on the original pharmacy label should be written on the parent signed MEDICATION FORM (found on the website) accompanying the medication.

- 2) **ALL Over-the-counter medications, vitamins, etc.** must be sent to camp in the original packaging/bottle and must be clearly labeled with the camper's name, ward and dispensing instructions. Please list these items on the MEDICATION FORM as well. Consider leaving vitamins/supplements that are not treatments for medical conditions at home.

We stock several common over-the-counter medications, so that you do not need to send things like Tylenol or Advil "just in case." Parental permission for medical staff to dispense camp-provided over-the-counter meds must be given via the online and paper registration form.

- 3) **ALL medications** (prescribed and over-the-counter, etc.) must be brought to camp in a gallon Ziploc bag labeled with the camper's name/ward and a completed/signed MEDICATION FORM. Meds will be stored and dispensed by camp medical staff throughout the week. Medications are NOT allowed in the sleeping areas. Each camper's medication (clearly labeled) is checked into the medical station upon arrival at Treasure Mountain, and they stop by the medical station as needed. Medications are returned to campers as they leave camp.

***Exceptions to this rule--** Epi-pens and rescue inhalers like Albuterol are life-saving medications and may be carried by campers (with parental permission given via the online registration form), but we ask that you please bring a second inhaler or epi-pen to check into the medical station upon arrival at camp for backup.

ALLERGIES

Remember pollen/dust allergies/asthma are often worse in the mountains, so send the medication that works best for your child to prevent or treat these symptoms, unless a generic allergy medication that we have in our OTC kit will work for them.

HYDRATION

We will be higher in elevation than at home and adequate hydration can be an issue. It is essential that campers drink plenty of water! All campers need to bring a refillable water bottle and will be encouraged to drink as often as possible.

If you have any questions or additional concerns, please contact your Ward Camp Director or Young Women/Young Men President who can connect you with our medical staff.