

A NEW SKIN<3<3<3

SCAR & STRETCH MARK CAMOUFLAGE PRE-CARE INSTRUCTIONS

Please read carefully prior to your appointment.

Proper preparation is essential for achieving the best possible results. Healthy, well-prepared skin promotes better healing and pigment retention.

WHO IS A GOOD CANDIDATE?

Scar and stretch mark camouflage is best suited for scars and stretch marks that are:

- Fully healed and mature
- Stable in color and texture
- No longer pink, red, purple, raised, itchy, or actively changing
- Free of irritation, infection, or inflammation

Most scars should be at least 12 months old before treatment.

MEDICAL CONSIDERATIONS

Please notify your practitioner before your appointment if any of the following apply to you:

- Diabetes
- Autoimmune disorders
- Blood clotting disorders
- Current use of blood-thinning medications
- Pregnancy or breastfeeding
- History of keloid scarring
- Active skin conditions (eczema, psoriasis, dermatitis, rashes, infections, etc.)
- Previous scar camouflage, tattooing, or corrective procedures in the treatment area
- Recent surgery in the treatment area

You are not a candidate for treatment if:

- You have an active infection
- You have an open wound
- Your scar is still healing or changing
- You are currently taking Accutane or have taken Accutane within the last 6 months

SKIN PREPARATION

For 2 weeks before your appointment:

- Avoid excessive sun exposure and tanning.
- Avoid sunburns in the treatment area.
- Avoid self-tanning products on the treatment area.

For 7 days before your appointment:

- Avoid aggressive exfoliation.
- Avoid chemical peels, laser treatments, and skin resurfacing treatments in the treatment area unless approved by your practitioner.

48 HOURS BEFORE YOUR APPOINTMENT

- Avoid alcohol consumption.
- Avoid excessive caffeine intake.
- Stay well hydrated.

DAY OF APPOINTMENT

- Arrive with clean skin free from lotions, oils, self-tanners, and makeup on the treatment area.
- Eat a meal before your appointment.
- Wear comfortable clothing that allows easy access to the treatment area.
- Drink plenty of water.

IMPORTANT INFORMATION

Scar and stretch mark camouflage is a gradual process. Multiple sessions are often required to achieve optimal results.

Results vary based on skin type, scar tissue, healing ability, lifestyle factors, and adherence to aftercare instructions.

No practitioner can guarantee complete concealment of scars or stretch marks. The goal of treatment is improvement in the appearance of the area and a reduction in visual contrast.

If you have any questions regarding your suitability for treatment, please contact A New Skin prior to your appointment.