



BATAAN PENINSULA STATE UNIVERSITY-ORANI CAMPUS

Office of the Dean of Instruction

I.6.3 peer teaching ,cooperative learning; and

The Bachelor of Sports and Exercise Science (BSESS) program at Bataan Peninsula State University Orani Campus emphasizes learner-centered pedagogies that develop both cognitive and practical skills necessary for careers in sports science, physical education, and fitness instruction. Among the key instructional strategies integrated into the curriculum are **peer teaching** and **cooperative learning**, which provide students with opportunities to engage actively in teaching, coaching, and collaborative problem-solving. These methods not only reinforce academic concepts but also cultivate essential soft skills such as leadership, communication, and teamwork. Through structured peer-led activities and group-based tasks, students are encouraged to take responsibility for both their own learning and the learning of others, fostering a supportive and interactive academic environment aligned with the outcomes-based education (OBE) framework. The program head sir Baclig and Mam Barry together collaborate with their common lesson objectives in sports science



BPSU-ORANI CAMPUS| DEAN

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Vision: An inclusive and sustainable University recognized for its global academic excellence by 2030.
Mission: To develop innovative leaders and empowered communities by delivering transformative instruction, research, extension, and production through Change Drivers and responsive policies.



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BACHELOR OF SCIENCE EXERCISE AND SPORTS SCIENCES
MAJOR IN FITNESS AND SPORTS COACHING AND MANAGEMENT



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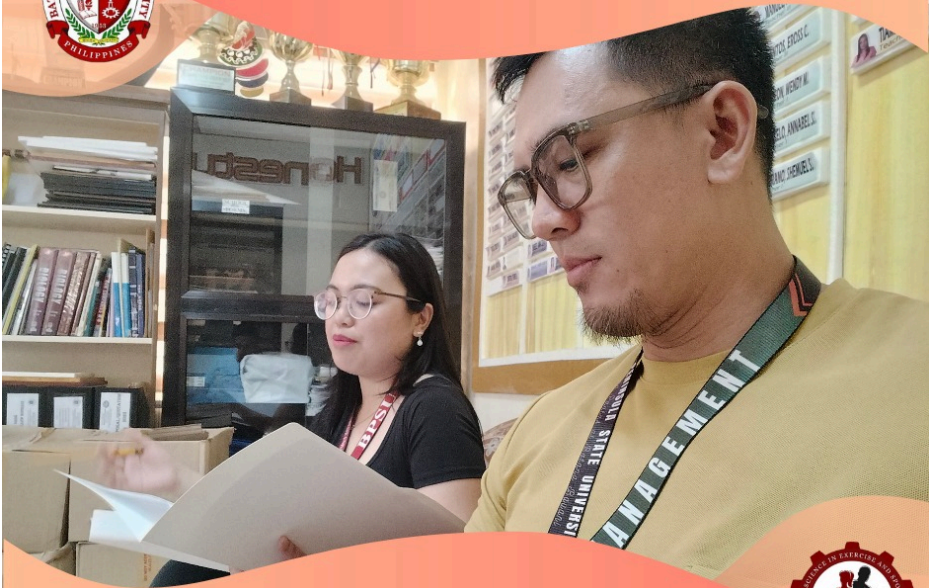


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