

# 18<sup>th</sup> Annual Mustang Relays Indoor Invitational

hosted by Downers Grove South High School  
Monday, March 7th, 2022

**LOCATION:** *North Central College Recreation Center, 440 S. Brainard St., Naperville, IL.*

**BUS PARKING:** You may drop athletes off next to the Rec Center and then all vehicles will be directed to park by security officers. Mini-buses and vans will be directed to park in the lot directly north of the football stadium AND at Highland Elementary School (525 S. Brainard Street, Naperville, IL). All full-size yellow buses will drop off athletes and then will be directed to park at Naperville Central HS (440 W. Aurora Avenue, Naperville, IL).

**SCHEDULE OF EVENTS:** (the times after the first race are approximate; the meet will run straight through)

5:30pm	Doors open ( <b>please do not arrive before 5:30pm, you will NOT be allowed in Rec Center</b> )
6:00	Deadline for scratches (scratches only, no additions)
6:30	Girls 4x800m Relay (3 heats...slowest to fastest)
7:10	Boys 4x800m Relay (3 heats)
7:40	Girls 4x200m Relay (6 heats)
8:05	Boys 4x200m Relay (6 heats)
8:30	Girls 4x400m Relay (6 heats)
9:15	Boys 4x400m Relay (6 heats)

## TEAMS COMPETING:

**Girls:** Benet Academy, Bolingbrook, Burlington Central, Carmel, Downers Grove North, Downers Grove South, Fenwick, Geneva, Glenbard East, Glenbard South, Grant, Hinsdale Central, Hoffman Estates, Kaneland, Lane Tech, Lincoln-Way East, Lockport, Loyola Academy, Lyons Township, Minooka, Naperville Central, Neuqua Valley, Niles North, Plainfield East, Plainfield North, Prospect, Proviso East, Riverside-Brookfield, Sandburg, Shepard, St. Ignatius, West Aurora, Wheaton North, Whitney Young, Yorkville.

**Boys:** Andrew, Batavia, Bolingbrook, Bradley-Bourbonnais, Burlington Central, Downers Grove North, Downers Grove South, Geneva, Glenbard East, Glenbrook North, Hinsdale Central, Hinsdale South, Kaneland, Lane Tech, Lockport, Minooka, Montini, Naperville Central, Niles North, Plainfield East, Plainfield North, Plainfield South, Proviso East, Romeoville, Sandburg, Shepard, St. Charles East, St. Charles North, St. Ignatius, West Aurora, West Chicago, Whitney Young, Willowbrook, Yorkville.

**ENTRIES:** Every school will be allowed to enter 1 relay team in each of the 3 races. For seeding purposes, we are asking for a projected time for each of the three relays, keeping in mind the athletes who will be competing. We want to have heats between teams so that they are as competitive as possible and so that ALL teams can run their fastest times against similar competition. We are just asking that all coaches be realistic rather than wishful in determining your seed times.

**ENTRY DEADLINE:** **Thursday, March 3rd at 12:00 noon.** Please make entries on Athletic.net by the deadline. Entries not received by this time will be forfeited. You must also complete a Google Form [listing of ALL your coaches that you want on the pass list \(both first and last names\)](#). The form can be found here: [Coaches Pass List](#).

**\*\* Restricted Access on the Main Floor \*\*** ...all coaches & workers will need to CHECK IN at a table in the lobby to receive a BRACELET allowing access to the main floor of the fieldhouse. Athletes must be in UNIFORM to enter the field house.

**SPECTATORS:** As we get closer to the date of the meet, NCC will inform us of their current spectator policy, which we will pass along to each school. ALL spectators will be directed to the 3<sup>rd</sup> floor balcony to view the meet. Spectators must use the elevator to reach the 3<sup>rd</sup> floor.

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## GENERAL INFO:

- **Spikes**...athletes may wear running flats or up to 1/8 inch exposed pyramid spikes in the fieldhouse. Spikes will be checked at the starting line. Athletes with improper spikes will cause their relay team to be removed from the race. Spikes may NOT be worn anywhere outside of the fieldhouse (including the lobby or restroom facilities).
- **Starting blocks**...will be provided by DGS. Please bring your own relay batons.
- **Team Camps**...please make team camps in the west half of the fieldhouse. We want to keep the finish line side of the infield free from camps.
- **Bullpen**...the bullpen will be located in the southwest corner of the track. All relay teams must report to the bullpen 10 minutes prior to their race to check in and receive hip numbers.
- **FAT Timing for all races**...please help keep your athletes clear of the finish line area. The anchor leg of each relay team must wear hip numbers on their right hip.
- **FOOD / DRINKS**...NO food or drinks will be allowed in the fieldhouse. Please enforce this policy with your own team.
- **Locker Rooms / Restrooms**...there are NO locker room facilities available to use. Access to the restrooms for all athletes will be from inside the fieldhouse. Spikes must be removed when exiting fieldhouse.
- **Awards**...there will be medals for the top 3 relay teams in each event.
- **Warm-Ups**...athletes may use the infield area to warm-up. Please help keep your athletes off of the track during the races.
- **Trainer**...there will be a trainer available on the infield of the track.
- **Admission**...spectators will be charged \$5 admission to the meet.
- **Spectator Parking**... is available first come first serve in campus lots P13, upper level P14, surrounding city streets per posted city parking regulations, and Downtown Naperville Parking Garages.
- **Results**: No team scores will be kept. Results will be posted near the finish line, emailed to all coaches and posted to Athletic.net.

**QUESTIONS:** If you have any questions regarding the meet contact girls head coach Doug Plunkett at [dplunkett@csd99.org](mailto:dplunkett@csd99.org) or boys head coach Sean Senf at [ssenf@csd99.org](mailto:ssenf@csd99.org).

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1. 225 N. Loomis House (H225)
2. Kimmel Hall (KL) 234 N. Loomis St.
3. Larrance Academic Center (LAC) 309 E. School St.
4. Kiekhofel Hall and Koten Chapel (KH) 329 E. School St.
5. Seybert Hall (ST) 208 N. Loomis St.
6. Oesterle Library (LIB) 320 E. School St.
7. Goldspoke Hall (G) 31 N. Loomis St.
8. Kroehler Science Center (SC) 40 N. Brainerd St.
9. Rolland Center Boilerhouse Café (RC) 29 N. Loomis St.
10. Old Main (OM) 30 N. Brainerd St.
11. Peter & Paul Hall (PPH) 5 N. Brainerd St.
12. Carnegie Hall (C) 10 N. Brainerd St.
13. Harold and Eva White Activities Center (WAC) 325 E. Benton Ave.
14. Malley-Swallow Hall (MS) 31 S. Elsworth St.
15. Pfeiffer Hall (PH) 310 E. Benton Ave.
16. A.A. Smith House (H26) 28 S. Loomis St.
17. 116 S. Brainerd House (H116)
18. 322 E. Van Buren House (H322)
19. 330 E. Van Buren House (H330)
20. 109 S. Loomis House (H109)
21. 119 S. Loomis House (H119)
22. 125 S. Loomis House (H125)
23. Student Village (SV) 131 S. Loomis St.
24. Schneller Residence Hall (SSH) 147 S. Loomis St.
25. Seager Hall (SR) 311 E. Chicago Ave.
26. Reil Hall (RL) 211 S. Brainerd St.
27. Kaufman Dining Hall (KH) 221 S. Brainerd St.
28. Geiger Hall (GR) 221 E. Chicago Ave.
29. 100 E. Jefferson Ave. (H100)
30. 48 E. Jefferson House (H48)
31. Wentz Concert Hall/Fine Arts Center (FAC) 171 E. Chicago Ave.
32. Patterson Hall (PRH) 180 E. Chicago Ave.
33. Ward Hall (WH) 192 E. Chicago Ave.
34. Blue House (H224) 224 E. Chicago Ave.
35. Oliver Hall (WONG) 232 E. Chicago Ave.
36. President's House 329 S. Brainerd St.
37. Residence Hl
38. 440 S. Brainerd
39. Merner Field
40. Beaudetti-Wehrli Stadium (STAD) 455 S. Brainerd St.
41. Zimmerman Stadium 487 S. Brainerd St.
42. Shocover Family Field 435 S. Loomis St.
43. Business Operations & Maintenance (MS99) 999 E. Chicago Ave.
44. Naper Place (NP) 119 S. Main St.
45. Zipcar Reserve a car online or on your mobile phone. Go to Zipcar.com/nc.
46. Shuttle pickup to remote parking and shopping. For route and schedule, visit [northcentralcollege.edu/shuttle](http://northcentralcollege.edu/shuttle).
47. Remote Parking Lot All Saints Catholic Academy, 1155 Aurora Ave., Naperville

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