



Alzheimer Invitational

DATE: Friday, April 29th, 2022

LOCATION: Pewaukee High School - 510 Lake St. Pewaukee, WI 53072

TIME:

3:00 PM	Coaches Meeting & Implement weigh ins
3:30 PM	Field Events
4:00 PM	Running Events

MEET DIRECTORS: Jeff Behrens (behrjef@pewaukeeschools.org) , Abby Varela (vareabi@pewaukeeschools.org)
Mike Dussault (dussmic@pewaukeeschools.org)

OFFICIALS: Jeremy Iwen, Peter Nielsen, Bob Rymer

COMPETING SCHOOLS: Greendale, New Berlin Eisenhower, Saint Francis, Elkhorn, Milwaukee Pulaski, Lourdes Academy, Trinity Academy, Plymouth, Brookfield Central, Kewaskum, Pewaukee

JURY OF APPEALS:

ENTRIES

ENTRY FEE: \$300 (\$150 per gender)

TEAM ENTRY LIMITATIONS: 3 entries per individual event, 1 relay entry per team

ENTRY INSTRUCTIONS:

Entries will only be accepted online through MileSplit Wisconsin

- Coaches can access on-line entries directly at wi.milesplit.com or at www.tracksidetiming.com
- ***NOTE: Instructions for first-time account set-up and registration are posted at www.tracksidetiming.com. Plan accordingly and give yourself at least 48 hours to create your account and upload your roster.***
- The meet is titled "Alzheimer Invite" in wi.milesplit.com. Log in to your account and find the meet in the calendar. **All entries submitted by Wednesday at 8pm**
- Meet information, start lists, and results will be posted at www.tracksidetiming.com

INDIVIDUAL ATHLETE LIMITATIONS: Maximum of 4 events per athlete as per WIAA rule.

AWARDS

TEAM SCORING: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1
Medals for the top 3 finishers in each event

FIELD EVENTS

Triple Jump: Girls first. Boys will follow. Open pit for 90 minutes. 4 jumps, no finals. Cafeteria style.

Open pit time may change based on number of entries.

Long Jump: Boys first. Girls will follow. Open pit for 90 minutes. 4 jumps, no finals. Cafeteria style. Open pit time may change based on number of entries.

High Jump: Boys first, girls will follow. 5 alive format will be followed. Starting height will be the 8th seed minus two heights.

Shot Put: Girls first, boys will follow. Athletes will be arranged in flights. 3 throws 1-1-1 in flights, top 9 advance to finals. There will be a 15 minute warm up period between prelims and finals. All implements must be weighed.

Discus: Boys first, girls will follow. Athletes will be arranged in flights. 3 throws 1-1-1 in flights, top 9 advance to finals. There will be a 15 minute warm up period between prelims and finals. All implements must be weighed.

Pole Vault: Girls first, boys will follow. Opening height will be determined using 8th seed minus two heights.

GENERAL INFORMATION

TRACK : 1/4" spikes (maximum) allowed. Please use chalk (some will be provided). No tape on the track.

TEAM AREAS: All team areas and team tents should be set up outside the fence/stadium

CONCESSIONS/ADMISSIONS: Concessions will be available

ADMISSIONS: \$5 per person

TRAINER: Trainer will be on site

BUSSES: Buses should park in the parking lot located in the center of campus.

Event Order

3:30 Field Events

4:00 **110 Meter High Hurdles Trials (B)** heat winners to finals plus next fastest times

100 Meter High Hurdle Trials (G) heat winners to finals plus next fastest times

100 Meter Dash Trials (G) heat winners to finals plus next fastest times

100 Meter Dash Trials (B) heat winners to finals plus next fastest times

FINALS

4x800 Meter Relay (G)

4x800 Meter Relay (B)

100 Meter High Hurdle Finals (G)

110 Meter High Hurdle Finals (B)

100 Meter Dash Finals (G)

100 Meter Dash Finals (B)

1600 Meter Run (G)
1600 Meter Run (B)
4x200 Meter Relay (G)
4x200 Meter Relay (B)
400 Meter Dash (G)
400 Meter Dash (B)
4x100 Meter Relay (G)
4x100 Meter Relay (B)
300 Meter Low Hurdles (G)
300 Meter Intermediate Hurdles (B)
800 Meter Run (G)
800 Meter Run (B)
200 Meter Dash (G)
200 Meter Dash (B)
3200 Meter Run (G)
3200 Meter Run (B)
4x400 Meter Relay (G)
4x400 Meter Relay (B)